

CAROLINA

SWIMMING & DIVING

12  13



**Stephanie
PEACOCK**
2012 NCAA Champion



**Ratie
NOLAN**
All-America



**Tom
LUCHSINGER**
All-America



**Kyle
FICKER**
All-America



**J.T.
STILLEY**
All-America



**Cari
BLALOCK**
All-America



2012-13 University of North Carolina Women's Swimming & Diving Team

Front Row: Head Coach Rich DeSelm, Manager Colin Sullivan, Katie Nolan, Stephanie Eisenring, Rebecca Brooks, Carly Smith, Jackie Rudolph, Manager Chelsea Smith; Second Row: Assistant Coach Griff Heltrich, Erin Purdy, Stephanie Peacock, Emily Kelly, Danielle Jansen, Katie Rechsteiner, Cari Blalock, Meredith Hoover, Annie Goessling, Manager Katie Murphy; Third Row: Assistant Coach Eric Stefanski, Katie Furey, Nikki Barczak, Emily Schmidt, Danielle Siverling, Kelly Corish, Emma Nunn, Kelsey Cummings, Natalie Ritter, Diving Coach Jenny Keim Johansen; Fourth Row: Kacy Rhyne, Executive Assistant Pamela Higley; Fifth Row: Assoc. Head Coach Mike Litzinger, Ally Hardesty, Alli Hauffer, Charlotte Ruby, Annie Harrison, Lauren Earp, Kendall Surhoff, Rachel Canty, Madison Burns, Hannah Lincoln, Asst. Coach Christy Garth

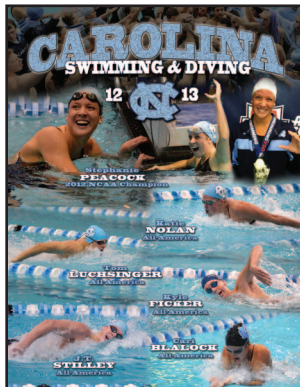


2012-13 University of North Carolina Men's Swimming & Diving Team

Front Row: Manager Colin Sullivan, Jake Kinzbach, Mike Mohr, Tom Luchsinger, Patrick O'Donovan, Brett Nagle, Ryland Jones, Bryant Wooten, Manager Chelsea Smith; Second Row: Head Coach Rich DeSelm, Assistant Coach Griff Heltrich, Jake Stringfield, J.T. Stille, Bryce Mendes, Kyle Ficker, Brad Dillon, Alex Gianino, Dan O'Connor, Tyler Beard, Diving Coach Jenny Keim Johansen, Manager Katie Murphy; Third Row: Assistant Coach Eric Stefanski, Tyler Hill, Brian Bolleman, John Paul Gaylor, Ryan Fox, Graham Williams, David Speese, Clifton Gordon, Patrick Myers, Dominick Glavich, Executive Assistant Pamela Higley; Fourth Row: Associate Head Coach Mike Litzinger, Matt Kwatyra, Chris Gondeck, Sam Lewis, Nic Graesser, Ben Colley, Sean Sullivan, Mitch DeForest, Ozzie Moyer, Kurt Wohlrab, Logan Heck, Assistant Coach Christy Garth.

2012-13 North Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.
Established: December 11, 1789
Enrollment: 29,390 (18,579 undergraduates, 10,811 postgraduates)
Chancellor: Dr. Holden Thorp
Director of Athletics: Bubba Cunningham
Swimming & Diving Administrators: Larry Gallo (Primary), Sue Walsh (Secondary)
National Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Nickname: Tar Heels
Mascot: Rameses The Ram (Both Live and Costumed)
School Colors: Carolina Blue and White
Athletic Department Web Site: www.GoHeels.com
Carolina Swimming & Diving Coaching Staff Information
Head Coach: Rich DeSelm (6th year as head coach at UNC)
Coach DeSelm's Office Telephone Number: (919) 966-5340
Associate Head Coach: Mike Litzinger (6th year at UNC)
Coach Litzinger's Office Telephone Number: (919) 843-9275
Diving Coach: Jenny Keim Johansen (1st year at UNC)
Coach Johansen's Office Telephone Number: (919) 962-7261
Assistant Coaches & Their Telephone Numbers: Eric Stefanski (919) 966-1900; Christy Garth (919) 962-7262; Sean Quinn (919) 962-1604; Griff Helfrich
Carolina Swimming & Diving Miscellaneous Information
Home Pool: Maurice J. Koury Natatorium (Opened 1986)
Seating Capacity: 2,000
2011-12 Overall & ACC Dual-Meet Records: Men — 7-2, ACC 6-1; Women — 7-2, ACC 6-1
2010 ACC Championships Finishes: Men — 3rd Place of 11 teams (564 points); Women — 2nd Place of 11 teams (615 points)
2010 NCAA Championships Finishes: Men — 14th Place (74.5 points); Women — 19th Place (44 points)
Athletic Training Staff: Chris Hirth, Head Trainer; Reid Jones and Catherine Lenhardt, Graduate Assistants
Team Physician: Dr. Kelly Waicus
Orthopaedic Surgeon: Dr. Jeff Spang
Sports Dietitian: Mary Ellen Bingham
Executive Assistant to UNC Swimming & Diving: Pamela Higley
Ms. Higley's Office Phone Number: (919) 962-5294
Team Managers: Colin Sullivan, Katie Murphy, Paul Ashton, Tara Nitardy, Chelsea Smith
Strength & Conditioning Coach: Steve Gisselman
Academic Counselor: Beth Bridger
UNC Athletic Communications Information
Swimming and Diving Media Contact: Dave Lohse, Associate Athletic Communications Director
Lohse's Email Address: davelohse@unc.edu
Lohse's Office Telephone Number: (919) 962-7257
Lohse's Personal Cell Phone Number: (919) 641-4128
Secondary Swimming and Diving Media Contacts: Adam Norris (Student Assistant, norrisa@live.unc.edu); Abbey Doran (Intern, ador@uncaa.unc.edu)
Office Fax Number: (919) 962-0612
Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515
Shipping & Physical Address: Athletic Communications Office, Koury Natatorium, Front Center Entrance, 300 Skipper Bowles Drive, Chapel Hill, NC 27514



er of athletic footwear, apparel and accessory products to the Tar Heels effective July 1, 2008. Nike provides the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike gives the University \$2 million for the Chancellor's Academic Enhancement Fund. Chancellor Holden Thorp has directed the funds to faculty support. Nike also provides support for team tours, travel and hosting regular-season tournaments in several sports. The athletic department also received \$1 million for signing the contract, with those funds having been used to overhaul lighting and sound at the Dean E. Smith Center.

2012-13 North Carolina Swimming & Diving Online Yearbook

The 2012-13 UNC swimming & diving yearbook was written and edited by Dave Lohse, Associate Athletic Communications Director with editorial assistance from UNC Athletic Communications student assistant staff. The yearbook was designed by Helen Buchanan of the UNC Athletic Communications Office. Photography was provided by Jeffrey A. Camarati and UNC Athletic Communications Archives. The front cover, inside front cover and back cover pages were designed by Dana Gelin of the Athletic Communications Office. Printing services provided by Xerox UNC Printing Services of Chapel Hill, N.C.

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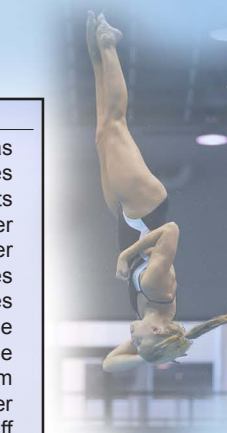
GoHeels.com: Official Home of the Tar Heels on the World Wide Web

Media and fans can follow the Carolina swimming and diving teams and the entire UNC Athletics program from anywhere in the world on the official World Wide Website of North Carolina athletics. GoHeels.com offers schedules, rosters, results, features, podcasts, interactive yearbooks and game notes plus much more for all 28 of Carolina's varsity sports. Onsite coordinators for GoHeels.com are Matt Bowers and Kevin Best of the Athletic Communications Office.



Nike Supports UNC Athletics

The University of North Carolina at Chapel Hill and Nike Inc. signed a new 10-year contract for Nike to be the exclusive supplier of athletic footwear, apparel and accessory products to the Tar Heels effective July 1, 2008. Nike provides the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike gives the University \$2 million for the Chancellor's Academic Enhancement Fund. Chancellor Holden Thorp has directed the funds to faculty support. Nike also provides support for team tours, travel and hosting regular-season tournaments in several sports. The athletic department also received \$1 million for signing the contract, with those funds having been used to overhaul lighting and sound at the Dean E. Smith Center.



2012-13 UNIVERSITY OF NORTH CAROLINA WOMEN'S SWIMMING & DIVING ROSTER

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Nikki Barczak	So.	Free, Fly	5-9	Beverly Hills, Mich. (Farmington Hills Mercy, Birmingham Blue Dolphins)
Cari Blalock	Jr.	IM/Fly	5-5	Wilmington, N.C. (New Hanover, Waves of Wilmington)
Rebecca Brooks	Sr.	Back, IM	6-1	Rochester Hills, Mich. (Rochester Adams, Oakland Live Y'ers)
Madison Burns	Fr.	IM/Breast/Back	5-8.5	New Tripoli, Pa. (Northwestern Lehigh, Parkland Area Aquatic Club)
Rachel Canty	Fr.	Breast/IM	5-6	Burke, Va. (James W. Robinson, Curl-Burke)
Kelly Corish	So.	Diving	5-9	Vienna, Va. (James Madison, Dominion Dive Club)
Lauren Earp	Fr.	Breast/Free	6-0	Etobicoke, Ontario (Martingrove Collegiate Institute, Etobicoke Swimming)
Stephanie Eisenring	Sr.	Free	5-9	Pompano Beach, Fla. (Pine Crest School)
Katie Furey	Fr.	Free	5-10	Chapel Hill, N.C. (Carrboro, North Carolina Aquatic Club)
Annie Goessling	Fr.	Breast/IM	5-9	St. Louis, Mo. (Mary Institute and St. Louis Country Day School, Clayton Shaw Park)
Ally Hardesty	Fr.	Free	5-11	Knoxville, Tenn. (Bearden, Pilot Aquatic Club)
Annie Harrison	Fr.	Back/IM	5-10	Oakville, Ontario (Appleby College, Oakville Aquatic Club)
Alli Haufler	Fr.	Fly	5-3	Ashburn, Va. (Briar Woods, Machine Aquatics)
Meredith Hoover	Jr.	Free/Fly	5-7	Concord, N.C. (Cannon, SwimMAC)
Danielle Jansen	Jr.	Free/Fly/Breast	5-9	Mason, Ohio (William Mason, Mason Mantarays)
Hannah Lincoln	Fr.	Fly/Back/Sprint	5-10	Raleigh, N.C. (Leesville Road, Marlins of Raleigh)
Katie Nolan	Sr.	Fly/Back/Sprint	5-7	Hershey, Pa. (Hershey, Hershey Aquatic Club)
Emma Nunn	Fr.	IM/Fly	5-9	Richmond, Va. (Deep Run, NOVA of Virginia Aquatics)
Stephanie Peacock	Jr.	Free	5-9	Cape Coral, Fla. (Bishop Verot, Swim Florida)
Erin Purdy	Fr.	Diving	5-7	Deerfield, Ill. (Deerfield, Glenbrook Aquatics Diving)
Katie Rechsteiner	Jr.	Breast	5-9	Middletown, Del. (Charter School of Wilmington, Delaware Swim Team)
Kacy Rhyne	Fr.	Free/Fly	5-7	Winston-Salem, N.C. (Forsyth Country Day School, Star Aquatics)
Natalie Ritter	So.	Diving	5-5	Columbus, Ohio (Columbus Academy, Ohio State Dive Club)
Charlotte Ruby	Fr.	Fly	5-4	San Jose, Calif. (Archbishop Mitty, Santa Clara Swim Club)
Jackie Rudolph	Sr.	Free	5-9	Virginia Beach, Va. (Ocean Lakes, Tide Swim Team)
Emily Schmidt	So.	Diving	5-9	Bethesda, Md. (Walt Whitman, Montgomery Dive Club)
Danielle Siverling	So.	Free	6-0	Chester Springs, Pa. (Downingtown East, Malvern Swim Association)
Carly Smith	Jr.	Back, IM	5-4	Chapel Hill, N.C. (Chapel Hill, North Carolina Aquatic Club)
Kendall Surhoff	Fr.	IM/Fly	5-8	Cockeysville, Md. (St. Pauls School for Girls, North Baltimore Aquatic Club)

Captains: Stephanie Eisenring, Katie Nolan

Head Coach: Rich DeSelm

Associate Head Coach: Mike Litzinger

Diving Coach: Jenny Keim Johansen

Assistant Coach: Eric Stefanski

Assistant Coach: Christy Garth

Assistant Coach: Sean Quinn

Volunteer Assistant: Griff Helfrich

Managers: Colin Sullivan, Katie Murphy, Paul Ashton, Tara Nitardy, Chelsea Smith,

Strength & Conditioning Coach: Steve Gisselman

Head Athletic Trainer: Chris Hirth

Assistant Athletic Trainers: Reid Jones, Catherine Lenhardt

Dietitian: Mary Ellen Bingham

Executive Assistant To UNC Swimming & Diving: Pamela Higley

Athletic Communications Director: Dave Lohse

Public Address Announcer: Paul Connell

Sports Administrators: Larry Gallo, Sue Walsh

Pronunciation Guide	
Name	Pronunciation
Nikki Barczak	BARR-zack
Stephanie Eisenring	eye-ZUN-ring
Katie Furey	FUR-ee
Annie Goessling	GESS-ling
Alli Haufler	HOFF-ler
Katie Rechsteiner	RECK-stine-err
Kacy Rhyne	KA-cee RINE
Danielle Siverling	SIGH-verr-ling
Kendall Surhoff	SER-hoff



Danielle Siverling, Sophomore Freestyler



Katie Rechsteiner, Junior Breaststroker

2012-13 UNIVERSITY OF NORTH CAROLINA MEN'S SWIMMING & DIVING ROSTER

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Tyler Beard	Jr.	Diving	5-9	Fort Lauderdale, Fla. (Westminster Academy)
Brian Bollerman	So.	Breast/IM	5-10	Ridgefield, Conn. (Ridgefield, Ridgefield Aquatic Club)
Ben Colley	Fr.	Back/Fly	6-4	Williamsburg, Va. (Lafayette, Williamsburg Aquatic Club)
Mitch DeForest	Fr.	Back/Fly	5-11	Cary, N.C. (Apex, Raleigh Swimming Association)
Brad Dillon	Jr.	Back/Free	6-3	Reston, Va. (South Lakes, Curl-Burke Swim Club)
Kyle Ficker	Jr.	Sprint Free	6-4	Fort Myers, Fla. (Bishop Verot, Swim Florida)
Ryan Fox	So.	Diving	5-10	Vienna, Va. (James Madison)
John Paul Gaylor	So.	Distance Free	5-11	Knoxville, Tenn. (Bearden, Pilot Aquatic Club)
Alex Gianino	Jr.	Free/Breast/IM	6-1	Yonkers, N.Y. (Hackley School, Badger Swim Club)
Dominick Glavich	So.	Fly/IM/Free	5-8	Cary, N.C. (Green Hope, YMCA of the Triangle Area)
Chris Gondek	Fr.	Free	6-1	Chapel Hill, N.C. (Carrboro, North Carolina Aquatic Club)
Clifton Gordon	So.	Back/IM	5-10	Greenville, Del. (Salesianum School, Delaware Swim Team)
Nic Graesser	Fr.	Back/Free	6-3	Wayne, Pa. (Conestoga, Upper Main Line YMCA)
Logan Heck	Fr.	Free/Fly	5-8	Mooresville, N.C. (Lake Norman, SwimMAC)
Tyler Hill	So.	Back	5-9	Mooresville, N.C. (Lake Norman, SwimMAC)
Ryland Jones	Sr.	Diving	5-10	Chapel Hill, N.C. (East Chapel Hill, North Carolina Aquatic Club)
Jake Kinzbach	Sr.	Diving	5-9	Montgomery, Texas (Montgomery)
Matt Kwatyra	Fr.	Free/Breast/IM	5-10	London, Ontario (Mother Teresa Catholic, London Aquatic Club)
Sam Lewis	Fr.	Fly/Back/Sprint	6-0	Alpharetta, Ga. (Milton, Dynamo Swim Club)
Tom Luchsinger	Sr.	Free/Fly/IM	6-1	Mt. Sinai, N.Y. (Mt. Sinai, Three Village Swim Club)
Bryce Mendes	Jr.	Free	6-1	Chapel Hill, N.C. (Chapel Hill, North Carolina Aquatic Club)
Mike Mohr	Sr.	Back/Free	5-11	Mequon, Wis. (Homestead)
Ozzie Moyer	Fr.	Diving	5-10	Harleysville, Pa. (Souderton Area)
Patrick Myers	So.	Back/IM	5-10	Norfolk, Mass. (King Philip, Bluefish Swim Club)
Brett Nagle	Sr.	Distance Free	5-11	Portland, Ore. (David Douglas, Mount Hood Aquatics)
Dan O'Connor	Jr.	Distance Free	5-11	Syracuse, N.Y. (Westhill, Syracuse Chargers)
Patrick O'Donovan	Sr.	Back/Fly/Sprint	6-3	Auburn, N.Y. (Auburn, Lansing Community Aquatic Team)
David Speese	So.	Breast	5-11	Doylestown, Pa. (LaSalle College High School, Central Bucks Swim Team)
J.T. Stillely	Jr.	Free	6-1	Huntersville, N.C. (North Mecklenburg, SwimMAC)
Jake Stringfield	Jr.	Back/Free	6-0	Waynesville, N.C. (Tuscola, Smoky Mountain Aquatic Club)
Sean Sullivan	Fr.	Sprint Free	6-2	Alexandria, Va. (Gonzaga College High School, Curl-Burke Swim Club)
Graham Williams	So.	Distance Free	6-3	Hickory, N.C. (Hickory, YMCA Seashore Swim Team)
Kurt Wohlrab	Fr.	Fly/Breast/IM	5-9	Pinehurst, N.C. (Pinecrest, Sandhills Sandsharks)
Bryant Wooten	Sr.	Diving	5-8	Cary, N.C. (Green Hope, Tar Heel Diving Club)

Captains: Alex Gianino, Brett Nagle

Head Coach: Rich DeSelm

Associate Head Coach: Mike Litzinger

Diving Coach: Jenny Keim Johansen

Assistant Coach: Eric Stefanski

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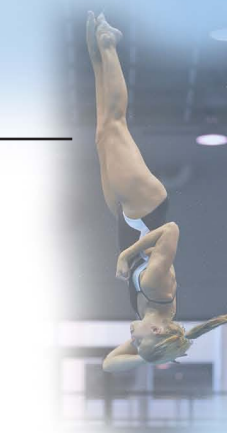
Pronunciation Guide	
Name	Pronunciation
Brian Bollerman	BOLL-err-man
Mitch DeForest	duh-FORR-est
Alex Gianino	gee-UH-nee-NO
Dominick Glavich	GLAV-itch
Nic Graesser	GRAY-zerr
Ryland Jones	RYE-lund
Jake Kinzbach	KINZ-bock
Matt Kwatyra	KWAH-tear-uhh
Tom Luchsinger	LUCK-sing-err
Bryce Mendes	MEND-ezz
Mike Mohr	Same as MORE
Ozzie Moyer	OZ-zee MOY-yerr
Brett Nagle	NAY-gull
David Speese	SPEES
Kurt Wohlrab	woll-RABB



J.T. Stillely, Junior Freestyler



Tyler Hill, Sophomore Backstroker



University of North Carolina Swimming & Diving Top Times & Results 2011-12 Women's Team

Ranked #16; Final Dual-Meet Record: 7-2, ACC 6-1
2nd Place at ACC Championships
19th Place at NCAA Championships

10/6	at East Carolina	W 195-99
10/21	at Georgia Tech	W 187.5-100.5
10/22	at Georgia	L 112-177
10/28	at Virginia Tech	W 190-110
11/3	MARYLAND	W 178-121
11/17-19	NIKE CUP	1st of 8 teams, 1,494 points
1/16	CLEMSON	W 183-104
1/21	#11 VIRGINIA	L 130-170
1/27	at Duke	W 178-111
1/28	NC STATE	W 178.5-119.5
2/4-5	Virginia Tech Invitational	No Team Scores
2/15-18	ACC Championships	2nd of 11 teams, 615 points
3/15-17	NCAA Championships	19th Place, 44 Points

Depth Chart

50-Yd. Freestyle		
1. Nikki Barczak	23.04	BI
2. Candace Cooper	23.43	ACC
3. Danielle Siverling	23.59	BI
4. Kim Carducci	23.61	VPI
5. Sarah List	23.84	NIKE
6. Stephanie Eisenring	23.88	MD
7. Katie Keel	24.09	NIKE
8. Emily Kelly	24.25	VT
9. Sarah Tanner	24.26	ECU
10. Danielle Jansen	24.49	CLEM
100-Yd. Freestyle		
1. Danielle Siverling	49.68	ACC
2. Stephanie Eisenring	50.05	ACC
3. Nikki Barczak	50.18	ACC
4. Emily Kelly	50.63	NIKE
5. Stephanie Peacock	50.73	NIKE
6. Kim Carducci	50.85	VPI
7. Sarah Tanner	51.25	NIKE
8. Danielle Jansen	52.15	VPI
9. Katie Nolan	52.43	GT
10. Sarah List	52.92	NIKE
11. Laura Ruscoe	56.80	ST
200-Yd. Freestyle		
1. Stephanie Peacock	1:45.11	ACC
2. Danielle Siverling	1:45.66	NCAA
3. Stephanie Eisenring	1:47.02	ACC
4. Emily Kelly	1:47.99	NIKE
5. Kim Carducci	1:50.88	VPI
6. Kelsey Cummings	1:51.06	NIKE
7. Jackie Rudolph	1:51.96	ACC
8. Katie Nolan	1:53.58	NIKE
9. Rebecca Brooks	1:55.86	VA
10. Marie Pesacreta	1:56.65	GT
500-Yd. Freestyle		
1. Stephanie Peacock	4:35.06	NCAA
2. Danielle Siverling	4:42.51	NCAA
3. Stephanie Eisenring	4:46.82	ACC
4. Jackie Rudolph	4:48.46	ACC
5. Kelsey Cummings	4:48.48	NIKE
6. Emily Kelly	4:51.73	NIKE
7. Meredith Hoover	4:52.71	ACC
1000-Yd. Freestyle		
1. Stephanie Peacock	9:32.69	NCAA
2. Kelsey Cummings	9:53.55	NIKE
3. Jackie Rudolph	9:56.70	NIKE
4. Stephanie Eisenring	10:10.29	DU
5. Emily Kelly	10:11.06	GA
6. Meredith Hoover	10:30.75	DU
1650-Yd. Freestyle		
1. Stephanie Peacock	15:38.79	NCAA
2. Kelsey Cummings	16:20.02	NIKE
3. Jackie Rudolph	16:22.58	NIKE
100-Yd. Backstroke		
1. Candace Cooper	53.13	ACC
2. Katie Nolan	54.42	ACC
3. Sarah List	55.04	VPI
4. Rebecca Brooks	55.06	ACC
5. Kim Carducci	56.28	VPI

6. Sarah Tanner	56.76	NIKE
7. Meredith Hoover	57.70	NIKE
8. Marie Pesacreta	58.32	VA
200-Yd. Backstroke		
1. Candace Cooper	1:56.46	NIKE
2. Rebecca Brooks	1:57.62	ACC
3. Sarah Tanner	1:59.33	ACC
4. Stephanie Peacock	1:59.75	NIKE
5. Marie Pesacreta	2:01.11	ACC
6. Katie Nolan	2:02.29	ST
7. Sarah List	2:05.65	NIKE
8. Meredith Hoover	2:08.56	ECU
9. Nuffy Swanson	2:09.06	GT
100-Yd. Breaststroke		
1. Laura Moriarty	1:01.61	ACC
2. Katie Rechsteiner	1:02.63	ACC
3. Katie Keel	1:02.94	ACC
4. Rebecca Brooks	1:03.58	NIKE
5. Danielle Jansen	1:05.17	VPI
6. Stephanie Peacock	1:09.17	GT
200-Yd. Breaststroke		
1. Laura Moriarty	2:10.23	ACC
2. Katie Rechsteiner	2:14.76	ACC
3. Katie Keel	2:17.07	ACC
4. Marie Pesacreta	2:20.07	NIKE
5. Rebecca Brooks	2:23.18	GT
6. Stephanie Peacock	2:24.63	GT
100-Yd. Butterfly		
1. Katie Nolan	53.19	BI
2. Sarah Tanner	54.18	ACC
3. Cari Blalock	54.37	NIKE
4. Nuffy Swanson	54.48	VPI
5. Meredith Hoover	54.74	ACC
6. Nikki Barczak	55.21	ACC
7. Laura Ruscoe	55.37	VPI
8. Laura Moriarty	56.88	GT
9. Danielle Jansen	56.89	VPI
10. Candace Cooper	57.37	NIKE
11. Katie Keel	57.52	NIKE
200-Yd. Butterfly		
1. Cari Blalock	1:56.06	ACC
2. Meredith Hoover	1:58.04	BI
3. Katie Nolan	1:58.26	NIKE
4. Nuffy Swanson	1:59.91	VPI
5. Laura Ruscoe	2:00.39	VPI
6. Laura Moriarty	2:01.75	GT
7. Kelsey Cummings	2:06.14	GA
200-Yd. Individual Medley		
1. Cari Blalock	1:57.87	ACC
2. Sarah Tanner	1:59.21	ACC
3. Marie Pesacreta	2:00.43	ACC
4. Laura Moriarty	2:00.52	NIKE
5. Rebecca Brooks	2:01.11	ACC
6. Katie Nolan	2:01.73	NIKE
7. Nuffy Swanson	2:04.48	NIKE
8. Danielle Jansen	2:06.18	VPI
9. Katie Keel	2:06.39	ACC
10. Katie Rechsteiner	2:10.48	ACC
11. Laura Ruscoe	2:10.82	NIKE

400-Yd. Individual Medley		
1. Cari Blalock	4:09.01	NCAA
2. Laura Moriarty	4:10.72	ACC
3. Marie Pesacreta	4:20.08	ACC
4. Nuffy Swanson	4:28.24	NIKE
200-Yd. Freestyle Relay		
Candace Cooper (23.54), Nikki Barczak (23.46), Katie Nolan (21.73), Danielle Siverling (22.74)	3:19.28	ACC
400-Yd. Freestyle Relay		
Danielle Siverling (50.16), Stephanie Eisenring (49.65), Nikki Barczak (49.67), Stephanie Peacock (49.80)	3:19.28	ACC
800-Yd. Freestyle Relay		
Stephanie Peacock (1:45.44), Danielle Siverling (1:45.54), Cari Blalock (1:47.50), Stephanie Eisenring (1:48.43)	7:06.91	ACC
200-Yd. Medley Relay		
Candace Cooper (25.03), Laura Moriarty (28.14), Katie Nolan (23.99), Nikki Barczak (22.48)	1:39.64	ACC
400-Yd. Medley Relay		
Candace Cooper (53.13), Laura Moriarty (1:00.68), Katie Nolan (52.71), Danielle Siverling (49.19)	3:35.71	ACC
One-Meter Diving (6 Optionals) Score Meet		
1. Jenna Moore	308.63	CLEM
2. Kristin Arnold	281.10	NIKE
3. Natalie Ritter	276.60	NIKE
4. Kelly Corish	275.48	CLEM
5. Emily Schmidt	272.78	CLEM
Three-Meter Diving (6 Optionals) Score Meet		
1. Jenna Moore	331.45	NIKE
2. Kristin Arnold	304.50	CLEM
3. Natalie Ritter	302.85	VA
4. Emily Schmidt	275.55	ST
5. Kelly Corish	273.30	VA
10-Meter Platform Diving (5 Optionals)		
1. Jenna Moore	257.40	NIKE
2. Emily Schmidt	233.00	ACC
3. Natalie Ritter	225.45	ACC
4. Kristin Arnold	194.95	NIKE
5. Kelly Corish	194.05	NIKE

Legend for Depth Chart
 ECU=at East Carolina, 10-6-2011
 GT=at Georgia Tech, 10-21-1011
 GA=at Georgia, 10-22-2011
 VT=at Virginia Tech, 10-28-2011
 MD=vs. Maryland, 11-3-2011
 NIKE=Nike Cup, 11-17-2011 through 11-19-2011
 CLEM=vs. Clemson, 1-16-2012
 VA=vs. Virginia, 1-21-2012
 DU=at Duke, 1-27-2012
 ST=vs. NC State, 1-28-2012
 VPI=Virginia Tech Invitational, 2-4-2012 through 2-5-2012
 ACC=ACC Championships, 2-15-2012 through 2-18-2012
 BI=Bulldog Invitational, 2-25-2012 through 2-26-2012
 NCAA=NCAA Championships, 3-15-2012 through 3-17-2012



University of North Carolina Swimming & Diving Top Times & Results 2011-12 Men's Team

Ranked #13; Final Dual-Meet Record: 7-2, ACC 6-1		
3rd Place at ACC Championships		
14th Place at NCAA Championships		
10/6	at East Carolina	W 191.5-102.5
10/21	at Georgia Tech	W 177-120
10/22	at Georgia	L 119.5-180.5
10/28	at Virginia Tech	W 165-135
11/3	MARYLAND	W 180-119
11/17-19	NIKE CUP	1st of 8 teams, 1,334 points
1/13-14	The Classic @ SMU	4th of 6 teams, 266.5 points
1/16	CLEMSON	W 178-118
1/21	#12 VIRGINIA	W 166-134
1/27	at Duke	W 165-121
1/28	#23 NC STATE	L 145.5-151.5
2/4-5	Virginia Tech Invitational	No Team Scores
2/22-25	at ACC Championships	3rd of 11 teams, 564 points
3/22-24	at NCAA Championships	14th Place, 74.5 Points

200-Yd. Individual Medley Time Meet		
1. Tom Luchsinger	1:45.77	NCAA
2. Dominick Glavich	1:47.36	ACC
3. Alex Gianino	1:48.47	ACC
4. Brian Bolleman	1:50.73	VPI
5. Tyler Hill	1:51.18	ACC
6. Wil Singley	1:51.82	DU
7. Patrick Myers	1:51.93	NIKE
8. Walker Knop	1:52.20	VPI
9. Jim Flannery	1:53.33	ACC
10. Clifton Gordon	1:53.82	NIKE
11. J.T. Stilley	1:54.26	CLEM
12. Bryce Mendes	1:56.73	VPI
13. Jesse Mendes	1:57.04	VPI

400-Yd. Individual Medley Time Meet		
1. Tom Luchsinger	3:46.03	NCAA
2. Alex Gianino	3:50.62	ACC
3. Brian Bolleman	3:52.43	VPI
4. Tyler Hill	3:53.10	ACC
5. Patrick Myers	3:53.19	ACC
6. Jesse Mendes	4:04.12	VPI
7. Bryce Mendes	4:04.38	VPI
8. Dan O'Connor	4:05.30	NIKE
9. Sean Lane	4:07.82	NIKE

200-Yd. Freestyle Relay Time Meet		
Steve Cebertowicz (19.61), Kyle Ficker (19.53), Brock Park (19.53), Evan Reed (19.68)		
	1:18.35	ACC

400-Yd. Freestyle Relay Time Meet		
Steve Cebertowicz (43.26), Kyle Ficker (43.13), Brock Park (43.73), Evan Reed (42.95)		
	2:53.07	ACC

800-Yd. Freestyle Relay Time Meet		
Evan Reed (1:36.80), J.T. Stilley (1:36.81), Steve Cebertowicz (1:35.68), Tom Luchsinger (1:34.01)		
	6:23.30	ACC

200-Yd. Medley Relay Time Meet		
Jim Flannery (22.29), Brad Hamilton (24.50), Tom Luchsinger (21.29), Steve Cebertowicz (19.18)		
	1:27.26	ACC

400-Yd. Medley Relay Time Meet		
Jim Flannery (48.72), Dominick Glavich (54.35), Tom Luchsinger (47.32), Evan Reed (43.80)		
	3:14.19	ACC

One-Meter Diving Score Meet		
1. David MacDonald	363.75	VA
2. Jake Kinzbach	354.20	NIKE
3. Ryland Jones	343.95	NIKE
4. Ryan Fox	288.15	ACC
5. Bryant Wooten	278.40	ST
6. Tyler Beard	267.00	CLEM

Three-Meter Diving Score Meet		
1. David MacDonald	426.50	NIKE
2. Ryland Jones	369.75	VA
3. Jake Kinzbach	357.15	VA
4. Tyler Beard	342.08	CLEM
5. Ryan Fox	338.55	CLEM
6. Bryant Wooten	307.50	CLEM

10-Meter Platform Diving		
1. David MacDonald	343.00	ACC
2. Ryland Jones	328.60	NIKE
3. Jake Kinzbach	306.00	ACC
4. Ryan Fox	296.30	ACC
5. Tyler Beard	231.50	NIKE

Legend for Depth Chart
 ECU=at East Carolina, 10-6-2011
 GT=at Georgia Tech, 10-21-2011
 GA=at Georgia, 10-22-2011
 VT=at Virginia Tech, 10-28-2011
 MD=vs. Maryland, 11-3-2011
 NIKE=Nike Cup, 11-17-2011 through 11-19-2011
 SMU=The Classic @ SMU, 1-12-2012 through 1-13-2012
 CLEM=vs. Clemson, 1-16-2012
 VA=vs. Virginia, 1-21-2012
 DU=at Duke, 1-27-2012
 ST=vs. NC State, 1-28-2012
 VPI=Virginia Tech Invitational, 2-4-2012 through 2-5-2012
 ACCD=ACC Diving Championships, 2-16-2012 through 2-18-2012
 ACC=ACC Swimming Championships, 2-22-2012 through 2-25-2012
 NCAA=NCAA Swimming Championships, 3-22-2012 through 3-24-2012



Depth Chart		
50-Yd. Freestyle Time Meet		
1. Steve Cebertowicz	19.34	NCAA
2. Kyle Ficker	19.72	ACC
3. Evan Reed	20.13	ACC
4. Brock Park	20.44	ACC
5. Brad Hamilton	20.56	NIKE
6. Brian McClintock	21.05	VPI
7. Walker Knop	21.77	VPI
8. Mike Mohr	22.23	NIKE
9. Brett Nagle	22.40	VT
10. Jim Flannery	22.50	GT
100-Yd. Freestyle Time Meet		
1. Steve Cebertowicz	42.72	NCAA
2. Kyle Ficker	43.97	ACC
3. Evan Reed	44.05	NIKE
4. Brock Park	44.99	ACC
5. Brian McClintock	45.25	VPI
6. Brad Hamilton	45.37	NIKE
7. J.T. Stilley	45.96	NIKE
8. Alex Gianino	46.58	CLEM
9. Wil Singley	47.12	MD
10. Patrick Myers	47.62	VA
11. Walker Knop	47.63	NIKE
12. Clifton Gordon	48.11	GA
13. Graham Williams	48.17	VPI
14. Brett Nagle	48.58	GT
15. Victor Leclere	48.81	ST
16. Mike Mohr	49.10	MD
200-Yd. Freestyle Time Meet		
1. Evan Reed	1:36.41	NIKE
2. J.T. Stilley	1:37.13	ACC
3. Wil Singley	1:37.42	ACC
4. Tom Luchsinger	1:39.13	NIKE
5. Brett Nagle	1:39.13	ACC
6. Steve Cebertowicz	1:39.24	NIKE
7. Sean Lane	1:39.87	ACC
8. Kyle Ficker	1:40.01	ACC
9. John Paul Gaylor	1:40.76	VPI
10. Graham Williams	1:41.45	VPI
11. Mike Mohr	1:43.06	VPI
12. Brock Park	1:44.31	NIKE
13. Alex Gianino	1:45.73	GT
14. Dan O'Connor	1:46.49	NIKE
500-Yd. Freestyle Time Meet		
1. J.T. Stilley	4:21.03	NCAA
2. Brett Nagle	4:22.26	ACC
3. Wil Singley	4:23.08	ACC
4. Sean Lane	4:27.93	NIKE
5. John Paul Gaylor	4:28.95	VPI
6. Evan Reed	4:29.51	SMU
7. Dan O'Connor	4:30.67	NIKE
8. Graham Williams	4:35.61	VPI
9. Jesse Mendes	4:37.78	VPI
10. Bryce Mendes	4:37.99	VPI
11. Victor Leclere	4:38.72	NIKE
12. Tom Luchsinger	4:39.80	VT
13. Evan Virtue	4:41.70	MD
1000-Yd. Freestyle Time Meet		
1. Brett Nagle	9:08.98	ACC
2. J.T. Stilley	9:14.89	NCAA
3. John Paul Gaylor	9:16.24	VPI
4. Sean Lane	9:19.46	ACC
5. Dan O'Connor	9:20.12	NIKE
6. Wil Singley	9:20.66	ACC
7. Graham Williams	9:36.60	VPI
8. Jesse Mendes	9:42.74	VPI

1650-Yd. Freestyle Time Meet		
1. Brett Nagle	15:09.67	NIKE
2. John Paul Gaylor	15:20.21	VPI
3. J.T. Stilley	15:21.84	NCAA
4. Wil Singley	15:25.05	ACC
5. Dan O'Connor	15:28.15	NIKE
6. Sean Lane	15:32.42	ACC
7. Graham Williams	15:50.38	VPI
8. Jesse Mendes	16:06.00	VPI
100-Yd. Backstroke Time Meet		
1. Jim Flannery	48.72	ACC
2. Steve Cebertowicz	48.90	ACC
3. Patrick Myers	49.07	ACC
4. Clifton Gordon	49.45	VPI
5. Evan Reed	51.33	SMU
6. Tyler Hill	51.35	ST
7. Brian McClintock	51.71	NIKE
8. Mike Mohr	52.21	VPI
9. Victor Leclere	52.42	NIKE
200-Yd. Backstroke Time Meet		
1. Patrick Myers	1:45.93	NIKE
2. Jim Flannery	1:46.28	ACC
3. Clifton Gordon	1:46.72	VPI
4. Tyler Hill	1:47.25	ACC
5. Tom Luchsinger	1:47.95	SMU
6. Bryce Mendes	1:52.35	VPI
7. Mike Mohr	1:52.87	VPI
8. Victor Leclere	1:54.38	GA
100-Yd. Breaststroke Time Meet		
1. Dominick Glavich	56.21	NIKE
2. Brad Hamilton	56.62	ACC
3. Walker Knop	56.70	VPI
4. Brian McClintock	56.73	VPI
5. Brian Bolleman	56.85	VPI
6. Alex Gianino	57.12	VA
200-Yd. Breaststroke Time Meet		
1. Alex Gianino	2:00.43	ACC
2. Brian Bolleman	2:00.54	VPI
3. Walker Knop	2:04.08	VPI
4. Dominick Glavich	2:06.46	SMU
5. Brian McClintock	2:09.21	VA
6. Bryce Mendes	2:16.14	ST
7. Patrick Myers	2:18.00	GT
8. Brett Nagle	2:22.35	GT
100-Yd. Butterfly Time Meet		
1. Dominick Glavich	48.29	ACC
2. Brock Park	48.59	ACC
3. Brad Hamilton	49.01	ACC
4. Clifton Gordon	49.08	VPI
5. Steve Cebertowicz	49.55	NIKE
6. Victor Leclere	50.10	NIKE
7. Tom Luchsinger	50.15	GA
8. Evan Reed	51.50	GT
9. Evan Virtue	51.87	GT
10. Jim Flannery	52.14	NIKE
11. Kyle Ficker	53.76	NIKE
200-Yd. Butterfly Time Meet		
1. Tom Luchsinger	1:43.84	NCAA
2. Dominick Glavich	1:44.65	ACC
3. Victor Leclere	1:49.41	NIKE
4. Patrick Myers	1:50.26	SMU
5. Brett Nagle	1:50.60	NIKE
6. Tyler Hill	1:51.17	NIKE
7. Evan Virtue	1:53.04	GT
8. Clifton Gordon	1:58.31	ECU
9. Jesse Mendes	2:00.70	VA

2012-13 UNIVERSITY OF NORTH CAROLINA SWIMMING & DIVING SCHEDULE

Driving Directions To Koury Natatorium

From Virginia and Points North:
Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:
Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:
Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:
Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

DAY	DATE	OPPONENT/EVENT	SITE	TIME
Sat.	Sept. 15	Pier-2-Pier	Wrightsville Beach, N.C.	9 a.m.
Sat.	Sept. 29	Blue vs. White	Chapel Hill, N.C.	9 a.m.
Sat.	Oct. 13	at South Carolina, vs. Texas A&M	Columbia, S.C.	12 p.m.
Fri.	Oct. 19 &	SMU Swimming Classic	Dallas, Texas	7:30 p.m.
Sat.	Oct. 20			
Fri.	Oct. 26	Virginia Tech	Chapel Hill, N.C.	3:45 p.m.
Sun.	Oct. 28	North Carolina Aquatic Club Mile Meet	Chapel Hill, N.C.	1 p.m.
Thurs.	Nov. 15 &	Janis Hape Dowd Nike Cup	Chapel Hill, N.C.	10 a.m. (Prelims)
Fri.	Nov. 16 &			6 p.m. (Finals)
Sat.	Nov. 17			
Thurs.	Nov. 29 &	U.S. Open	Austin, Texas	TBA
Fri.	Nov. 30 &			
Sat.	Dec. 1			
Fri.	Nov. 30	Ohio State Invitational	Columbus, Ohio	11 a.m. (Prelims)
				6 p.m. (Finals)
Sat.	Dec. 1	Ohio State Invitational	Columbus, Ohio	10 a.m. (Prelims)
				5 p.m. (Finals)
Sun.	Dec. 2	Ohio State Invitational	Columbus, Ohio	9 a.m. (Prelims)
				3 p.m. (Finals)
Fri.	Dec. 28 &	Duke Diving Invitational	Durham, N.C.	11 a.m.
Sat.	Dec. 29			
Thurs.	Jan. 3	vs. Penn State	Naples, Fla.	TBA
Thurs.	Jan. 3 &	Tennessee Diving Invitational	Knoxville, Tenn.	TBA
Fri.	Jan. 4 &			
Sat.	Jan. 5			
Sat.	Jan. 12	at Navy	Annapolis, Md.	11 a.m.
Sat.	Jan. 19	at Virginia (Men)	Charlottesville, Va.	12 p.m.
		at Virginia (Women)	Charlottesville, Va.	3 p.m.
Sat.	Jan. 26	Duke	Chapel Hill, N.C.	12 p.m.
Sat.	Feb. 2	at NC State	Raleigh, N.C.	11 a.m.
Wed.	Feb. 20 &	ACC Women's Swimming & Diving Championships	Greensboro, N.C.	11 a.m. (Prelims)
Thurs.	Feb. 21 &			7 p.m. (Finals)
Fri.	Feb. 22 &			6 p.m. (Finals)
Sat.	Feb. 23			(Wed. only)
Wed.	Feb. 27 &	ACC Men's Swimming & Diving Championships	Greensboro, N.C.	11 a.m. (Prelims)
Thurs.	Feb. 28 &			7 p.m. (Finals)
Fri.	Mar. 1 &			6 p.m. (Finals)
Sat.	Mar. 2			(Wed. only)
Sat.	Mar. 2 &	Bulldog Invitational (Women Only)	Athens, Ga.	TBA
Sun.	Mar. 3			
Sat.	Mar. 10	Last Chance Meet (Men)	Columbus, Ohio	TBA
Mon.	Mar. 11 &	NCAA Diving Regional	Knoxville, Tenn.	TBA
Tues.	Mar. 12 &			
Wed.	Mar. 13			
Thurs.	Mar. 14 &	USA Swimming Sectionals	Nashville, Tenn.	TBA
Fri.	Mar. 15 &			
Sat.	Mar. 16 &			
Sun.	Mar. 17			
Thurs.	Mar. 21 &	NCAA Women's Swimming & Diving Championships	Indianapolis, Ind.	11 a.m. (Prelims)
Fri.	Mar. 22 &			7 p.m. (Finals)
Sat.	Mar. 23			
Thurs.	Mar. 28 &	NCAA Men's Swimming & Diving Championships	Indianapolis, Ind.	11 a.m. (Prelims)
Fri.	Mar. 29 &			7 p.m. (Finals)
Sat.	Mar. 30			





Bubba Cunningham, Director of Athletics

Lawrence R. (Bubba) Cunningham is in his second year as the director of athletics at the University of North Carolina. Chancellor Holden Thorp appointed Cunningham, who had been the director of athletics at The University of Tulsa for six years, on October 14, 2011.

In his first year as the Carolina athletic director he guided the Tar Heel program to an eighth-place finish in the Learfield Directors' Cup. The Tar Heels won the NCAA championship in men's soccer in his initial year at the helm. Cunningham also guided the department through a major reorganization that was announced in July 2012.

Cunningham, 50, officially began his duties at Carolina on November 14, 2011, succeeding Dick Baddour. Cunningham is the seventh director of athletics in UNC history, following Robert A. Fetzer (1923-52), Chuck Erickson (1953-67), Homer Rice (1969-75), Bill Cobey (1976-80), John Swofford (1980-97) and Baddour (1997-2011).

Cunningham is in his 11th year as a Division I director of athletics. In addition to his tenure at Tulsa, he was the AD for three years from 2002-2005 at Ball State University.

He was honored as the 2008-09 FBS Central Region Athletics Director of the Year, an award presented by the National Association of Collegiate Directors of Athletics.

"Bubba Cunningham is an outstanding choice," Atlantic Coast Conference commissioner and former UNC A.D. John Swofford said after the hire. "He is a quality administrator and terrific person. Bubba is a highly respected and proven Athletics Director who will fit in extremely well at UNC and will be a welcome addition around our ACC table."

Cunningham guided Tulsa through its initial move to Conference USA and spearheaded a \$60 million athletics initiative, which included a \$20 million renovation to Skelly Field at H.A. Chapman Stadium, a goal of \$20 million for an athletics scholarship endowment and \$20 million for coaches' salary endowment.

At Ball State, Cunningham led a program with 19 intercollegiate sports and a budget of \$12.4 million. In his final year, Ball State completed a \$12 million campaign to renovate the football stadium. In raising

those funds, Cunningham secured the largest single gift in Ball State athletics history.

From 1988-2002, Cunningham worked in the athletics department at the University of Notre Dame. Cunningham served as associate director of athletics for external affairs from 2000-02. He renegotiated the school's footwear contract, developed a communications and marketing plan, created marketing teams for all 26 varsity sports, increased corporate sponsorship income, created a financial/equity plan for the department and served as chairman of the NCAA Division I Women's Golf Committee.

Cunningham earned his bachelor's and master's degrees in business administration, both from Notre Dame, in 1984 and 1988, respectively. He played on the Irish golf team in 1982-83.

Born in Flint, Mich., and raised in Naples, Fla., Cunningham and his wife, Tina, have four children: Matthew, Michael, John and Sarah.



**Department of Athletics
Mission Statement**

The Department of Athletics has offered high quality athletic programs for many years.

**UNC In The
Learfield Director's Cup
North Carolina's Finishes Since 1994**

- 2012 – 8th
- 2011 – 6th
- 2010 – 7th
- 2009 – 2nd
- 2008 – 14th
- 2007 – 3rd
- 2006 – 4th
- 2005 – 9th
- 2004 – 7th
- 2003 – 8th
- 2002 – 4th
- 2001 – 15th
- 2000 – 5th
- 1999 – 17th
- 1998 – 2nd
- 1997 – 2nd
- 1996 – 6th
- 1995 – 2nd
- 1994 – 1st

Final 2011-12 Standings:

- 1. Stanford (1448.25)
- 2. Florida (1314)
- 3. UCLA (1142.75)
- 4. Ohio State (1104.25)
- 5. Florida State (1061)
- 6. Texas (1032.50)
- 7. Southern California (1006.75)
- 8. North Carolina (1005.50)**
- 9. Texas A&M (990.25)
- 10. Michigan (986.50)

2011-12 ACC Standings (with national finish at front)

- 5. Florida State (1061)
- 8. North Carolina (1005.50)**
- 15. Virginia (910)
- 16. Duke (894.50)
- 27. Maryland (650.50)
- 35. Virginia Tech (587.25)
- 37. NC State (576.50)
- 54. Clemson (415)
- 59. Miami (374.50)
- 60. Boston College (363)
- 72. Georgia Tech (268)
- 92. Wake Forest (198.50)

CAROLINA ATHLETICS ADMINISTRATION

Chancellor: Holden Thorp
Faculty Representative: Lissa Broome
Director of Athletics: Bubba Cunningham
Exec. Assoc. AD: Larry Gallo
Sr. Assoc. AD/SWA: Beth Miller
Sr. Assoc. AD/Bus. & Finance: Martina Ballen
Sr. Assoc. AD/Student-Athlete Services: John Blanchard
Sr. Assoc. AD/Chief of Staff: Karlton Creech
Sr. Assoc. AD/Operations: Clint Gwaltney
Sr. Assoc. AD/Compliance/Student Services: Vince Ille
Sr. Assoc. AD/Communications: Steve Kirschner
Sr. Assoc. AD/Rams Club: John Montgomery
Sr. Assoc. AD/Facilities: Willie Scroggs
Sr. Assoc. AD/External Relations: Rick Steinbacher
Assoc. AD/Compliance: Amy Herman
Assoc. AD/Football: Corey Holliday
Assoc. AD/Development: Ken Mack
Assoc. AD/Compliance: Paul Pogge
Assoc. AD: Matt Terrell
Asst. AD/Mkt. and Promotions: Michael Beale
Asst. AD/Communications: Kevin Best
Asst. AD/Fac. Planning & Management: Mike Bunting
Asst. AD/New Media: Ken Cleary
Asst. AD/Olympic Sports & FB Operations: Ellen Culler
Asst. AD/Student-Athlete Development: Cricket Lane
Asst. AD/Business & Finance: Mike Perkins
Asst. AD/Ticket Operations: Tim Sabo
Asst. AD/Development: Tim Smith
Athletic Department Switchboards
 Ernie Williamson Center (919) 962-6000
 Carmichael Arena(919) 962-5411
Mailing Address: **Overnight Address:**
 P.O. Box 2126 Ernie Williamson Center
 Chapel Hill, NC 27515Skipper Bowles Drive
 Chapel Hill, NC 27514
Web Address:.....www.GoHeels.com

Through a dedicated commitment to educational interests, competitive athletic programs, and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to the University.

The mission of the Department is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop, and to serve the interests of the University by complementing and enhancing its diversity and quality of life. Coaches, as educators, are foundational to this process. In keeping with the University's efforts to offer programs of regional and national acclaim, the Department's athletic programs strive for competitive excellence within the Atlantic Coast Conference or other similar institutions. Through its athletic programs, the University seeks to unite students, faculty, staff and alumni in a common and shared experience. The Department seeks to contribute to the diversity of the University by offering opportunities for enhanced racial/ethnic, cultural and geographic representation.

To fulfill this mission, the Department, with the approval of the Board of Trustees, has developed principles of operation to provide guidance and direction to its personnel. This Mission Statement and accompanying principles require strong dedication and commitment from all who participate in, coach in and support the Department of Athletics.



Head Coach Rich DeSelm • 6th Season



Coming off his most successful season to date, Rich DeSelm is now in his sixth year as the head swimming coach at the University of North Carolina after serving for one year as the chief assistant and head coach designate under former mentor Frank Comfort.

The program has made great strides under DeSelm's tutelage in the past five years. DeSelm had been a highly successful head coach at Davidson College and a long-time assistant at perennial Top 10 program Florida before he assumed the full-

time head coaching duties at Carolina on July 1, 2007.

Last year, DeSelm led Carolina to one of its most successful combined seasons in history. Forty-eight Tar Heels qualified for the 2012 Olympics Trials, UNC swimmers combined to set 24 records, the Tar Heel men finished in the Top 15 for the third straight year and the Carolina women placed 19th at the NCAA meet.

After a 14th-place finish at the NCAA meet, UNC's men posted back-to-back NCAA Top 15 finishes for the first time since 1956-58. The 19th-place finish by the UNC women was the team's best finish since 2003. In August, junior Stephanie Peacock and senior Tom Luchsinger were named to the U.S. National Team and both will swim in 2013 World University Games. Forty UNC swimmers and divers were named to the ACC Academic Honor Roll, the most in DeSelm's five years in Chapel Hill.

In 2011-12, DeSelm was named ACC Women's Coach of the Year and Peacock swept ACC Swimmer of the Year honors and the MVP awards at the ACC Championships. Peacock won the NCAA championship in the 1650-yard freestyle in an NCAA record time and she placed third in the 500-yard freestyle. It was the first NCAA championship for a UNC woman since 2003 (Jessi Perruquet in the 200 freestyle) and Steve Cebertowicz finished sixth in both the 50- and 100-yard freestyles at NAAs, the first time a Tar Heel man has finaled in both events since Pete Worthen in 1965.

In September 2011, DeSelm was named as a National Team staff coach by United States Swimming, one of the most prestigious honors a coach can attain nationally. This came on the heels of his first-ever international head coaching assignment in August 2011 when he piloted the ship for the U.S. men's team at the World University Games in Shenzhen, China. Two Tar Heel student-athletes mentored by DeSelm won bronze medals at the Games — Tyler Harris in the 400-meter individual medley and Stephanie Peacock in the 400-meter freestyle.

The 2010-11 season was also a magnificent one under DeSelm's tutelage. The men and women both took second in the conference championships with the women achieving their highest point total in four years. The women garnered their third successive NCAA Top 25 finish while the men finished 14th at NAAs, the highest team finish in 18 years.

UNC's women won five individual titles and two relay championships at the ACC meet and the men won five individual titles of their own. Altogether, UNC rewrote the short course record book for both teams with nine new school records on the women's side and 12 on the men's ledger. In addition, five more school records fell during the long course season in the summer of 2011.

Individually, Tyler Harris placed third in the 400 IM at NAAs, the highest individual placing by a UNC man since 1966. Joe Kinderwater copped first-team All-America honors in the 1650-yard freestyle and became only the fourth men's swimmer in Carolina history to win first-team honors all four years. The men's 800-yard freestyle relay garnered first-team All-America accolades, the first Tar Heel relay to do so in 18 seasons. Carly Smith, Layne Brodie and Tyler Harris each won a pair of individual ACC titles and Tommy Wyher captured the men's 100-yard backstroke at ACCs, becoming only the 20th individual in ACC history to win the same event four years in a row.

Both teams continued to excel academically with 14 All-ACC Academic selections and 32 ACC Academic Honor Roll choices. Tyler Harris was named the ACC Men's Swimming Scholar-Athlete of the Year, following in the footsteps of Chip Peterson who won the award a year



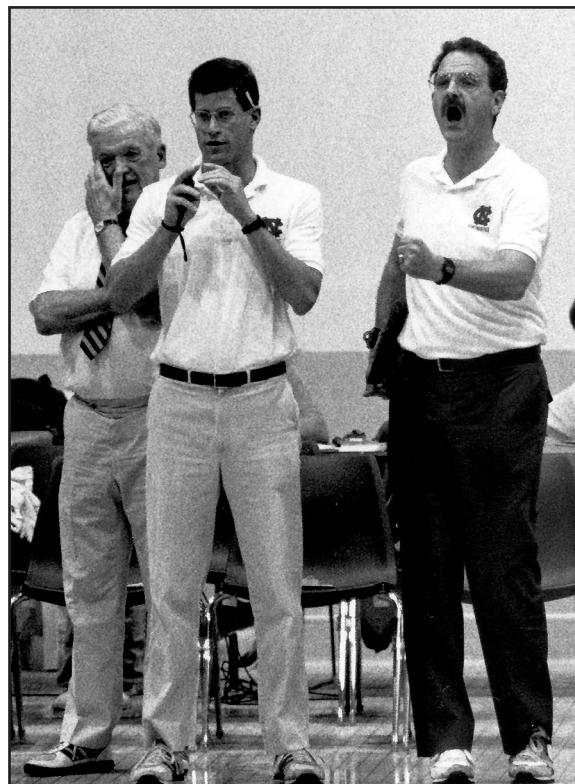
earlier.

DeSelm has been an elite coach at every level during his more than three decades in college coaching. As an assistant coach at North Carolina (1978-93) and Florida (2000-06), he assisted on teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A team captain, first-team All-America and long-time assistant coach at Carolina, DeSelm earned his bachelor's degree in business administration from UNC in 1978. He went on to earn a master's degree from Duke University in 1988 in liberal studies. He swam at Carolina from 1974-78 as a distance freestyler. He was the captain of coach Frank Comfort's first team in 1978

when he was the squad's most valuable swimmer. In 1976, DeSelm was a first-team All-America selection in the 800-yard freestyle relay.

DeSelm, 56 years old, served as head coach designate in 2006-07, and became the head coach when Frank Comfort



DeSelm as an assistant coach to Frank Comfort in the early 1990s.



Rich DeSelm's Year-By-Year Coaching Ledger
AT THE UNIVERSITY OF NORTH CAROLINA
Assistant Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	1st	21st
1983-84	8-4	4-1	2nd	17th
1984-85	4-4	3-2	3rd	36th
1985-86	5-3	4-2	2nd	31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	1st	19th
1988-89	8-2	4-1	1st	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	1st	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	1st	14th
Totals	111-44	64-17	5 Titles	10 Top 25 Finishes

Assistant Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	7-1	2-1	2nd	5th
1979-80	7-2	3-1	2nd	7th
1980-81	7-1	3-1	1st	3rd
1981-82	11-0	5-0	1st	3rd
1982-83	9-1	4-0	1st	6th
1983-84	9-0	5-0	1st	5th
1984-85	6-2	4-1	1st	12th
1985-86	8-0	6-0	1st	16th
1986-87	8-2	5-1	2nd	9th
1987-88	8-3	3-2	2nd	19th
1988-89	9-2	4-1	2nd	36th
1989-90	11-1	5-0	2nd	15th
1990-91	10-1	5-0	1st	20th
1991-92	12-0	7-0	1st	14th
1992-93	10-2	5-1	1st	16th
Totals	132-18	66-9	9 Titles	14 Top 25 Finishes

AT DAVIDSON COLLEGE
Head Men's and Women's Coach
 DeSelm's men's dual meet record in seven seasons (1993-2000) was 26-40. His women's teams were 21-44-1. He was the Southern States Coach of the Year for men's swimming in 1995, and he received the honor for women's swimming each year from 1997 to 2000. During his tenure, the men's teams won three Southern States Championships, and the women's teams won four. Davidson placed in the top 10 at the

Eastern College Athletic Conference Championships seven times in eight years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

AT THE UNIVERSITY OF FLORIDA
Assistant Coach—Men's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	9-5	0-3	3rd	5th
2001-02	10-4	4-3	2nd	4th
2002-03	9-3	4-2	2nd	6th
2003-04	9-2	5-1	2nd	6th
2004-05	11-1	4-1	2nd	5th
2005-06	10-3	5-1	2nd	5th
Totals	58-18	24-11		4 Top 5 NCAA Ranks

Women's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	12-2	3-1	3rd	8th
2001-02	12-2	2-1	1st	7th
2002-03	12-1	5-1	2nd	5th
2003-04	11-2	5-2	3rd	4th
2004-05	9-2	3-2	3rd	4th
2005-06	11-2	5-2	3rd	10th
Totals	67-11	26-9	1 SEC Title	3 Top 5 NCAA Ranks

AT THE UNIVERSITY OF NORTH CAROLINA
Head Coach Designate—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	5-3	4-1	3rd	27th

Head Coach Designate—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	8-1	5-0	1st	30th

AT THE UNIVERSITY OF NORTH CAROLINA
Head Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-2	4-0	2nd	29th
2008-09	6-3	4-1	3rd	26th
2009-10	10-1	6-1	2nd	15th
2010-11	8-1	4-1	2nd	14th
2011-12	7-2	6-1	3rd	14th
Totals	37-9	24-4		3 Top 15 Finishes

Head Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-3	3-1	2nd	32nd
2008-09	6-3	4-1	2nd	20th
2009-10	9-2	6-1	2nd	20th
2010-11	7-2	4-1	2nd	Tied 23rd
2011-12	7-2	6-1	2nd	19th
Totals	36-12	23-5		4 Top 25 Finishes

retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's No. 1 assistant for 15 seasons from 1978-93, years in which the program competed at a very high level in the conference and nationally. In DeSelm's sole year as the head coach designate, Carolina's women claimed the ACC title for the first time in five years and both the men and women improved their NCAA finishes from the previous campaign. Nine women qualified for the NCAA meet as did four men. Sixteen swimmers and divers were named to the 2007 All-ACC Team.

In his first year at the helm of the Carolina program in 2007-08, DeSelm coached the Tar Heels to second-place finishes at the ACC Championships. The men's second-place finish was their highest placing since 2001. For the first time since 2004, three Tar Heel men achieved All-America honors. Tyler Harris won the ACC title and set a UNC record in the 400 IM. Joe Kinderwater claimed the ACC championship and first-team All-America honors in the 1650 freestyle. He set school records in the 1000 and 1650 freestyles while making the finals of the 2008 Olympic Trials in the 1500-meter free. Junior Whitney Sprague continued her record-setting career with ACC championships in the 500 and 1650 freestyles. She placed second in the NCAA Championships in the 1650.

The Tar Heel program really took off during DeSelm's second year at UNC in 2008-09. Carolina sent nine women and five men to the 2009 NCAA Championships with the women finishing 20th. Carolina's best placing since 2003. Sprague was the NCAA runner-up for the second year in a row in the 1650 freestyle while breaking the ACC record in the event. Katura Harvey placed seventh at NAAs in the 1650 and broke

the ACC record in the 500 Layne Brodie was named ACC Freshman-of-the-Year, the first Tar Heel to win the award since Jessi Perruquet in 2003. She broke UNC records in three events and conference records in the 100 and 200-yard breaststrokes. On the men's side, Harris broke the 200-yard IM and 400-yard IM school records. Kinderwater placed eighth at NAAs in the 1650-yard freestyle where he was named first-team All-America and broke the UNC record. Kinderwater also placed fourth at World Championships Trials in the 1500-meter free in 2009. Junior Chip Peterson broke the 500-yard freestyle school record. Sophomore Tommy Wyher captured a pair of ACC titles and set league records in the 100 fly and 100 back and a third school record in the 200 back.

Both Tar Heel teams had banner campaigns in 2009-10. The Tar Heel men finished second at the ACC Championships with 656.5 points, the most points UNC had scored in the meet since 2000. Carolina's 15th-place NCAA finish was its best since 1996. Carolina captured an ACC relay title for the first time in 12 years. Three Tar Heels — Joe Kinderwater, Tommy Wyher and Tyler Harris — earned first-team All-America honors for UNC, the most in a single year since 1993. Nine UNC swimmers overall earned first-team or honorable mention All-America accolades, the most since 1996. Eight UNC performers were named All-ACC, the most since 1997. UNC swimmers eclipsed nine school records during the school year. Senior Chip Peterson was named the ACC Scholar-Athlete-of-the-Year and an ESPN The Magazine Academic All-America. He became the first Tar Heel men's swimmer since 1965 to win the Paterson Medal as the school's outstanding senior athlete. The women's squad improved their point total at ACCs for the second straight year, scoring 642.5 points, the most since 2007. For the second straight year



UNC placed 20th at the NCAA Championships and the Tar Heels had relays score for the first time since 2003. Altogether, UNC swimmers established seven school records, including three relay marks. Laura Moriarty won three individual ACC championships, the most by a UNC women's swimmer since Richelle Fox won three titles in 1998. Moriarty earned first-team All-America honors and she was one of seven Tar Heels overall who earned All-America accolades.

DeSelm was an assistant at Carolina from 1978 to 1993. In his 15 years of coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships including nine by the women and five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

While at Florida, DeSelm helped recruit and coach men's and women's teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men's and women's swimming teams finished the season in the Top 10 nationally, posting seven Top five finishes along the way. The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 citations by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme was the 2001 Southeastern Conference Freshman-of-the-Year and the school record holder in the 50-yard freestyle and the 100-yard freestyle. DeSelm also assisted in the training of Brazilian Olympian Gabriel Mangabiera, who finished fifth in the 100-meter butterfly at the 2004 Olympic Games.

DeSelm led Davidson College to four women's and three men's titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States swimmer-of-the-year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann deFabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle. David Monasterio, a first-team All-America at UNC in the 200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 include Sue Walsh, Polly Winde, James Hamrick, Carrie Szulc, John Davis, Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the 1983 United States Team in the Pan American Games.

DeSelm was the assistant manager for the U.S. team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for U.S. teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have two children, Grant, 16 years old, a football player at Chapel Hill High School, and Claire, 14 years old, a talented junior level swimmer. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974.

National and international highlights of selected individual swimmers Coach DeSelm has worked with during head coaching tenures at UNC and Davidson and an assistant at UNC and Florida.

•**Stephanie Peacock (University of North Carolina):** 2012 NCAA champion, 1650-yard freestyle; Bronze medalist, 400-meter free, 2011 World University Games; 2013 World University Games Selection; ACC record holder, 500-yard freestyle, 1000-yard freestyle, 1650-yard freestyle; NCAA record holder, 1650-yard freestyle; 2012 ACC Swimmer of the Year and ACC Meet MVP. Member 2012 U.S. National team.

•**Tyler Harris (University of North Carolina):** ACC Champion in 400 IM, 2008 & 2010 and in 200 IM in 2011. First-team All-America in 400 IM, 2010 & 2011. Bronze Medalist in 400-meter IM at 2011 World University Games. UNC short course record holder in 200 IM, 400 IM. School long course record holder in 200 IM, 400 IM. ACC runner-up in three events, 2010. Member 2011 USA Swimming National Team.

•**Joe Kinderwater (University of North Carolina):** ACC champion, 1650 Free, 2008; ACC runner-up, 1650 Free, 2010 & 2011; 5th place at NCAAs in 1650 Free, 2008; 8th place at NCAAs in 1650 Free, 2009; 6th place at NCAAs in 1650 Free, 2010; 5th place at NCAAs in 1650 Free 2011; Four straight first-team All-America citations in 1650 Free; Olympic Trials finalist, 1500 Free, 2008; 4th-place finish in the 1500-meter free at World Champ Trials, 2009; School record holder in 1000 & 1650 freestyles.

•**Chip Peterson (University of North Carolina):** ACC runner-up, 1650 Free, 2007; ACC champion, 1650 Free, 2010; 6th place at NCAAs, 1650 Free, 2007; National and World Open Water Swimming Champion; 500-yard freestyle and 1000-yard freestyle school record holder; Patterson Medal winner as UNC's outstanding senior athlete, 2010 (first male swimmer to win award since 1965).



DeSelm with 2010 Patterson medal recipient Chip Peterson.

•**Tommy Wyher (University of North Carolina):** ACC Champion, 100 Back, 2008-2011, & 100 Fly, 2009 & 2010; ACC Record Holder, 100 Back & 100 Fly; First-Team All-America, 100 Fly (5th Place Finish), 2010; School Record Holder, 200 Back.

•**Laura Moriarty (University of North Carolina):** Three-time ACC champion, 2010; First-Team All-America, 200 Breast, 2010. Moriarty holds school records in the 200 breast and 400 IM.

•**Tom Luchsinger (University of North Carolina):** Mem-



DeSelm speaks to alumni at the dedication of the Champions Circle memorabilia area in Koury Natatorium.



DeSelm with fellow team captains for the 1978 UNC swimming teams.

yard, 100-meter freestyle; Sixth-place finisher in 50-yard and 100-yard freestyle at NCAA Championships, first Tar Heel to place in both events since Pete Worthen in 1965.

•**Whitney Sprague (University of North Carolina):** ACC Champion, 500 & 1650 Free, 2007 & 2008; Two-time 2nd place at NCAAs, 1650 Free, 2008 & 2009; 3rd place at NCAAs, 1650 Free, 2007. Held the ACC and UNC records in the 500, 1000 & 1650 freestyles.

•**Katura Harvey (University of North Carolina):** ACC 500 freestyle champion, 2009. Finished 7th at NCAAs in 1650 freestyle, 2009; NCAA first-team All-America, 2009; All-ACC in 200, 500 and 1650 free, 2009.

•**Darian Townsend (University of Florida):** 6-time NCAA All America in 2005; 2005 SEC Champion, 200 Freestyle; member of NCAA record setting 800 Free Relay Team; South African Commonwealth Games Team member; 2-time NCAA All-America in 2006.

•**Maureen Farrell (University of Florida):** 17-time NCAA All-America from 2002-2005; NCAA record holder 800 Free Relay; 5th at 2004 U.S. Olympic Trials in 200 Back.

•**Candice Weimann (University of Florida):** 5-time NCAA All-America in 2005 after transferring from Alabama where she was a 4-time NCAA All-America in 2004; broke Dara Torres' 17-year-old Florida school record in 100 Fly; 5-time NCAA All-America in 2006.

•**Gabriel Mangabiera (University of Florida):** 2004 Brazilian Olympic Team (5th in 100-meter Butterfly); 2004 3-time Brazilian National Champion; South American Record holder in 100-meter Butterfly; 15-time NCAA All-America; SEC Champion, 100 Back, 2003; Florida school record holder in 100 Back and as member of 200 free relay, 400 free relay, 800 free relay, 200 medley relay & 400 medley relay teams.

•**Carlos Jayme (University of Florida):** From to 2001-2004 a 26-time NCAA All-America (most All-America citations in Florida men's swimming history); 2001 SEC Freshman-of-the-Year; 2003 SEC Champion, 100 Free; Florida school record holder in 50 Free, 100 Free; and as member of 200 free relay, 400 free relay & 400 medley relay teams.

•**Scott Schultz (University of Florida):** 2003-2004 NCAA Postgraduate Scholarship winner; 3-time NCAA All-America; 2-time SEC Academic Honor Roll.

•**Hendrik Odendaal (University of Florida):** 2001 & 2002 NCAA All-America; Champion in South African National Championships; Member of 2002 South African Commonwealth Games Team.

•**Leah Martindale (University of Florida):** 2001 & 2002 NCAA All-America; Member of 2001 Barbados World Championship Team.

•**Mary Shell Brosche (Davidson College):** 1997, 1998, 1999 & 2000 Southern States triple event individual Champion; Female Swimmer of the Meet 3 years.

•**Yann deFabrique (University of North Carolina):** 1992 French Olympic Team; placed 14th in 400-meter free in Barcelona; 1993 French National Champion in 400-meter free; 1993 World University Games 200-meter free Champion, representing France; 1993 European Championships in 200-meter & 400-meter freestyles for France; 200 Fly at 1993 NCAAs 6th Place; 200 Free at 1993 NCAAs 9th Place 500 Free at

ber 2011 & 2012 USA Swimming National Team; Chosen for 2013 World University Games; 2012 ACC champion in 400-meter IM; 2011 & 2012 ACC champion in 200 fly; 2011 first-team All-America in 400 IM; University record holder in 200-meter and 200-yard fly.

•**Steve Cebertowicz (University of North Carolina):** University record holder in 50-yard 50-meter, 100-

1993 NCAAs 11th Place Member of 4th-place 800 Free Relay Team at 1993 NCAAs

•**David Monasterio (University of North Carolina):** 1992 Puerto Rico Olympic Team in Barcelona; 1992 NCAAs: 10th in 200 Fly, 10th in 500 Free; 1992 ACCs—Champion in 500 Free and in 200 Fly; Member of 4th place 800 Free Relay Team at 1993 NCAAs.

•**James Hamrick (University of North Carolina):** 1993 U.S. Team in World University Games in 400-meter freestyle; 1993 NCAAs, 5th in 500 Free, 8th in 1650 Free, 12th in 200 Free; Member of 4th place 800 Free Relay Team at 1993 NCAAs; 1992 NCAAs 6th in 500 Free, 10th in 1650 Free.

•**Carrie Szulc (University of North Carolina):** At 1993 World University Games 5th Place in 400 IM representing U.S.; 1993 NCAAs 8th in 400 IM; 1992 NCAAs 6th in 400 IM; 1992 ACCs - Champion in 200 IM & 400 IM.

•**John Davis (University of North Carolina):** 11-time ACC Individual event champion, 1988-1991.

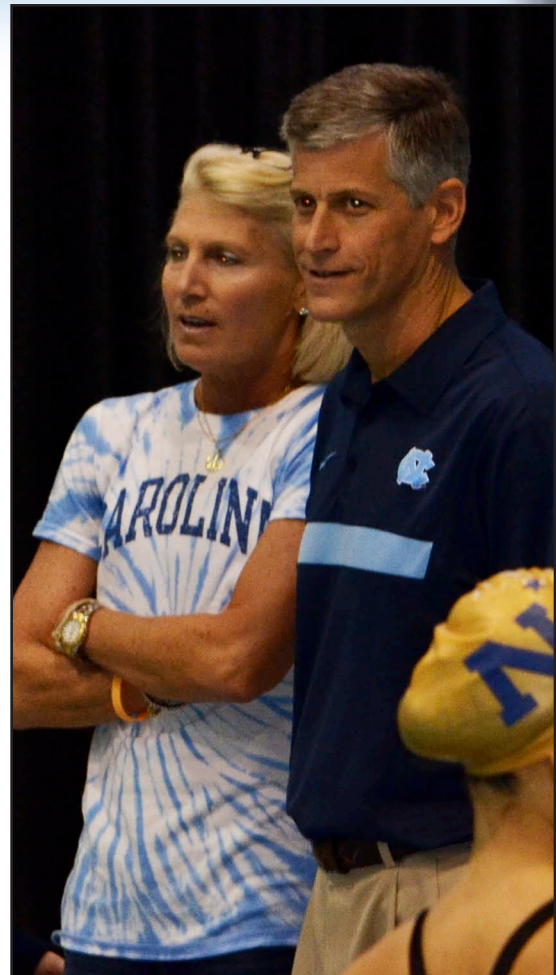
•**Gary Gauch (University of North Carolina):** 1989 NCAAs, 13th in 100 Breast; 1991 ACC Champion in 100 Breast; 1990 ACC Champion in 100 Breast.

•**Melissa Douse (University of North Carolina):** 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1991 ACC Champion in 100 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Sarah Perroni (University of North Carolina):** 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1990 NCAAs - 8th place in 100 Free, 14th place in 50 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Polly Winde (University of North Carolina):** 1982-1985 Multiple NCAA & U.S. Swimming Nationals individual finalist; 1983 U.S. Pan American Games Team Member.

•**Sue Walsh (University of North Carolina):** From 1981-1984 an 11-time AIAW and NCAA Champion (10 individual, 1 relay); Was once an American Record Holder in 50-meter backstroke, 100-meter backstroke, 100-yard backstroke; NCAA Top 5 Award Winner. Currently holds the U.S. Masters records in the 50-yard and 50-meter freestyle, along with the World Masters record in the 50-meter free for her age group.



Rich DeSelm with Janis Hape Dowd, who has endowed the annual Nike Cup Championships.



Associate Head Coach Mike Litzinger • 6th Season



Mike Litzinger is in his sixth season with the Carolina swimming program as head coach Rich DeSelm's top assistant. In June of 2011, he was promoted to the position of associate head coach, the first such designation in UNC's long swimming history.

Litzinger has been a key element in the success of the program over the past five seasons. The Tar Heels have had great success at both the conference and national levels in that time.

Litzinger helped lead the 2011-12 teams to a pair of Top 20 finishes.

The women's 19th place finish was the highest for Carolina since 2003 and the men posted a third straight Top 15 finish for the first time since 1956-58. During the course of the season, UNC swimmers set eight school long course records, six school short course records, three ACC records, three Nike Cup records, two ACC meet records, one pool record and one NCAA record. In addition, 48 UNC swimmers competed in the 2012 U.S. Olympic Trials under Litzinger's tutelage.

From 2007-08 through 2010-11, both teams finished second in the ACC for four straight years and the women's team had their highest point total at the ACC Championships in four years in 2011. Carolina women's swimmers won five individual and two relay titles at the 2011 league meet while the men also won five individual titles.

Nationally, the UNC men have posted back-to-back-to-back Top 15 NCAA finishes, the first time they have done that since the late 1950s, while the women have made the Top 25 of the NCAA rankings four straight years.

"I am excited for Mike to be elevated to the position of associate head coach," DeSelm said in August 2011. "He is a seasoned and experienced coach who has loyally demonstrated that he is an effective leader who understands and implements the goals of our program. Since his arrival, North Carolina's swimming and diving program has improved immensely and Mike has played a significant role in our success. I believe elevating Mike to associate head coach will be well received by our team members and staff, parents and alumni and prospects."

"I am extremely grateful to Coach DeSelm for having the confidence in me and our program to make this happen," Litzinger said when he became associate head coach. "The University of North Carolina is a very special place, and I am proud to be able to represent the swimming and diving program as the associate head coach. It is a truly exciting time for our program, and I am looking forward to continuing to help build upon the success we have had over the past four seasons."

Litzinger, previously the head swimming coach at the University of Utah, was hired in June 2007 to be a full-time assistant coach at Carolina, taking the job as head coach Rich DeSelm's top assistant when DeSelm took over full control of the program in July 2007. Since his arrival, Litzinger has been involved in all aspects of the program with his primary responsibilities coaching the middle distance group and heading up Carolina's recruiting efforts. He also plays a major role in meet management.



In his seven seasons in Salt Lake City, Litzinger reinvigorated the Utah men's and women's swimming and diving teams, crafting them into a pair of top teams in the Mountain

West Conference and the nation. Litzinger is known as an innovative coach, a possessor of brilliant on-deck coaching techniques and a great evaluator of talent. He turned Utah into a highly competitive program with an influx of talent and a winning attitude.

During his last year in Salt Lake City, the Utes had a particularly memorable season in 2006-07. The women went



undefeated in dual meets at 10-0, upping their mark over three seasons to an impressive 28-1. The women had three conference champions, while Amber Walter won the Mountain West Conference swimmer-of-the-year award and Kelsey Patterson garnered the MWC diver-of-the-year accolades. The women established six school records in 2007 and placed 12 individuals and four relay teams on the all-conference squad. At the 2007 NCAA Championships, Alison McIntuff earned All-America honors in the 200-yard freestyle with a scorching time of 1:46.56. The men's team finished the 2006-07 season with six Ute swimmers and divers landing on the all-conference squad.

Prior to that final season, Utah won three successive women's Mountain West Conference championships in a row from 2004-06. He won MWC women's coach of the year honors in 2002 and 2006.

Overall, in Litzinger's seven years, the Utes broke 35 school records, qualified eight athletes in 23 different events for the NCAA Championships and had 14 swimmers qualify for U.S. Nationals. Both programs garnered All-Academic status from the College Swimming Coaches Association of America.

Litzinger has received numerous accolades for his dedication to the sport of swimming. He was awarded Eastern Intercollegiate coach-of-the-year awards in 1992 and 1994 and Atlantic Ten Conference coach-of-the-year accolades in 1996 and 1997 while serving as the head coach at St. Bonaventure University.

After leaving St. Bonaventure and before going to Utah, Litzinger was the assistant men's coach at Ohio State from 1997-2000. While there, he helped lead Buckeyes to two Top 25 NCAA finishes.

At St. Bonaventure from 1989-97, Litzinger was head coach of the women's swimming program. He led the Bonnies to an ECAC title and two Atlantic Ten Conference championships in his tenure there.

Litzinger began his coaching career at Fredonia State University in New York in 1988-89. While at Fredonia State, Litzinger took the Blue Devils to a second place SUNYAC Conference finish.

A 1984 graduate of Hobart College in Geneva, N.Y., Litzinger received his bachelor's degree in English and was captain of the Hobart swimming team in 1983-84. The same year he was voted the program's most valuable swimmer. In 1988, he received his master's degree in exercise science from the University of Iowa. While working on his master's degree, Litzinger was the Hawkeyes' graduate assistant men's coach.

The New York native and his wife, Julie, reside in Durham, N.C. The Litzingers have two children, Gabrielle, six years old, and Grace, five years old.

Assistant Coach Eric Stefanski • 6th Season



Eric Stefanski is now in his sixth year as an assistant coach at the University of North Carolina. He serves as the primary sprint coach for the Carolina swimming program and oversees UNC meet management.

During the 2011-12 school year, Stefanski oversaw the swimmers in his group to new heights in Carolina swimming history. The Tar Heel men's team finished 14th nationally, the first time it has posted three straight Top 15 finishes since 1956-58, and the UNC women were 19th, their best finish since 2003. A total of

48 UNC swimmers qualified for the U.S. Olympic Trials and UNC swimmers set 24 different records, including 14 school records at the short course and long course distances.

Stefanski tutored a group of swimmers which helped the UNC men score in four relays at the NCAA Championships. Senior sprinter Steve Cebertowicz finished sixth at the NCAA Championships in both the 50- and 100-yard freestyles, the first time a UNC sprinter has scored in both events at the national meet since Pete Worthen in 1965. Both Cebertowicz and sophomore Kyle Ficker earned All-ACC honors and they finished 2-3 in the 50-yard freestyle at the ACC Championships. Cebertowicz set school records in both the 50-yard and 50-meter freestyles and the 200-yard freestyle relay team also established a University mark.

The 2010-11 swimming year was a banner one in Stefanski's coaching career. He served as the manager for Team USA at the 2011 World University Games in Shenzhen, China, an event where two Tar Heels brought home bronze medals. Just two weeks prior to that he was the head coach for Jamaica at the 2011 World Swimming Championships in Shanghai, China. One of his protégés, Brad Hamilton, a 2012 UNC graduate, broke the Jamaican national record in the 100-meter butterfly at that event.

During the 2010-11 collegiate season, Stefanski trained four All-America swimmers – Steve Cebertowicz, Tommy Wyher, Brock Park and Rebecca Kane. Cebertowicz and Wyher won ACC titles that year in the 100 free and 100 back, respectively. It was Wyher's fourth straight ACC crown in the 100 back. Cebertowicz also set UNC records during the year in the 50-yard free, 100-yard free and 100-meter free events, breaking his own existing marks in all three events.

In 2009-10, Wyher won a pair of ACC championships and the Tar Heels' 200-yard medley relay won the ACC men's championship for the first time in 14 years. Overall, Carolina set six school records in sprint relays while Wyher set two ACC records and Cebertowicz equaled the University standard in the 50-yard freestyle. Five sprinters earned All-Americas that season.

In 2008-09, Wyher was the ACC champion and broke conference records in both the 100 fly and 100 back. Stefanski also coached Brad Hamilton who competed at 2009 World Championships in Rome, representing Jamaica, and sprinter Steve Cebertowicz, who broke the school record in the 100-yard and 100-meter freestyles.

In Stefanski's first season as the sprint coach for Carolina, he was a part of the Carolina staff that sent 27 Tar Heels to the Olympic Trials in June 2008.

Head coach Rich DeSelm added Stefanski as an assistant coach in 2007. A University of Pittsburgh alumnus, Stefanski is also one of Carolina's chief recruiters and he oversees meet management for the Tar Heels.

Stefanski is a former head coach at the University of Rochester and assistant coach at the University of Pittsburgh. He was a conference coach of the year winner in 2003 and was a member of the U.S. Swimming race analysis team from 2004-2008.

Stefanski began his coaching career at the high school and U.S. Swimming club level in 1998. He entered the field immediately after earning a B.S. degree in psychology from Pitt in 1998. He went on to earn a M.S. degree in kinesiology with an emphasis in sports psychology from Georgia Southern University in 2002.

As a student-athlete for the Panthers, Stefanski was an NCAA qualifier and a 1998 Big East Conference individual champion. He was a two-year selection as Pitt's most valuable performer while also captaining the team. In April 1998, Stefanski earned Pittsburgh's Senior of Distinction Award from the athletic department, given to a few select athletes who exemplify greatness in Pitt athletics. Individually, he competed in four events at the 2000 U.S. Olympic Trials.

From 2004-07, Stefanski coached at his alma mater as an assistant coach and coordinator of men's recruiting. While at Pitt, he coached two women's NCAA qualifiers, five Big East Conference individual champions and seven U.S. Swimming National Championships qualifiers.

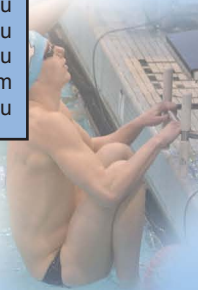
For one season, 2003-04, he garnered head coaching credentials at the University of Rochester where he simultaneously served as aquatics director. Stefanski had been an assistant coach at Rochester for one season after arriving in 2002. During his time as head coach at Rochester, he was the UAA Conference Women's Coach of the Year as his team improved four spots in the conference meet from seventh place to third.

While earning his master's degree, Stefanski was a teaching assistant at GSU from 2000-02 while at the same time bulking up his experience level with a two-year gig as swimming coach of the Statesboro Bulloch County Sharks. Prior to going to Georgia Southern, he served a two-year coaching stint at the Seneca Valley Swim Club in Zelienople, Pa., and with the Seneca Valley School District.



Carolina Swimming & Diving Staff Contact Information

Name, Position	Phone (919 Area Code)	Email
DeSelm, Rich - Head Swimming Coach	966-5340	richdeselm@uncaa.unc.edu
Johansen, Jenny Keim - Diving Coach	962-7261	tarheeldiving@unc.edu
Litzinger, Michael - Associate Head Coach	843-9275	mlitzinger@uncaa.unc.edu
Stefanski, Eric - Assistant Coach	966-1900	estefanski@uncaa.unc.edu
Garth, Christy - Assistant Coach	962-7262	cgarth@uncaa.unc.edu
Quinn, Sean - Assistant Coach	962-1604	squinn23@uncaa.unc.edu
Helfrich, Griff - Volunteer Assistant	962-1604	griff.helfrich@gmail.com
Higley, Pamela - Executive Assistant	962-5294	phigley@unc.edu



Assistant Coach Jenny Keim Johansen • 1st Season



Two-time U.S. Olympian and veteran collegiate diving coach Jenny Keim Johansen was named May 22, 2012 as the new diving coach at the University of North Carolina as announced by Tar Heel head swimming coach Rich DeSelm. Johansen joined Carolina from NC State University where she had served as the diving coach since 2008.

Johansen replaced Kevin Lawrence, who had been the diving coach at Carolina since 2002 after previous stints at the University of Kansas and St. Cloud

State University. Lawrence retired from coaching to join the U.S. Peace Corps overseas.

"We are thrilled to add Jenny to our staff as the UNC diving coach. When we learned that former coach Kevin Lawrence was electing to retire, we knew we wanted to hire the best coach possible to help take our program to a new level," said DeSelm.

"Jenny is one of the top coaches in the country and has coached divers to NCAA and ACC championships. Her coaching credentials and personal experience as an NCAA champion and U.S. Olympian are clear indicators that our divers at North Carolina have a bright future under her leadership."

Johansen represented the United States at the Olympics in both 1996 in Atlanta and 2000 in Sydney, Australia. She is a 2002 alumna of the University of Miami where she was an honors graduate with a Bachelor of Arts degree in political science. "I am very excited to join the Tar Heel family," said Johansen at the time of her hiring. "The UNC swimming and diving program has a long and rich history of success and I am excited for the opportunity to be a part of its future."

Johansen completed four seasons as NC State's diving coach after joining the staff in August 2008. She came to Raleigh after serving as the assistant diving coach at Duke for one season.

From the outset of her tenure in Raleigh, Johansen's divers at NC State excelled at a high level. In 2009, Kristin Davies collected the first national championship in diving in school history by taking the platform diving crown at the NCAA Championships. Davies, an All-America and two-time All-ACC performer, was also named ACC Women's Diver of the Year and ACC Swimming and Diving Scholar-Athlete of the Year accolades in 2009.

In 2010, Hannah Hopkins won the ACC platform diving title and earned All-ACC honors. Kirstyn Shepler picked up All-ACC hardware in platform diving while Hopkins she also named All-ACC in three-meter diving.

In her four years at NC State, 11 Wolfpack divers qualified for the NCAA Zone Diving Championships and two Wolfpack divers earned nods for the NCAA nationals, both earning All-America achievements.

While an undergraduate at the University of Miami, she won the the NCAA championships on the three-meter board and platform in 1999 and 2000 and was a three-time All-America selection for the Hurricanes from 1998-2000. She was inducted into the University of Miami Sports Hall of Fame in 2010.

Prior to her tenure at Duke University, Keim Johansen served as the head coach of Liberty Diving, a club team out of La Salle University in Philadelphia where she was an assistant coach, from 2005-07. She has worked with several different diving academies and camps across the nation. She is currently the owner of American School for Diving (ASD) which she and her husband, Drew Johansen, founded in 2007.

Keim Johansen and her husband Drew, the diving coach at Duke University, are the proud parents of a daughter, Lina Mei.

Assistant Coach Christy Garth • 5th Season



Christy Garth is now in her fifth season as an assistant coach for the Carolina men's and women's swimming teams. Garth was added as the fifth full-time member of the Carolina swimming coaching staff in September 2008.

In addition to Garth's superior on-deck coaching skills, she has been a key member of the staff due to her stellar organizational skills. Garth organizes all recruiting weekends and special events, including team banquets and other functions. She

has been a key conduit with UNC's alumni base and much of the success of the lobby/entrance way area at Koury Natatorium, including the Blue Dolphin Hall of Honor is due to Garth's efforts. She worked hand-in-hand with alumnus Greg Sanchez and Sue Walsh of the Educational Foundation to make the project a reality.

Garth's hard work paid off in 2011-12 as the Carolina men's team placed in the Top 15 nationally for the third straight year, the first time that has happened since 1958, and the women placed 19th, their best finish since 2003. Altogether, UNC swimmers set 24 records last year and 48 of them qualified for the U.S. Olympic Trials.

Garth, a 1996 alumna of Carolina and a four-year letter winner on the Carolina women's swimming team, brings excitement, experience and depth to the coaching staff. Garth works with a variety of swimmers in her training group, which includes both sprint and middle distance performers.

Garth was a decorated swimmer at Carolina during her four-year tenure. She was an All-ACC Selection four successive years from 1993-96 and was part of four ACC championship teams while a collegian. Garth was a two-year team captain in 1995 and 1996 and the winner of the program's Hill Carrow Spirit Award in both 1994-95 and 1995-96. She qualified for U.S. Olympic Trials in 2000 and was an Olympic torchbearer in 2002 when the winter games were in Salt Lake City.

Her collegiate coaching experience includes two seasons as an assistant coach at the University of Maryland in the early 2000s. She also served as an interim assistant coach for women's swimming at the University of Michigan during the 2000-01 school year. While at Michigan, Garth also coached at Club Wolverine for two seasons.

Garth has worked in a variety of sports-related jobs. Directly out of college, she worked for the United States Golf Association as the U.S. Women's Open director's assistant. Following that, she worked on production crews for ABC Sports from 1996-98. Garth also worked for NBC during the 2000 Sydney Olympic Games as part of the production crew. From 2001-03, she worked for Speedo as an accounts manager before she began coaching at the University of Maryland. Prior to coming to UNC in 2008, Garth was the head swim coach at Duchesne Academy in Houston, Texas.

Garth studied political science and communication studies at North Carolina. Today, she continues to swim and was recently honored as a Top 10 Master's swimmer in 2009.

Garth is married to Trey Blazer, a physician at Duke Medical Center. Blazer received both his undergraduate and medical degrees from Duke. The couple has a daughter, born in December 2011.



Assistant Coach Sean Quinn • 4th Season

The Tar Heel school record holder in the 200-yard breaststroke, 100-meter breaststroke and 200-meter breaststroke, Sean Quinn, is now in fourth official year as an assistant coach for the Carolina swimming program following six years in which he served as one of the program's volunteer coaches. Quinn took on added duties in the summer of 2010 when he was named the head coach of North Carolina Aquatic Club, a prestigious U.S. Swimming club team based in Chapel Hill, N.C. Quinn has worked to build NCAC

into one of the top age group programs in the country, boasting multiple Nationals, Junior Nationals and Olympic Trials qualifiers.

In 2006-07, Quinn played a key role in the Carolina women capturing the ACC championship. Prior to becoming the overall head coach, Quinn was the head age group coach for the North Carolina Aquatic Club. He was selected as a North Carolina Zone Team coach in 2009. Quinn helped coach the North Carolina team to a third-place finish in that competition in Orlando, Fla.

A native of Lancaster, S.C., and 1999 alumnus of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel,

earning those honors in 2000, 2002 and 2003. His best NCAA finish was an eighth place in the 200 breaststroke as a freshman in 2000. He also finished 10th in the 200 breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona on a U.S. team coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. He holds the Tar Heel school record in the 200-yard breaststroke at 1:56.39 and he ranks ninth in school history in the 100-yard breaststroke with a career best time of 55.14. A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan. Quinn was named Carolina's most outstanding swimmer in 2000 and 2002 and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.

Born May 20, 1981, Quinn is married to Beth Colacurcio Quinn, herself a former UNC swimmer.



Assistant Coach Griff Helfrich • 4th Season

Griff Helfrich begins his fourth season as a volunteer assistant coach for the Carolina swimming program while also continuing his duties as an assistant coach for the North Carolina Aquatic Club. Helfrich received a Bachelor of Arts degree in philosophy from UNC in 2005. He was a member of the UNC men's swimming team from 2001-2004.

Helfrich began working with the North Carolina Aquatic Club as an assistant swim coach in April 2008. He coaches various levels of swimmers

from age group kids to master's swimmers. Along with coaching, Helfrich

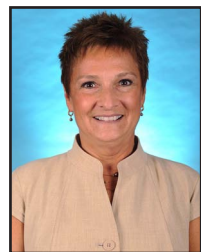
coordinates team media for NCAC, duties which includes website design and maintenance along with updating the club newsletter.

Helfrich came to NCAC from Tar Heel Aquatic Club in 2008. He worked with Tar Heel Aquatic Club for two years as an assistant swimming coach. Helfrich worked with multiple age group sectional finalists as well as a master's national champion at Tar Heel Aquatic Club. Helfrich also coached multiple athletes who qualified for U.S. Swimming Nationals and Olympic Trials.

Before his club coaching experience, Helfrich was the head swimming coach at Durham Academy where he led the men's team to a second-place finish in its conference.

Originally from Williamsburg, Va., Helfrich was an outstanding swimmer who specialized in butterfly and breaststroke events during his career at UNC. He is a 2001 graduate of Bruton High School in his hometown.

Carolina Swimming & Diving Support Staff



Pamela Higley
Executive Assistant
Swimming & Diving



Colin Sullivan
Team Manager



Paul Ashton
Team Manager



Katie Murphy
Team Manager



Chelsea Smith
Team Manager



Larry Gallo
Sport Administrator



Sue Walsh
Sport Administrator



Steve Gisselman
Strength &
Conditioning Coach



Kelly Waicus
Team Physician



Jeff Spang
Team Orthopedist



Beth Bridger
Academic Advisor



Chris Hirth
Athletic Trainer



Reid Jones
Athletic Trainer



Dave Lohse
Athletic
Communications



TYLER BEARD
Diving
Junior, 5-9
Fort Lauderdale, Fla.
Westminster Academy

Career Best Diving Scores: 274.13 on 1-meter; 342.08 on 3-meter; 231.50 on platform.
General: Two-year returning letterman in the Tar Heels' diving corps from The Sunshine State.

2011-12: Had an outstanding sophomore year...his best individual finish came in platform diving in the Janis Hape Dowd Nike Cup where he placed sixth with a score of 231.50 points.

2010-11: Season best scores in 1-meter and 3-meter diving came in dual meets versus NC State and Duke, respectively...had his top platform score at Nike Cup.

Prep: Graduated from Westminster Academy in Fort Lauderdale, Fla., on June 4, 2010...has spent eight years competing as a springboard diver...his high school diving coach was Don Colombo and club diving mentor was Janet Gabriel...HS All-America two years in a row...

19 Questions With Junior Tyler Beard
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being able to connect with high-level athletes at a prestigious university.
2. Since my last competitive season, the aspect of my training I've worked on the most is developing harder dives.
3. My best friend on another college swimming & diving team is Patti Kranz.
4. My greatest strength as a diver is twisting.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time playing guitar and going to the beach.
2. The best movie I've seen recently is Step Brothers.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Old Crow Medicine Show.
5. The personal interest I have that might surprise my teammates is I used to be in a metal band.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Chick-fil-A.
2. My favorite beverage is pineapple orange juice.
3. My favorite food made by a relative is Chicken and Dumplings made by my Mom.
4. My favorite place to eat in Chapel Hill is Bskis.
5. My favorite guilty pleasure food wise is Chick-fil-A.

Section #4: Personality

1. If I possessed the gift of time travel I would go to California in the roaring 20s.
2. My most prized personal possession is my guitars.
3. If I could go to dinner with a famous person it would be Paul Walker.
4. My dream job is being an international banker.
5. The most interesting person I've met in my time at UNC is Ryan Fox.

finalist at state meet since seventh grade... went undefeated in dual meets...school record holder for six-dive and 11-dive formats...athlete of the year as a senior...named athlete of the month twice...NISCA Top 16 award winner... finalist at senior winter nationals in 2010.

Personal: Full name is Anthony Tyler Beard... nicknamed Snacks...son of Anthony and Karen Beard...was born June 10, 1991 in Fort Lauderdale, Fla. ...has two sisters...global studies major...stands 5-9 inches tall...is a certified full coach...his hobbies include playing the piano, playing the guitar and playing the trumpet... likes to surf and skimboard...enjoys virtually any water sport.



BRIAN BOLLERMAN
Breast, IM
Sophomore, 5-10
Ridgefield, Conn.
Ridgefield

Career Best Times: 56.47 in 100-yard breaststroke; 2:00.54 in 200-yard breaststroke; 1:50.73 in 200-yard individual medley; 3:52.43 in 400-yard individual medley.

2011-12: Had an impressive freshman year that really came together at the season-ending Virginia Tech Invitational...he won three events there, capturing the 400-yard individual medley in a pool record time of 3:52.43, the 200-yard breaststroke in a pool record time of 2:00.54 and the 200-yard individual medley in 1:50.73...he also finished fifth in the 100 breast at that meet in 56.85...a 2011-12 ACC Academic Honor Roll selection...at the 2011 Janis Hape Dowd Nike Cup he placed fifth in the 400 IM (4:01.28) and 13th in the 200 breaststroke (2:05.15)...in the dual meet win over Clemson, he swept the 200 breast in 2:08.86 and the 200 IM in 1:57.81.

Prep: Graduated from Ridgefield High School...four-year varsity swimmer...specialized in 100 breast and 200 IM and as member of squad's 200 and 400 free relays...copped high school All-America honors as a junior and senior...met 2012 Olympic Trials qualifying standard in 200-meter breaststroke...at junior national championships he was an "A" finalist in the 200 breast and a "C" finalist in the 400 IM... high school team captain...two-time Academic All-America...Connecticut Scholar Athlete... participated in club swimming for the hometown Ridgefield Aquatic Club.

Personal: Full name is Brian Steven Bollerman...son of Steve and Karen Bollerman... stands 5-10...was born November 30, 1992 in Ridgefield, Conn. ...describes himself as a talented video game player...undeclared major.

17 Questions With Sophomore Brian Bollerman
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being able to proudly show off the NC.
2. My favorite thing about competing for Coach DeSelm is his ability to keep the mood light even when the swimming is tough.
3. Since last year the aspect of my training I've worked on the most is my breaststroke pullouts.
4. My best friend on another college swimming team is Andrew Klutey at Princeton University.
5. My greatest strength as a swimmer is being average.

Section #2: Hobbies & Interests

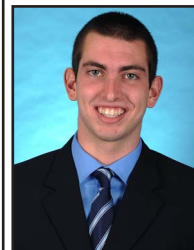
1. Away from the pool and academic pursuits I like to spend time sleeping or practicing back flips.
2. The best movie I've seen recently is Abraham Lincoln: Vampire Hunter.
3. If I could compete in another sport at UNC it would be curling.
4. The music act I'd most like to see in person is Ultra Music Festival.
5. The personal interest I have that might surprise my teammates is...they know too much.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Taco Bell.
2. My favorite beverage is Snapple Peach Iced Tea.
3. My favorite food made by a relative is Grandma's meatballs.
4. My favorite place to eat in Chapel Hill is Armadillo Grill.
5. My favorite guilty pleasure food wise is Taco Bell.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to chill with Ramses II in Egypt... I think we'd be bros.
2. My most prized personal possession is my Lucky Bell/Four Leaf Clover/Lucky Socks/Lucky Underwear.
3. If I could go to dinner with a famous person it would be John Shuster of the U.S. curling national team.
3. My dream job is software engineer.
4. The most interesting person I've met at UNC is Sean Lane.



BEN COLEY
Fly, Back
Freshman, 6-4
Williamsburg, Va.
Lafayette

Career Best Times: 21.24 in 50-yard freestyle; 46.03 in 100-yard freestyle; 1:40.16 in 200-yard freestyle; 49.59 in 100-yard backstroke; 1:50.89 in 200-yard backstroke; 49.81 in 100-yard butterfly; 1:48.26 in 200-yard butterfly.

Prep: Graduated from Lafayette High School in Williamsburg, Va. ...four-year varsity swimmer...specialized in 100 fly and 100 back... played basketball his senior year as a power forward...led swim team to state championship as a freshman...captain of swim team

as a senior...named all-district in swimming four times...also tapped for all-state swimming team four times...an all-district selection in basketball as a senior...state champion in the 100 back twice and 100 fly once in Virginia high school ranks...state high school record holder in 100 back (49.59), 100 fly (49.81) and 200 fly (1:48.26)...as a senior he won state title in 100 fly, placed second in 100 back and led team to third place finish...his junior year he was state title winner in 100 back and runner-up in 100 fly...also captured state crown in 100 back as a sophomore...vice president of Pep Club and member of Key Club.

Personal: Given name is Ben William Colley...stands 6-4 tall...son of Jay and Cindy Colley...was born September 30, 1993 in Williamsburg, Va. ...his father, Jay Colley, has done broadcasting for football and basketball for College of William & Mary for 30 years...undeclared major.

11 Questions With Freshman Ben Colley
Section #1: Hobbies & Interests

1. Away from the pool and academics, I like to spend time hanging out with friends, playing Xbox.
2. The best movie I've seen recently is Ted.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Drake.

Section #2: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included fried chicken, spaghetti and cupcakes.
2. My favorite beverage is water.
3. My favorite food made by a relative is my grandmother's spaghetti sauce.
4. My favorite guilty pleasure food wise is cheese puffs.

Section #3: Personality

1. If I possessed the gift of time travel I would go to the year 3030.
2. If I could go to dinner with a famous person it would be Kevin Durant.
3. My dream job is to be a stay at home dad.



MITCH DEFOREST
Back, Fly
Freshman, 5-11
Cary, N.C.
Apex

Career Best Times: 1:40.05 in 200-yard freestyle; 4:28.98 in 500-yard freestyle; 9:14.63 in 1000-yard freestyle; 15:29.89 in 1650-yard freestyle; 51.48 in 100-yard backstroke; 1:48.43 in 200-yard backstroke; 49.71 in 100-yard butterfly; 1:47.74 in 200-yard butterfly; 3:56.89 in 400-yard individual medley.

Prep: Graduated from Apex High School... did club swimming for Raleigh Swimming Association for past three years after competing for New Wave Swim Team for nine years... coached at RSA by Kit Raulerson...four-year letterman at Apex High...an extremely versatile swimmer who specialized in the 100 fly, 200 fly, 200 back, 400 IM, 500 free and 1650 free... named a North Carolina All-Star three straight

19 Questions With Freshman Mitch DeForest
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the competitive and dedicated team atmosphere
2. My favorite thing about competing for Coach DeSelm is his wisdom and experience.
3. Since last year the aspects of my training I've worked on the most are my butterfly and dryland intensity.
4. My best friend on another college team is Andrew Henry at Eastern Michigan.
5. My greatest strength as a swimmer is my focus and dedication.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time at our lake house in Virginia.
2. The best movie I've seen recently is Airplane.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is a crazy concert with The Grateful Dead with Jerry Garcia.
5. The personal interest I have that might surprise my teammates is building furniture from recycled materials.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included steak tips and rice.
2. My favorite beverage is water.
3. My favorite food made by a relative is my dad's kuchen.
4. My favorite place to eat in Chapel Hill is Top of the Hill.
5. My favorite guilty pleasure food wise is ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1920's in America or late 1800's (Victorian Era) in London.
2. My most prized personal possession is my family.
3. If I could go to dinner with a famous person it would be Jay-Z.
4. My dream job is to own multiple companies and businesses.

years (2010-12)...North Carolina 4A state champion in 500-yard freestyle in 2011 and 2012...named a high school All-America in the 500 free in 2011...qualified for 2012 Olympic

16 Questions With Junior Brad Dillon
Section #1: Swimming & Diving

1. Since last year the aspect of my training I've worked on the most is my underwaters.
2. My best friend on another college diving team is Mike Grimmer-Norris (Fordham).

Section #2: Hobbies & Interests

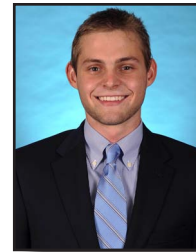
1. Away from the pool and academics, I like to spend time hanging out with friends.
2. The best movie I've seen recently is Gladiator.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Tiesto.
5. The personal interest I have that might surprise my teammates is that I love to travel.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Chic-Fil-A, Taco Bell and

Trials in the 200-meter butterfly...three-time Apex team captain and four-time Apex swimming MVP...named an NC Scholar.

Personal: Full name is William Mitchell DeForest...stands 5-11 tall...son of Bill and Lani DeForest...was born October 31, 1993 in Lynchburg, Va....majoring in Business Entrepreneurship...both of his parents were swimmers at UNC Wilmington...his younger sister Leigh, 16, competes for Raleigh Swimming Association.



BRAD DILLON
Back, Free
Junior, 6-3
Reston, Va.
South Lakes

Career Best Times: 1:40.80 in 200-yard freestyle; 4:28.14 in 500-yard freestyle; 48.66 in 100-yard backstroke; 1:45.57 in 200-yard backstroke.

2011-12 at University of Maryland: Swam for the University of Maryland where he placed in three events at the ACC Championships... showed tremendous improvement in his performances as compared to his freshman season...placed 10th in the 200-yard backstroke with a time of 1:45.47, 10th in the 100-yard backstroke in 48.66 and 16th in the 500-yard freestyle...swam on three freestyle relays at ACCs that scored for the Terrapins.

2010-11 at University of Maryland: During his freshman year at the University of Maryland, he placed 20th in the 500-yard freestyle at the ACC Championships...was 23rd in the 100-yard backstroke and 21st in the 200-yard backstroke.

Prep: Graduated in 2010 from South Lakes High School...swam there for four years and also played soccer...as a senior in 2010, he was captain of South Lakes swim team while also being named all-district, all-region and all-state...member of National Honor Society.

Personal: Full name is Bradley James Dillon...stands 6-3...son of David and Jenifer Dillon... was born December 16, 1991 in Toledo, Ohio... his sister swam at Vanderbilt University...economics major.

McDonalds.

2. My favorite beverage is Arnold Palmer Iced Tea.
3. My favorite food made by a relative is Grandmother's Pot Roast.
4. My favorite place to eat in Chapel Hill is Allen & Son Bar-B-Q.
5. My favorite guilty pleasure food wise is any baked good.

Section #4: Personality

1. If I possessed the gift of time travel I would go to Super Bowl XVII to watch the Redskins win.
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Jessica Alba.
4. My dream job is playing forward for Barcelona.



KYLE FICKER
Sprint Free
Junior, 6-5
Fort Myers, Fla.
Bishop Verot®

Career Best Times: 19.72 in 50-yard freestyle; 43.97 in 100-yard freestyle; 1:40.01 in 200-yard freestyle.

2011-12: Had breakthrough sophomore campaign...earned All-ACC honors in the 50 freestyle as well as NCAA honorable mention All-America accolades as member of 200 and 400 freestyle relays and the 200 medley relay...won the squad's Richard E. Jamerson Award as the Most Improved Swimmer... selected for ACC Academic Honor Roll...at the Virginia Tech Invitational in early February, he took first-place finishes a set pool records in the 50-yard freestyle (20.02) and 100-yard freestyle (44.77) while finishing third in the 200 free at 1:40.57...two weeks after that meet, an illness led to a spot opening up on UNC's ACC Championships squad and Ficker was a last minute replacement on the scoring team... it would be an understatement to say he made the most of the opportunity...he placed second in the 50 free at 19.72 and 10th in the 100 free at 43.97, both career bests...at the ACC meet he swam on 200 and 400 freestyle relays which finished third and second, respectively...qualified for the NCAA Championships and swam on three relays which scored points — the 200 free relay which placed 13th, the 400 free relay which took 14th and the 200 medley relay which placed 15th...at the Nike Cup Championships he swam on four scoring relays, including the first-place 200 free relay which set a pool record and a fourth-place 400 free relay...in dual meets, swam on winning 400 free relay versus Georgia Tech and on victorious 200 free relay at Virginia Tech which established a pool record time.

2010-11: Won the 50 freestyle in the dual meet win over Duke in a career best 20.41...won three events at the College Cup Invitational, winning the 50 free in 20.90, the 100 free in 45.74 and the 200 free in 1:41.80.

Prep: Graduated from Bishop Verot High School in Ft. Myers, Fla., on May 23, 2010... also attended Canterbury High School...was coached in high school by Jim Quinn and in club swimming by Mac Kennedy at Swim Florida...swam from 2007-09 in high school, specializing in 50 and 100 freestyles...served as team captain and won MVP as senior...won three regional titles, two in the 50 free and one in the 100 free...swam on 200 and 400 free relays which finished fourth at state meet...swam on 400 free relay which earned All-America status...led team to regional title in 2008 and district titles in 2007 & 2008...National Merit Commended student...Academic Scholar sophomore through senior years...member of National Honor Society...was a volunteer Young Life leader at Trinity H.S.

Personal: Full name is Kyle Christopher Fick-

er...son of Tim and Claire Ficker...his father was a lacrosse player at Denison University... was born August 21, 1991 in West Chester, Pa. ... has two sisters...stands 6-5 tall...economics

20 Questions With Junior Kyle Ficker
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the brotherhood.
2. My favorite thing about competing for Coach DeSelm is the rare times I see Rich get goofy.
3. Since last year the aspects of my training I've worked on the most is power and stroke efficiency.
4. My best friend on another college swimming team is Robert Swanbeck at Florida State.
5. My greatest strengths as a swimmer is my surfboard-shaped body.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time hanging out with friends.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be ping-pong.
4. The music act I'd most like to see in person is Vienna Orchestra.
5. The personal interest I have that might surprise my teammates is cooking.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Taco Bell.
2. My favorite beverage is Dr. Pepper.
3. My favorite food made by a relative is my mom's chocolate chip cake.
4. My favorite place to eat in Chapel Hill is Cinco de Mayo.
5. My favorite guilty pleasure food wise is I never feel guilty.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the Garden of Eden.
2. My most prized personal possession is my Bible.
3. If I could go to dinner with a famous person it would be Dave Matthews.
4. My dream job is being an astronaut.
5. The most interesting person I've met at UNC is Sean Lane.



RYAN FOX
Diving
Sophomore, 5-10
Vienna, Va.
James Madison®

major...a member of the Student-Athlete Advisory Council at Carolina.

Career Best Scores: 288.15 in 1-meter diving; 296.85 in 3-meter diving; 296.30 in platform diving.

2011-12: Had a solid freshman year...placed fourth in platform diving at the Nike Cup Championships with a score of 282.25.

Prep: Member of swimming and diving team at James Madison High School for four years... was the captain of the diving team for two years...played two years of junior varsity lacrosse...made the State Team for high school diving squad in both 2009 and 2010...made district and regional teams for high school

diving all four years...2010 Alex Thomas Effort Scholarship Award recipient...high school All-America in both 2010 and 2011...Virginia Northern Region diving champion in 2011... placed second in high school state championship in 2011.

Personal: Ryan Gilbert Fox is the son of Al and Eileen Fox...stands 5-10...was born May 1, 1993 in Fairfax, Va. ...business administration major...his uncle, Terry Fox, was a relief pitcher for the Milwaukee Braves, Detroit Tigers and Philadelphia Phillies from 1960-66...his father competed in both boxing and tennis...has an

17 Questions With Sophomore Ryan Fox
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is the amount of people that started to recognize me around campus
2. My favorite thing about competing for Coach Johansen is being coached by an Olympian.
3. My best friend on another college swimming/diving team is Laura Gartrell on the UVA dive team.
4. Since last year the aspect of my training I've worked on the most is my platform diving.
5. My greatest strength as a swimmer is staying calm.

Section #2: Hobbies & Interests

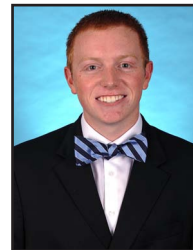
1. Away from the pool and academic pursuits I like to spend time relaxing.
2. The best movie I've seen recently is The Avengers.
3. The personal interest I have that might surprise my teammates is I am a decent ping pong player.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pasta.
2. My favorite beverage is Dr. Pepper.
3. My favorite food made by a relative is lasagna.
4. My favorite place to eat in Chapel Hill is [B] Ski's.
5. My favorite guilty pleasure food wise is chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go see dinosaurs.
2. My most prized personal possession is my tempur pedic pillow.
3. If I could go to dinner with a famous person it would be Will Ferrell.
4. My dream job is undecided.
5. The most interesting person I've met at UNC is Pete.



JOHN PAUL GAYLOR
Distance Free
Sophomore, 5-11
Knoxville, Tenn.
Bearden®

older brother as well as a younger sister and younger brother.

Career Best Times: 1:40.76 in 200-yard freestyle; 4:28.95 in 500-yard freestyle; 9:19.23 in 1000-yard freestyle; 15:20.21 in 1650-yard freestyle.

2011-12: Wiped out all of his previous career best times in an excellent freshman season... set new marks at each freestyle distance from

18 Questions With Sophomore John Paul Gaylor

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the team atmosphere and camaraderie.
2. My favorite thing about competing for Coach DeSelm is his calm demeanor and passion for the sport.
3. Since last year the aspect of my training I've worked on the most my freestyle turns.
4. My greatest strength as a swimmer is my work ethic and endurance.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time reading or taking/editing pictures.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Mumford and Sons.
5. The personal interest I have that might surprise my teammates is photography.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included everything and anything Italian.
2. My favorite beverages is McAllister's Sweet Tea.
3. My favorite food made by a relative is my grandmother's peanut butter fudge.
4. My favorite place to eat in Chapel Hill is Jack Sprat.
5. My favorite guilty pleasure food wise is Reese's Peanut Butter Cups.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to New York in the 1920s.
2. My most prized personal possession is my Nikon.
3. If I could go to dinner with a famous person it would be John Green.
4. The most interesting person I've met at UNC is Sean Lane.

200 through 1650 yards...took a pair of first-place finishes in the 2012 Virginia Tech Invitational, setting pool records in both events... he clocked a 4:28.95 in the 500 free and a 15:20.21 in the 1650 free...placed third in the Pier 2 Pier Open Water Swimming Championships in Wrightsville Beach, N.C. ... was timed in 34 minutes, 49 seconds over the 1.7-mile course...finalized in two events at the 2011 Nike Cup...was fourth in the 1650 free at 15:31.31 and seventh in the 500 free at 4:30.72...2011-12 ACC Honor Roll selection...earned Dean's List accolades in fall semester 2011...named a College Swimming Coaches Association of America honorable mention Scholar All-America.

Prep: A 2011 alumnus of Bearden High School...four-year swimmer there in the distance freestyle...also competed for the Pilot Aquatic Club...three-time captain of Bearden High School team...five-time high school All-America selection...three-time scholastic All-America honoree...valedictorian of his high school's senior class...member of National Honor Society and Mu Alpha Theta...AP Scholar with honors.

Personal: Jonathan Paul Gaylor is the son of Robert and Elizabeth Gaylor...was born December 18, 1992 in Knoxville, Tenn. ... double major in business administration and

psychology...his father, Robert, played baseball at the University of Tennessee and played in the major leagues for the Montreal Expos as a shortstop...stands 5-11...was one of the primary spokespersons in the UNC Athletics "It



ALEX GIANINO
Breast, IM
Junior, 6-1
Yonkers, N.Y.
Hackley School

Gets Better" video which debuted on YouTube in April 2012.

Career Best Times: 57.12 in 100-yard breaststroke; 2:00.43 in 200-yard breaststroke; 1:48.47 in 200-yard individual medley; 3:50.08 in 400-yard individual medley.

2012-13: Co-captain of the Tar Heels with senior Brett Nagle.

2011-12: Had nothing short of a spectacular

20 Questions With Junior Alex Gianino

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is feeling like part of a brotherhood.
2. My favorite thing about competing for Coach DeSelm is that Rich is a great coach that truly cares about the well being of his swimmers.
3. Since last year the aspect of my training I've worked on the most is finesse.
4. My best friend on another college swimming team is Mike McViker at Brown.
5. My greatest strength as a swimmer is the element of surprise.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time playing golf and watching sporting events at UNC.
2. The best movie I've seen recently is Prometheus.
3. If I could compete in another sport at UNC it would be women's volleyball.
4. The music act I'd most like to see in person is Hootie & the Blowfish.
5. The personal interest I have that might surprise my teammates is deep sea fishing.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included sausage egg and cheese, chocolate chip pancakes and French toast.
2. My favorite beverage is milk.
3. My favorite food made by a relative is California Roast.
4. My favorite place to eat in Chapel Hill is Spanky's.
5. My favorite guilty pleasure food wise is Oreos.

Section #4: Personality

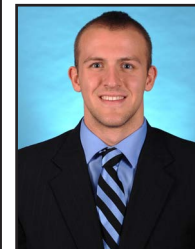
1. If I possessed the gift of time travel I'd like to go to the ancient Chinese opium den where dodgeball began.
2. My most prized personal possession is my wrist band.
3. If I could go to dinner with a famous person it would be the King himself (Elvis).
4. My dream job is to be the general manager for the New York Knickerbockers.
5. The most interesting person I've met at UNC is Sir John Thomas Stilley aka TJ Stunna.

sophomore year...placed in the Top 10 of three individual events at the ACC Championships... took fifth in the 400 IM in 3:50.62...was eighth in the 200 breaststroke in 2:01.06...captured 10th place in the 200 IM in 1:48.47...also had an excellent Nike Cup meet highlighted by a pair of runner-up individual finishes...he was second in the 200 IM in 1:49.46 and in the 400 IM in 3:51.24...in his third individual event he was sixth in the 200 breaststroke in 2:02.42... also swam on two freestyle relay teams which took Top 10 placings at the Nike Cup...won the 400 IM in the dual meet versus NC State.

2010-11: Won the 400 IM in the dual meet against Duke in what was then a career best 3:51.13...captured two events at the College Cup Invitational...took the 400 IM in a new career best of 3:50.08 and the 200 breast in a then personal best 2:01.29.

Prep: Graduated from The Hackley School in Tarrytown, N.Y. on June 12, 2010...swam from 2005-10 as a club and high school swimmer, specializing in the 200 & 400 IMs and the 200 breast...was coached in high school by John Gillard...swam for the Badger Swim Club under coach John Collins...team captain... four-year All-League honoree...a scholastic All-America choice...garnered All-America honors in the 200 IM...named Con-Edison athlete of the week award...holds school records in the 100 breast, 100 free, 200 free, 200 IM and 400 IM and league marks in the 200 IM and 100 breast...Metropolitan Swimming LSC and Badger Swim Club record holder in 400 IM at 3:52.35...Empire State Games and Westchester County Swim Association record holder in 200 IM...won Hackley academic honors.

Personal: Full name is Alexander James Gianino...son of Anthony Gianino and Katherine Cefola...was born November 10, 1992 in Bronxville, N.Y. ...has a brother and a sister... stands 6-1 tall... exercise and sports science major...has been active in the Carolina Leader-



DOMINICK GLAVICH
Fly, Breast, IM
Sophomore, 5-8
Cary, N.C.
Green Hope

ship Academy both as a CREED mentor and a CLA Rising Star.

Career Best Times: 20.36 in 50-yard freestyle; 44.88 in 100-yard freestyle; 1:39.32 in 200-yard freestyle; 49.86 in 100-yard backstroke; 1:50.84 in 200-yard backstroke; 54.73 in 100-yard breaststroke; 2:03.87 in 200-yard breaststroke; 48.03 in 100-yard butterfly; 1:44.18 in 200-yard butterfly; 1:47.36 in 200-yard individual medley; 3:58.19 in 400-yard individual medley.

2011-12: Had a stupendous freshman season...was a semifinalist in the 200-meter butterfly at the 2012 U.S. Olympic Trials, taking 15th place in 1:59.69...tapped for 2012 All-ACC Team...also a 2011-12 All-ACC Academic Team selection in men's swimming...had two Top 12 finishes at the 2012 U.S. Open...placed seventh in the 200-meter butterfly in 2:00.66 and 12th in the 100-meter butterfly in 54.56...at the

ACC Championships he finished in two events... was the league runner-up in the 200-yard butterfly at 1:44.65 and placed eighth in the 200-yard individual medley in 1:48.76... also took 14th in the 100-yard butterfly (48.34) and swam on Carolina's fourth place 400 medley relay team... was twice named the ACC Swimmer of the Week... first earned the award on November 8, 2011 after winning both butterfly events and swimming on the winning 200 medley relay in a dual meet win over Maryland... repeated as ACC Swimmer of the Week on January 24, 2012 and was named TarHeelBlue.com Performer of the Week after dual meet wins against Clemson and Virginia... swept a trio of individual events in the win over the Cavaliers, taking the 200 fly (1:46.79), the 100 fly (49.09) and the 200 IM (1:50.99) after winning the 200 fly and swimming on the winning medley relay team against the Tigers... was arguably Carolina's most consistent swimmer during the dual meet season... was a two-event winner against ECU and Clemson and three-event winner versus Georgia Tech, Maryland and Virginia as well as winning single events against Virginia Tech, Duke and NC State... was spectacular during the 2011 Nike Cup... placed second in the 200 IM (1:49.30) and 200 fly (1:46.47), third in the 100 fly (49.23) and fourth in the 100

20 Questions With Sophomore Dominick Glavich

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is eating whatever I want.
2. My favorite thing about competing for Coach DeSelm is racing people who are better than me.
3. Since last year the aspect of my training I've worked on the most is my endurance.
4. My best friend on another college swimming team is Michael Hughes.
5. My greatest strength as a swimmer is I love racing.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time sleeping
2. The best movie I've seen recently is 21 Jump Street.
3. If I could compete in another sport at UNC it would be fencing.
4. The music act I'd most like to see in person is Lil Wayne.
5. The personal interest I have that might surprise my teammates is my love for cars.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included food that betters one's chances of a heart attack.
2. My favorite beverage is water.
3. My favorite food made by a relative is salad.
4. My favorite place to eat in Chapel Hill is Yopo.
5. My favorite guilty pleasure food wise is ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to ten minutes from now.
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Jim Carrey.
4. My dream job is to be a nurse practitioner.
5. The most interesting people I've met at UNC is Eric Stefanski.

breast (56.21)... also swam on the Nike Cup champion 400 medley and 400 freestyle relays and the second place 200 medley relay and 800 freestyle relays.

Prep: Was an outstanding recruit who is a native of the Triangle area... was Carolina's top in-state recruit in the Class of 2011... one of the most versatile swimmers to come to Carolina in many years... adept swimmer in all four disciplines... two-time USA National Youth Team member... multiple YMCA national champion... 2012 Olympic Trials qualifier in the 100-meter and 200-meter butterfly events... graduated from Green Hope High School in 2011... member of a three-time conference high school championship team... squad also claimed 2011 regional title... competed for two-time YMCA National men's champions at YMCA of the Triangle Area... 2010 North Carolina 4A state high school MVP.

Personal: Dominick Michael Glavich is the son of Gary and Colleen Glavich... was born



CHRIS GONDEK
Free
Freshman, 6-1
Chapel Hill, N.C.
Carrboro

April 22, 1993 in Poughkeepsie, N.Y. ...nursing major... stands 5-8.

17 Questions With Freshman Chris Gondek

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is representing a university with such a great tradition.
2. Since last year the aspect of my training I've worked on the most is my breakouts and stroke efficiency.
3. My best friend on another college swimming/diving team is George Beatty at Bucknell.
4. My greatest strength as a swimmer are my starts and my kick.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time playing Fifa, watching TV, going to movies and sleeping.
2. The best movie I've seen recently The Avengers.
3. If I could compete in another sport at UNC it would be basketball or cricket.
4. The music act I'd most like to see in person is U2.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included meat.
2. My favorite beverage is Chick-fil-A lemonade.
3. My favorite place to eat in Chapel Hill is Merritt's Store & Grill.
4. My favorite guilty pleasure food wise is Ben & Jerry's Brownie Batter ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to the 1960's.
3. If I could go to dinner with a famous person it would be Steve Nash.
4. My dream job is to be a Stay at Home Dad.
5. The most interesting person I've met at UNC is Tommy Wyher.

Career Best Times: 47.30 in 100-yard freestyle; 1:43.53 in 200-yard freestyle.

Prep: Graduated from Carrboro High School in 2012... competed for North Carolina Aquatic Club... swam for NCAC since he was seven years old... four-year swimming letterman at Carrboro High, swimming all distances of freestyle events and reaped multiple conference, region and state awards... 2012 Carolina 12 Conference Swimmer of the Year... 2011-12 Carrboro Jaguars senior team captain... won the 2011 1A-2A state championship in the 200-yard freestyle... two-time MVP of Carrboro High team... led the Jaguars to three consecutive NC 1A-2A state team championships in 2010-12... anchor of NC 1A-2A state record holding 200 and 400 freestyle relays... holds five Carrboro High School records (100 free, 200 free, 200 and 400 free relays, 200 medley relay)... with NCAC he turned in some special performances at the NC State USS Open Water Championships... was a four-time 18-and-under medalist and a 2010 NC Open Water All-Star.

Personal: Full name is Chistian Edward Gondek... stands 6-1 tall... son of Ed Gondak and Laura Makay-Gondek... born September 29, 1993 in Fairfax, Va. ... a three-time Junior



CLIFTON GORDON
Back, IM
Sophomore, 5-11
Greenville, Del.
Salesianum School

Classical League Latin National Honor Society honoree... majors in biology.

Career Best Times: 49.45 in 100-yard backstroke; 1:46.72 in 200-yard backstroke; 49.08 in 100-yard butterfly; 1:52.09 in 200-yard individual medley.

2011-12: Had a solid freshman year... his season-best 100 backstroke time moved him into eighth place all-time at UNC... at the Virginia Tech Invitational he earned second-place finishes in the 100-yard butterfly (49.08) and in the 200-yard backstroke (1:46.72) in times that exceeded the previous meet records and pool records, respectively... at the VT Invite, he placed fourth in the 100 back with a time of 49.45... also had an excellent meet at the 2011 Nike Cup Championships... placed third in the 200 back in 1:48.74 and 11th in the 100 back in 50.48... also swam on a 400 medley relay team which placed third and a 200 medley relay team which copped third place.

Prep: Graduated from the Salesianum School in Wilmington, Del., in 2011... a multi-sport athlete... played point guard in basketball, short-stop in baseball and was a running back on the football team... won four high school state championships overall... captured 16 total high school medals (11 gold, 3 silver, 2 bronze)... team captain... holds three state records... established five school records (the most of all-time at Salesianum)... five-time first-team All-State selection... three-time high school All-America recipient... as a senior he was an All-America, state record holder in the 200 IM and as member of 200 medley relay, a first-team All-State honoree and a state champion...

his junior year he was an All-America, garnered the state record in the 100 fly, was first-team All-State and garnered a state championship... honor roll student...USA Swimming Scholastic All-America...vice president of Minority Coalition...senior athlete representative to the Middle Atlantic Board of Directors and USA Swimming LSC Development Committee.

Personal: Clifton Barrett Gordon, II, was born October 15, 1992 in Greenville, Del. ...son of Cecil and Yvonne Gordon...political science major...prefers to go by Cliff...stands 5-11.

20 Questions With Sophomore Clifton Gordon
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of something much greater than myself and being willing to sacrifice for my teammates everyday.
2. My favorite thing about competing for Coach DeSelm is he shows a burning desire to win and is passionate about his work everyday at practice and in meets.
3. Since last year the aspect of my training I've worked on the most is going out faster in the front half of my races.
4. My best friends on another college swimming team is Tyler Early (NC State), Alex Hampel (IUP) and Katie Steeves (Virginia Tech).

5. My greatest strengths as a swimmer are my start and being able to finish a race as well as anyone.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with friends doing just about anything non-swimming related.
2. The best movie I've seen recently is The Avengers, but The Dark Knight Rises will be better.
3. If I could compete in another sport at UNC it would be basketball. No question.
4. The music acts I'd most like to see in person Drake.

5. The personal interest I have that might surprise my teammates is: nothing I can think of at the current moment.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included burgers, fries, tacos, ribs, shrimp, fried rice, maybe some sushi.
2. My favorite beverage is Mountain Berry Blast Powerade.
3. My favorite food made by a relative is fried turkey (Thanksgiving).
4. My favorite place to eat in Chapel Hill is Ye Olde Waffle Shoppe.
5. My favorite guilty pleasure food wise is Krispy Kreme Doughnuts.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Ancient Rome.
2. My most prized personal possession is who I am and want to be. I don't want to lose sight of that.
3. If I could go to dinner with a famous person it would be Derek Jeter or Tiger Woods.
4. My dream job is getting paid to talk to my friends and family (social network marketing).
5. The most interesting person I've met at UNC is Stephanie Eisenring. She's insanely good at Call of Duty.



NIC GRAESSER
Back, Free
Freshman, 6-3
Wayne, Pa.
Conestoga

Career Best Times: 20.61 in 50-yard freestyle; 45.19 in 100-yard freestyle; 1:38.83 in 200-yard freestyle; 47.90 in 100-yard backstroke; 1:46.89 in 200-yard backstroke.

Prep: Graduated in 2012 from Conestoga High School...has been competing in swimming for 12 years...did his club swimming at the Upper Main Line YMCA...primarily swims sprint and middle distance freestyle and backstroke events...team captain at Conestoga as a senior...set school records in the 100 back three straight years his sophomore through senior campaigns...All-Area First-Team selection his sophomore through senior years...named to

20 Questions With Freshman Nic Graesser
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of one of the best programs in the ACC.

2. My favorite thing about competing for Coach DeSelm is that he is that he never seems to get angry.

3. Since last year the aspect of my training I've worked on the most is my turns and underwaters.

4. My best friend on another college diving team is Matt Luminais who swims for Brown University.

5. My greatest strength as a diver is my mental toughness.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time fishing.

2. The best movie I've seen recently is Safe House.

3. If I could compete in another sport at UNC it would be soccer!

4. The music act I'd most like to see in person is the Dave Matthews Band.

5. The personal interest I have that might surprise my teammates is that I enjoy knitting.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included burgers, tons of French fries, and of course ice cream!

2. My favorite beverage is Coke.

3. My favorite food made by a relative is quesadillas by my sister!

4. My favorite place to eat in Chapel Hill is Sutton's.

5. My favorite guilty pleasure food wise is German chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I would go to the 1974 World Cup final and watch Germany beat Netherlands.

2. My most prized personal possession is my drum set.

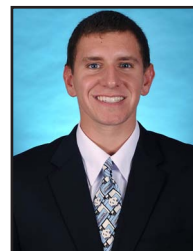
3. If I could go to dinner with a famous person it would be Manuel Neuer.

4. My dream job is playing soccer for FC Bayern Munich. There is nothing better than being a professional athlete.

5. The most interesting person I've met in my time at UNC is my orientation leader.

All-Main Line First Team each of those three years as well...local daily athlete of the year in the 12th grade...had a career best 56.94 in the 100-meter backstroke as a prepster...his senior year he won YMCA short course national championship in the 100-yard backstroke...saw dramatic improvement in his times between his junior and senior years...went from 1:48.76 to 1:46.89 in 200 back, 46.36 to 45.19 in 100 free and 50.37 to 47.90 in 100 back.

Personal: Full name is Nicolas David Graesser...goes by Nic...stands 6-3 tall...son of Andreas Graesser and Gudrun Graesser... was born of March 23, 1994 in Karlsruhe, Germany...volunteer with Habitat for Humanity...his sister, Sophia, swam at George Mason University and his sister, Laura, swam at West Chester University...undeclared major at Carolina.



LOGAN HECK
Free, Fly
Freshman, 5-9
Mooresville, N.C.
Lake Norman

Career Best Times: 20.32 in 50-yard freestyle; 44.54 in 100-yard freestyle; 1:42.39 in 200-yard freestyle; 49.98 in 100-yard butterfly;

20 Questions With Freshman Logan Heck
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is great school and educational opportunity.

2. My favorite thing about competing for Coach DeSelm/Coach Johansen is He is straight shooter and values team approach.

3. Since last year the aspect of my training I've worked on the most is speed and technique.

4. My best friend on another college swimming/diving team is Peter Brumm University of Michigan.

5. My greatest strength as a swimmer is strong practice ethic and team motivator.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time on the lake jet skiing.

2. The best movie I've seen recently is Insidious.

3. If I could compete in another sport at UNC it would be basketball.

4. The music act I'd most like to see in person is Wacka Flocka Flame.

5. The personal interest I have that might surprise my teammates is I play the drums.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included lots of pasta and beef.

2. My favorite beverage is orange juice.

3. My favorite food made by a relative is chicken tacos.

4. My favorite place to eat in Chapel Hill is don't know yet.

5. My favorite guilty pleasure food wise is pizza.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to the beach or a Caribbean island.

2. My most prized personal possession is don't have a most prized possession.

3. If I could go to dinner with a famous person it would be Will Smith.

4. My dream job is major sports team trainer.

5. The most interesting person I've met at UNC is don't know yet.

1:49.22 in 200-yard butterfly; 1:50.53 in 200-yard individual medley; 3:58.96 in 400-yard individual medley.

Prep: Competed in swimming at Lake Norman High School from 2009-12...did his club swimming for SwimMAC Carolina...captain of Lake Norman team as a senior...led team to 3A state title in 2009...won 4A state high school championships as a senior in 50 and 100 freestyles... Lake Norman MVP in both 2011 and 2012... high school athlete of the year as a senior...established five individual and three relay school records...as a member of the SwimMAC Carolina senior group he helped set USA Swimming 2010-11 national age group records in the 4x50 and 4x100 freestyle relays...a 2011 USA Swimming Scholastic Swimmer...showed consistent improvement in his career best times as his high school career progressed...AAA Scholastic All-America from 2010-12.

Personal: Full name is Logan Robert Heck... stands 5-9 tall...the son of Gary and Suzanne Heck...was born August 10, 1993 in Orlando, Fla. ...his father Gary is a singer/songwriter... sister Sabrina is a senior at Lake Norman High School where she runs cross country and competes in track and field...his brother Brody, 14, is also a talented swimmer...undeclared major at UNC.



TYLER HILL
Back, IM
Sophomore, 5-10
Mooresville, N.C.
Lake Norman

Career Best Times: 50.17 in 100-yard backstroke; 1:47.25 in 200-yard backstroke; 50.06 in 100-yard butterfly; 1:49.58 in 200-yard butterfly; 1:49.96 in 200-yard individual medley; 3:53.10 in 400-yard individual medley.

2011-12: Member of UNC's scoring team at the ACC Championships...his best finish at ACCs was a victory in the consolation heat (9th place overall) in the 400 IM with a time of 3:53.10...also had an excellent Nike Cup performance in 2011...took fourth in the 400 IM (4:01.24), eighth in the 200 back (1:51.86), eighth in the 200 fly (1:51.78) and 15th in the 200 IM (1:53.57)...earned Dean's List honors in both semesters of his freshman year...earned 2011-12 ACC Honor Roll accolades...garnered College Swimming Coaches Association of America Scholar All-America honorable mention kudos.

Prep: A 2011 alumnus of Lake Norman High School...swam four years in high school, specializing in the 100 back, 200 free and 200 IM... captain of high school swim team his sophomore through senior years...member of state high school championship 400 free relay teams as a sophomore and junior...competed for SwimMAC...member of club swim team's national team his junior and senior years...North Carolina All-Star swimmer from 2007-11... academic All-America in swimming...member of National Honor Society...graduated in top 10 percent of class...member of Beta Club.

Personal: Tyler Brett Hill is the son of Brett and Vickie Hill...was born January 23, 1993 in

Chapel Hill, N.C. ...undeclared major...both parents are UNC alumni...his father held North Carolina state record in 200 fly until broken by Melvin Stewart...stands 5-10 tall...exercise and sports science major.

18 Questions With Sophomore Tyler Hill
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer/diver is the support and great friends that come with being on the team, and the competitive atmosphere in practice and in meets.
2. My favorite thing about competing for Coach DeSelm is his easy-going, yet serious, attitude when we train, and knowing that he is at a meet to win.
3. Since last year the aspect of my training I've worked on the most is my underwaters and breaststroke.
4. My best friend on another college swimming team is Tyler Fleming at Duke.
5. My greatest strength as a swimmer is my drive to swim my fastest when under pressure.

Section #2: Interests

1. Away from the pool and academic pursuits I like to spend time hanging out with friends.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be basketball.
4. If I could attend a musical event in person I would like to go to a Luke Bryan concert.
5. The personal interest I have that might surprise my teammates is that I like to draw and I am a good marksman.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Barbeque chicken, mac n cheese, garlic broccoli, deviled eggs and potatoes and gravy.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is my grandma's pumpkin pie.
4. My favorite guilty pleasure food wise is carrot cake with cream cheese icing.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go 15 years into my future.
2. If I could go to dinner with a famous person it would be Andy Samberg.
3. My dream job is a field marine biologist.
4. The most interesting person I've met at UNC is Dan O'Connor.



RYLAND JONES
Diving
Senior, 5-10
Chapel Hill, N.C.
East Chapel Hill

Career Best Diving Scores: 349.05 in 1-meter diving; 331.90 in 3-meter diving; 328.60 in platform diving.

2011-12: Finished 18th in one-meter diving at the 2012 ACC Championships with a score of 303.20 points...placed 15th on the three-meter board at the ACC Championships with 331.90 points...NCAA zone qualifier on all three

boards...had a tremendous 2011 Nike Cup performance...won the platform diving competition with 328.60 points...placed fifth on the one-meter board (343.95) and seventh on the three-meter board (335.10)...won the one-meter board in the dual meet versus ECU...earned mention on the 2011-12 ACC Honor Roll.

2010-11: Named to 2011 All-ACC Academic Swimming & Diving Team...scored in three events at the 2011 ACC Championships... placed 12th in platform diving with 299.40 points, 13th in one-meter diving with 309.60 points and 16th in three-meter diving with 321.45 points...his top finish at the NCAA Zone Championships was a 13th place on the 10-meter platform event.

2009-10: Won the David McInnis Diving Award as Carolina's outstanding men's diver...at the ACC Championships, he finished sixth in one-meter diving, seventh in three-meter diving and 16th in platform diving...took 10th place at the NCAA Zone Championships in both the three-meter and platform diving events...swept the boards in dual meet wins over ECU and Clemson...named to 2009-10 ACC Academic Honor Roll...tapped for Dean's List in fall 2009 semester.

Prep: Dove for East Chapel Hill High School where he was the captain of the team his senior year...named an All-America all four years of his high school career...also dove for the North Carolina Aquatic Club since 2004... named NCAC Diver of the Year in 2008.

Personal: Given name is Ryland Oakes Jones... son of Randal and Mary Jones...born January 3, 1991 in London, England...has one brother and two sisters...business administration major...stands 5-10 tall...Veteran Leader in the Carolina Leadership Academy...UNC Dean's List honoree.

11 Questions With Senior Ryland Jones
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is the fun times.
2. My favorite thing about competing for Coach Johansen is having a new perspective on all of my dives.
3. Since last year the aspects of my training I've worked on the most are my entries.
4. My greatest strength as a diver is my consistency.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time fishing.
2. The best movie I've seen recently is Hook.
3. If I could compete in another sport at UNC it would be golf.
4. The music act I'd most like to see in person is The Temper Trap.

Section #3: Food & Beverage

1. My favorite beverage is Diet Coke.
2. My favorite place to eat in Chapel Hill is McDonalds.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the roaring twenties.



JAKE KINZBACH
Diving
Senior, 5-9
Montgomery, Texas
Montgomery

Career Best Scores: 338.70 in 1-meter diving; 350.55 in 3-meter diving; 306.00 in platform diving.

2011-12: Earned membership on the ACC Academic Honor Roll...ACC finalist in one-meter

20 Questions With Senior Jake Kinzbach
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being a part of the Carolina pride that is experienced all across campus.
2. My favorite thing about competing for Coach Johansen is I haven't dove with Jenny yet, but my favorite thing about Rich is his dedication that he has in ensuring our success in and out of the water.
3. Since last year the aspect of my training I've worked on the most is my patience with the training process.
4. My best friend on another college diving team is Wil Mayo at Navy.
5. My greatest strength as a diver is my passion towards getting better at what I do.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time hanging out with friends, listening to music, watching movies, and playing video games.
2. The best movie I've seen recently is Puncture.
3. If I could compete in another sport at UNC it would be soccer.
4. The music acts I'd most like to see in person is Blink 182 or Jason Mraz.
5. The personal interest I have that might surprise my teammates is paintballing. At one point I was asked to join a semi-pro team, but I had to turn it down to focus on diving.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included any kind of seafood.
2. My favorite beverage is Monster or NOS energy drinks.
3. My favorite food made by a relative is cheeseburgers by my mom.
4. My favorite place to eat in Chapel Hill is Carolina Brewery or Sakura.
5. My favorite guilty pleasure food wise is Cherry Sours Candy.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to when Shakespeare was alive and figure out whether he actually wrote his plays/sonnets or not (rumor has it that he didn't, but I disagree).
2. My most prized personal possession is my car or laptop.
3. If I could go to dinner with a famous person it would be Daniel Tosh.
4. My dream job is to work for the Dallas Mavericks.
5. The most interesting person I've met at UNC is Dick Baddour.

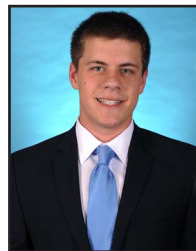
diving where he finished eighth with a score of 292.30 points...also copped ninth place in three-meter diving with a score of 350.55 points...NCAA zone diving qualifier for the third straight year...produced an excellent performance at the 2012 Nike Cup Championships... finished third in platform diving (294.55), third in one-meter diving (354.20) and eighth in three-meter diving (334.45)...won the one-meter diving event in the ECU dual meet.

2010-11: Had some excellent finishes at the 2011 NCAA zone diving championships... placed 16th in the one-meter competition and 17th on the 10-meter platform.

2009-10: Turned in some solid finishes at the ACC Championships...placed 11th in one-meter diving with a score of 320.30 points...was 13th in the 10-meter platform event...took 17th on the three-meter board with a tally of 302.90 points...won the one-meter event in UNC's dual meet victory over Georgia.

Prep: A graduate of Montgomery High School...won the 4A Texas state championship his junior and senior years after placing third and fourth, respectively, in his freshman and sophomore seasons...member of USA Diving Junior National Team in 2006 and 2009... in 2008, he placed fourth and fifth at the U.S. Diving Junior West National Championships and seventh at the U.S. Diving Junior National Championships...earned an invitation to the USA Diving World Championship selection camp in 2009...AAU National Diving Team selection in 2007...invited to be on the U.S./Great Britain Challenge team...a U.S. Senior Nationals qualifier in the one-meter, three-meter, and three-meter synchro events...2009 age group national champion...National Honor Society member...high school diving team captain.

Personal: Full name is Jacob Charles Kinzbach...son of Jeff and Jennifer Kinzbach...was born October 26, 1991 in Bedford, Texas... has one brother, J.J., who was a diver at the University of Miami...he was a seven-time USA Diving national champion and four-time Texas state champion...communication studies major...stands 5-9 tall.



MATT KWATYRA
Back, Fly, IM
Freshman, 5-10
London, Ontario
Mother Teresa Catholic
Secondary School

Career Best Times (Short Course): 1:45.62 in 200-yard backstroke; 50.07 in 100-yard butterfly; 1:46.98 in 200-yard individual medley; 3:47.62 in 400-yard individual medley.

Career Best Times (Long Course): 4:23.15 in 400-meter individual medley; 2:04.31 in 200-meter individual medley; 2:04.40 in 200-meter backstroke; 2:21.62 in 200-meter breaststroke.

Prep: Graduated in 2012 from Mother Teresa Catholic Secondary School in London, Ontario...swam for 10 years at the London Aquatic Club, specializing in the 200 IM, 400 IM, 200 back and 200 breast...member of the Canadian Junior National Team since 2009...was named the Canadian Junior Swimmer of the Year in

2010...has represented his province or nation in multiple international competitions and tours...represented Team Ontario at the Canada Games in 2009 in Nova Scotia...participated in the winter 2009/2010 Canadian Tour Team in Australia and the winter 2010/2011 Canadian Tour Team in England...2010 Junior Pan Pacs team member in Maui, Hawaii...was a finalist in the 400 IM at that event...competed in the 2011 Junior World Championships which took place in Peru...earned finalist status in that event in the 200 IM...at the senior national level in Canada he has won three bronze medals in the past three years...at the 2010 Canadian Summer Nationals he was third in the 400-meter IM in 4:23.15...at the 2011 Canadian Spring Nationals he was third in the 200-meter IM in 2:04.50...captured the bronze medal at the 2012 Canadian Olympic Trials in the 200-meter IM in a time of 2:04.30.

Personal: Full name is Matthew John Kwatyra...stands 5-10 tall...son of Kryspin and Alicja Kwatyra...was born October 7, 1993 in Chicago, Illinois...majors in exercise and sports science.

17 Questions With Freshman Matt Kwatyra
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the fact that the team is one big family.
2. My favorite thing about competing for Coach DeSelm is learning from his vast amount of knowledge.
3. Since last year the aspect of my training I've worked on the most is freestyle.
4. My greatest strength as a swimmer is my work ethic.

Section #2: Hobbies & Interests

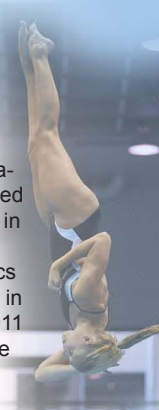
1. Away from the pool and academic pursuits I like to spend time watching movies and hanging out with friends
2. The best movie I've seen recently is Ted.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Eminem.
5. The personal interest I have that might surprise my teammates is that I like keeping fish.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pizza and burgers.
2. My favorite beverage is coke.
3. My favorite food made by a relative is my grandma's poppy seed cake.
4. My favorite place to eat in Chapel Hill is Chipotle.
5. My favorite guilty pleasure food wise is chips or fries.

Section #4: Personality

1. My most prized personal possession is my cell phone.
2. If I could go to dinner with a famous person it would be Mila Kunis.
3. The most interesting person I've met at UNC is Sean Lane...by far.





SAM LEWIS
Sprint Free, Back, Fly
Freshman, 6-0
Alpharetta, Ga.
Milton

Career Best Times: 20.77 in 50-yard freestyle; 46.41 in 100-yard freestyle; 48.85 in 100-yard backstroke; 1:49.78 in 200-yard backstroke; 49.21 in 100-yard butterfly.
Prep: Graduated in 2012 from Milton High School in Alpharetta, Ga. ...swam there for four years, specializing in the 100 fly, 100 back, 200 back, 50 free and 100 free...competed in club swimming for the Dynamo Swim Club...

20 Questions With Freshman Sam Lewis
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is having an instant group of awesome friends as an incoming freshman.
2. My favorite thing about competing for Coach DeSelm is competing for a coach who is so well known for his achievements.
3. Since last year the aspect of my training I've worked on the most is my backstroke technique.
4. My best friend on another college swimming team is Matias Koski at UGA.
5. My greatest strength as a swimmer is sprint backstroke.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time playing drums and basketball.
2. The best movie I've seen recently is Prometheus.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Linkin Park.
5. The personal interest I have that might surprise my teammates is math.

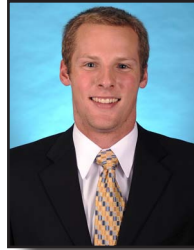
Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included all breakfast, scrambled eggs, sausage, bacon, hash browns, waffles (not pancakes) and also a section for steak.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is my grandma's spaghetti.
4. My favorite place to eat in Chapel Hill is Chipotle.
5. My favorite guilty pleasure food wise is I don't really have one...I just eat whatever I want all of the time, but I do eat pretty healthy.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to watch Michael Jordan or Larry Bird play in the NBA.
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Steve Jobs.
4. My dream job is something that I enjoy that pays well enough to support myself and a family. No specific idea.
5. The most interesting person I've met at UNC is I don't know yet!

Milton swim team captain...part of 2010 and 2011 Junior National Championships team winners...2012 individual state champion...scholastic All-America selection...merited high school All-America honors...2012 Olympic Trials qualifier...scholar-athlete award winner.
Personal: Full name is Samuel Craig Lewis...stands 6-0 tall...son of Craig and Sandy Lewis...was born June 2, 1994 in Cleveland, Ohio...self taught on the piano and drums...both of his parents are NC State alumni...business administration major.



TOM LUCHSINGER
IM, Fly, Free
Senior, 6-1
Mt. Sinai, N.Y.
Mt. Sinai

Career Best Times: 45.40 in 100-yard freestyle; 1:37.12 in 200-yard freestyle; 4:24.80 in 500-yard freestyle; 49.56 in 100-yard backstroke; 1:47.95 in 200-yard backstroke; 48.37 in 100-yard butterfly; 1:43.15 in 200-yard butterfly; 1:45.77 in 200-yard individual medley; 3:44.81 in 400-yard individual medley.

Long Course Highlights: Named to the 2011-12 and the 2012-13 U.S. Swimming National Teams, one of the most prestigious honors on the national level...has been chosen to represent the U.S. in the 2013 World University Games in Kazan, Russia...had another tremendous summer 2012 long course season...at the U.S. Olympic Trials, he set a UNC record in 200-meter freestyle semifinals at 1:48.94, breaking a record which had stood for 17 years...finished 14th in the event overall...in the 200-meter butterfly he tied for third in the preliminaries at 1:57.75 and finished 12th in the event in the semifinal round...at the 2012 U.S. Open, he won the 200-meter butterfly with a time of 1:57.51 and was 12th in the 200-meter freestyle in 1:51.34...turned down a spot on the U.S. Team for the 2011 Pan American Games in order to compete for the Tar Heels during the fall season ...had an incredible meet at the 2011 U.S. Nationals in California...for the third straight year he shattered his own school long course record in the 200-meter butterfly...took nearly three seconds off his own previous best time by going 1:57.01 and finishing fourth in the event...also placed 19th in the 400-meter IM in 4:24.23 (previous career best had been 4:29.51)...broke his own school record in the 200-meter fly at the 2010 U.S. Nationals, clocking a 1:59.81 that earned him a 10th-place finish...had an excellent summer 2009 season, finishing 11th in the 200-meter butterfly at the U.S. World Championship Trials and setting a new university record in the event with a time of 1:59.93...swam at the Junior Pan Pacific Championships in January 2009, placing fourth in the 200-meter fly, 10th in the 100-meter fly and 10th in the 200-meter IM.

2011-12: Once again achieved at an extraordinarily high level during his junior year...a 2012 All-ACC selection...captured honorable mention All-America honors in three events at the NCAA Championships...placed 10th in the 200 fly (1:43.84) and 14th in the 400 IM (3:46.03)...

also swam his career best in the 200 IM at the NCAA meet with a time of 1:45.77...was a member of the UNC 800 free relay team which finished ninth at NCAAs...was a two-event winner at the 2012 ACC Championships...won his second straight title in the 200-yard butterfly in 1:44.53...also captured the ACC crown in the 400-yard individual medley with a time of 3:46.91...took fourth place in the 200 IM (1:47.32)...swam on ACC relays which took third in the 200 medley relay, second in the 800 free relay and fourth in the 400 free relay...his 2011 Nike Cup performance was stellar in every aspect...captured first place in the 200 IM (1:49.20), the 400 IM (3:50.79) and the 200 butterfly (1:45.38) while finishing seventh in the 200 freestyle...swam on winning 400 medley relay and 800 freestyle relay and second place 200 medley relay at Nike Cup...had a spectacular dual meet season...won three events against Georgia Tech and took two first-place finishes against ECU, Clemson and Duke...also won the 200 fly in the dual meet win over Virginia Tech...won Pier-2-Pier Open Water Swimming Championship with a time of 33 minutes, four seconds over the 1.7-mile course...twice named TarHeelBlue.com Performer of the Week, once after Nike Cup weekend and once after ACC Championships weekend...had his personal best grade point average in spring semester 2012 during his three years at Carolina.
2010-11: First-team All-America honoree...also tapped for All-ACC Team...named UNC's most improved swimmer for the second straight year...also won the Bruce Webster Memorial Award as Carolina's most dedicated swimmer...won the 200 fly at 2010 Nike Cup with a time of 1:45.10...at the 2011 NCAA Championships, he earned first-team All-America in two events and honorable mention All-America in another two...placed eighth in the 400 IM in 3:47.04 (prelims time was a career best 3:44.81) and was a member of the 800 free relay team that took seventh place...won the consolation heat and took ninth overall in the 200 fly in 1:43.15, a new school record...also swam on the 400 medley relay team which garnered 16th spot...at the 2011 ACC Championships, he won the 200 fly crown in 1:43.81, was third in the 400 IM at 3:49.01 and earned sixth in the 200 IM with a clocking of 1:46.88...swam on 800 free and 400 medley relay units which were conference runners-up.
2009-10: Earned honorable mention All-America honors as a member of UNC's 14th-place 400 medley relay at NCAAs...placed 17th at NCAAs in the 200 fly...named All-ACC...at the ACC Championships he placed second in the 200 fly (1:44.83), sixth in the 400 IM (3:51.03) and ninth in the 200 IM (1:47.30)...won the 200 fly in the dual meet against Virginia and the 200 IM in the win over Duke...won the Jamerson Memorial Award as the most improved swimmer on the squad.

Prep: Swam eight years for the Three Village Swim Club under coach Barry Roffer and four years for Mt. Sinai High School...high school All-America in the 200 free and 100 fly...won the Scholar-Athlete Award for the Long Island Swimming Officials Association...named Swimmer of the Year and All-Star Long Island Athlete in 2009 by Newsday...also won the NY Swimming Sportsmanship Award...New York state record holder in the 200-yard free and 100-yard

20 Questions With Senior Tom Luchsinger

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the UNC Swimming Alumni who unconditionally support our program.
2. My favorite thing about competing for Coach DeSelm is the level of commitment he brings to the team.
3. Since last year the aspects of my training I've worked on the most are my twalls and my kick outs.
4. My best friend on another college swimming team is Kate Conard at Marist.
5. My greatest strength as a swimmer is my competitive drive: I hate to lose!

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time at the beach, relaxing with friends or volunteering.
2. The best movie I've seen recently is John Grisham's The Rainmaker.
3. If I could compete in another sport at UNC it would be basketball or soccer.
4. The music act I'd most like to see in person is John Mayer.
5. The personal interest I have that might surprise my teammates is I like things neat and organized.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included any kind of Italian food.
2. My favorite beverage is milk.
3. My favorite food made by a relative is my Mom's chicken Alfredo.
4. My favorite place to eat in Chapel Hill is Noodles & Co.
5. My favorite guilty pleasure food wise is Oreo cookies.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to my childhood.
2. My most prized personal possession is my Grandfather's cross.
3. If I could go to dinner with a famous person it would be Jennifer Aniston.
4. My dream job is something where I can help improve the lives of others.
5. The most interesting person I've met at UNC is Meredith "The Hoove" Hoover.

fly...won multiple state championships...2009 National Junior Team Member...2008-09 U.S. Swimming Scholastic All-America.

Personal: Full name is Thomas James Luchsinger...the son of John and Elizabeth Luchsinger...stands 6-1...was born February 28, 1991 in Bethpage, N.Y. ...has two brothers...his father was an All-America football and lacrosse player at Long Island University (C.W. Post campus)...his mother, Liz, was a national level YMCA swimmer in Bethpage, N.Y. older brother Ryan swam at SUNY Maritime and holds Skyline Conference record in 200 breaststroke...younger brother Sean is a senior in high school and looking to study film... exercise and sports science major... a CREED Mentor in the Carolina Leadership Academy... completed Rising Star training for CLA... represents the swimming and diving team on the Student-Athlete Advisory Council...takes part in Habitat for Humanity through Carolina Outreach and the Newman Center...Carolina Dreams participant.



BRYCE MENDES
Distance Free, IM
Junior, 6-2
Chapel Hill, N.C.
Chapel Hill

Career Best Times: 1:43.73 in 200-yard freestyle; 4:37.99 in 500-yard freestyle; 9:27.30 in 1000-yard freestyle; 15:56.00 in 1650-yard freestyle; 1:52.35 in 200-yard backstroke; 1:56.73 in 200-yard individual medley; 4:03.84 in 400-yard individual medley.

2011-12: Had an excellent meet at the 2012 Virginia Tech Invitational...placed fifth in the 400-yard individual medley (4:04.38) and in the 200-yard backstroke (1:52.35) and was seventh in the 200-yard individual medley (1:56.73)... member of Rising Stars In Carolina Leadership Academy...named to ACC Academic Honor Roll.

20 Questions With Junior Bryce Mendes

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is wearing Carolina Blue.
2. My favorite thing about competing for Coach DeSelm is his optimism and unique comedy.
3. Since last year the aspect of my training I've worked on the most is backstroke.
4. My best friend on another college swimming/diving team is Mike Baric at UNC Wilmington.
5. My greatest strength as a swimmer is my positive attitude.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time surfing and snowboarding.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be women's soccer.
4. The music act I'd most like to see in person is Skrillex.
5. The personal interest I have that might surprise my teammates is I am a rock-paper scissors master.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included nachos and chicken wings.
2. My favorite beverage is Coca-cola.
3. My favorite food made by a relative is my mom's shepard's pie.
4. My favorite place to eat in Chapel Hill is Buns.
5. My favorite guilty pleasure food wise is cookie dough.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 2014 World Cup Brazil.
2. My most prized personal possession is my Louisville Slugger.
3. If I could go to dinner with a famous person it would be Will Ferrell.
4. My dream job is being a professional surfer.
5. The most interesting person I've met at UNC is Sean Lane.

2010-11: Named to 2010-11 ACC Academic Honor Roll.

Prep: Graduated from Chapel Hill High School on June 12, 2010...swam the 200 and 500 freestyles for the Tigers' swim team...also swam for the North Carolina Aquatic Club where he competed in the 200, 500, 1000 and 1650 freestyles and the 400 IM...was coached by Casey Mackenzie at CHHS and Ryan Woodruff at NCAC...led CHHS to 2008 NC 4A state championship...was the Tigers' rookie of the year in 2007 and MVP in '09 and '10... named Carolina Athletic Conference swimmer of the year in 2010...member of National Honor Society and National Spanish Honor Society... a stellar performer for NCAC...2010 North Carolina open water swimmer of the year...2008 summer juniors competitor as a member of the 800 free relay and in the 200 IM and 400 free...in 2009 and 2010, he was a competitor in the spring juniors in the 100, 200, 500, 1000 and 1650 frees and the 200 and 400 IMs...was the Trinidad open water national champion in 2009...open water national competitor in summer 2009 and 2010.

Personal: Bryce Taylor Mendes is the son of Bobby and Nicole Mendes...was born November 8, 1991 in Melbourne, Fla. ...has one brother, Jesse, a four-year swimming letterman at UNC and captain of the 2011-12 team, and a younger sister who swims at Duke University... stands 6-2 tall...majors in romance languages...family is originally from Trinidad.



MIKE MOHR
Back, Free
Senior, 5-11
Mequon, Wis.
Homestead

Career Best Times: 1:41.97 in 200-yard freestyle; 51.11 in 100-yard backstroke; 1:50.13 in 200-yard backstroke.

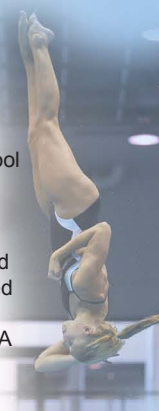
2011-12: Won the consolation heat of two events at the 2012 Virginia Tech Invitational... placed ninth in the 100-yard backstroke (52.21) and ninth in the 200-yard backstroke (1:58.87)...earned Dean's List accolades... member of 2011-12 ACC Academic Honor Roll.

2010-11: Earned second varsity letter with an outstanding season.

2009-10: Named to 2009-10 ACC Academic Honor Roll.

Prep: Short course national qualifier in the 200 back...a top three finisher at the Speedo Sectional Swim Meet twice...a five-time individual state champion...helped Homestead High School continue its streak of 13 consecutive conference championships ...achieved academic honor roll all four years...an avid golfer and sports fan...served as Wisconsin Swimming (USS) athlete representative for two years.

Personal: Given name is Michael Jon Mohr... son of Jim and Aline Mohr...has three older brothers, all UNC swimming alums — Stephen 31, Eric 28, and Mark 26...stands 5-11 tall... business administration major...was born February 2, 1990 in Milwaukee, Wis. ...volunteers at Chapel Hill Ronald McDonald House and



20 Questions With Senior Mike Mohr

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is free chocolate milk after practice.
2. My favorite thing about competing for Coach DeSelm is his sense of humor and casual delivery when he makes a joke.
3. Since last year the aspect of my training I've worked on the most is my underwater kickouts.
4. My best friend on another college swimming team is Jonathan Whitcomb who swims at Notre Dame.
5. My greatest strength as a swimmer is my positive attitude and strong work ethic.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time golfing.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be golf.
4. The music act I'd most like to see in person is Led Zeppelin.
5. The personal interest I have that might surprise my teammates is that I like to draw.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pizza, steak, and ice cream.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is any of my mom's homemade desserts.
4. My favorite place to eat in Chapel Hill is Armadillo Grill.
5. My favorite guilty pleasure food wise is pizza and ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1982 UNC basketball championship game
2. My most prized personal possession is my personalized pennant signed by Dean Smith.
3. If I could go to dinner with a famous person it would be Brett Favre
4. My dream job is professional golfer.
5. The most interesting person I've met at UNC is Sean Lane.

Frank Porter Graham Elementary School... the fourth member of the Mohr family to swim at Carolina, joining his three brothers Stephen (2000-03), Eric (2002-05) and Mark (2005-08) as Tar Heels.



OZZIE MOYER
Diving
Freshman, 5-10
Harleysville, Pa.
Souderton Area

Career Best Scores: 352 points for six dives; 552.25 points for 11 dives.

Prep: 2012 graduate of Souderton Area High School in Souderton, Pa. ...competed on the varsity swimming and diving team and also played four years of baseball as a pitcher and infielder...All-America in the diving well as both a junior and senior...named to 2010 Connie

Mack State All-Star Team on the diamond... won state high school diving championship as a senior...also placed fourth in his junior and sophomore years and seventh as a freshman... achieved Distinguished Honor Roll accolades at SASHS.

Personal: Full name is Osmund Scott Moyer... goes by Ozzie...stands 5-10 tall...son of Doug and Jane Moyer...was born September 20, 1993 in Abington, Pa. ...undeclared major at UNC.

18 Questions With Freshman Ozzie Moyer
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the friendships and experiences.
2. My favorite thing about competing for Coach Johansen is being able to say "I Love You Jenny."
3. Since last year the aspects of my training I've worked on the most is getting physically stronger and learning new dives.
4. My greatest strength as a swimmer is being open to new ideas.

Section #2: Hobbies & Interests

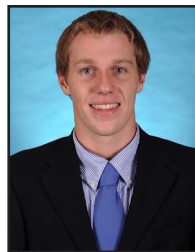
1. Away from the pool and academic pursuits I like to spend with friends, working out.
2. The best movie I've seen recently is Batman.
3. If I could compete in another sport at UNC it would be football.
4. The music act I'd most like to see in person is The Lion King.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included king crab legs and wings
2. My favorite beverage is sweet tea, chocolate milk.
3. My favorite food made by a relative is mud.
4. My favorite place to eat in Chapel Hill is don't know yet.
5. My favorite guilty pleasure food wise is milkshakes.

Section #4: Personality

1. My most prized personal possession is my state championship medal.
3. If I could go to dinner with a famous person it would be Marisa Miller.
4. My dream jobs are being a pilot.
5. The most interesting person I've met at UNC is Rich.



PATRICK MYERS
Back, IM
Sophomore, 5-10
Norfolk, Mass.
King Philip School

Career Best Times: 1:39.40 in 200-yard free-style; 48.67 in 100-yard backstroke; 1:45.33 in 200-yard backstroke; 48.59 in 100-yard butterfly; 1:48.91 in 200-yard butterfly; 1:51.51 in 200-yard individual medley; 3:52.36 in 400-yard individual medley.

Long Course Highlights: At the August 2011 U.S. Nationals, he placed 22nd in the 200-meter backstroke in a time of 2:02.19.

2011-12: Place in three events at the 2012 ACC Championships...was 10th in the 400 IM

(3:53.19), 13th in the 100 back (49.07) and 14th in the 200 back (1:46.92)...excelled at the 2011 Nike Cup Championships...won the 200-yard backstroke in 1:45.93, was second in the 100-yard backstroke in 49.07 and placed third in the 400-yard individual medley in 3:56.85... was also 10th in the 200 IM and swam on a 400 medley relay which won the bronze medal and a 200 medley relay which took fourth place...during the dual meet season he had two individual wins against Maryland and won single events against ECU, Georgia Tech and Virginia Tech...in the dual meet win over the Hokies he set what was then the VT pool record in the 200 back at 1:48.86...selected for 2011-12 All-ACC Academic Team...a College Swimming Coaches Association of America honorable mention Scholar All-America... named to Dean's List in second semester of freshman year...ACC Academic Honor Roll selection in 2011-12

Prep: Graduated from King Philip High School in Wrentham, Mass. ...swam his sophomore through senior years there...won state championships all three years in both the 100 butterfly

20 Questions With Sophomore Patrick Myers
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer/diver is my teammates
2. My favorite thing about competing for Coach DeSelm is our team meetings.
3. Since last year the aspect of my training I've worked on the most is lifting.
4. My best friend on another college swimming team is John Vatkevich at Lake Forest.
5. My greatest strength as a swimmer is my mental strength.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time playing Super Smash Bros with Bollerman.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is going to Woodstock.
5. The personal interest I have that might surprise my teammates is my admiration for Justin Beiber.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included all breakfast foods.
2. My favorite beverage is an Arnold Palmer.
3. My favorite food made by a relative is my grandmother's M&M cookies.
4. My favorite place to eat in Chapel Hill is Dillo.
5. My favorite guilty pleasure food wise is chocolate-covered strawberries.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1980 Olympic games to watch USA beat the Soviets in hockey.
2. My most prized personal possession is my nose clip.
3. If I could go to dinner with a famous person it would be Mila Kunis.
4. My dream job is being a movie star.
5. The most interesting person I've met at UNC is Brian Bollerman.

and the 100 backstroke...broke the Massachusetts state record in the 100 back as a senior by going 49.60...led King Philip to an undefeated regular season his senior year...KPHS won conference title, Mass. Southern Sectionals and Mass. Division II state championship meet in 2010-11...high school All-America as a senior in both 100 fly and 100 back...captain of HS team as senior...Mass. State swimmer of the year both junior and senior seasons...USA Swimming Scholastic All-America his sophomore through senior years...New England swimming record holder in 100-yard butterfly (48.59) and 200-yard backstroke (1:45.33)... National Honor Society member...made honor roll all four terms of senior year...ranked in Top 15 percent of senior class with 3.9 GPA.

Personal: Patrick McKee Myers is the son of Jim and Karen Myers...born January 3, 1993 in Norwood, Mass. ...business administration major...stands 5-10 tall...comes from a family with long-held ties to the American swimming community...his grandfather, Alexander McKee, is former president of Mid-Atlantic AAU and former coach of Suburban Swim Club...an Ohio State alumnus, he was an Olympic qualifier in the 1940s but games were cancelled due to World War II...his uncle Tim McKee swam at Florida and was a three-time Olympic silver medalist in 1972 & 1976 Olympics...his uncle Mark McKee was the first alternate on the 1968 Olympic Team and also swam at Florida...uncles Chris McKee and Kevin McKee swam at University of Miami and Penn State, respectively...member of Carolina Leadership Academy Rising Stars program.



BRETT NAGLE
Distance Free
Senior, 5-11
Portland, Ore.
David Douglas

Career Best Times: 1:38.19 in 200-yard freestyle; 4:21.64 in 500-yard freestyle; 9:17.95 in 1000-yard freestyle; 15:09.67 in 1650-yard freestyle; 1:48.61 in 200-yard backstroke; 1:47.57 in 200-yard butterfly; 3:52.49 in 400-yard individual medley.

Long Course Highlights: Had an excellent 2012 season on the long course circuit...was 19th in the 1500-meter freestyle in the Olympic Trials, going 15:33.84...placed sixth in the same event at the 2012 U.S. Open with a time of 15:27.87 and was 15th in the USS Championship with a clocking of 15:46.99.

2012-13: Elected team co-captain with Alex Gianino.

2011-12: Won the Bruce Webster Memorial Award as the most dedicated swimmer on the 2011-12 team...All-ACC honoree in the 1650-yard freestyle...was a finalist in two events at the ACC meet...placed third in the 1650-yard freestyle in 15:10.47 and sixth in the 500-yard freestyle in 4:25.53...also excelled at the Nike Cup Championships...won the 1650 free in the meet with a time of 15:09.67, a new career best...was the Nike Cup runner-up in the 500 free with a time of 4:24.83...also placed fifth in the 200 free (1:39.57) and seventh in the 200

fly (1:51.29)...was a member of an 800 free relay team which took second in the meet and a 400 free relay team which placed seventh...won the 500 free in the dual meet wins over Virginia Tech and Maryland...named to 2012 All-ACC Academic Swimming Team...member of 2011-12 ACC Academic Honor Roll.

2009-10 (at Wisconsin): Won the 200-yard freestyle at the Milwaukee Dual in 1:43.42...also won the 500-yard freestyle at the Milwaukee Dual in 4:43.22... took second place in the 200-yard freestyle at the Minnesota Dual (1:41.59) and the Northwestern Dual (1:41.64)... finished third in the 100-yard butterfly at the Milwaukee Dual in 52.35

2008-09 (at Wisconsin): Finished 18th in the 500-yard freestyle (4:22.56), 19th in the 200-yard butterfly (1:47.78), 27th in the 200-yard

19 Questions With Senior Brett Nagle
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is wearing the NC on my cap and representing the Tar Heel Nation to it's fullest.
2. My favorite thing about competing for Coach DeSelm is his ability to make swimming with him fun every day and every practice.
3. Since last year the aspect of my training I've worked on the most is not thinking and going with the flow bro.
4. My best friend on another college swimming/diving team is Greg Zupke on Wisconsin
5. My greatest strength as a swimmer is being consistently consistent.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time cooking or pwning some noobs on Xbox.
2. The best movie I've seen recently is Abraham Lincoln: Vampire Hunter.
3. If I could compete in another sport at UNC it would be baseball.
4. The music act I'd most like to see in person is Madeon.
5. The personal interest I have that might surprise my teammates is I thoroughly enjoy watching the Food Network

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included my maaaaam's food because she can cook better than anyone.
2. My favorite beverage is ice cold milk.
3. My favorite food made by a relative is Brett Casserole made by my maaaaaam.
4. My favorite place to eat in Chapel Hill is the Yogurt Pump.
5. My favorite guilty pleasure food wise is nothing. There is no food that makes me feel guilty.

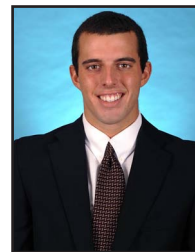
Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to the year 1999 and play myself at Super Smash Brothers and 007 Golden Eye on the N64
2. If I could go to dinner with a famous person it would be Dirk Nowitzki.
3. My dream job is having my own Food Network Show or being a popular YouTube game director.
4. The most interesting person I've met at UNC is Sean Lane.

freestyle (1:38.36) and was a member of Badgers' fourth place 800-yard freestyle relay team (6:28.04) at the Big Ten Championships ... finished eighth in the 500-yard freestyle (4:32.43), 11th in the 200-yard butterfly (1:47.17), 13th in the 100-yard butterfly (48.46) and was a member of UW's second-place 800-yard freestyle relay team (6:31.78) at the Texas Invitational ... 2008 U.S. Olympic Trials qualifier in 200-meter freestyle and 200-meter butterfly

Prep: Graduated in 2008 from David Douglas High School... played two years of water polo and was on varsity swimming team for four seasons...five-time individual state champion, winning 200 free and 100 back titles twice each and claiming a title in the 100 fly ... helped team to 2008 Oregon Class 6A state title ... seven-time All-America selection ... holds Oregon state high school records in 100 fly and 200 free ... eight-time All-State selection ... twice named district MVP ... set school records in 100 free, 200 free, 100 fly and 400 free relay ... member of National Honor Society.

Personal: Brett Emerson Nagle is the son of Kevin and Ann Nagle...was born April 27, 1990 in Portland, Ore. ...stands 6-0 tall...communication studies major...had a twin sister and an older brother.



DAN O'CONNOR
Distance Free
Junior, 5-11
Syracuse, N.Y.
Westhill

Career Best Times: 1:41.66 in 200-yard freestyle; 4:23.62 in 500-yard freestyle; 9:11.66 in 1000-yard freestyle; 14:56.93 in 1650-yard freestyle; 3:56.33 in 400-yard individual medley.

Long Course Highlights: Captured third place in the five-kilometer event at the 2012 U.S. Open Water Championships...at 2012 USS Championships he placed 14th in the 1500-meter freestyle in 15:58.17...notched 11th place in the 1500-meter freestyle at the US Open in 15:34.62...took 13th place in the 2011 10-kilometer U.S. Open Water National Championships...placed 16th in the 2011 ConocoPhillips National Championships in the 1500-meter freestyle...went 15:35.05 in the event, over 25 seconds faster than his previous career best time of 16:00.71.

2012-13: Winner of 2012 Pier 2 Pier Open Water Championship in Wrightsville Beach, N.C., completing the 1.7-mile course in 30 minutes, 22 seconds.

2011-12: Had excellent dual meet season, winning 1000 free events against ECU, Georgia Tech, Maryland, Clemson and Duke...placed first in the 1650 freestyle in the dual meet against Virginia Tech in a VT pool record time of 15:49.08...placed in three events at the 2011 Nike Cup Championships...notched third place in the 1650 free (15:28.15) and sixth in the 500 free (4:30.67)...placed second at Pier 2 Pier Open Water Swimming Championship in Wrightsville Beach, N.C., finishing the 1.7-mile course in 33 minutes, 12 seconds.



2010-11: ACC Freshman of the Year... an honorable mention All-America selection... shared the Jamerson Memorial Award as the team's most improved swimmer with Tom Luchsinger...won the 500-yard freestyle in the dual meet versus Duke in an NCAA "B" standard time and career best 4:23.62...won College Cup Invitational title in 1650-yard freestyle in an NCAA "B" standard of 15:05.98...won the Counsilman Hunsaker National Swimmer of the Week Award on February 8, 2011 after his performance in the 2011 College Cup Invitational...named the ACC Swimmer of the Week on February 8, 2011...placed 13th in the 1650-yard freestyle at the NCAA Championships in a time of 14:56.93, more than nine seconds faster than his previous career best...had a career best 9:03.32 split in the 1000 of that race...as a freshman set Duke pool records in 1000 free (9:06.26) and 1650 free (15:05.98).

Prep: Graduated from Westhill High School in Syracuse, N.Y. on June 26, 2010...began swimming at age nine...competed for Syracuse

20 Questions With Junior Dan O'Connor
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is that it's a great program and I trust it.
2. My favorite thing about competing for Coach DeSelm is that he truly cares about all his swimmers
3. Since last year the aspect of my training I've worked on the most is pacing myself.
4. My best friend on another college swimming team is Ben Seketa at Bucknell University.
5. My greatest strength as a swimmer is my confidence and determination.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time hanging out with friends, sleeping eating, going on walks and bike rides.
2. The best movie I've seen recently is The Hunger Games.
3. If I could compete in another sport at UNC it would be baseball.
4. The music act I'd most like to see in person is Mariah Carey.
5. The personal interest I have that might surprise my teammates is that I can play the piano.

Section #3: Food & Beverage

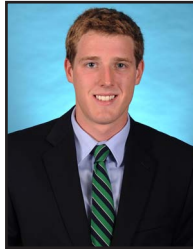
1. After a big meet, I'd like to eat a buffet spread at that included pasta and avocados.
2. My favorite beverage is water.
3. My favorite food made by a relative is my Grandma's spaghetti.
4. My favorite place to eat in Chapel Hill is Sweet Frog.
5. My favorite guilty pleasure food wise is Chicken Wings.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Ancient Egypt.
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Mariah Carey.
4. My dream job is to be a famous actor.
5. The most interesting person I've met at UNC is Kelsey Cummings.

Chargers club team...also played basketball, baseball and soccer...as a club swimmer he was a member of 2009 National Select Camp...2012 Olympic Trials qualifier in the 400 IM and 1500-meter free...2008 Northeast Speedo Champions Series long course high point champion...four-time high school All-America...at state championships, he took second place in 500 free and third in 200 IM as a junior and third in 500 free and 200 IM as a sophomore...Spanish National Honor Society member.

Personal: Given name is Daniel James O'Connor...son of Don and Susan O'Connor...was born February 12, 1992 in Syracuse, N.Y. ...has two brothers...stands 5-11 tall...exercise and sports science major...had his personal best GPA in spring semester 2012.



PATRICK O'DONOVAN
Back, Free
Senior, 6-3
Auburn, N.Y.
Auburn

Career Best Times: 21.00 in 50-yard freestyle; 46.89 in 100-yard freestyle; 49.68 in 100-yard backstroke; 1:50.43 in 200-yard backstroke.

2011-12: A third-year letterman who earned ACC Academic Honor Roll accolades for the second time in his career.

2010-11: Earned second varsity letter as one of the team's most reliable backstrokers.

2009-10: Won the 100 backstroke in his first collegiate meet against East Carolina...placed third in the 100 back (50.53) and fourth in the 200 back at the 2010 Triangle College Cup...named to 2009-10 ACC Academic Honor Roll...spring 2010 Dean's List selection.

Prep: Graduated from Auburn High School on June 26, 2009...a four-year member of the Auburn High School swimming team...captained the Section III championship team his senior year...New York high school 100-yard backstroke champion his senior year...New York State Section III record holder in the 100-yard backstroke...a National Honor Society Member

Personal: Full name is Patrick James O'Donovan...the son of Kathleen and James O'Donovan...was born February 2, 1991 in Auburn, N.Y. ...has one sister...journalism and mass communications major...stands 6-3 tall.

20 Questions With Senior Patrick O'Donovan

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is competing for a great university alongside my best friends.
2. My favorite thing about competing for Coach DeSelm is his humor on and off the pool deck
3. Since last year the aspect of my training I've worked on the most is recovering.
4. My best friend on another college swimming is Jake Sangren, Cornell.
5. My greatest strength as a swimmer is being optimistic.

Section #2: Hobbies & Interests

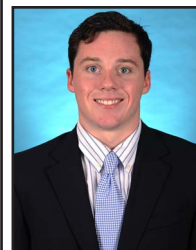
1. Away from the pool and academic pursuits I like to spend time with friends.
2. The best movie I've seen recently is Drive.
3. If I could compete in another sport at UNC it would be lax.
4. The music act I'd most like to see in person is Porter Robinson.
5. The personal interest I have that might surprise my teammates is dunking on Alex Gianino.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included the entire Taco Bell menu, and Oreos + milk.
2. My favorite beverage is sweet tea.
3. My favorite food made by a relative is Mom's taco dip.
4. My favorite place to eat in Chapel Hill is Sutton's.
5. My favorite guilty pleasure food wise is Oreos and milk.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go relive the past 3 years, especially the very beginning of freshman year, the UVA dual meet last year and 515 Merritt Mill Rd events.
2. My most prized personal possession is my iPhone.
3. If I could go to dinner with a famous person it would be alum Chandler Thomas.
4. My dream job is world traveling DJ/producer.
5. The most interesting person I've met at UNC is a tie between DJ Gooley (Sean Lane) and DOC.



DAVID SPEESE
Breast
Sophomore, 5-11
Doylestown, Pa.
LaSalle College

Career Best Times: 55.57 in the 100-yard breaststroke; 1:58.04 in the 200-yard breaststroke; 1:51.73 in the 200-yard individual medley; 1:41.51 in the 200-yard freestyle.

2011-12 (at University of Maryland): Tied for fourth place in the 200-yard breaststroke at the ACC Championships with a time of 1:58.04...also placed 12th in the 100-yard breaststroke at the ACC meet in a time of 55.57...leading freshman point scorer on Maryland team...

16 Questions Sophomore David Speese
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is school pride.
2. Since last year the aspect of my training I've worked on the most is core body strength.
3. My best friends on another college swimming team are the old University of Maryland Men's Swim team members.
4. My greatest strength as a swimmer is confidence.

Section #2: Hobbies & Interests

1. Away from the pool and academics I like to spend time meeting people, trying new things, playing sports, listening to music.
2. The best movie I've seen recently is Safe House.
3. If I could compete in another sport at UNC it would be badminton.
4. The music act I'd most like to see in person is Pepper.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included all breakfast foods.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is key lime pie.
4. My favorite place to eat in Chapel Hill is Krispy Kreme.
5. My favorite guilty pleasure food wise is Nutella.

Section #4: Personality

1. If I possessed the gift of time travel I would go to Rome and watch the gladiators.
2. If I could go to dinner with a famous person it would be Heath Ledger.
3. My dream job is an entrepreneur.

named to 2011-12 All-ACC Academic Swimming Team...swimming against Carolina in last year's dual meet for the Terrapins, he swept the 100-yard and 200-yard breaststroke events.

Prep: Graduated in 2011 from LaSalle College High School in Wyndmoor, Pa. ...swam all four years under head coach Frank Lichtner, specializing in the breaststroke and individual medley...also competed in track and field for two years, throwing the javelin...nine-time high school All-America selection...captain of LaSalle team as a senior...won a pair of state championships as a senior...individually he took the state crown in the 100-yard breaststroke and swam on a state champion 200-yard medley relay that also set the state record in the event...two-time Olympic Trials qualifier in the 100- and 200-meter breaststrokes...placed sixth in 2011 junior nationals in the breaststroke events...long course meters career best times are 1:04.60 in the 100 breast and 2:18.91 in 200 breast...National Honor Society member.

Personal: Full name is David Paul Speese...stands 5-11 tall...son of Paul and Barbara Speese...was born April 11, 1993 in Abington, Pa. ...the middle of three brothers in the Speese family...Andrew is a senior swimmer at University of Delaware...Bobby is a senior in high school at LaSalle...David's mother played basketball at Drew University...majoring in business administration.



J.T. STILLEY
 Mid-Distance Free
 (Junior, 6-1)
 Huntersville, N.C.
 North Mecklenburg

Career Best Times: 45.19 in 100-yard freestyle; 1:36.85 in 200-yard freestyle; 4:21.03 in 500-yard freestyle; 9:21.70 in 1000-yard freestyle; 15:21.84 in 1650-yard freestyle.

Long Course Highlights: 2012 U.S. Olympic Trials qualifier in the 200- and 400-meter freestyles...member of 2011 U.S. Swimming national champion 800-meter freestyle relay team...earned that gold medal at August 2011 U.S. Nationals...competes for SwimMAC...his second leg of the national champion relay was a 1:50.55...placed 23rd in 400-meter freestyle at 2011 U.S. Nationals in 3:55.89 (previous best time was 3:58.68).

2011-12: All-ACC Team member...placed third in the 500-yard freestyle at ACC Championships in a time of 4:22.69...was also ninth in the 200 freestyle (1:37.13) and 14th in the 1650 freestyle (15:36.78) at ACC meet...swam on 800 free relay team which placed second at league championships...named to All-ACC Academic Men's Swimming Team for the second straight year...honorable mention All-America selection as member of Carolina's 800-yard freestyle relay team...that relay team placed ninth at the NCAA Championships in a time of 6:25.70...also swam on Carolina's 200-yard medley relay which placed 15th at NAAs...had an excellent 2011 Nike Cup meet...won the title in the 500 free (4:23.13), second in the 1650 free (15:24.53), third in the 200 free (1:38.09) and 12th in the 100 free (46.23)...also swam on a Nike Cup champion 800 freestyle relay team.

2010-11: Named to ACC Academic Honor Roll...earned a spot on the All-ACC Academic Men's Swimming Team...placed fifth in the 500 freestyle in 4:22.81 and seventh in the 200 freestyle in 1:36.85 at the 2011 ACC Championships...also placed 21st in the 100 free in 45.30 and swam on 800 free relay team which earned conference runners-up honors...one of nine national finalists for 2010-11 Male Breakout Swimmer of the Year Award.

Prep: Graduated from North Mecklenburg High School on June 15, 2010...swam for his high school from 2007-10 and for his club team beginning in 2001...was coached at NMHS by Tim Queen...his club coaches included Thad Schultz, Chris Webb and David Marsh...was captain of high school team as a senior...that year he placed second in the North Carolina 4A state meet in the 200 and 500 freestyles...finished third in both events his junior year...as a senior was named the I-MECK Conference swimmer of the year...paced North Mecklenburg to the 2009 NC 4A title and to conference titles each of his four years...as a club swimmer he was named a three-year Scholastic All-America...2009 Junior National Team member...the 2010 Southeastern Sectionals champion in the 200 freestyle...his club team won the men's junior national title in 2009...

was a member of an 800-meter free relay team which won junior national title in 2009...swam on 800-yard free relay unit which established a national age group record...A/B honor roll student all four years.

Personal: John Thomas Stilley is the son of John and Stacy Stilley...is referred to as J.T. ... was born June 3, 1991 in Huntersville, N.C. ... has an older sister and two younger brothers... stands 6-1 tall... economics major.

20 Questions With Junior J.T. Stilley
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of a great team.
2. My favorite thing about competing for Coach DeSelm is his dedication towards helping the team improve.
3. Since last year the aspect of my training I've worked on the most is turns.
4. My best friend on another college swimming team is Jake Matysek of NC State.
5. My greatest strength as a swimmer is my kicking.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time hanging out, playing other sports.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Eminem.
5. The personal interest I have that might surprise my teammates is playing golf.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included steak, mashed potatoes, mac and cheese, and garlic bread.
2. My favorite beverage is Dr. Pepper.
3. My favorite food made by a relative is my Mom's tacos.
4. My favorite place to eat in Chapel Hill is Qdoba.
5. My favorite guilty pleasure food wise is ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to when I was a kid and didn't have to worry about anything.
2. My most prized personal possession is my car.
3. If I could go to dinner with a famous person it would be Will Ferrell.
4. My dream job is being a professional athlete.
5. The most interesting person I've met at UNC is Dan O'Connor.





JAKE STRINGFIELD
Breast, Free
Junior, 6-0
Waynesville, N.C.
Tuscola

Previous College Experience: Did not compete in swimming for past two years...spent two semesters living in Patagonia and two semesters going to school in Los Angeles...resurrected swimming career by joining Rose Bowl Aquatics in Pasadena, Calif. ...worked for Millennium Films while living in L.A.

Prep: Graduated from Tuscola High School in Waynesville, N.C.

Personal: Full name is John Evans Stringfield...goes by Jake...stands 6-0 tall...son of John and Judith Stringfield...was born July 17, 1991 in Waynesville, N.C. ...majors in economics.

13 Questions With Junior Jake Stringfield
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the competition.
2. Since last year the aspect of my training I've worked on the most is returning to a high level of swimming-related fitness
3. My best friends on another college swimming team are Bo Mattix at MIT and Micky Mowry at UC Santa Barbara.
4. My greatest strengths as a swimmer are giving my best in practice and having a nerdy interest in the sport.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time making music and making my friends laugh.
2. The best movie I've seen recently is Drive.
3. The music act I'd most like to see in person is The National.
4. The personal interest I have that might surprise my teammates is producing electronic music.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included a chance to feel dignified afterwards.
2. My favorite beverage is Chocolate Milk.
3. My favorite food made by a relative is Paella.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to, you know, I just don't think that could ever be a good idea.
2. My dream job is something that demands rigorous creativity and has a meaningful impact.



SEAN SULLIVAN
Sprint Free
Freshman, 6-2
Alexandria, Va.
Gonzaga College

Career Best Times: 20.58 in 50-yard freestyle; 45.23 in 100-yard freestyle.

Prep: A 2012 graduate of Gonzaga College High School in Washington, D.C. ...freestyle sprinter on the swimming team there, specializing in the 50 and 100 freestyles...improved on all of his sprint freestyle times (50y, 100y, 50m) between his junior and senior years...played baseball his freshman and sophomore years as a shortstop...high school All-America selection in the 50 and 100 freestyles...holds Gonzaga College High School records in both of those events...National Catholic Championships most valuable swimmer...first-team All-Met selection...swam for Curl-Burke Swim Team...member of a junior national championship 200 free relay team with Curl-Burke...named Gon-

17 Questions With Freshman Sean Sullivan
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being able to positively represent UNC on a larger scale.
2. Since last year the aspect of my training I've worked on the most is my flip turn.
3. My best friend on another college diving team is Cyrus Hashemi on UNCW.
4. My greatest strength as a swimmer is my overly competitive attitude.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time playing basketball and other land sports.
2. The best movie I've seen recently is Boogie Nights
3. If I could compete in another sport at UNC it would be baseball.
4. The music act I'd most like to see in person is Danny Brown.
5. The personal interest I have that might surprise my teammates is that I have seen every episode of Desperate housewives.

Section #3: Food & Beverage

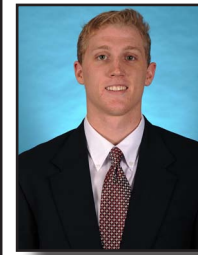
1. After a big meet, I'd like to eat at a buffet spread that included pizza and Frank's Red Hot.
2. My favorite beverage is water.
3. My favorite food made by a relative is banana pudding made by my dad's burgers.
4. My favorite guilty pleasure food wise is Reese's Fastbreaks.

Section #4: Personality

1. My most prized personal possession is my 2006 Virginia State baseball championship trophy.
2. If I could go to dinner with a famous person it would be Kevin Durant.
3. My dream job is to work for an investment bank on Wall Street.
4. The most interesting person I've met at UNC is Tyler Hansborough.

zaga's most valuable swimmer...has career best long course time of 23.76 in the 50-meter freestyle...co-founder of Gonzaga Thanksgiving Classic 5k walk and 10k run benefitting the Father McKenna Center, a soup kitchen affiliated with Gonzaga, that raised more than \$30,000...winner of the Father McKenna team award three years in a row.

Personal: Full name is Sean Michael Sullivan...stands 6-2 tall...son of Delia and Dolan Sullivan...was born February 16, 1994 in Alexandria, Va. ...his brother Patrick swam at University of Virginia...has not yet declared a major.



GRAHAM WILLIAMS
Distance Free
Sophomore, 6-3
Hickory, N.C.
Hickory

Career Best Times: 1:41.45 in 200-yard freestyle; 4:30.79 in 500-yard freestyle; 9:12.73 in 1000-yard freestyle; 15:23.02 in 1650-yard freestyle.

2011-12: Had an excellent performance at the Virginia Tech Invitational...placed third in the 1650-yard freestyle in 15:50.38 and captured

15 Questions With Sophomore Graham Williams
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer/diver is being able represent the best University in the world.
2. My favorite thing about competing for Coach DeSelm is his commitment to each and every athlete.
3. Since last year the aspect of my training I've worked on the most is developing a kick in my freestyle.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time eating, sleeping, and watching sports.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be basketball.
4. The music act I'd most like to see in person is Bon Iver.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that was anything Chinese or Mexican.
2. My favorite beverage is Fierce Grape Gatorade.
3. My favorite food made by a relative is mashed potatoes.
4. My favorite place to eat in Chapel Hill is Sutton's.
5. My favorite guilty pleasure food wise is ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1920s.
2. My most prized personal possession is my laptop.
3. The most interesting person I've met at UNC is Sean Lane.

fifth place in the 500-yard freestyle in 4:37.89... at the 2011 Nike Cup Championships, he placed 13th in the 1650-yard freestyle and was on an 800-yard freestyle relay team that placed 10th...also took 23rd place in the 500-yard freestyle.

Prep: A 2011 alumnus of Hickory High School...swam for Hickory High School from 2008-11...swam for YMCA Seahorse Swim Team (YSST) from 2005-11...North Carolina All-Star selection for four straight years from 2008-11...North Carolina high school state champion in 200 and 500 freestyles both his junior and senior years...high school most valuable swimmer his junior season...the North Carolina state record holder in the 15-16 age group in both the 1000-yard and 1650-yard freestyles...won the YMCA national championship in the 1500-meter freestyle in 2010.

Personal: Graham Evan Williams is the son of Kevin and Ann Williams...was born June 3, 1993 in Hickory, N.C. ...exercise and sports science major...stands 6-3 tall.



KURT WOHLRAB
Breast, Fly
Freshman, 5-9
Pinehurst, N.C.
Pinecrest

Career Best Times: 55.63 in 100-yard breaststroke; 2:02.16 in 200-yard breaststroke; 49.75 in 100-yard butterfly.

Prep: Graduated in 2012 from Pinecrest High School...four-year swimming letterman there, specializing in the 200 breaststroke and 100 butterfly...also played wide receiver on the football team for three years...earned high school All-America honors in both his junior (100 breaststroke) and senior (100 breaststroke, 100 butterfly) years...captain of Pinecrest team as a junior and senior...competed in club swimming for Sandhills Sandsharks...was his club team captain for three years...named 2012 North Carolina 4A high school Most Valuable Swimmer...fastest long course times are 1:05.34 in 100 breast, 2:23.46 in 200 breast and 58.09 in 100 butterfly...National Honor Society member...AP Scholar.

Personal: Full name is Kurt Patrick Wohlrab, Jr. ...stands 5-9 tall...son of Kurt and Julie Wohlrab...was born January 20, 1994 in Las Vegas, Nevada...his father played football at both Air Force Academy and UNLV...exercise and sports science major.

19 Questions With Freshman Kurt Wohlrab
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of a competitive team.
2. My favorite thing about competing for Coach DeSelm is the chance to become a better swimmer.
3. Since last year the aspect of my training I've worked on the most is the 200 breaststroke.
4. My best friend on another college swimming/diving team is Kacy Johnson, University of Hawaii.
5. My greatest strength as a swimmer/diver is I despise losing.

Section #2: Hobbies & Interests

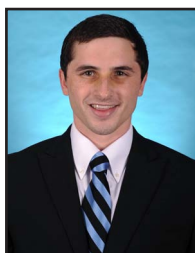
1. Away from the pool and academic pursuits I like to spend time doing anything active.
2. The best movies I've seen recently Friday Night Lights.
3. If I could compete in another sport at UNC it would be basketball or football.
4. The music act I'd most like to see in person is Tupac and Biggie.
5. The personal interest I have that might surprise my teammates is Justin Bieber.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included burgers, hot dogs, wings, ice cream, soda.
2. My favorite beverage is Mountain Dew.
3. My favorite food made by a relative is Mom's enchiladas.
4. My favorite place to eat in Chapel Hill is Krispy Kreme.
5. My favorite guilty pleasure food wise is anything sweet.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to when I lived in Hawaii.
2. My most prized possession is my phone.
3. If I could go to dinner with a famous person it would be Jessica Alba.
4. My dream job is playing in the NFL.



BRYANT WOOTEN
Diving
Senior, 5-8
Cary, N.C.
Green Hope

Career Best Scores: 278.40 in 1-meter diving; 307.55 in 3-meter diving; 215.70 in platform diving.

2011-12: Named to 2011-12 ACC Academic Honor Roll.

2010-11: Named to ACC Academic Honor Roll...tapped for spring 2011 semester Dean's List...named by College Swimming Coaches Association of America honorable mention Men's Scholar All-America Team.

2009-10: Was named to the fall 2009 Dean's List...named to the 2009-10 ACC Academic Honor Roll.

Prep: Graduated on June 12, 2009 from Green Hope High School in Cary, N.C. ...a four-year diving letterman in high school where he specialized in one-meter springboard diving...

18 Questions With Senior Bryant Wooten
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being surrounded by both hard-working and fun individuals.
2. My favorite thing about competing for Coach Johansen is her level of expertise and specificity while coaching.
3. Since last year the aspect of my training I've worked on the most is mental strength and confidence.
4. My greatest strength as a diver is my willingness to succeed.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my friends, going to the beach and relaxing.
2. The best movie I've seen recently is Goodwill Hunting.
3. If I could compete in another sport at UNC it would probably be soccer.
4. The music act I'd most like to see in person is Goo Goo Dolls.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included anything Italian.
2. My favorite beverage is sweet tea.
3. My favorite food made by a relative is anything made by my grandmother.
4. My favorite place to eat in Chapel Hill is Sakura.
5. My favorite guilty pleasure food wise is chocolate chip cookies.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to ancient Greece.
2. My most prized personal possession is my Bible.
3. If I could go to dinner with a famous person it would be Will Ferrell.
4. My dream job is being a Dentist.
5. The most interesting person I've met at UNC is David Solarz.

dove for two years with the Tar Heel Diving Club where he focused on both the one-meter and three-meter springboard events...was a three-time conference and regional champion... finished fifth at the North Carolina state meet during his junior and senior seasons... was the team captain his senior year.

Personal: Full name is Bryant Hampton Wooten...the son of Chip and Melody Wooten...was born March 28, 1991 in Raleigh, N.C. ...has one brother...biology major...an Eagle Scout... member of pre-dental society...stands 5-8... participates in Carolina Leadership Academy's Rising Stars Program...Carolina Outreach member.





NIKKI BARCZAK
Sprint Free, Fly
Sophomore, 5-8
Beverly Hills, Mich.
Farmington Hills Mercy

Career Best Times: 23.04 in 50-yard freestyle; 49.56 in 100-yard freestyle; 55.21 in 100-yard butterfly.

2011-12: Member of scoring team at ACC Championships...swam on Carolina relays that finished second in the 200 medley relay, third in the 400 free relay and fourth in the 200 free relay...she took 16th place in both the 50 free and the 100 free...an outstanding swimmer for UNC during the dual meet season...won four events in the win at Virginia Tech and two

20 Questions With Sophomore Nikki Barczak
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer/diver is getting to wear Carolina blue everywhere.
2. My favorite thing about competing for Coach DeSelm is how honest he can be.
3. Since last year the aspect of my training I've worked on the most is kicking and pulling more efficiently.
4. My best friend on another college swimming/diving team is Allison Vogler at Case Western Reserve.
5. My greatest strength as a swimmer is my desire to win.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time keeping up with all my television shows.
2. The best movie I've seen recently is The Lucky One.
3. If I could compete in another sport at UNC it would be beach volleyball (if we have a beach volleyball team?).
4. The music act I'd most like to see in person is Adele...duh.
5. The personal interest I have that might surprise my teammates is that I played saxophone in middle school.

Section #2: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included cheese, potatoes and steak.
2. My favorite beverage is water.
3. My favorite food made by a relative is Grandma's borscht.
4. My favorite place to eat in Chapel Hill is Top of the Hill or McAlister's.
5. My favorite guilty pleasure food wise is ice cream and cheese wontons (not together).

Section #3: Personality

1. If I possessed the gift of time travel I'd like to go to Hollywood in the 1920s.
2. My most prized personal possession is my Kairos cross.
3. If I could go to dinner with a famous person it would be Adele.
4. My dream job is designing menus for Disney World.
5. The most interesting person I've met at UNC is Dan O'Connor.

against Georgia Tech...also had single event victories in meets against ECU, Clemson, Virginia and Duke...at the 2011 Nike Cup, she won the title in the 100-yard freestyle (50.25) and was on relay teams which took first places in the 200 free relay, 400 medley relay, 200 medley relay and 400 free relay...she captured third place in the 50-yard freestyle (23.47) and 15th place in the 100-yard butterfly (57.16).

Prep: Graduated in 2011 from Mercy High School in Farmington Hills, Mich. ...competed in varsity swimming for four years there, primarily in the 50, 100 and 200 freestyles and 100 fly...captain of team as a senior...swam on teams which won four state high school championships...individually she won four state titles...a two-time individual YMCA national champion...two-time 200-yard freestyle relay YMCA national champion participant...named to the Michigan Dream Team in the 100 free and on 200 and 400 free relay units...Academic All-America honoree...earned honor roll status during eight semesters...Junior Classical League treasurer...Pro-Life Club member.

Personal: Nicole Elizabeth Barczak is the daughter of Mike and Sue Barczak...was born June 22, 1993 in Birmingham, Mich. ...exercise and sports science major...stands 5-8 tall...has an older brother who graduated from Denison University last year and was a member of the swimming team there...he helped lead Denison to a pair of NCAA Division III championships...family used to live in Arizona...in Michigan, she currently resides in a Robin Hood themed neighborhood called Nottingham Forest...she used to attend a sailing camp, Camp Seafarer, in Arapahoe every summer and says that is when she knew she wanted to go to school at UNC.



CARI BLALOCK
IM, Fly
Junior, 5-5
Wilmington, N.C.
New Hanover

Career Best Times: 53.77 in 100-yard butterfly; 1:56.06 in 200-yard butterfly; 1:57.87 in 200-yard individual medley; 4:09.01 in 400-yard individual medley.

2011-12: Had a spectacular season...named to 2012 All-ACC Team...2012 NCAA honorable mention All-America in the 400 IM and as a member of Carolina's 800-yard freestyle relay team...at the ACC Championships she was third in the 200 IM in 1:57.87...also notched a third place finish in the 400 IM with a clocking of 4:11.40...grabbed a runner-up finish as she went 1:56.36 to claim second in the 200 butterfly...she had gone a University record time of 1:56.06 in the preliminaries of the event...swam on a fast 800 free relay team which captured second place in the league meet with a time of 7:08.41...placed 24th in the 2012 U.S. Olympic Trials in the 200-meter individual medley with a time of 2:16.96...won a pair of events in the dual meet win over Duke and won the 400 IM as Carolina downed NC State...excelled at the 2011 Nike Cup...placed second in three individual events — 200 IM (2:00.42), 400 IM (4:12.40)

and 100 butterfly (54.37)...also took third place in the 200 fly at Nike Cup with a 1:58.28 and swam on 400 medley relay team which took runner-up honors.

2010-11 (at LSU): An All-SEC Freshman Team performer who proved to be one of the top newcomers in the league...LSU record holder in 400 individual medley and as member of 800 freestyle relay team...2011 NCAA qualifier and 2011 All-SEC Freshman Team honoree...one of two LSU freshmen to qualify for the NCAA

20 Questions With Junior Cari Blalock
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being a part of this amazing university and constantly being surrounded by people who will support you through anything and that all want an ACC ring!
2. My favorite thing about competing for Coach DeSelm is getting to see his personality shine at swim meets and being able to perform well under any circumstances with him as our leader.
3. Since last year the aspect of my training I've worked on the most is my stroke endurance. It got much better with my increase in yardage this year.
4. My best friend on another college swimming team is Rachel Naurath at UVA.
5. My greatest strength as a swimmer is being able to push myself to my max mentally and physically in practice and motivating my teammates.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to sit on the beach, read some, and hang out with my friends.
2. The best movies I've seen recently are still Harry Potter 7(both parts) and maybe 21 Jump Street.
3. If I could compete in another sport at UNC it would be beach volleyball...if that existed.
4. The music acts I'd most like to see in person are Mumford & Sons or Jimmy Buffet.
5. The personal interest I have that might surprise my teammates is I love veggies and experimenting with cooking with my mom.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included seafood, chicken, mashed potatoes, chicken, pasta...and ice cream.
2. My favorite beverages is Bojangles sweet tea.
3. My favorite food made by a relative is Daddy's and Poppa's Ribs.
4. My favorite places to eat in Chapel Hill is Yopo and Mediterranean Deli.
5. My favorite guilty pleasure food wise is movie popcorn and chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 60s and see a Beatles concert.
2. My most prized personal possession is my polar bear Fuzzy I got from my aunt when I was four and a gold chain cross necklace that was my grandma's.
3. If I could go to dinner with a famous person it would be Liza Minnelli.
4. My dream job is an elementary school teacher.
5. The most interesting person I've met at UNC is Kelsey Cummings (Chelsea).

Championships and break program records at SEC Championships ... held the team's fastest time in the 400 IM and ranked second in the 200 fly and 200 IM ... tied for 24th in the 200 butterfly at NCAA meet (1:57.64), placed 30th in the 200 IM (1:59.42) and finished 31st in the 400 IM (4:15.62) ... emerged as the top freshman finisher in the SEC in the 200 fly, registering fourth place with the second-fastest mark all-time at LSU, a clocking of 1:57.30 ... qualified for the 'A' final of the 200 IM with a 1:58.79 clocking, second best time in program history ... also shattered a 14-year-old school record in the 400 IM to take 13th spot (4:12.46)...swam the third leg on the program record-breaking 800 free relay (7:12.73) ... won the 400 IM at the Cougar Classic Invitational (4:17.19) and claimed runner-up honors in the 200 fly (1:59.44) ... also recorded sixth in the 100 fly and ninth in the 200 IM at the Cougar Classic ... captured first-place in the 100 fly at the Florida International Invite ... raced to runner-up honors in the 400 IM in wins over Florida State, Houston, Rice and Tulane ... delivered second place in the 100 back in a victory over Tulane and second in the 200 IM at the Florida Atlantic Invite ... also took second in the 200 fly against Incarnate Word...won LSU's top newcomer award.

Prep: A two-time North Carolina state champion... a member of the CollegeSwimming.com Top 100 recruits of 2010 ... won state titles in the 100 butterfly in both 2008 and 2010 ... a 2008 U.S. Olympic Trials and 2009 World Championships Trials qualifier ... served as captain of her swim team two years and was part of four conference runner-up squads ...a U.S. Swimming Scholastic All-America every year from 2007-10 ... coached by Brian Benfer...attended National Select Camp in 2006...Southeastern Senior Sectional 100-yard butterfly champion in 2009...four-time all-conference selection at NHHS...All-Area Wilmington Star-News swimmer of the year from 2007-10...North Carolina state high school record holder in 100 fly at 53.79...member of Beta Club...National Honor Society selection...participated in First Friday Dinners program providing meals for the homeless through the Church of the Servant...North Carolina Swimming junior and senior representative.

Personal: Full name is Carolyn Ruth Blalock ... goes by Cari ... born June 4, 1992, in Wilmington, N.C. ... parents are Chip and LeeAnn Blalock ... has one older sister... exercise and sports science major...stands 5-5 tall.



REBECCA BROOKS
Back, IM
Senior, 6-1
Rochester, Hills, Mich.
Rochester Adams

Career Best Times: 54.71 in 100-yard backstroke; 1:55.70 in 200-yard backstroke; 1:59.35 in 200-yard individual medley; 24.09 in 50-yard freestyle; 51.75 in 100-yard freestyle; 1:51.18 in 200-yard freestyle.
2011-12: At 2011 ACC Championships, she finished 15th in the 200 IM (2:02.08), was 13th

19 Questions With Senior Rebecca Brooks
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being a part of an amazing tradition and the people I'm around everyday.
2. My favorite thing about competing for Coach DeSelm is his quirky sense of humor.
3. Since last year the aspect of my training I've worked on the most is everything.
4. My best friend on another college swimming team is Eva Lehtonen at FGSU.
5. My greatest strength as a swimmer is my competitive drive.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time with friends, watching Friends.
2. The best movie I've seen recently is Hunger Games.
3. If I could compete in another sport at UNC it would be volleyball.
4. The music act I'd most like to see in person is The Goo Goo Dolls.
5. The personal interest I have that might surprise my teammates is that I love to do puzzles.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included lasagna and all kinds of Mexican food.
2. My favorite beverage is Cran-apple juice.
4. My favorite place to eat in Chapel Hill is Los Pos.
5. My favorite guilty pleasure food wise is nachos.

Section #4: Personality

1. If I possessed the gift of time travel I would go to the 1950s.
2. My most prized personal possession is my bed.
2. If I could go to dinner with a famous person it would be Will Smith.
3. My dream job is working for the FBI.
4. The most interesting person I've met at UNC is Professor Chip Snively.

in the 100 backstroke (55.32) and 11th in the 200 back (1:57.62)...named to 2011-12 ACC Academic Honor Roll...awarded with Dean's List accolades in spring semester 2012... named a 2012 College Swimming Coaches Association of America Scholar All-America honorable mention...won 200 backstroke in dual meet wins over ECU and Virginia Tech... had an excellent 2011 Nike Cup Championships...individually she was second in the 100 back (55.45), fourth in the 200 back (1:59.30), seventh in the 100 breast (55.45) and 11th in the 200 IM (2:03.17)...she also swam on five relays, including a 400 free relay and 400 medley relay which took second spots and an 800 free relay which copped third place.
2010-11: Named to Dean's List in both semesters of sophomore year...earned membership on ACC Academic Honor Roll...tapped for College Swimming Coaches Association of America Women's Scholar All-America honorable mention team...scored in three events at the 2011 ACC Championships...was fifth in the 200 back (1:56.23), ninth in the 200 IM (1:59.35) and 12th in the 100 back (54.92).
2009-10: Had three Top 12 finishes at the ACC Championships...took seventh place in the 200 back, eighth place in the 200 IM and 12th place

in the 100 back...won the 200 back in the dual meet versus Georgia Tech...named to 2009-10 ACC Academic Honor Roll...tapped for the spring 2010 Dean's List.

Prep: Graduated from Rochester Adams High School in June 2009...was a member of her high school swim team for two years...also excelled in club swimming...member of the Washington Township Recreation Sharks club team for two years and the Oakland Live Y'ers club team for two years...qualified for the 2008 Olympic Trials...Junior Nationals finalist... placed second in the 100-yard backstroke as a freshman at high school state championships while leading her team to a third-place finish... member of National Honor Society...attended Centerville High School in Centerville, Ohio before transferring to Rochester Adams.

Personal: Given name Rebecca Jane Brooks...born August 12, 1991 in Detroit, Mich. ...daughter of Dan and Sonya Brooks...has one brother...business administration major... her mother played basketball at SUNY Binghamton... a Rising Star in the Carolina Leadership Academy...stands 6-1 tall...family lived in Mexico for two years in 2000-01...her father attended graduate school at Lehigh University.



MADISON BURNS
IM, Breast
Freshman, 5-9
New Tripoli, Pa.
Northwestern Lehigh

Career Best Times: 1:02.47 in 100-yard breaststroke; 2:16.98 in 200-yard breaststroke; 2:00.48 in 200-yard individual medley; 4:14.82 in 400-yard individual medley.

Prep: Graduated from Northwestern Lehigh High School in New Tripoli, Pa. in 2012...competes for Parkland Area Aquatic Club...competed primarily for her club team but did swim one year in high school...2012 U.S. Olympic Trials qualifier in the 400 IM...team captain...state high school champion in the 200 IM (2:00.48) and 100 breaststroke (1:03) as a junior...state high school record holder in the 200 IM at 2:00.48

Personal: Full name is Madison Leigh Burns... stands 5-9 tall...daughter of Ken and Ramzy Burns...was born June 29, 1994 in Allentown, Pa. ...has a sister who is a sophomore at Muhlenberg where she competes in track... business administration major.



20 Questions With Freshman Madison Burns
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is Definitely being one great big family/team!
2. My favorite thing about competing for Coach DeSelm I want to compete and make them proud to be my coaches.
3. Since last year the aspect of my training I've worked on the most is the little things in practice (technique).
4. My best friend on another college swimming team is Erica Reifinger or Sydney Stinner.
5. My greatest strength as a swimmer is my perseverance.

Section #2: Hobbies/Interests

1. Away from the pool and academic pursuits I like to spend time with my friends (hanging out at houses or the mall).
2. The best movie I've seen recently is Never Back Down (not so recent though).
3. If I could compete in another sport at UNC it would be maybe basketball?
4. The music act I'd most like to see in person is Carrie Underwood (but I like a lot of different music).
5. The personal interest I have that might surprise my teammates is that I love to do makeup and nails!

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included chicken and salad.
2. My favorite beverage is Propel.
3. My favorite food made by a relative is Pepperoni bread.
4. My favorite place to eat in Chapel Hill is I haven't been there enough to decide.
5. My favorite guilty pleasure food wise is puppy chow.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Cayman Islands.
2. My most prized personal possession is my car (Volkswagen jetta).
3. If I could go to dinner with a famous person it would be I honestly don't know.
4. My dream job is to work in fashion.
5. The most interesting person I've met at UNC is Danielle Siverling because she is really kind and helpful.



RACHEL CANTY
Breast, IM
Freshman, 5-6
Burke, Va.
James W. Robinson Secondary

Career Best Times: 1:01.75 in 100-yard breaststroke; 2:14.41 in 200-yard breaststroke; 2:03.18 in 200-yard individual medley; 4:18.65 in 400-yard individual medley.

Prep: Attended James W. Robinson Secondary School in Fairfax, Va. ...excellent all-around athlete...swam for six years with Curl-Burke Swim Club as a 100-meter and 200-meter breaststroker...also swam four years in high school, specializing in the 100 breast and 200 IM...also played two years of high school

volleyball...a senior national qualifier with Curl-Burke...reached 2011 Junior National finals in both 100 breast and 200 breast, finishing sixth in both events...led high school team to state team championships in both 2009 and 2010...garnered 2011 high school All-America honors in both 100 breast and 200 IM...Robinson team captain as a senior...2011 scholastic high school All-America from USA Swimming...four-year Robinson High School honor roll student...2009-10 PVS Scholar-Athlete.

Personal: Full name is Rachel Nicole Canty...stands 5-6 tall...daughter of Jeremiah and Janine Canty...was born January 10, 1994 in Yuma, Ariz. ...her older sister, Christine, currently swims at Old Dominion University...undeclared major at UNC.

16 Questions With Freshman Rachel Canty
Section #1: Swimming & Diving

1. Since last year the aspect of my training I've worked on the most is my freestyle and fly anchors (high elbows!)
2. My best friend on another college swimming team is Kendall Hough (Liberty University).
3. My greatest strength as a swimmer is my back half of my races.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time eating and sleepings.
2. The best movie I've seen recently is The Avengers.
3. If I could compete in another sport at UNC it would be volleyball.
4. The music act I'd most like to see in person is Lady Gaga!
5. The personal interest I have that might surprise my teammates is ceramics and sculpting.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread at that included peanut butter.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is Dad's Jambalaya.
4. My favorite guilty pleasure food wise is Pop Tarts.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1920's.
2. My most prized personal possession is my fishies - Blackbeard, Elvis and Bruce.
3. If I could go to dinner with a famous person it would be Shia Labeouf.
4. My dream job is baking doctor in space.



KELLY CORISH
Diving
Sophomore, 5-9
Vienna, Va.
James Madison

Career Best Scores: 252.98 in 1-meter diving; 194.05 in platform diving; 273.30 in 3-meter diving.

2011-12: Had an outstanding freshman year for

UNC...placed fifth in platform diving at the 2011 Nike Cup Championships...named to 2011-12 ACC Academic Honor Roll...tapped for Dean's List in spring semester 2012.

Prep: A 2011 alumna of James Madison High School in Vienna, Va. ...member of varsity swimming and diving team there for four years...All-Stars participant 2002-11...All-Star diving champion in 2006 and 2010...won divisional diving championships in 2004, 2008, 2009 and 2010...won three-meter championship at Wally Martin Championships in 2010...was captain of high school team in 2011...district, regional and state champion on high school level in 2011...All-America recipient in 2011...four-year member of athletic honor roll...2011 U.S. Swimming Academic All-America...member of National Honor Society, Science Honor Society, English Honor Society and French Honor Society.

Personal: Kelly Anne Corish is the daughter of

20 Questions With Sophomore Kelly Corish
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being able to be around so many amazing people all the time.
2. My favorite thing about competing for Coach Johansen is getting the combination of awesome coaching and being able to have fun.
3. Since last year the aspect of my training I've worked on the most is platform.
4. My best friends on another college diving team are Katherine Van Winkle at USC and Laura Gartrell at UVA.
5. My greatest strength as a diver is my determination.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my family and friends or sleeping.
2. The best movie I've seen recently is The Hunger Games.
3. If I could compete in another sport at UNC it would be gymnastics.
4. The music act I'd most like to see in person is Zac Brown Band.
5. The personal interest I have that might surprise my teammates is I'm obsessed with the Bachelor and the Bachelorette.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included chocolate chip pancakes, fruit, scrambled eggs, and a chocolate milk shake.
2. My favorite beverage is coffee.
3. My favorite food made by a relative is Grandma Flo's cherry pie.
4. My favorite place to eat in Chapel Hill is Yopo.
5. My favorite guilty pleasure food wise is anything and everything chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Franklin Street every time UNC won the National Championship.
2. My most prized personal possessions is my Bible.
3. If I could go to dinner with a famous person it would be Jesus.
4. My dream job is being a mom!
5. The most interesting people I've met at UNC is Ryland Jones.

Joe and Sandy Corish...was born August 26, 1993 in Fairfax, Va. ...communication studies major...her aunt competed in diving at UNC from 1986-90...stands 5-9 tall...participates in Carolina Outreach community service programs.



LAUREN EARP
Breast, Free
Freshman, 6-0
Etobicoke, Ontario
Martingrove Collegiate Institute

Career Best Times: 22.97 in 50-yard free-style; 49.08 in 100-yard freestyle; 1:45.51 in 200-yard freestyle; 4:46.85 in 500-yard freestyle; 1:01.87 in 100-yard breaststroke; 2:15.82 in 200-yard breaststroke.

Prep: Graduated from Martingrove Collegiate Institute in Toronto after previously attending Silverthorn Collegiate Institute...has had an incredible youth swimming career...medal winner at a host of youth competitions competing for Canada...medaled at 2009 North American

16 Questions With Freshman Lauren Earp
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is getting to be a part of such a great group of people and being able to proudly wear my favorite color – Carolina Blue!
2. My favorite thing about competing for Coach DeSelm is keeping the middle of my races strong.
3. Since last year the aspect of my training I've worked on the most is improving my third event.
4. My best friends on another college swimming team Sarah Doyle at UNC Wilmington.
5. My greatest strength as a swimmer is my competitive drive and spirit.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my friends and family.
2. The best movie I've seen recently is The Hunger Games.
3. If I could compete in another sport at UNC it would be basketball.
4. The personal interest I have that might surprise my teammates is I love to bake and play video games.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included steak and mashed potatoes.
2. My favorite beverage is Sprite, orange juice and water.
3. My favorite food made by a relative is my dad's homemade hamburgers.
4. My favorite place to eat in Chapel Hill is Sutton's.
5. My favorite guilty pleasure food wise is cookies.

Section #4: Personality

1. My most prized personal possession are my bronze medal from the 2010 Singapore Youth Olympic Games and Polly (a doll I have had since I was born).
2. My dream job is to own my own bakery.

Challenge Cup, 2009 Australian Youth/Junior Tour Team, 2010 Youth Olympic Games, 2010 Junior Pan Pac Championships and 2011 Junior World Championships...competed on multiple provincial tour teams...an honor roll student her freshman through senior years...career long course meters best times are 26.37 in 50 free, 56.25 in 100 free, 2:00.72 in 200 free, 4:17.10 in 400 free, 8:49.99 in 800 free, 1:11.12 in 100 breast and 2:36.12 in 200 breast.

Personal: Full name is Lauren Heather Earp...stands 5-11 all...daughter of Robert Earp and Susan Somers...was born June 29, 1994 in Mississauga, Ontario...has two brothers (Michael and Christopher) who both played football at University of Toronto...a talented musician, she plays both piano and saxophone...her father competed in track and mother was a figure skater...her aunt, Hilary Earp, is a tremendous athlete, attempting English Channel swims and running ultra-marathons...business administration major.



STEPHANIE EISENRING
Mid-Distance Free
Senior, 5-9
Pompano Beach, Fla.
Pine Crest School

Career Best Times: 23.18 in 50-yard free-style; 49.80 in 100-yard freestyle; 1:46.52 in 200-yard freestyle; 4:43.99 in 500-yard freestyle.

Long Course Highlights: Competed in back-to-back World University Games in the summers of 2009 and 2011 as a member of the team from Switzerland...the 2009 Games were held in Belgrade, Serbia and the 2011 Games in Shenzhen, China...placed 12th in the 200-meter freestyle and 12th in the 800-meter freestyle at the 2009 World University Games...she placed 21st in the 400-meter freestyle at the 2011 World University Games...also swam on the 800-meter freestyle relay for Switzerland.

2012-13: Co-captain of the squad with fellow senior Katie Nolan.

2011-12: Had an outstanding ACC Championships meet...took fifth place in the 200-yard freestyle in a time of 1:47.42...copped 10th placed in the 500-yard freestyle (4:46.82) and 12th place in the 100-yard freestyle (50.48)...swam the anchor leg on the 800-yard freestyle relay which placed second and the second leg on the 400-yard freestyle relay which notched third place...won the 200 free in dual meet win over Georgia Tech and the 1000 free in dual meet victory over Duke.

2010-11: 2011 NCAA Championships qualifier...scored in a trio of events at the 2011 ACC Championships...swam on UNC's 800-yard freestyle relay team which was the ACC runner-up squad...individually she was eighth in the 500 free at 4:48.08, ninth in the 100 free at 49.80 and 11th in the 200 free at 1:48.25 at the ACC Championships... member of the school record setting 800-yard freestyle relay team.

2009-10: At the 2010 ACC Championships, she placed 14th in the 200 free, 15th in the 500 free and 17th in the 100 free...was named to the 2009-10 ACC Academic Honor Roll.

20 Questions With Senior Stephanie Eisenring
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is having such a large family!
2. My favorite thing about competing for Coach DeSelm is seeing him jump around when you're swimming really fast.
3. Since last year the aspect of my training I've worked on the most is kicking.
4. My best friend on another college swimming team is Andrew Novakoff at Michigan.

5. My greatest strength as a swimmer is keeping myself and others motivated.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time relaxing and sleeping.
2. The best movie I've seen recently is 21 Jump Street.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Lil Wayne.
5. The personal interest I have that might surprise my teammates is playing Xbox.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included sushi and ice cream.
2. My favorite beverage is water.
3. My favorite food made by a relative is cheese fondue.
4. My favorite place to eat in Chapel Hill is Kurama.
5. My favorite guilty pleasure food wise is sushi.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1960s.
2. My most prized personal possession is my dad's gold chain.
3. If I could go to dinner with a famous person it would be Al Pacino.
4. My dream job is a tattoo artist.
5. The most interesting person I've met at UNC is Katie Nolan.

Prep: Graduated from the Pine Crest School on May 22, 2009... co-captain of her high school swim team as a senior... FHSAA state champion as a freshman, sophomore and junior in the 50, 100 and 200 freestyles and as a member of the 200 free relay ... holds Pine Crest School records in the 50, 100 and 200-yard freestyles and as a member of the 200 and 400 free relays ... Sun Sentinel and Miami Herald Female High School Swimmer of the Year in 2008 ... high school All-America all four years ... undefeated in high school dual meets while at Pine Crest ... first-team Sun Sentinel selection in 2009 ... All-Broward County selection by the Miami Herald in 2009 ... qualified for USA Swimming Nationals.

Personal: Name is Stephanie Katharina Eisenring ... daughter of Otto and Elisabeth Eisenring ... was born November 18, 1990, in Zurich, Switzerland... has three brothers... communication studies major...her parents, her older brother and herself were all born in Switzerland...her younger brothers were born in the United States.





KATIE FUREY
Sprint Free
Freshman, 5-10
Chapel Hill, N.C.
Carrboro

Career Best Times: 24.90 in 50-yard freestyle; 51.82 in 100-yard freestyle; 1:50.66 in 200-yard freestyle; 5:01.91 in 500-yard freestyle.

Prep: A 2012 graduate of Carrboro High School...swam there for four years as a 100, 200 and 500 freestyler...captain of team as a senior...four-year All-Conference selection...

Personal: Full name is Kaitlyn Marie Furey...stands 5-10 tall...daughter of Bert and Melina Furey...born May 24, 1994 in Chapel Hill, N.C. ...mother is from Finland...she and her mother both have dual U.S.-Finnish citizenship...undeclared major at UNC.

5 Questions With Freshman Katie Furey
Section #1: Swimming & Diving

1. Since last year the aspects of my training I've worked on the most are my speed and technique.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time hanging with friends and helping animals.

2. If I could compete in another sport at UNC it would be soccer.

3. The music act I'd most like to see in person is the Red Hot Chili Peppers.

Section #3: Personality

1. My dream job is working with tigers.



ANNIE GOESSLING
Breast, IM
Freshman, 5-9
St. Louis, Mo.
Mary Institute
St. Louis Country Day

Career Best Times: 24.05 in 50-yard freestyle; 1:04.83 in 100-yard breaststroke; 2:21.92 in 200-yard breaststroke; 2:04.74 in 200-yard individual medley.

Prep: Graduated in 2012 from Mary Institute and St. Louis Country Day School...has swum breaststroke since age seven...has also played field hockey and lacrosse...captained swimming team as a junior and senior...three-time state champion...Scholastic All-America in both 2010 and 2011...MICDS Scholar-Athlete...won multiple school award as a senior...won the 2012 Werremeyer Mathematics Award...Morse Family 12th grad award...athletic co-head...first honors all grading periods of high school...German Club member...won Washington and Lee book award...

Personal: Full name is Ann Bowen Goessling...stands 5-9 tall...daughter of John and Alisa Goessling...was born November 5, 1993 in St. Louis, Mo. ...comes from a family of var-

ied talents...her brother Christopher had played the violin since he was three years old...her dad's main hobby is bee keeping and he keeps his own honey...undeclared major at UNC.

20 Questions With Freshman Annie Goessling
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is the people!

2. My favorite thing about competing for Coach Deselm is the commitment he shows for his team!

3. Since last year the aspect of my training I've worked on the most is my dryland training!

4. My best friend on another college diving team is Allyson Shurmur.

5. My greatest strength as a diver is my start!

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time beading!!

2. The best movie I've seen recently is the Hunger Games.

3. If I could compete in another sport at UNC it would be lacrosse.

4. The music act I'd most like to see in person is the Nicki Minaj.

5. The personal interest I have that might surprise my teammates is photography.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included Chinese food.

2. My favorite beverage is Coke.

3. My favorite food made by a relative is my grandmother's chocolate chip cookies.

4. My favorite place to eat in Chapel Hill is Noodles & Company.

5. My favorite guilty pleasure food wise is fondue.

Section #4: Personality

1. If I possessed the gift of time travel I would go to Ancient Greece.

2. My most prized personal possession is my car.

3. If I could go to dinner with a famous person it would be Ryan Lochte.

4. My dream job is to be on the Today Show.

5. The most interesting person I've met in my time at UNC is Katie Nolan.



ALLY HARDESTY
Free
Freshman, 5-11
Knoxville, Tenn.
Bearden

Career Best Times: 23.88 in 50-yard freestyle; 50.40 in 100-yard freestyle; 1:48.28 in 200-yard freestyle.

Prep: Graduated in 2012 from Bearden High School...swam in high school for four years while also competing for Pilot Aquatic Club...captain of high school swimming team...won state championship in 200-yard freestyle...four-year All-America selection...two-time high school MVP...National Honor Society member...did community service projects that included service hours with movie meals, empty stocking fund and fantasy of trees.

Personal: Full name is Ally Ann Hardesty...stands 5-11 tall...daughter of Kile and Stephanie Hardesty...was born May 16, 1994 in Newport Beach, Calif. ...major in biology...her father played water polo at USC and her grandfather was a football player at Tennessee.

20 Questions With Freshman Ally Hardesty
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being part of a team

2. Since last year the aspect of my training I've worked on the most is mentally preparing myself.

3. My best friend on another college diving team is Chris Goodman.

4. My greatest strength as a diver is my drive to win.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time watching Netflix.

2. The best movie I've seen recently is Mean Girls.

3. If I could compete in another sport at UNC it would be soccer.

4. The music act I'd most like to see in person is the Red Hot Chili Peppers.

5. The personal interest I have that might surprise my teammates is that I love to shop, a lot.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included anything with sugar.

2. My favorite beverage is Coke-a-Cola.

3. My favorite food made by a relative is taco salad.

4. My favorite guilty pleasure food wise is Brownies.

Section #4: Personality

1. If I possessed the gift of time travel I would go to the 70s.

2. My most prized personal possession is my phone.

3. If I could go to dinner with a famous person it would be Channing Tatum.

4. My dream job is to be a physician assistant.

5. The most interesting person I've met in my time at UNC is John Paul Gaylor.



ANNIE HARRISON
Back, IM
Freshman, 5-10
Oakville, Ontario
Appleby College

Career Best Times: 4:46.90 in 500-yard freestyle; 54.65 in 100-yard backstroke; 1:55.08 in 200-yard backstroke; 2:01.91 in 200-yard individual medley; 4:14.47 in 400-yard individual medley.

Prep: Graduated in 2012 from Appleby College in Oakville, Ontario...swam there from 2008-13 as an individual medleyist and backstroker...varsity award recipient for swimming in 2012...member of Canadian Junior National Team...Canadian national age group record holder in 200-meter backstroke...career best long course times are 4:49.43 in 400-meter individual medley, 2:14.07 in 200-meter backstroke

and 4:18.00 in 400-meter freestyle...Ontario Scholar

Personal: Full name is Annie Melinda Harrison...stands 5-10 tall...was born July 15, 1994 in Oakville, Ontario...her mother was a 1984 Olympian in the 200-meter backstroke for Canada...undeclared major at UNC.

17 Questions With Freshman Annie Harrison
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is the amazing team!
2. My favorite thing about competing for Coach DeSelm is that he is dedicated to helping us achieve our goals.
3. Since last year the aspect of my training I've worked on the most is the back half of my races.
4. My best friend on another college diving team is Marni Oldershaw (Michigan University).
5. My greatest strength as a diver is how much I want to win.

Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time with my friends and family, reading and just hanging out.
2. The best movie I've seen recently is The Dark Knight Rises.
3. If I could compete in another sport at UNC it would be nothing...I am way to uncoordinated!
4. The music act I'd most like to see in person is the Mumford and Sons.
5. The personal interest I have that might surprise my teammates is that I love watching the medical shows on Discovery Health such as *Mystery Diagnosis*.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pasta, chocolate milk and lots of ice cream for dessert!
2. My favorite beverage is Root Beer.
3. My favorite food made by a relative is Roast Beef and Yorkshire Pudding.
4. My favorite place to eat in Chapel Hill is I'm not sure yet!
5. My favorite guilty pleasure food wise is Red Velvet Cupcakes.

Section #4: Personality

1. If I possessed the gift of time travel I would go to Victorian England.
2. If I could go to dinner with a famous person it would be JK Rowling.



Career Best Times: 55.70 in 100-yard butterfly; 2:01.19 in 200-yard butterfly.

Prep: Graduated in 2012 from Briar Woods High School...did her club swimming for Machine Aquatics...four-year high school swimming letter winner in the 100 fly, 200 fly, 200 medley relay, 400 free relay and 100 and 200 freestyles...an accomplished club swimmer for

four years competing in 100 and 200 fly events 200 free and 100 free...was a competitive gymnast and Virginia state champion prior to beginning her swimming exploits...team record holder for Machine Aquatics in the 100 and 200 fly events both short course and long course...swam on Machine Aquatics National Team squad...NCSA Junior National finalist in 200 and 100 fly events...high school swim team captain her junior and senior years...Dulles District Swimmer of the Year as a sophomore and junior...met All-America time standards in 100 fly in both 2009 and 2010...runner-up in 100 fly at Virginia state championships her sophomore and junior years...member of two state championship relay teams (400 free and 400 medley) in 2009...career best long course times are 1:03.04 in 100-meter fly and 2:18.6 in 200-meter fly...honor roll student all four years...Catholic education teacher...peer tutor...PVS Scholar Athlete 2010-11.

Personal: Full name is Allison Taylor Haufler...stands 5-3 tall...daughter of Kurt and Andrea Haufler...was born March 2, 1994 in Fairfax, Va. ...undeclared major at UNC.

16 Questions With Freshman Alli Haufler
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is the team chemistry and atmosphere.
2. My favorite thing about competing for Coach DeSelm is that he will make swimming as more of a team sport at dual meets.
3. My greatest strength as a swimmer is motivating others and stepping up when I need to.

Section #2: Hobbies & Interests

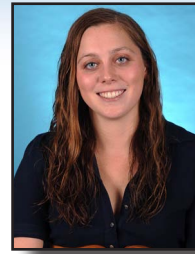
1. Away from the pool and academics, I like to spend time hanging out with friends and being in the sun.
2. The best movie I've seen recently is Bridesmaids.
3. If I could compete in another sport at UNC it would be lacrosse.
4. The music act I'd most like to see in person is the Hunter Hayes.
5. The personal interest I have that might surprise my teammates is I like to draw.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included steak, fruit and ice cream.
2. My favorite beverage is lemonade.
3. My favorite food made by a relative is apple pie.
4. My favorite guilty pleasure food wise is chocolate chip cookie dough ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I would go to my life 15 years from now.
2. My most prized personal possession is the necklace my mom gave me.
3. If I could go to dinner with a famous person it would be Angelina Jolie.
4. My dream job is to be an anesthesiologist.



Career Best Times: 4:52.71 in 500-yard freestyle; 54.74 in 100-yard butterfly; 1:58.17 in 200-yard butterfly.

2011-12: Was a member of UNC's ACC Championships Team in 2012, scoring in two events...placed fifth in the 200-yard butterfly in 1:58.93...was 16th in the 500-yard freestyle in a time of 4:56.91...won 200 fly in dual meet wins over Clemson and NC State...excelled at the 2011 Nike Cup Championships...won the 200-yard butterfly in the event with a time of 1:58.17...took ninth place in both the 500 free

20 Questions With Junior Meredith Hoover
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being a member of a team with such great history and potential.
2. My favorite thing about competing for Coach DeSelm is Rich's passion for this team, and his great pre-meet pump up speeches.
3. Since last year the aspect of my training I've worked on the most is becoming a speed demon.
4. My best friend on another college swimming team is Bailey Woodling at NCState.
5. My greatest strength as a swimmer is my endurance.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time crafting it up on pinterest.
2. The best movie I've seen recently is The Hunger Games.
3. If I could compete in another sport at UNC it would be baton twirling.
4. The music act I'd most like to see in person is Darius Rucker.
5. The personal interest I have that might surprise my teammates is anything related to Disney World.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included chocolate chip waffles, sausage, M&Ms and Yopo.
2. My favorite beverage is Cherry Lemon Sundrop.
3. My favorite food made by a relative is my mom's peach cobbler.
4. My favorite place to eat in Chapel Hill is Breadman's.
5. My favorite guilty pleasure food wise is Sour Patch Kids.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back to my freshman year.
2. My most prized personal possession is my bible.
3. If I could go to dinner with a famous person it would be Steve Harvey.
4. My dream job is eternal college student.
5. The most interesting person I've met at UNC is Dan O'Connor <333.

(4:55.52) and the 100 fly (55.21)...named to 2011-12 ACC Academic Honor Roll.

2010-11: Recorded a career best 1:58.93 in the 200-yard butterfly while winning that event in the dual meet versus Duke...took the championship in the 200-yard butterfly at the 2011 College Cup Invitational...named to College Swimming Coaches Association of America Women's Scholar All-America honorable mention team...tapped for 2010-11 ACC Academic Honor Roll...a spring 2011 Dean's List honoree.

Prep: Graduated on May 21, 2010 from Cannon School in Concord, N.C. ...swam in high school her freshman through junior years in the 100 fly and 100 back...competed for SwimMAC Carolina since 2006 in both backstrokes and both butterfly events...was coached at SwimMAC by Chris Webb and David Marsh...three-year All-Conference selection as a prepster... named Cannon's MVP three straight years... All-State selection in 2009...that year she won state championships in the 100 fly and 100 back...led Cannon to NCISAA 3A state titles her freshman through junior seasons...a Scholastic All-America choice three years in a row... president of Fellowship of Christian Athletes in 2009-10 when she was also tapped Cum Laude...four-year member of the French Honor Society.

Personal: Full name is Meredith Virginia Hoover...daughter of Chip and Ginny Hoover... was born September 13, 1992 in Concord, N.C. ...has one brother...stands 5-7 tall...undeclared major...her older brother, Trey, swam at the University of Texas...majors in romance languages.



DANIELLE JANSEN
Free, Fly, Breast
Junior, 5-9
Mason, Ohio
William Mason

Career Best Times: 23.24 in 50-yard freestyle; 50.33 in 100-yard freestyle; 1:48.52 in 200-yard freestyle; 1:01.91 in 100-yard breaststroke; 54.63 in 100-yard butterfly.

2011-12: Had three excellent finishes at the 2012 Virginia Tech Invitational...placed second in the 200 individual medley (2:06.18), third in the 100 butterfly (56.89) and fourth in the 100 freestyle (52.22)...won 100-yard freestyle in dual meet win over Duke...named to Dean's List both semesters...named to 2011-12 ACC Academic Honor Roll.

2010-11: 2011 ACC finalist in the 100-yard breaststroke...finished seventh in that event in 1:02.40...that time moved her into Carolina's all-time Top 10 list in the event...named to All-ACC Academic Women's Swimming Team... also placed in two other events at the ACC meet...was 12th in the 100 fly in 54.63 and 18th in the 100 free in 50.97...named to College Swimming Coaches Association of America Women's Scholar All-America squad...tapped for the 2010-11 ACC Academic Honor Roll... named to Dean's List in both semesters.

Prep: Graduated from William Mason High School in May 2010...swam four years in high

school there...did her club swimming for eight years with the Mason Mantarays...specialized in the 50 through 200 freestyles, the 100 and 200 butterfly events and the 200 IM...won the 2008 Ohio state high school championship in the 200 freestyle...a three-time state high school runner-up in the 100 free (2007-09)... was also the runner-up in the state meet in the 50 free in 2007 and in the 200 free in 2009... the Cincinnati Enquirer's 2008 Swimmer of the Year...a Cincinnati/Northern Kentucky Sportswoman of the Year finalist...15-time high school All-America selection...set 10 high school individual or relay records...2008 Greater Miami Conference Swimmer of the Meet...named high school MVP three times... led team to three league championships in a row...her team placed fourth in 2008 state meet and ninth in 2009...graduated with a 4.45

20 Questions With Junior Danielle Jansen
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the pride I feel when I wear UNC on my cap or suit.
2. My favorite thing about competing for Coach DeSelm is that he that he is a good listener and he is very understanding.
3. Since last year the aspect of my training I've worked on the most is getting my confidence back after having mono.
4. My best friend on another college swimming team is Cari Caprio at Tulane University.
5. My greatest strength as a swimmer is my perseverance.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my friends, baking, cooking, watching TV and movies, making crafts!
2. The best movie I've seen recently is The Lucky One.
3. If I could compete in another sport at UNC it would be gymnastics.
4. The music act I'd most like to see in person is Luke Bryan.
5. The personal interest I have that might surprise my teammates is I actually like to run on my own.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread at that included pasta with vodka sauce, garlic bread, Caesar salad.
2. My favorite beverage is sweet tea.
3. My favorite food made by a relative is homemade pizza by my sister, Leah!
4. My favorite place to eat in Chapel Hill is [B] Skis.
5. My favorite guilty pleasure food wise is cookie dough.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to when my parents were in college
2. My most prized personal possession is the crystal necklace that my best friends got me.
3. If I could go to dinner with a famous person it would be Lady Gaga
4. My dream job is to be an ESPN news reporter.
5. The most interesting person I've met at UNC is Sean Lane

GPA...2009 Scholastic All-America selection by U.S. Swimming.

Personal: Full name is Danielle Theresa Jansen...is the daughter of Bill and Carol Jansen... was born November 10, 1991 in Grand Rapids, Mich. ...has one brother and one sister... stands 5-9 tall...journalism and mass communication major...graduated from the Rising Stars program in the Carolina Leadership Academy... had an uncle who played tennis at University of Florida.



HANNAH LINCOLN
Sprint Free, Fly, Back
Freshman, 5-11
Raleigh, N.C.
Leesville Road

Career Best Times: 23.26 in 50-yard freestyle; 51.54 in 100-yard freestyle; 1:51.60 in 200-yard freestyle; 56.67 in 100-yard backstroke; 54.68 in 100-yard butterfly.

Prep: Graduated in 2012 from Leesville Road High School...competed for the Marlins of Raleigh as a club swimmer...swam for four years in high school, specializing in the 50-yard freestyle, 100-yard backstroke and 100-yard butter-

16 Questions With Freshman Hannah Lincoln
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is free chocolate milk after every practice.
2. Since last year the aspect of my training I've worked on the most is weights and strength training.
3. My greatest strength as a swimmer is my underwaters.

Section #2: Hobbies/Interests

1. Away from the pool and academic pursuits I like to spend time pencil drawing or watercolor painting.
2. The best movie I've seen recently is The Hammer.
3. If I could compete in another sport at UNC it would be diving.
4. The music act I'd most like to see in person is the original Sublime.
5. The personal interest I have that might surprise my teammates is my obsession with Spiderman, Star trek, and Lord of the Rings.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included chocolate milk, steak and potatoes.
2. My favorite beverage is chocolate milk and sweet tea.
3. My favorite food made by a relative is Polish sausage, potatoes and cabbage.
4. My favorite guilty pleasure food wise is Triple Chocolate Cheesecake.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the dinosaur ages.
2. My most prized personal possession is my collection of 300 board games.
3. If I could go to dinner with a famous person it would be Jesus.
4. My dream job is being a plastic surgeon.

fly...qualified for NCHSAA state championships her sophomore through senior years...in 2012, she won the state high school championship in both the 50 freestyle and the 100 butterfly...broke the all-classifications state record in the 100 fly and a 4A state record in the 50 free as a senior...named 2012 MVP of NCHSAA state swimming championships...placed first in 100-yard butterfly at North Carolina Senior Championships in 2012...qualified for 2012 U.S. Olympic Trials in 100-meter butterfly...U.S. Swimming Scholastic All-America her sophomore and junior years...honor roll student all four years...National Latin Honor Society member.

Personal: Full name is Hannah Elizabeth Lincoln...stands 5-11 tall...daughter of Herbert Lincoln...was born April 27, 1994 in Altoona, Pa. ...loves to draw and do water colors in her spare time...her sister Charlie swims for East Carolina...mathematics major.



KATIE NOLAN
Fly, Back, Sprint Free
(Senior, 5-7
Hershey, Pa.
Hershey)

Career Best Times: 23.32 in 50-yard freestyle; 49.75 in 100-yard freestyle; 1:49.18 in 200-yard freestyle; 54.42 in 100-yard backstroke; 52.92 in 100-yard butterfly; 1:58.28 in 200-yard butterfly; 2:01.73 in 200-yard individual medley.

Long Course Highlights: At the 2012 U.S. Olympic Trials, she finished 14th in the 200-meter butterfly preliminaries in a personal best and school record time of 2:12.16...at the 2012 U.S. Open, she finished 12th in the 200-meter butterfly and 14th in the 100-meter butterfly.

2012-13: Co-captain of Tar Heels with Stephanie Eisenring.

2011-12: Had nothing short of a spectacular junior year...swam the butterfly leg on UNC's 400-yard medley relay team that won the ACC championship...she split 52.71 on the butterfly leg of the relay that won in 3:35.71...also swam the fly leg on the 200-yard medley relay which finished second...was a finalist in three events at the ACC meet...placed fourth in the 200 fly (1:58.48), sixth in the 100 fly (53.91) and seventh in the 100 back (54.66)...third straight year as an All-ACC honoree...won honorable mention All-America honors for the third straight year as a member of UNC's 800-yard freestyle relay team...that relay placed 14th in the nation...had a spectacular dual meet season...won three events in victories over ECU, Maryland and NC State, two events each in wins over Georgia Tech, Virginia Tech and Clemson and single events in dual meets against Duke and Virginia...excelled at the 2011 Nike Cup Championships...won the 100 butterfly (53.70) and 100 backstroke (54.57) and took second in the 200 fly (1:58.26) and seventh in the 200 IM (2:02.76)...swam on 200 medley and 400 medley relay which took Nike Cup titles...swam on a 200 free relay and an 800 free relay which took third place and a 400 freestyle relay which was the Nike Cup runner-up...named to 2011-12 ACC Academic Honor Roll.

2010-11: Was a member of 200 freestyle, 200 medley and 400 medley relay teams which set school records in her sophomore year...swam on a pair of ACC champion relay teams...swam the butterfly leg on the 200 and 400 medley relay units which captured league crowns...earned honorable mention All-America honors on both of those relays as the 200 medley took 11th place and the 400 medley notched 13th place at the NCAA Championships...an All-ACC selection for the second straight year...scored in three individual events at the 2011 ACC Championships...was third in the 100 fly at 52.92, ninth in 100 back at 54.48 and 13th in the 100 freestyle at 50.34...won two individual events in dual meet win against NC State...was the 2010 Nike Cup champion in the 100 fly.

2009-10: Honorable mention All-America in

20 Questions With Senior Katie Nolan
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the admiration people have for student-athletes.
2. My favorite thing about competing for Coach DeSelm is how excited he gets when we swim fast.
3. Since last year the aspect of my training I've worked on the most is endurance.
4. My best friend on another college swimming/diving team is David Nolan, Stanford.
5. My greatest strength as a swimmer is my eagerness to accept a challenge.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time going to the Summit with my friends, checking out little coffee shops, reading.
2. The best movie I've seen recently is The Last Song.
3. If I could compete in another sport at UNC it would be rowing because I love being on the water/in nature.
4. The music act I'd most like to see in person is Darius Rucker.
5. The personal interest I have that might surprise my teammates is that I might continue swimming after I graduate.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pesto tortellini with chicken and cream ice cream for dessert.
2. My favorite beverage is Dr. Pepper.
3. My favorite food made by a relative is my mom's pasta primavera.
4. My favorite place to eat in Chapel Hill is Cinco de Mayo.
5. My favorite guilty pleasure food wise is cookies and cream milkshakes.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Jerusalem when Jesus was alive or the day I read the first Harry Potter book so I would have another six books to look forward to.
2. My most prized personal possession is my journal.
3. If I could go to dinner with a famous person it would be FDR.
4. My dream job is to be a professional chef in Italy or to train puppies as seeing-eye dogs.
5. The most interesting person I've met at UNC is Dean Smith, the J-school professor.

two events...swam the second leg on the Tar Heels' 200 free relay which took 15th place...swam the butterfly leg on Carolina's 200 medley relay which placed 10th...also swam the 100 fly at NCAAs, finishing 24th...an All-ACC selection...placed second in the 100 fly at ACCs with a time of 52.93...also placed 10th in the 200 fly and 21st in the 50 free...swam the fourth leg on the 200 free relay which was third at ACCs...swam the butterfly leg of the 400 medley relay which took runner-up status at ACCs...won the 200 fly at the Gamecock Invitational in 2:02.50...named to 2009-10 ACC Academic Honor Roll...chosen for All-ACC Academic Women's Swimming Team.

Prep: Was ranked as one of the top recruits in the nation in the high school class of 2009...four-time high school state champion in the 100-yard butterfly...won 2008-09 Scholastic All-America honors from U.S. Swimming...graduated in June 2009 from Hershey High School ...played tennis for her first two years in high school and swam all four years...specialized in the 100-yard freestyle and 100-yard butterfly...was a member of the National Junior Team in 2007...a team captain in 2008...state champion in the 100-yard freestyle three straight years...member of the Pennsylvania high school state championship team in 2006...received the Culinary Arts Award...P.I.A.A. District III Academic Excellence/Sportsmanship Award winner...received distinguished honors all four years.

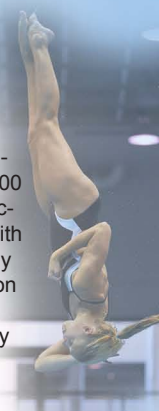
Personal: Full name is Kathleen Marie Nolan...was born in Hershey, Pa., on August 21, 1991...daughter of James and Theresa Nolan...has one brother and two sisters...her brother is a sophomore swimmer at Stanford University...active member of Carolina Outreach program and Carolina Dreams...also active in Newman Center activities, particularly the Adopt-a-Student program...plays both the viola and the piano...journalism and mass communication major...a Carolina Leadership Academy Rising Star...stands 5-7 tall...worked as a Chocolate Lab Associate at Hershey Candies.



EMMA NUNN
Fly, IM
Freshman, 5-9
Richmond, Va.
Deep Run

Career Best Times: 1:48.30 in 200-yard freestyle; 4:48.06 in 500-yard freestyle; 55.46 in 100-yard butterfly; 1:56.37 in 200-yard butterfly; 2:02.12 in 200-yard individual medley; 4:13.59 in 400-yard individual medley.

Prep: Set UNC school record in 200-meter butterfly at the 2012 NCSA Junior Nationals, going 2:12.02...2012 graduate of Deep Run High School in Glen Allen, Va. ...there was no swimming team at her high school but she starred for four years at NOVA of Virginia Swim Club where she specialized in the fly, free and IM events...part of club team which won four NCSA junior team titles in a row...qualified for USA Juniors every year from 2007-12...a USA Nationals qualifier from 2008-12 and



an Olympic Trials qualifier in both 2008 and 2012...NCSA All-Star Team selection in 2010... named to USA National Youth Team in 2009... long course career best times are 2:12.02 in 200 butterfly, 4:49 in 400 IM, 2:18 in 200 IM, 2:04 in 200 free...won 200 fly at NCSA Junior Nationals her senior year...as a junior she was a finalist in 400 IM at USA Nationals...honor roll student...principal's scholar, superintendant scholar...at the 2012 U.S. Open she placed 15th in the 400 IM in 4:56.26...placed 20th in the 2012 U.S. Olympic Trials preliminaries in the 200-meter butterfly at 2:13.12.

Personal: Full name is Emma Christine Nunn...stands 5-8 tall...daughter of Kathy and Jerry Nunn...was born November 7, 1993 in Noblesville, Ind. ...older sister swam at Yale and now does open water swimming while attending medical school...won her high school's pancake eating contest (15 in 10 minutes)... undeclared major at UNC.

16 Questions With Freshman Emma Nunn

Section #1: Swimming & Diving

1. Since last year the aspect of my training I've worked on the most is my underwaters.
2. My best friend on another college swimming team is Jenny Lomicka on William and Mary.
3. My greatest strength as a swimmer is that I work really hard and try not to worry.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with other people, eating, baking, taking naps
2. The best movie I've seen recently is Brave.
3. If I could compete in another sport at UNC it would be track.
4. The music act I'd most like to see in person is Britney Spears.
5. The personal interest I have that might surprise my teammates is I'm a book nerd.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pancakes and froyo.
2. My favorite beverage is sweet tea.
3. My favorite food made by a relative is my mom's chocolate chip cookies.
4. My favorite guilty pleasure food wise is onion rings.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Ancient Egypt.
2. My most prized personal possession is my family.
3. If I could go to dinner with a famous person it would be JK Rowling.
4. My dream job is mattress tester.



STEPHANIE PEACOCK
Free, Fly
Junior, 5-9
Cape Coral, Fla.
Bishop Verot

Career Best Times: 50.73 in 100-yard freestyle; 1:45.11 in 200-yard freestyle; 4:35.06 in 500-yard freestyle; 9:40.37 in 1000-yard freestyle; 15:38.79 in 1650-yard freestyle.

Long Course Highlights: Named to 2012 U.S. Swimming National Team...will swim next summer in 2013 World University Games in Russia, her second selection to the WUG...had three Top 12 finishes at the 2012 U.S. Olympic Trials — sixth in the 800-meter free finals (8:30.97), seventh in 800-meter free semifinals (8:34.78) and 12th in 400-meter free semifinals (4:11.08)...at the 2012 US Open, she won the 400-meter freestyle in a school record time of 4:09.31 and also captured the 800-meter freestyle in a school record clocking of 8:24.36... won the bronze medal in the 400-meter freestyle at the 2011 World University Games in Shenzhen, China...had a time of 4:10.25 in the event...that broke her own school long course record in the event set the previous year...at the 2010 summer U.S. Swimming Nationals, she finished seventh in the 400-meter freestyle...in the prelims of that event she swam a time of 4:10.33, setting a new school long course record...member of 2007 & 2008 U.S. National Junior Teams...2008 Olympic Trials qualifier in the 200 IM, 200 free and 400 free... four-time U.S. Nationals qualifier.

2011-12: Was absolutely phenomenal as a sophomore...first-team All-America in both 500 and 1650 freestyles...NCAA champion in 1650-yard freestyle, UNC's first national champion since Jessi Perruquet won the 200-yard freestyle in 2003...she won the event in a time of 15:38.79, touching out the three-time returning NCAA champion in the event...her winning time broke the NCAA record of legendary Olympian Janet Evans that had stood for 22 years and added to her treasure trove of school and ACC marks as well...was the third-place finisher in the 500-yard freestyle at the NCAA Championships in 4:35.62 (ACC record time of 4:35.06 in preliminaries)...member of 800 freestyle relay team which seized 14th place at NCAAs... named the 2011-12 National Breakout Swimmer of the Year...was the first Tar Heel to be named the ACC Swimmer of the Year since Perruquet in 2003 and the first UNC woman to win the ACC Championships MVP Award since Chrissy Miller in 1998...claimed All-ACC status for the second straight year...won three ACC individual championships, taking the 500-yard freestyle in a meet record time of 4:36.48, the 200-yard freestyle in a career best 1:45.11 and the 1650-yard freestyle in a meet and ACC record time of 15:46.12...swam on a pair of relays which medaled at ACCs...led the 800 free relay to a runner-up finish (7:06.91) and the 400 free relay to a third-place standing...a dominant presence for the Tar Heels during the dual meet season...won four events against Virginia Tech, three events against

20 Questions With Junior Stephanie Peacock

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is having such an amazing team.
2. My favorite thing about competing for Coach DeSelm is he's a good listener.
3. Since last year the aspect of my training I've worked on the most is my speed.
4. My best friend on another college swimming team is Amy Modglin on Penn State.
5. My greatest strength as a swimmer is my endurance.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time baking!
2. The best movie I've seen recently is Madagascar 3.
3. If I could compete in another sport at UNC it would be tennis.
4. The music act I'd most like to see in person is Katy Perry.
5. The personal interest I have that might surprise my teammates is that I am obsessed with cats.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included anything from McDonalds.
2. My favorite beverage is lemonade.
3. My favorite food made by a relative is chicken parm.
4. My favorite place to eat in Chapel Hill is Artisan Pizza Kitchen.
5. My favorite guilty pleasure food wise is any kind of ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the swing dance era!
2. My most prized personal possession is my Irish ring.
3. If I could go to dinner with a famous person it would be Ryan Reynolds.
4. My dream job is to own a bakery.
5. The most interesting person I've met at UNC is Dan O'Connor.

Maryland and two events each against ECU, Georgia Tech and Virginia and single events against Clemson, Duke and NC State...had a tremendous Nike Cup meet...notched four first-place finishes at the meet...won the 500 free (4:35.73, a Nike Cup record) and the 200 free (1:45.37, a Nike Cup record)...also swam on a pair of victorious relays (800 free relay and 400 free relay)...she led the 400 medley relay to a runner-up finish and individually placed fourth in the 100 free (50.73) and seventh in the 200 back (1:59.79)...named the ACC Women's Swimming Performer of the Week on October 25, 2012 and also won the same award on November 22, 2012...featured guest on the Morning Swim Show on Swimming World's website on December 6, 2011...named TarHeeBlue.com's Performer of the Week after her performances at the ACC Championships and NCAA Championships...at the 2012 team banquet she won the Richard E. Jamerson Awards as both the most valuable and most outstanding swimmers on the Carolina team (two separate awards)...named a 2011-12 College Swimming Coaches Association of America Scholar All-America...copped mention on spring 2012

Dean's List...2011-12 ACC Honor Roll selection.

2010-11: Had a spectacular freshman year at Carolina, setting ACC and ACC meet records in the 500-yard freestyle and earning honorable mention All-America honors...also swam on a UNC 800 free relay team which set a new school record...named the ACC Freshman of the Year...All-ACC honoree...won the ACC title in the 500-yard freestyle in an ACC record time of 4:36.86...scored in three other events at the 2011 ACC Championships...she finished third in the 200 freestyle in 1:46.35 and she was 11th in the 200 butterfly in 2:00.75...swam a leg on UNC's 800 free relay which notched runner-up status...was named an honorable mention All-America after taking 15th in the 500-yard freestyle at the NCAA Championships...named the ACC Women's Swimmer of the Week on two occasions — November 2, 2010 and November 23, 2010...was a three-event winner in her first collegiate dual meet against East Carolina...also won two events each in dual meets against Minnesota and Maryland...claimed Nike Cup individual titles in the 200 and 500 freestyles...she won the 500 in an ACC record 4:38.54, also setting the Nike Cup and Koury Natatorium pool records in the process.

Prep: One of the country's most sought after recruits from the Class of 2010...ranked No. 1 in the country in the 500-yard freestyle nationally in the high school ranks her senior year...graduated from Bishop Verot High School in Ft. Myers, Fla., on May 22, 2010...competed in club swimming for eight years for Swim Florida...primarily swam the 200 and 500 freestyles, 200 and 400 IMs and 200 fly...was coached in high school by Jim Quinn and in club swimming by Mac Kennedy...four-year high school letter winner...won three state high school championships, winning the 500 free as a sophomore and the 200 and 500 freestyles as a senior...holds nine school records including on all three relay teams...team MVP sophomore through senior years...team captain as a senior...10-time high school All-America selection...twice named to Florida All-State Team...two-time News Press Swimmer of the Year...led Bishop Verot to four district and three regional team championships...holds Florida Junior Olympic record in the 500-yard free.

Personal: Full name is Stephanie Nicole Peacock...the daughter of Andrew and Coralia Peacock...her mother is a native of El Salvador...was born on July 8, 1992 in Miami, Fla. ... has a younger brother who is also a swimmer...stands 5-9 tall...exercise and sports science major...lists baking as one of her main hobbies.



ERIN PURDY
Diving
Freshman, 5-7
Deerfield, Ill.
Deerfield

Career Best Scores: 274 points in 1-meter diving (6 dives); 468 points in 1-meter diving (11 dives); 359 points in 1-meter diving (10 dives); 409 points in 3-meter diving (10 dives)
Prep: Graduated from Deerfield High School

in 2012...competed for Glenbrook Aquatics Diving...four-year diving letter winner in high school...was captain of Deerfield High School team in 2011...a high school All-America in both 2009 and 2011...four-time All-Conference honoree...member of Deerfield Honor Society.
Personal: Full name is Erin Marie Purdy...stands 5-7 tall...daughter of Mike and Marie Purdy...was born April 29, 1994 in Chicago, Ill. ...has a brother who plays club lacrosse at Miami University...undeclared major at UNC.

16 Questions With Freshman Erin Purdy
Section #1: Swimming & Diving

1. Since last year the aspect of my training I've worked on the most is my hurdles.
2. My best friend on another college swimming team is Jen Rey (University of West Virginia)
3. My greatest strength as a swimmer is my carefree attitude.

Section #2: Hobbies & Interests

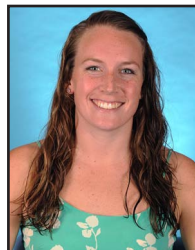
1. Away from the pool and academic pursuits I like to spend time hanging out with friends, Snowboarding
2. The best movie I've seen recently is 21 Jump Street.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Matt and Kim.
5. The personal interest I have that might surprise my teammates is doing hair and makeup.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included just about anything.
2. My favorite beverages are Diet Snapple Lemon Iced Tea.
3. My favorite food made by a relative is my parent's peach blueberry crisp.
4. My favorite guilty pleasure food wise is anything chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to when the Chicago Bears won the Super Bowl in 1985
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Chris Farley.
4. My dream job Shawn White: professional snowboarder, female version.



KATIE RECHSTEINER
Breast, IM
Junior, 5-9
Middletown, Del.
Charter School of
Wilmington

Career Best Times: 1:01.96 in 100-yard breaststroke; 2:14.03 in 200-yard breaststroke; 2:07.53 in 200-yard individual medley.

2011-12: Named to UNC's ACC Championships Team for second straight year...placed seventh at the ACC meet in the 200-yard breaststroke in 2:15.53 and was 13th in the 100-yard breaststroke at 1:03.16...named to All-ACC Academic Women's Swimming Team

for second straight year...2011-12 ACC Academic Honor Roll selection...won the 100-yard breaststroke in dual meet win over Georgia Tech...had a quartet of Top 8 finishes at 2011 Nike Cup...placed sixth in 100-yard breaststroke (1:03.44) and eighth in 200-yard breaststroke (2:18.43)...swam on 400 medley relay team which placed third and 200 medley relay team which notched sixth place.

2010-11: Named to All-ACC Academic Women's Swimming Team...chosen for 2010-11 ACC Academic Honor Roll...tapped for Dean's List honors in both semesters of 2010-11 school year...a College Swimming Coaches Association of America Women's Scholar All-America honorable mention honoree...was a championship finalist in two events at the ACC Championships...finished fifth in the 100-yard breaststroke in 1:02.15 and was eighth in the 200-yard breaststroke in 2:15.14.

Prep: Graduated from the Charter School of Wilmington on June 5, 2010...swam her freshman through senior years there in the breaststroke and IM...was coached in high school by Chris Dohl and in club swimming by Dan

20 Questions With Junior Katie Rechsteiner
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being a part of an amazing team.
2. My favorite thing about competing for Coach DeSelm is his passion for the sport.
3. Since last year the aspect of my training I've worked on the most is my pull in breaststroke.
4. My best friend on another college swimming team is Calli Marando at University of Delaware.
5. My greatest strength as a swimmer is my kick.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my friends or at the beach.
2. The best movie I've seen recently is The Town.
3. If I could compete in another sport at UNC it would be lacrosse.
4. The music act I'd most like to see in person is Ke\$ha.
5. The personal interest I have that might surprise my teammates is I like to water ski.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included steak, asparagus, and mashed potatoes.
2. My favorite beverage is Coke.
3. My favorite food made by a relative is my Mom's chocolate heath cake.
4. My favorite place to eat in Chapel Hill is Sutton's.
5. My favorite guilty pleasure food wise is Yopo.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to my parent's wedding.
2. My most prized personal possessions are photo albums.
3. If I could go to dinner with a famous person it would be JK Rowling.
4. My dream job is veterinarian.
5. The most interesting person I've met at UNC is Dan O'Connor.

Sullivan...competed for Delaware Swim Team on the club level...four-time first-team All-State selection...three-time state champion in the 100-yard breaststroke...team captain...100 breaststroke record holder...led high school squad to three state titles...member of 200 freestyle and 200 medley relay teams which set state records...led club team to state title and is club team's 100 breast record holder...U.S. Swimming Scholastic All-America...National Honor Society member.

Personal: Full name is Katherine Amber Rechsteiner...the daughter of Bruce and Cindy Rechsteiner...was born July 9, 1992 in Lawrence, Mass. ...has one brother and one sister...stands 5-9 tall...chemistry major...a Rising Star in the Carolina Leadership Academy.



KACY RHYNE
Free, Fly
Freshman, 5-7
Winston-Salem, N.C.
Forsyth Country Day

Career Best Times: 1:00.12 in 100 butterfly; 57.21 in freestyle.

Prep: A 2012 alumna of Forsyth Country Day School...competed on the club level for Star Aquatics...played four years of high school soccer and swam for four years at Forsyth Country Day...captain of FCDS swimming team...member of state championship team there...All-State Swimming selection...National Honor Society member...member of National Spanish Honor Society...Mu Alpha Theta mem-

14 Questions With Freshman Kacy Rhyne
Section #2: Hobbies & Interests

1. Away from the pool and academics, I like to spend time hanging out with friends.
2. The best movie I've seen recently is Harry Potter.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Keith Urban.
5. The personal interest I have that might surprise my teammates is I love to travel.

Section #3: Food & Beverage

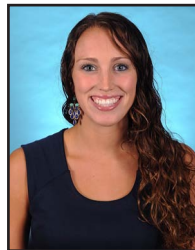
1. After a big meet, I'd like to eat at a buffet spread at that included French fries and milkshakes.
2. My favorite beverage is Chick-Fil-A Lemonade.
3. My favorite food made by a relative is Grandmother's Cookies.
4. My favorite place to eat in Chapel Hill is Noodles.
5. My favorite guilty pleasure food wise is anything chocolate.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the future.
2. My most prized personal possession is my phone.
3. If I could go to dinner with a famous person it would be Channing Tatum.
4. My dream job is being an advertiser.

ber...member of National Art Honor Society.

Personal: Full name is Kathryn Turner Rhyne...goes by Kacy...stands 5-7 tall... daughter of Joe and Laurie Rhyne...was born April 20, 1994 in Winston-Salem, N.C. ...her father swam at NC State, her mother dove at NC State and her brother played tennis at Furman...majors in journalism and mass communications.



NATALIE RITTER
Diving
Sophomore, 5-5
Columbus, Ohio
Columbus Academy

Career Best Scores: 276.70 in 1-meter diving; 294.50 in 3-meter diving; 225.45 in platform diving.

2011-12: Member of scoring team at 2012 ACC Championships...had career best scores on platform at ACC meet and on one-meter and three-meter events at Janis Hape Dowd Nike Cup...named to Dean's List in fall se-

19 Questions With Sophomore Natalie Ritter
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is my teammates.
2. My favorite thing about competing for Coach Johansen is I haven't competed with her yet because she is new but I have heard great things and can't wait!
3. Since last year the aspect of my training I've worked on the most is my twisting.
4. My best friend on another college swimming/diving team is Allie Alter who dives for LSU
5. My greatest strength as a diver is my reverses.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time being with friends and family.;
2. The best movie I've seen recently is 21 Jump Street.
3. If I could compete in another sport at UNC it would be soccer.
4. The music act I'd most like to see in person is Mike Snow.
5. The personal interest I have that might surprise my teammates is art and music.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread at that included sushi.
2. My favorite beverage is Mountain Dew.
3. My favorite place to eat in Chapel Hill is Bski's.
4. My favorite guilty pleasure food wise is Snow Caps.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 1920s.
2. My most prized personal possessions are all my pictures.
3. If I could go to dinner with a famous person it would be President Obama.
4. My dream job is to be a dolphin trainer.
5. The most interesting person I've met at UNC is Kevin Lawrence.

mester of 2011...2012 NCAA Zone Diving qualifier...2011-12 ACC Academic Honor Roll selection...named a 2012 College Swimming Coaches Association of America honorable mention Scholar-All-America...placed sixth in all three events (1-meter, 3-meter and platform) at the 2011 Nike Cup Championships, including a career high 276.70 points on the one-meter board.

Prep: Graduated in 2011 from The Columbus Academy in Gahanna, Ohio...competed on the diving and soccer teams for four years each... was captain of soccer team as a senior...competed for Ohio State Diving Club as well...captained soccer team to district runner-up finish... on the pitch she was second-team All Mid-State League as a junior and senior and honorable mention as a freshman and sophomore... won state high school diving championship as a senior...finished as the state runner-up her junior year and was fifth in the state as a freshman...a 2010 high school All-America in diving...won district diving titles as a freshman and sophomore and finished second her senior year...Mid-State league diving champion all four years of high school...was Alumni Board representative, president of the Art Society and member of the service board.

Personal: Full name is Natalie Marie Ritter... is the daughter of Randy and Suzanne Ritter... was born August 4, 1992 in Columbus, Ohio... her father played football at the University of Dayton...stands 5-5 tall...psychology major.



CHARLOTTE RUBY
Fly
Freshman, 5-4
San Jose, Calif.
Archbishop Mitty

Career Best Times: 54.94 in 100-yard butterfly; 1:59.40 in 200-yard butterfly; 52.13 in 100-yard freestyle; 1:51.94 in 200-yard freestyle; 4:52.22 in 500-yard freestyle.

Prep: A 2012 graduate of Archbishop Mitty High School in San Jose, Calif. ...did her club swimming at Santa Clara Swim Club...swam all four years on varsity for her high school and competed in club swimming for five years... main events are 200 butterfly, 100 butterfly and 500 freestyle...captain of high school swimming team as a senior...her high school teams won the West Catholic Athletic League (WCAL) and Central Coast Section (CCS) championships three years in a row...holds school and league records in the 100 butterfly and 500 freestyle events...was the 2012 CCS champion in the 500-yard freestyle...CCS 14-time All-America...16-time CCS championship finalist...U.S. Swimming Junior National Championships and U.S. Swimming Nationals qualifier...qualified for the 2012 U.S. Olympic Trials in the 200-meter butterfly...2010 & 2011 USA Swimming Scholastic All-America...California Scholarship Federation...principal's honor roll every semester.

Personal: Full name is Charlotte Grace Ruby...stands 5-4 tall...daughter of Thomas and Michele Ruby...was born June 8, 1994 in Daly City, Calif. ...her 19-year-old brother

Ethan wrestles at Duke...undeclared major at UNC.

20 Questions with Freshman Charlotte Ruby
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of a great team!
2. My favorite thing about competing for Coach DeSelm is I haven't trained with him yet but I am looking forward to training with a new and successful coach.
3. Since last year the aspect of my training I've worked on the most is my underwaters.
4. My best friend on another college swimming/diving team is Natalie Garland who swims for UCSB.
5. My greatest strength as a swimmer is that I work very hard at practice.

Section #2: Hobbies/Interests

1. Away from the pool and academic pursuits I like to spend time hanging out with friends and doing outdoor activities such as hiking.
2. The best movie I've seen recently is Footloose.
3. If I could compete in another sport at UNC it would be gymnastics.
4. The music act I'd most like to see in person is Hunter Hayes.
5. The personal interest I have that might surprise my teammates is that I enjoy photography.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included bread, pasta, a big salad and ice cream!
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is enchiladas.
4. My favorite place to eat in Chapel Hill is I don't know because I have only been there once.
5. My favorite guilty pleasure food wise is chips and salsa.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go back in time and meet my grandma after whom I was named.
2. My most prized personal possession is my pearl necklace from my grandma.
3. If I could go to dinner with a famous person it would be Liam Hemsworth!
4. My dream job is an FBI Agent.
5. The most interesting person I've met at UNC is all the awesome girls on the swim team. ☺



JACKIE RUDOLPH
Distance Free
(Senior, 5-7)
Virginia Beach, Va.
Ocean Lakes

Career Best Times: 1:51.96 in 200-yard freestyle; 4:47.75 in 500-yard freestyle; 9:53.46 in 1000-yard freestyle; 16:22.58 in 1650-yard freestyle.

2011-12: Elected to membership in Phi Beta Kappa, the nation's most prestigious academic honorary society, in December 2011...placed eighth in the 500-yard freestyle at the ACC

Championships in a time of 4:50.49...placed 10th in the 1650-yard freestyle at the conference meet with a time of 16:37.17...at the 2012 U.S. Open she was 12th in the 800-meter freestyle in a time of 8:51.05...had an excellent 2011 Nike Cup...placed second in the 1650 freestyle in a career best 16:22.58, was third in the 500 freestyle at 4:50.52 and took 12th in the 200 freestyle in 1:52.39...swam on an 800 free relay which took third place at Nike Cup...2011-12 ACC Honor Roll recipient...2011-12 All-ACC Academic Women's Swimming Team selection...named to spring semester 2012 Dean's List...2012 College Swimming Coaches Association honorable mention Scholar All-America.

2010-11: Was named the winner of the Jamerson Memorial Award as the team's Most Improved Swimmer...moved into the UNC all-time Top 10 in two events as a sophomore...clocked a career best time of 4:47.75 in winning the 500-yard freestyle in the dual meet against Duke...won two events at the 2011 College

20 Questions With Senior Jackie Rudolph
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is being part of team that genuinely cares for and supports each other.
2. My favorite thing about competing for Coach DeSelm is that he understands both my strengths and weaknesses and can use those to help me improve.
3. Since last year the aspect of my training I've worked on the most is improving my paces in practice, so they will be better in a meet.
4. My best friend on another college swimming team is Rebecca Jones at Auburn.
5. My greatest strength as a swimmer is my endurance.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time reading, scrapbooking, and watching movies.
2. The best movie I've seen recently is Moneyball.
3. If I could compete in another sport at UNC it would be gymnastics.
4. The music act I'd most like to see in person is a world class orchestra.
5. The personal interest I have that might surprise my teammates is scrapbooking.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included authentic Asian food.
2. My favorite beverage is Earl Grey tea.
3. My favorite food made by a relative is anything made by my mom.
4. My favorite place to eat in Chapel Hill is Ye Old Waffle Shoppe (a family favorite).
5. My favorite guilty pleasure food wise is ice cream.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to Victorian England.
2. My most prized personal possession is my 50th Anniversary, leather-bound copy of *The Lord of the Rings*.
3. If I could go to dinner with a famous person it would be J.K. Rowling.
4. My dream job is being a physician.
5. The most interesting person I've met at UNC is Coach Roy Williams.

Cup Invitational, winning the 200-yard freestyle and the 1650-yard freestyle...at the College Cup Invitational, she set Duke pool records in the 1000 free with a career best 9:53.46 and in the 1650 free with another career best at 16:24.61...took nearly 30 seconds off her previous career best time in the 1650...named to Dean's List in both semesters of 2010-11 school year...merited ACC Academic Honor Roll accolades...a College Swimming Coaches Association of America Women's Scholar All-America honorable mention choice.

2009-10: Had a splendid freshman year in the classroom...named to the 2009-10 ACC Academic Honor Roll...qualified for the Dean's List in both semesters of the school year...won the 1000-yard freestyle in the dual meet versus NC State...at the 2010 Triangle College Cup she won the 1650 freestyle in 16:54.59 and was second in the 500 free in 4:55.53.

Prep: Graduated from Ocean Lakes High School in Virginia Beach, Va., on June 19, 2009...specialized in middle distance and distance freestyle throughout high school...high school team captain in 2008-09...high school MVP in both 2008 and 2009...member of the Eastern Region Girls' championship team in 2006-07...10-time individual event winner at Beach District and Eastern Regional Championships.

Personal: Full name is Jacqueline Erin Rudolph...is the daughter of Garry and Cathy Rudolph...both parents attended UNC...her father played football for the Tar Heels for two years... born July 5, 1991 in Norfolk, Va. ...has two brothers...volunteers at UNC Hospitals... majors in history... a graduate of Rising Stars program in the Carolina Leadership Academy... stands 5-7 tall...her family now resides in Charlotte, N.C. ...has two older brothers, one with a Ph.D. in physics and another who teaches on the high school level.



EMILY SCHMIDT
Diving
Sophomore, 5-9
Bethesda, Md.
Walt Whitman

Career Best Scores: 227.90 in 1-meter diving; 222.30 in 3-meter diving; 233.00 in platform diving.

2011-12: Competed in ACC Championships as part of scoring team...recorded career best diving scores in all three events at the ACC Championships...selected for 2011-12 ACC Academic Honor Roll...took seventh place in platform diving at 2011 Nike Cup Championships.

Prep: Graduated in 2011 from Walt Whitman High School in Bethesda, Md. ...was a diver on the swimming and diving team there for four years...a three-time NISCA All-America from 2009-11...Washington Post All-Met honorable mention selection in 2009 and 2011...competed on a high school swimming and diving team which won Metro championships in 2010 and 2011...All-Star champ in 2010...a National Merit Commended Student.

Personal: Emily Cornelia Schmidt is the

daughter of John Schmidt and Elizabeth Vogel...was born November 26, 1992 in Chatham, N.J.undeclared major...stands 5-9 tall.

18 Questions With Sophomore Emily Schmidt
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel diver is being part of the team.
2. My favorite thing about competing for Coach Johansen is starting fresh with a new coach
3. Since last year the aspect of my training I've worked on the most is being a better competitor
4. My best friend on another college diving team is Niki Glazer from University of Louisville.
5. My greatest strengths as a diver are my flexibility.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time outdoors with my family.
2. The best movie I've seen recently is The Avengers
3. If I could compete in another sport at UNC it would be soccer.
4. The personal interest I have that might surprise my teammates is I like biking.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included candy and ice cream.
2. My favorite beverage is lemonade.
3. My favorite food made by a relative is angel food cake by my grandma.
4. My favorite place to eat in Chapel Hill is Sweet Frog.
5. My favorite guilty pleasure food wise is cheesecake.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the future.
2. If I could go to dinner with a famous person it would be Tina Fey.
3. My dream job is to be a dolphin trainer.
4. The most interesting person I've met at UNC is Ryland Jones.



DANIELLE SIVERLING
Free
Sophomore, 6-0
Chester Springs, Pa.
Downington East

Career Best Times: 23.49 in 50-yard freestyle; 49.37 in 100-yard freestyle; 1:45.66 in 200-yard freestyle; 4:42.51 in 500-yard freestyle.

Long Course Highlights: Placed sixth in 200-meter freestyle at 2012 U.S. Open in a time of 2:00.05...at 2012 U.S. Olympic Trials she was 19th in the 200-meter freestyle (2:00.67) and 25th in the 400-meter freestyle semifinals (4:14.68).

2011-12: Had a spectacular freshman season...named the winner of the Jamerson Memorial Award as the team's Most Improved Swimmer...took a trio of Top 6 finishes at the ACC Championships...was the runner-up in the 200-yard freestyle to teammate Stephanie Peacock in a then career best 1:46.31...placed fifth

in the 500-yard freestyle in 4:43.59...notched a sixth-place finish in the 100-yard freestyle in 49.87...member of 400-yard medley relay team which won the ACC championship in the event in 3:35.71 (her freestyle anchor leg was 49.19)...swam on three freestyle relay teams at the ACC meet...the 800 free relay team was conference runner-up while the 400 free relay team was third and the 200 free relay team fourth...named to the 2012 All-ACC Team...a 2012 honorable mention All-America in the 800-yard freestyle relay (placed 14th at NCAA Championships)...named to 2012 All-ACC Academic Women's Swimming Team...named to 2011-12 ACC Academic Honor Roll...excelled during the dual meet season...won two events against ECU and single events against Georgia Tech and Virginia Tech....rocked the pool at the 2011 Nike Cup...swam on three relays which won Nike Cup titles (200 free relay, 400 free relay, 800 free relay)...also swam on a 400 medley relay team which placed third...individually, she placed second in the 200 free (1:48.86), second in the 100 free (50.62), sixth in the 500 free (4:52.22) and 14th in the 50 free (24.19)...placed sixth in 2011 Pier-2-Pier Championships

18 Questions With Sophomore Danielle Siverling

Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is having teammates with common goals who are fun to be around.
2. My favorite thing about competing for Coach DeSelm is his ability to explain a concept using only hand gestures.
3. Since last year the aspect of my training I've worked on the most is learning how to suck it up and train distance.
4. My best friend on another college swim team is Megan Siverling at Penn State.
5. My greatest strengths as a swimmer is the support I get from my family.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with friends, at the beach, reading, or baking.
2. The best movie I've seen recently is The Help.
3. If I could compete in another sport at UNC it would be volleyball.
4. The music act I'd most like to see in person is Sargarland.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included pasta, chicken, seafood and ice cream.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is my grandma's baked goods.
4. My favorite place to eat in Chapel Hill is Tomato Jake's .
5. My favorite guilty pleasure food wise is anything chocolate.

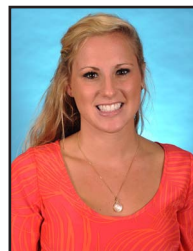
Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the sixties to see all of the social movements.
2. If I could go to dinner with a famous person it would be J.K. Rowling.
3. My dream job is a writer or a teacher
4. The most interesting person I've met at UNC is Dan O'Connor.

in Wrightsville Beach, N.C., finishing the 1.7-mile course in 37 minutes, 44 seconds.

Prep: A graduate of Downingtown East High School in Exton, Pa. ...swam there for four years as a freestyler and also played one year of lacrosse...did her club swimming for the Malvern Swimming Association...high school team captain...nine-time high school All-America selection...three-time U.S. Swimming Scholastic All-America honoree...Academic All-America... Pennsylvania state champion and record holder in both the 100- and 200-yard freestyles... three-time district champion and the district record holder in both of those events...National Honor Society member...member of Fellowship of Christian Athletes.

Personal: Danielle Nicole Siverling is the daughter of Curt and Mary Beth Siverling...her father was a basketball team captain and academic All-America at Grove City College...her uncle played on a pair of national championship football teams at Penn State...she has a twin sister who is a sophomore swimmer at Penn State...was born October 3, 1992 in Houston, Texas...stands 6-0 tall...undeclared major.



CARLY SMITH
Back, Fly
RS Junior, 5-4
Chapel Hill, N.C.
Chapel Hill

Career Best Times: 52.20 in 100-yard backstroke; 1:53.08 in 200-yard backstroke; 53.19 in 100-yard butterfly; 2:01.18 in 200-yard butterfly; 2:04.79 in 200-yard individual medley; 4:20.69 in 400-yard individual medley.

Long Course Highlights: Excelled at the 2011 U.S. Nationals in California where she finished 13th in the 200-meter backstroke in 2:13.88 and 20th in the 100-meter backstroke in 1:02.96... had a tremendous performance at the 2010 U.S. Nationals...placed 15th in the 100-meter back in 1:02.50 and 16th in the 200-meter back in 2:15.42...swam a best time of 2:14.25 in the 200-meter backstroke at the 2009 U.S. Open which was just 0.39 seconds off the 26-year-old long course school record held by Sue Walsh... also went a best time in the 100-meter butterfly with a time of 1:02.89 at the 2009 U.S. Open.

2011-12: Medical red-shirt...named to Dean's List in spring semester 2012.

2010-11: First-team All-America selection... also made All-ACC Team for second year in a row...named the winner of the Jamerson Memorial Award as the team's Most Outstanding Swimmer...established school record in 100 and 200-yard backstroke events...was a member of UNC's 200 and 400 medley relay units which set school records her sophomore year...at the 2011 ACC Championships, she won a pair of individual conference championships...she won the 100-yard backstroke in 52.39 and claimed the 200-yard backstroke crown with a career best time of 1:53.08...she swam the backstroke leg on two ACC champion relay teams — the 200 medley and 400 medley relays...she also finished fourth in the 100 fly with a time of 53.19...went on to have a stellar NCAA meet as well...she was a cham-

pionship finalist in the 100-yard backstroke, placing fifth in a career best 52.20 seconds and earning first-team All-America honors in the process...she swam on two medley relays which scored at NCAA Championships...led off the 200 medley relay which placed 11th and the 400 medley relay which copped 13th place... she swept both backstroke events in dual meets against Virginia, Clemson, Kentucky, Minnesota, Georgia and East Carolina... won the 2010 Nike Cup title in the 100 back with a time of 53.34.

2009-10: Was an honorable mention All-America in three events...placed 15th in the 200 back at NAAs in 1:55.22 and was 11th in the 100 back with a clocking of 52.69...swam the leadoff leg on the 200 medley relay team that placed 10th at the NCAA Championships...All-ACC selection...finished in the Top 4 of three individual events at ACC meet...took second in the 100 back at 52.71, second in the 200

20 Questions With Redshirt Junior Carly Smith
Section #1: Swimming & Diving

1. The best thing about being a Tar Heel swimmer is the intense rivalry with UVA.
2. My favorite thing about competing for Coach DeSelm is his quirky sense of humor.
3. Since last year the aspect of my training I've worked on the most is getting back into shape after my injury and developing my 200 IM.
4. My best friend on another college swimming team is Brady Fox, UVA.
5. My greatest strength as a swimmer is my mental toughness and my ability to set my goals high and fearlessly strive to achieve them.

Section #2: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend time with my friends and shop.
2. The best movies I've seen recently is: I don't really like to watch movies.
3. If I could compete in another sport at UNC it would be lacrosse.
4. The music act I'd most like to see in person is George Strait.
5. The personal interest I have that might surprise my teammates is that I'm really awesome at ceramics.

Section #3: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included chicken Parmesan and a good dessert.
2. My favorite beverage is Grape Kool-Aid.
3. My favorite food made by a relative is my Mom's pizza dip.
4. My favorite place to eat in Chapel Hill is Topo or 411 West.
5. My favorite guilty pleasure food wise is any sort of snack like chips.

Section #4: Personality

1. If I possessed the gift of time travel I'd like to go to the 80s.
2. My most prized personal possession are my stuffed cows.
3. If I could go to dinner with a famous person it would be Nathan Adrian.
4. My dream job is working with TOMs shoes and helping underprivileged kids.
5. The most interesting person I've met at UNC is Katelyn Martin because she eats fries on her pizza and listens to the most lovable trance songs alone in her room.

back at 1:53.14 and fourth in 100 fly at 53.82... swam the backstroke leg on two medley relays at ACC Championships that snared runner-up finishes.

Prep: Was a four-time 4-A high school state champion in the 100-yard backstroke...graduated from Chapel Hill High School on June 13, 2009...lettered in swimming at CHHS all four years and swam for the North Carolina Aquatic Club for 11 years...was the most valuable swimmer for her high school team for three years...rookie of the year her freshman season...team captain her senior year...named PAC-6 Swimmer of the Year in 2007...North Carolina state high school record holder in the 100-yard backstroke...was just the second person in North Carolina history to both break a state record in an event and win it all four years of high school...member of the 2007-08 4-A Chapel Hill High state championship team... high school All-America in the 100-yard backstroke, 100-yard butterfly, 500-yard freestyle and on 400-yard freestyle relay and 200-yard medley relay teams...member of the 2007-08 National Junior Team...had a 10th-place finish in the 100-meter backstroke at the 2005 Speedo Junior Nationals...national qualifier in the 100 and 200-yard backstrokes...2008 Olympic Trials qualifier...broke Southern Zone meet record in the 100-meter backstroke in 2004...state record holder in the 200-yard and 200-meter backstrokes.

Personal: Carly Lauren Smith was born August 28, 1991 in Chapel Hill, N.C. ...daughter of Brian and Lynn Smith...has one sister...Global Studies major...her father played football and baseball at UNC.



KENDALL SURHOFF
IM, Fly
Freshman, 5-8
Cockeysville, Md.
St. Paul's School for Girls

Career Best Times: 23.75 in 50-yard freestyle; 51.37 in 100-yard freestyle; 1:49.90 in 200-yard freestyle; 55.25 in 100-yard butterfly; 2:01.14 in 200-yard butterfly; 2:03.51 in 200-yard individual medley; 4:15.69 in 400-yard individual medley.

Prep: Graduated from Saint Paul's School for Girls in Brooklandville, Md., in 2012...was a member of the swimming team there for four years and a member of the field hockey team for four years as well...IAAM All-Star freshman through senior years...high school All-America in swimming her junior and senior year...U.S. Swimming Scholastic All-America her sophomore through senior years...best long course times are 4:55.18 in 400-meter individual medley and 1:02.14 in 100-meter butterfly...yearly high honor roll and effort honor roll recipient... Japanese National Honor Society.

Personal: Full name is Kendall Baker Surhoff...stands 5-8 tall...son of B.J. and Polly Surhoff...was born October 21, 1993 in Milwaukee, Wis. ...both of her parents were star athletes at UNC...her dad, B.J. Surhoff, played baseball at Carolina and went on to play 19 seasons in major league baseball...her mother,

Polly Winde, swam for four years at Carolina and was a member of the U.S. Women's Swimming National Team...her brother, Austin Surhoff, swims at the University of Texas...un-declared major at UNC.

15 Questions With Freshman Kendall Surhoff

Section #1: Hobbies & Interests

1. Away from the pool and academic pursuits I like to spend drawing.
2. The best movie I've seen recently is Footloose.
3. If I could compete in another sport at UNC it would be field hockey.
4. The music act I'd most like to see in person is Katy Perry.
5. The personal interest I have that might surprise my teammates is that I knit.

Section #2: Food & Beverage

1. After a big meet, I'd like to eat at a buffet spread that included cheeseburgers and ice cream.
2. My favorite beverage is chocolate milk.
3. My favorite food made by a relative is lemon cake.
4. My favorite place to eat in Chapel Hill is Ye Olde Waffle Shoppe.
5. My favorite guilty pleasure food wise is chips.

Section #3: Personality

1. If I possessed the gift of time travel I'd like to go to the 1920s.
2. My most prized personal possession is a ring from my great grandmother.
3. If I could go to dinner with a famous person it would be Chelsea Handler.
4. My dream job is unknown.
5. The most interesting person I've met at UNC is Rich.



The University of North Carolina's proud swimming and diving heritage predates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 560-189-1, a winning percentage of .747. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 268-65-1 (.804) record in ACC dual meets. On 41 occasions, UNC men's teams have finished amongst the Top 30 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Although Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIAW) competitions as part of the UNC physical education department, the women's swimming and diving program was not fully elevated to varsity status and taken under the aegis of the intercollegiate athletic program until the 1974-75 school year. In 38 years, Carolina teams have compiled a 313-67-1 dual-meet record, a winning percentage of .823. Carolina has won 16 ACC championships and never finished lower than third place in the league championships, taking the top spot on 16 occasions, second place on 16 occasions and third place twice.

UNC's record in ACC dual meets is a gaudy 154-24, a winning percentage of .865. Thirty-three of UNC's 38 women's teams have finished the season ranked in the national Top 30, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the Top 30

were in 1975, 1989, 2005, 2006 and 2008. UNC women's swimmers have also won 16 individual national collegiate championships and produced one national championship relay team. Carolina's most recent national championship came in 2012 when Stephanie Peacock won the 1650-yard freestyle and broke Janet Evans' 22-year-old NCAA record in the event.

Roots of the Program Under Dick Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the Tar Heel swimming program would not exist as we know it today.

The edifice was completed on March 25, 1938, but the first meet was not held until almost a full year later. The pool was a gift to the University from Mrs. Bowman Gray, Sr., in the memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program from 1938 until the fall of 1986 when the Tar Heels moved into their current home, the Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus. Bowman Gray Pool and Koury Natatorium are the only homes the Tar Heel swimming and diving program have ever known. Dr. Richard E. Jamerson came to UNC in 1938 from Oberlin College in Ohio to take over the helm as head coach of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in collegiate swimming at the time, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear



1938: Bowman Gray Opens to the Public

Bowman Gray Pool was the original home of Tar Heel swimming and diving, opening in 1938. UNC moved to Koury Natatorium in 1986.

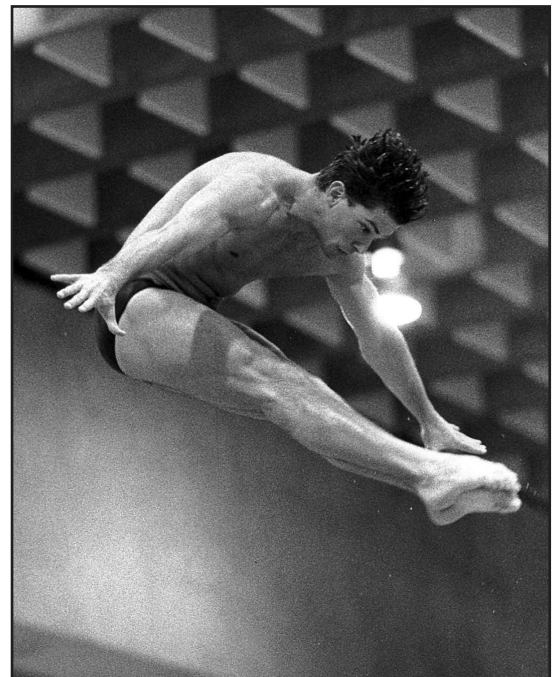
Jamerson's name, as does the timing system at the Maurice J. Koury Natatorium.

Ralph Casey Continues the Tradition

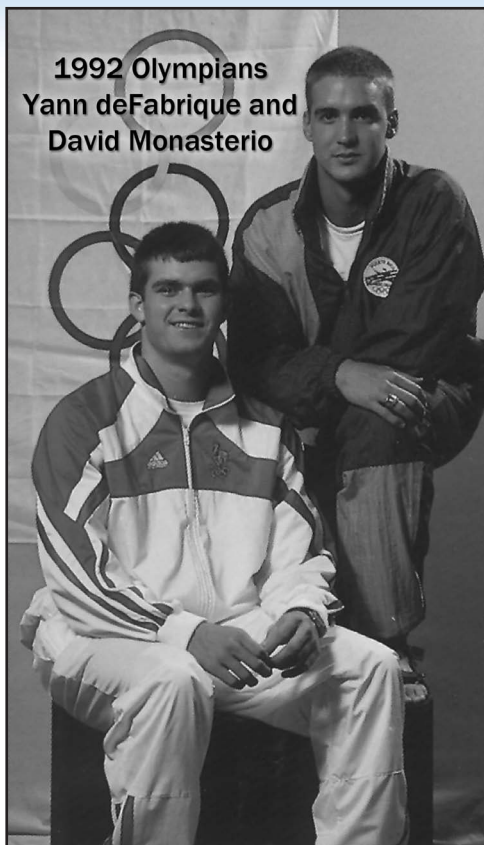
Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team by himself in Jamerson's absence.



Whitney Sprague and Katura Harvey both earned finalist honors in the 1650-yard freestyle at the 2009 NCAA Women's Swimming Championships.



Joe Craft was named the Most Valuable men's diver at the 1994 ACC Championships, the first Tar Heel man to win the award in almost 40 years.



**1992 Olympians
Yann deFabrique and
David Monasterio**

Yann deFabrique (France) and David Monasterio (Puerto Rico) represented the UNC swimming program at the 1992 Olympic Games in Barcelona.

Ralph Casey guided the Tar Heels to additional championship glory during his tenure from 1949 to 1957. Two of Casey's teams won Southern Conference titles and another two teams won ACC crowns after UNC became a charter member of the new league in 1953. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place, giving Casey a quartet of Top 10 teams in his nine seasons as head coach.

In both 1949 and 1957, the bookends of Casey's successful tenure, UNC hosted the NCAA Division I Men's Swimming and Diving Championships at Bowman Gray Pool. The 1949 championships marked the first time any NCAA championship event in any sport on the collegiate level had been held in the southern United States. However, a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in that tiny facility. Somehow UNC pulled it off, not once, but twice, and both times with aplomb.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success experienced by the UNC squad in Chapel Hill. His teams won a sterling .711 percentage of their dual meets, and they captured five ACC championships before he retired in 1974.

Women's Swimming & Diving Added to Program

With the addition of women's swimming and diving as a varsity sport in 1974-75, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams and, after an outstanding two-year coaching run, he returned to a successful club coaching career in New Jersey. Wood was responsible for recruiting some of the amazing swimmers who fueled the early success Carolina had at the AIAW level in the late 1970s.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins to take command of both the men's and women's teams in 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays' men's squad to an NCAA Division III championship in 1977 after attaining runner-up finishes in both 1975 and 1976.

Comfort not only helped continue but also greatly improved upon Carolina's swimming success over his 30-year tenure in Chapel Hill. His men's teams won over 71 percent of their dual meets and the women's teams captured over 83 percent of their dual meets under his tutelage.

His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for the first time since 1963 and 1964.

With six titles in a row, the 1993 through 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing.

The women finished in the Top 25 in the nation in 25 of the 30 seasons during Comfort's tenure and Carolina won 16 of the 29 ACC championships contested during Comfort's tutelage. His women's team's won 55.2 percent of the ACC championships decided during his coaching tenure



Eric Ericson earned first-team All-America honors in backstroke events all four years from 1981-84.

while the rest of the league split up the other 44.8 percent during that time span. On 11 of the other 13 occasions when UNC did not claim the title, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely



Tyler Harris' third-place finish in the 400-yard individual medley at the 2011 NCAA Championships was the highest individual placing for a UNC men's swimmer since Phil Riker's NCAA title in 1966.

well in the classroom. His final year was the 20th school year in a row that the Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic Honor Roll as 41 were named to the academic list in 2006-07. Beginning with the 1987-88 school year and continuing through end of Comfort's tenure, UNC swimming placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Academic Honor Roll.

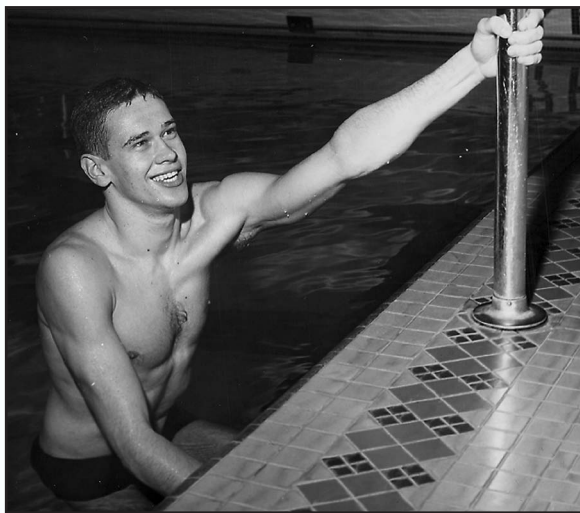
That is a consistent record of academic excellence in which the program took pride. The Tar Heels continued their academic prowess in Coach Rich DeSelm's first five years as head coach as 34 individuals were tapped for the ACC Academic Honor Roll in 2007-08, 38 more made the list in 2008-09, another 38 earned such honors in 2009-10, 32 made the list in 2010-11 and a DeSelm program best earned such honors a year ago.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years previous to that at Johns Hopkins. At the time of his retirement, no coach in collegiate history had won more dual meets in their career than Comfort did as he finished with 578 dual-meet wins. His record has been surpassed since his retirement. Along the way to setting the record, Comfort broke the previous mark held by legendary Yale coach, Robert J. H. Kiphuth, the head mentor of the Bulldog program for 42 years.

Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who have directed Carolina's swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Eight Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete student-athlete, an amazing number for the sport given Carolina's rich athletic heritage



Charlie Krepp won both NCAA backstroke titles at the 1957 Championships in Bowman Gray Pool.

in so many other sports, particularly men's basketball and women's soccer. Among those eight are three outstanding women who have won the school's highest athletic award, including the first woman to ever win the award.

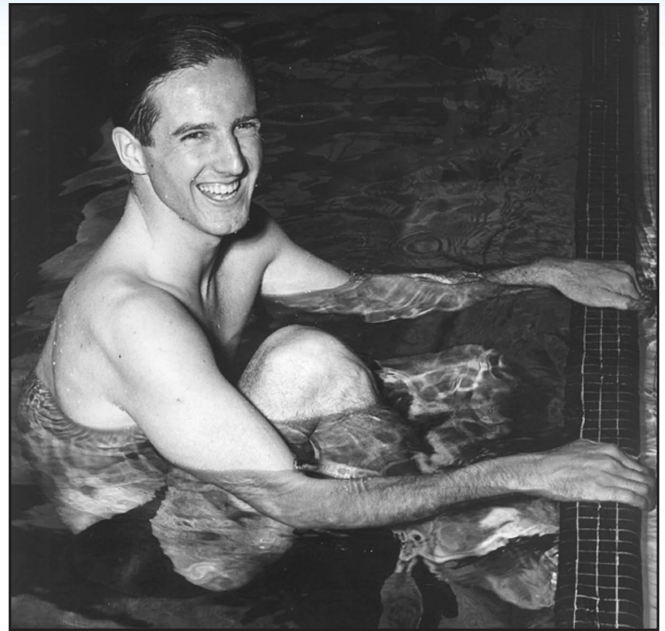
Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercollegiate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breaststroke mark in 1942; and Buddy Crone of Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of a national junior Amateur Athletic Union (AAU) diving title.

Several Tar Heels in the early era of the North Carolina swimming program won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twinning in 1948, Jimmy Thomas in 1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Jimmy Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was the remarkable Norm Sper (1947-50). Sper both swam on the team and was an outstanding diver. He accomplished all this while also serving as Carolina's head cheerleader during the Charlie Justice football era on campus.

Sper is one of only three men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the others being Eric Ericson from 1981-84 and Joe Kinderwater from 2008-11. In 1949, Sper won the National Amateur Athletic Union men's platform diving championship in Los Angeles, Calif.

Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. Born in Charlotte, N.C., Wakefield grew up in Palm Beach, Fla., In 1950, at age 22, Wakefield, won the 1950 women's one-meter AAU national diving championship in her hometown of Palm Beach with a score of 133.90 points. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at



Norm Sper was a four-time first-team All-America in both swimming and diving from 1947-50.

UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 in Atlanta, and the Florida state title and national junior championship in 1949.

The Greatest Swimmer In Southern History

Jimmy Thomas, the Patterson Medal recipient in 1951, was a versatile swimmer who won two AAU national individual medley championships and one AAU national



Distance swimmer Joe Kinderwater is one of only three Tar Heel men to win first-team All-America honors in four different years.



Sue Walsh and teammate Cami Berizzi were first and third in the 100-yard backstroke at the 1981 AIAW Championships.

backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC.

In 1950, Thomas, considered by many to be the top swimmer in Southern history, became the first swimmer in NCAA annals to be named an All-America in four different individual events in the same year. He completed his career having never lost a race

he placed fourth in the 200-meter butterfly.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America selection, Mann was a 1964 Olympic Games gold medalist as the leadoff swimmer on the United States' victorious

in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's top individual point scorer, with his best finish being a second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas while at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance of three different strokes — the butterfly, backstroke and freestyle — and he won both gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico.

Other top men's swimmers have included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team in Tokyo where



Thompson Mann was an Olympic gold medalist in Tokyo and the first man to swim the 100 meters backstroke in less than a minute.

4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one-minute standard at that distance, clocking a time of 59.8 seconds.

Other outstanding men's swimmers at Carolina have included Ken Ireland, a backstroker who was the Most Valuable Swimmer at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; and Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games for Greece and was the Most Valuable Swimmer at the 1986 ACC Championships.

The list continues with the incredibly gifted John Davis, who twice was the ACC Championships MVP, the 1990 ACC Swimmer-of-the-Year, and who also set the ACC record for career individual men's championships with 11; David Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the

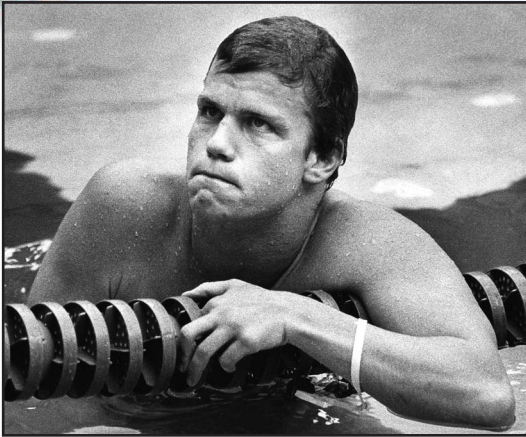
Carolina's Men's Collegiate National Champions

Name	Event	Year	Winning Time
Phil Drake	200-Yard Butterfly	1955	2:13.7
Charlie Krepp	100-Yard Backstroke	1957	58.1
	200-Yard Backstroke	1957	2:07.8
Phil Riker	100-Yard Butterfly	1966	51.19

Carolina's Women's Collegiate National Champions

Name	Event	Year	Winning Time
Ann Marshall	200-Yard Freestyle	1976	Unknown
	200-Yard Backstroke	1976	Unknown
Bonny Brown	100-Yard Individual Medley	1977	Unknown
Sue Walsh (back)	200-Yard Medley Relay	1981	1:42.63
Amy Pless (breast)			
Cami Berizzi (fly)			
Barb Harris (free)			
Sue Walsh	50-Yard Backstroke	1981	25.97
	100-Yard Backstroke	1981	55.60
Barb Harris	50-Yard Butterfly	1982	24.82
Sue Walsh	50-Yard Backstroke	1982	25.64
	100-Yard Backstroke	1982	54.81
	200-Yard Backstroke	1982	1:59.47
Sue Walsh	50-Yard Backstroke	1983	25.85
	100-Yard Backstroke	1983	55.62
	200-Yard Backstroke	1983	1:59.05
Sue Walsh	100-Yard Backstroke	1984	55.32
	200-Yard Backstroke	1984	1:59.84
Jessi Perruquet	200-Yard Freestyle	2003	1:45.01
Stephanie Peacock	1650-Yard Freestyle	2012	15:38.79





Chris Stevenson was the MVP of the 1986 ACC Championships and a 1984 Olympian for Greece.

1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team.

Swimming alongside Monasterio were the likes of James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and the son of a former Carolina swimming team captain and ACC champion, Harvey Hamrick; and Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992 in Barcelona. Yann deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

Two 1997 alumni, Steve Bonack and Jeff



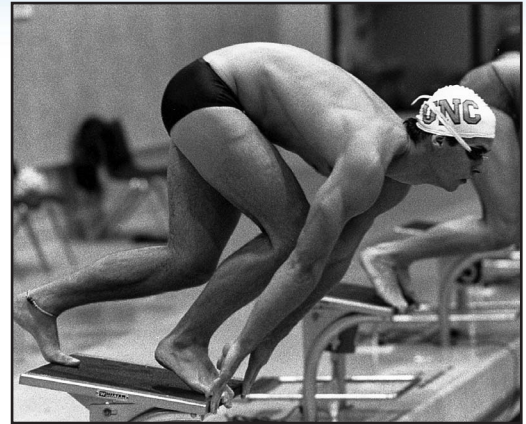
Soccer player Danny Jackson and swimmer Katie Hathaway won the Patterson Medal as UNC's outstanding senior athletes in 2002.

Weiss, also added their names to the list of great swimmers at Carolina. Both were All-America breaststrokers at UNC. Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. team that competed at the World Championships in 1996.

In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and a two-time CoSIDA Verizon Academic All-America selection. Shade held the ACC record in the 100-yard butterfly for 11 years before it was finally broken by UNC's Tommy Wyher in 2009.

In the past decade, Carolina has produced Sean Quinn, two-time ACC champion and three-time All-America in the 200-yard breaststroke, and Yuri Suguiyama, a 2004 All-America first-team All-America and a back-to-back ACC champion in the 200-yard freestyle in 2003 & 2004. Both swimmers went into the coaching profession – Quinn at UNC and Suguiyama at the Curl-Burke Swim Club in Maryland and now at the University of California. A contemporary of Quinn and Suguiyama was Canadian native Eric Poitras, who won the ACC championship in three-meter diving in 2004 and was named the ACC Championships diving MVP of the same year. Poitras accomplished his MVP feat exactly one decade after Joe Craft had done so in 1994. When he won the award, Craft became UNC's first diving MVP in the conference since 1958.

Recent Tar Heel standouts include Hank Browning, who won back-to-back ACC championships in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a world champion in open water swimming, a member of the U.S. Swimming Open Water National Team and a first-team All-America in 2007. Peterson won the ACC title in the 1650-yard freestyle as a senior and captured the Patterson Medal as the University's outstanding senior men's athlete in



John Davis' 11 individual ACC championships stand as a record never equaled in league lore.

2010.

The 2011 crop of Tar Heel seniors included incomparable talents like Tyler Harris, Joe Kinderwater and Tommy Wyher. Harris, a Richmond, Va., native finished third in the 400-yard individual medley at the 2011 NCAA Championships, UNC's best individual NCAA finish since Phil Riker won an NCAA title in 1966. Harris won two ACC titles as a senior and rewrote the Tar Heel record book in the 200 and 400 IMs, both long course and short course. In the summer of 2011, he finished second in the 200-meter IM at the U.S. Swimming Nationals, took the bronze medal in the 400-meter IM at the World University Games and was named to the U.S. Team for the 2011 Pan American Games in Mexico. He was named to the 2011 U.S. Swimming National Team with Tar Heel teammate Tom Luchsinger, a senior on the 2012-13 squad. Harris was also an Olympic finalist in 2012.

Kinderwater's fifth-place finish in the 1650-yard freestyle at the 2008 NCAA Championships began a streak of four successive top eight NCAA finishes in the event for the Lancaster, Pa. native. His freshman year finish was the best individual placing by a Tar Heel men's swimmer in 15 years. The following summer, he went on to be a finalist in the 1500-meter freestyle at the 2008 Olympic Trials. Kinderwater was named in 2009 as a member of both the U.S. National Team and the U.S. Open Water National Team. Kinderwater joined Norm Sper (1947-50)

Carolina's Olympians

Name	Country Represented	Year	Olympic Site
Stan Tinkham (Women's Head Coach)	United States	1956	Melbourne
Thompson Mann	United States	1964	Tokyo
Phil Riker	United States	1964	Tokyo
Ann Marshall	United States	1972	Munich
Janis Hape	United States	1976	Montreal
Wendy Weinberg	United States	1976	Montreal
Sue Walsh	United States	1980	Moscow
Chris Stevenson	Greece	1984	Los Angeles
Yann deFabrique	France	1992	Barcelona
David Monasterio	Puerto Rico	1992	Barcelona
Yann deFabrique	France	1996	Atlanta
Yi-Khy Saw	Malaysia	2004	Athens

and Eric Ericson (1981-84) as the only three four-time first-team All-Americans in UNC history. He owns Carolina records in the 1000 and 1650 freestyles. In both 2009 and 2010, Tommy Wyher captured attention by winning ACC championships in the 100-yard butterfly and 100-yard backstroke on the same day, setting ACC records in both events in the process, and doing so in back-to-back years. He ended up sweeping four ACC titles in the

100 back, becoming only the 20th swimmer in ACC history to win the same event all four years. In 2010, he made first-team All-America when he finished fifth at NCAAs in the 100-yard butterfly. Wyher closed his career with two ACC records and the school mark in the 200 back.

Carolina's 2012 Senior Class was another accomplished one. The senior class helped lead UNC to NCAA finishes of 15th in 2010, 14th in 2011 and 14th in 2012. That marked the first time since 1956-58 that Carolina had posted three straight Top 15 finishes. As a senior in 2012, Milwaukee native Steve Cebertowicz posted Top 6 NCAA finishes in both the 50- and 100-yard freestyles. No Tar Heel had pulled off the double of first-team All-America in those two events since Pete Worthen in 1965.

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina swimmer Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

MEN

Name	Years
John Davis	1988-91
Yann deFabrique	1992-95
Phil Drake	1953-55
Eric Ericson	1981-84
Kenny Ireland	1978-81
Charlie Krepp	1955-57
Thompson Mann	1962-64
Harrison Merrill	1963-65
David Monasterio	1990-93
Phil Riker	1966-68
Trevor Runberg	1995-98

WOMEN

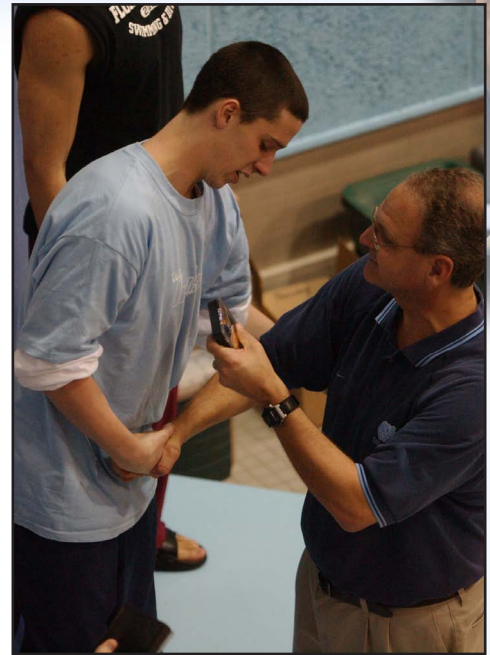
Name	Years
Erika Acuff	1997-2001
Cami Berizzi	1981-84
Bonny Brown	1977-80
Melanie Buddemeyer	1985-89
Melissa Douse	1989-92
Lauren Dupree	1977-80
Richelle Fox	1997-98
Kari Haag	1993-96
Janis Hape	1977-80
Barb Harris	1979-82
Katie Hathaway	1999-2002
Gayle Hegel	1980-83
Ann Marshall	1976-79
Chrissy Miller	1995-98
Susan O'Brien	1985-88
Sarah Perroni	1990-93
Jessi Perruquet	2001-04
Amy Pless	1981-84
Leslie Ramsey	1992-95
Sue Walsh	1981-84
Christy Watkins	2000-03
Polly Winde	1983-86

Talented Women Since the Inception

In 1976, Ann Marshall, the first female swimmer to receive an athletic scholarship at UNC, captured Association for Intercollegiate Athletics for Women national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian at age 14, was followed by Bonny Brown, who in 1980 became the first female recipient of the Patterson Medal as UNC's outstanding senior student-athlete. Brown was a gold medalist at the 1975 Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley and later that summer she was a gold medalist for the U.S. Team at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. The greatest swimmer ever to spend most of his or her competitive career swimming in the state of North Carolina, Walsh won 10 national collegiate individual championships and was on one national championship relay squad as a collegian. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal as UNC's outstanding senior athlete in 1984, edging out basketball great Sam Perkins in the process. In 1983, she was named the North Carolina Athlete-of-the-Year for all professional and amateur sports by the Greensboro News & Record.

Walsh was joined on the U.S.'s 1982 World Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NCAAs and is married to former Tar Heel baseball



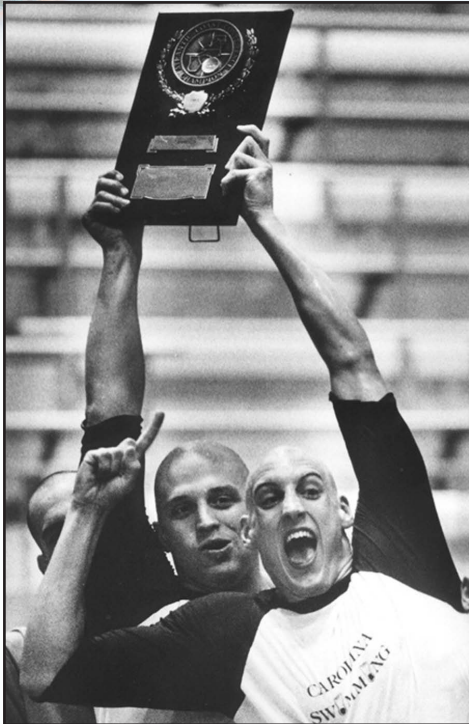
Sean Quinn won a pair of ACC titles in the 200-yard breaststroke under the tutelage of head coach Frank Comfort.

star B.J. Surhoff, a major league baseball standout for two decades, primarily with the Baltimore Orioles and Atlanta Braves. Winde was inducted into the Maryland Swimming Hall of Fame, which also includes UNC swimmer and U.S. Olympian Wendy Weinberg, Class of 1980, and Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the early 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay



Carolina men's and women's swimmers and divers swept the conference team trophies at the 1993 meet at Koury Natatorium.



Co-captains Mark Welker and Tim Sutton lift the ACC championship trophy in 1983, UNC's first league title in 19 years.

in 1981. From 1981-84, UNC finished third twice, fifth once and sixth once in the national meet.

The ACC MVPs

Several Tar Heel women have been named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag



1976: Ann Marshall Wins the Program's First Two Individual National Titles in the 200-yard Freestyle and 200-yard Backstroke at the AIAW Meet

Ann Marshall won Carolina's first two national championships in women's swimming at the 1976 AIAW Championships.

in 1995, Chrissy Miller in 1996 and 1998, Richelle Fox in 1997 and Stephanie Peacock in 2012.

Another top swimmer for Carolina was Melanie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of just seven women's swimmers in ACC history to sweep an individual event all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning titles in both the 100- and 200-yard butterfly in 1985, 1986, 1987 and 1989. Also duplicating the feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers would include Sarah Perroni, Class of '93. A three-year first-team All-America, Perroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the 1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

Another great Tar Heel sprinter was Jessi Perquet who swam at Carolina from 2001-04. Perquet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Perquet was the ACC Swimmer-of-the-Year in 2003 and was named to the Top 50 ACC women's swimmers of all-time.

Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at the NAAs in the 200-yard freestyle. Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers.

Richelle Depold Fox, a transfer from UCLA who was married to U.S. Olympic gold medalist David Fox while she was in college and he was



Coach Frank Comfort retired after 30 years as head coach in 2007. His women sent him out on a winning note with the school's 16th ACC title.

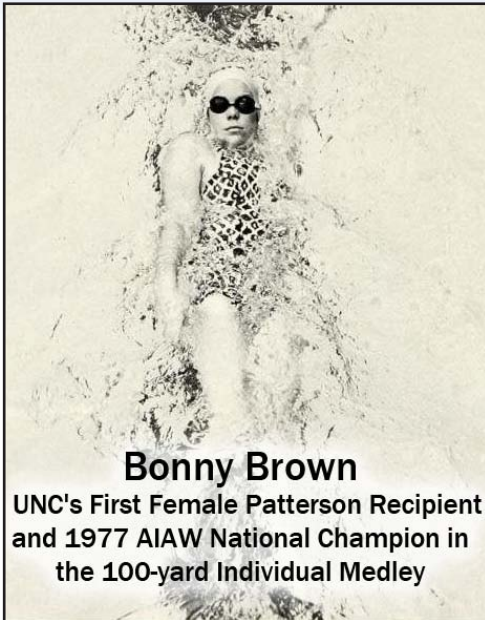
serving as an assistant coach to Frank Comfort, was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six top eight finishes in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the U.S. squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia by Kari Haag and by Molly Freedman, later a standout butterflyer at UNC.

Besides Perquet, the most recent decade has featured the likes of Katie Hathaway, Erika Acuff Erndl, Christy Watkins and Whitney Sprague. Acuff won a slew of ACC titles at Carolina from 1997-2001 and has gone on to a spectacular master's swimming career, repeatedly breaking UNC long course standards over the past several years. At age 33, Acuff Erndl was named to the American Team for the 2011 Pan American Games in Mexico. Hathaway was multiple ACC champion and first-team All-America and winner of the Patterson Medal in 2002. Watkins won four successive ACC titles in the 50 free from 2000-03 and three straight conference crowns in the 100 back (2000-02). She broke Sue Walsh's 17-year-old ACC record in the 100 back in 2000. Whitney Sprague was one of the greatest distance swimmers in UNC history, holding ACC standards in the 500, 1000 and 1650 freestyles. Sprague finished third in the 1650 at NAAs in 2007 and then posted second-place finishes in

Patterson Medal Winners

(Awarded Annually to the Outstanding Senior Men's and Women's Student-Athletes at UNC since 1924)

Name	Year
Denny Hammond	1944
Jimmy Thomas	1951
Cecil Milton	1952
Harrison Merrill	1965
Bonny Brown	1980
Sue Walsh	1984
Katie Hathaway	2002
Chip Peterson	2010



Bonny Brown
UNC's First Female Patterson Recipient
and 1977 AIAW National Champion in
the 100-yard Individual Medley

Bonny Brown was a national champion in 1977 and the first female Patterson Medal recipient in 1980.

both 2008 and 2009. Her 500-yard freestyle ACC record was broken by Tar Heel freshman Stephanie Peacock in 2011.

Peacock had one of the greatest seasons in UNC history in 2011-12, sweeping ACC Swimmer of the Year and Most Valuable Swimmer at the ACC Championships honors. Peacock set ACC records in the 500, 1000 and 1650 freestyles and won ACC titles in the 200, 500 and 1650 freestyles. At the 2012 NCAA Championships in Auburn, Ala., she won Carolina's first individual NCAA championship in nine years as she captured the title in the 1650-yard freestyle in 15:38.79, breaking the 22-year-old NCAA record held by Olympic gold medalist Janet

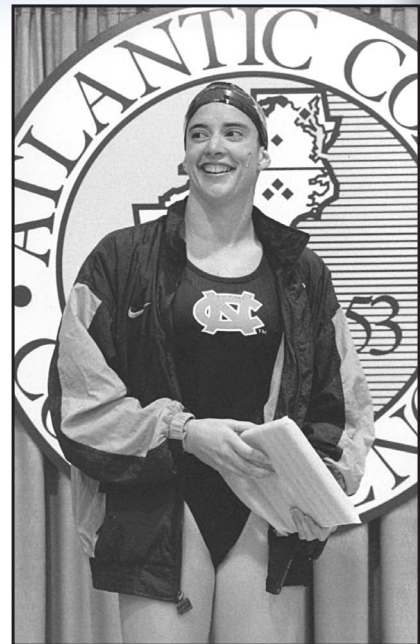
Evans.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has especially been true over the past three decades. Starting with Bonny Brown's appearance in the 1977 World University Games, other Tar Heels invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979; Sue Walsh in 1981 at Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Alberta; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley standout Carrie Szulc in 1993 at Buffalo, N.Y.; Yann deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003, and Whitney Sprague and Stephanie Eisenring in 2009 in Belgrade, Serbia. Sprague won the gold medal in the 800-meter freestyle at the 2009 event. Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while Yann deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games. Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

Most recently, UNC was represented by head coach Rich DeSelm at the 2011 World University Games in Shenzhen, China. He served as head coach of the U.S. men's team there and UNC assistant coach Eric Stefanski served as U.S. Team Manager. Carolina swimmers Tyler Harris and Stephanie Peacock won bronze medals at the 2011 WUGs in the 400-meter individual medley and 400-meter freestyle respectively. This past summer Carolina had two undergraduate swimmers, Stephanie Peacock and Tom Luchsinger, named to the U.S. National Team. Both have earned spots on the U.S. Team that will compete in the World University Games in Kazan, Russia from July 6-17, 2013.

In August 1987, UNC had a par-



Richelle Fox was a two-time ACC Swimmer of the Year and twice NCAA runner-up in the 100 butterfly.

ticipant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the 2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10 kilometer open water swimming. Two Tar Heels will compete in the 2011 Pan American Games in Guadalajara, Mexico. 2011 graduate Tyler Harris made the men's team and 2001 alumna Erika Acuff Erndl will compete for the U.S. women at age 33.

Carolina Olympians of the past 30 years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in 2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships and Brad Hamilton swam for Jamaica in the 2009 and 2011 World Championships. In the latter year he was coached by UNC assistant Eric Stefanski who was tapped as the Jamaican National Team coach. Chip Peterson and Joe Kinderwater swam in the 2008, 2009 and 2010 World Open Water Championships for the United States. Both have been fixtures on the U.S. National Open Water Swimming Team in the past five years.



Polly Winde (1983-86) and husband B.J. Surhoff join UNC head coach Bill Guthridge and his wife Leesie at the 2002 ACC Top 50 banquet. Winde won four straight ACC titles in the 400 IM.



Men's All-Americans

- 1941-42**
First Team All-Americans—Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.
- 1943-44**
First Team All-Americans—Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.
- 1944-45**
First Team All-Americans—Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.
- 1945-46**
First Team All-Americans—Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.
- 1946-47**
First Team All-Americans—Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.
- 1947-48**
First Team All-Americans—Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.
- 1948-49**
First Team All-Americans—Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.
- 1949-50**
First Team All-Americans—Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.
- 1950-51**
First Team All-Americans—Buddy Baarcke, 100 Back; Jimmy Thomas,

- 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.
- 1951-52**
First Team All-Americans—Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.
- 1952-53**
First Team All-Americans—Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heemann, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.
- 1954-55**
First Team All-Americans—Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.
- 1955-56**
First Team All-Americans—Lee Holmes, 200 Fly; Charlie Krepp, 100 and 200 Back, 200 IM.
- 1956-57**
First Team All-Americans—Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McInnis, Diving
- 1957-58**
First Team All-Americans—Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.
- 1960-61**
First Team All-America—Harry Bloom, 100 Fly, 100 Free.
- 1961-62**
First Team All-America—Thompson Mann, 100 and 200 Back.
- 1962-63**
First Team All-Americans—Thompson Mann, 100 Back; Harrison Merrill, 200 Free.
- 1963-64**
First Team All-Americans—Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.
- 1964-65**
First Team All-Americans—Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.
- 1965-66**
First Team All-America—Phil Riker, 100 Fly.



Steve Ceibertowicz was a first-team All-America in both the 50 and 100 freestyles in 2012.



Cari Blalock notched honorable mention All-America kudos in the 400 IM as a sophomore.

- 1966-67**
First Team All-Americans—Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.
- 1967-68**
First Team All-Americans—Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.
- 1975-76**
First Team All-Americans—Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.
- 1976-77**
First Team All-America—Mark List, 200 Back.
- 1977-78**
First Team All-Americans—Mark List, 100 Back; Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.
- 1978-79**
First Team All-America—Ken Ireland, 200 Back.
- 1979-80**
First Team All-America—Ken Ireland, 100 and 200 Back.
- 1980-81**
First Team All-America—Eric Ericson, 100 Back.
- 1981-82**
First Team All-America—Eric Ericson, 100 Back.
- 1982-83**
First Team All-America—Eric Ericson, 100 and 200 Back.
- 1983-84**
First Team All-America—Eric Ericson, 100 and 200 Back.
- 1984-85**
Honorable Mention All-America—Chris Stevenson, 100 Back.
- 1985-86**
Honorable Mention All-Americans—Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.
- 1987-88**
First Team All-Americans—John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americans*—Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.
- 1988-89**
Honorable Mention All-America—Gary Gauch, 100 Breast.
- 1989-90**
Honorable Mention All-Americans—Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis, Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.
- 1990-91**
First Team All-Americans—David Monasterio, 200 Free, 200 Fly. *Honorable Mention All-Americans*—James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.
- 1991-92**
First Team All-America—James Hamrick, 500 Free. *Honorable Mention All-Americans*—David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.
- 1992-93**
First Team All-Americans—Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americans*—Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark Sedlak, Yann deFabrique, 400 Free Relay.
- 1993-94**
Honorable Mention All-Americans—Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.
- 1994-95**
Honorable Mention All-Americans—Trevor Runberg, Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.
- 1995-96**
First Team All-Americans—Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americans*—Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 800 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.



Stephanie Peacock not only won the 1650 freestyle in 2012, she also grabbed third-place status in the 500 freestyle.

1996-97

Honorable Mention All-America—Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast;

Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jennings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay

1997-98

First Team All-America—Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-America—Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First Team All-America—Sean Quinn, 200 Breast. *Honorable Mention All-America*—David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America—Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-America—Sean Quinn, 200 Breast; Yuri Sugiyama, 500, 1650 Free.

2003-04

First Team All-America—Yuri Sugiyama, 400 Free. *Honorable Mention All-America*—Yuri Sugiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America—Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America—Hank Browning, 500 Free.

2006-07

First Team All-America—Chip Peterson, 1650 Free. *Honorable Mention All-America*—Chip Peterson, 500 Free.

2007-08

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-America*—Tyler Harris, 400 IM; Ryan Funderburk, 3-Meter Diving.

2008-09

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-America*—Tyler Harris, 400 IM; Chip Peterson, 1650 Free.

2009-10

First Team All-America—Joe Kinderwater, 1650 Free; Tyler Har-

ris, 400 IM; Tommy Wyher, 100 Fly. *Honorable Mention All-America*—Chip Peterson, 500 Free, 1650 Freestyle; Tommy Wyher, 100 Back; Evan Reed, Tommy Wyher, Steve Cebertowicz, Brad Hamilton, 400 Freestyle Relay; Evan Reed, Chip Peterson, Tyler Harris, Wil Singley, 800 Freestyle Relay; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay.

2010-11

First Team All-America—Tyler Harris, 400 IM; Tom Luchsinger, 400 IM; Joe Kinderwater, 1650 Freestyle; Evan Reed, Steve Cebertowicz, Tom Luchsinger, Tyler Harris, 800 Freestyle Relay. *Honorable Mention All-America*—Dan O'Connor, 1650 Freestyle; Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay; Evan Reed, Steve Cebertowicz, Tommy Wyher, Brock Park, 400 Freestyle Relay.

2011-12

First Team All-America—Steve Cebertowicz, 50 Freestyle, 100 Freestyle. *Honorable Mention All-America*—Tom Luchsinger, 400 Individual Medley, 200 Butterfly; David MacDonald, Three-Meter Diving; Kyle Ficker, Steve Cebertowicz, Brock Park, Evan Reed, 200 Freestyle Relay; Steve Cebertowicz, Brock Park, J.T. Stillely, Kyle Ficker, 200 Medley Relay; Evan Reed, Tom Luchsinger, Steve Cebertowicz, J.T. Stillely, 800 Freestyle Relay; Steve Cebertowicz, Evan Reed, Kyle Ficker, Brock Park, 400 Freestyle Relay.

Women's All-Americans

1975-76

First Team All-America—Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First Team All-America—Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley

Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 800 Free Relay.

1977-78

First Team All-America—Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Toohar, 200 Fly; Cathy Vayda, Judy Toohar, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Toohar, 400 Free Relay.

1978-79

First Team All-America—Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First Team All-America—Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First Team All-America—Cami Berizzi, 50, 100 and 200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley

Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First Team All-America—Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200 and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First Team All-America—Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First Team All-America—Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200



David MacDonald captured honorable mention All-America accolades in three-meter diving last season.



Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Polly Winde, 400 IM. *Honorable Mention All-Americans*—Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First Team All-Americans—Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*—Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. *Honorable Mention All-Americans*—Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First Team All-Americans—Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*—Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americans—Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First Team All-Americans—Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*—Heather Cleevly, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First Team All-Americans—Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. *Honorable Mention All-Americans*—Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First Team All-Americans—Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. *Honorable Mention All-Americans*—Melissa Douse, 50 and 100 Free; Heather Cleevly, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First Team All-Americans—Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*—Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.

1993-94

First Team All-Americans—Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. *Honorable Mention All-Americans*—Leslie Ramsey, 500 and 1650 Free.

1994-95

First Team All-Americans—Kari Haag, 100 and 200 Free. *Honorable Mention All-Americans*—Leslie Ramsey, 200 Fly; Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First Team All-Americans—Kari Haag, 50, 100 and 200 Free. *Honorable Mention All-Americans*—Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooff, 800 Free Relay.

1996-97

First Team All-Americans—Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. *Honorable Mention All-Americans*—Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First Team All-Americans—Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free. *Honorable Mention All-Americans*—Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer

Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First Team All-Americans—Katie Hathaway, 400 IM; Erika Acuff, 400 IM. *Honorable Mention All-Americans*—Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer Strasburger, 800 Free Relay.

1999-2000

First Team All-Americans—Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. *Honorable Mention All-Americans*—Katie Hathaway, 200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americans—Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. *Honorable Mention All-Americans*—Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Summer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americans—Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. *Honorable Mention All-Americans*—Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

First Team All-Americans—Jessi Perruquet, 100 Free, 200 Free; *Honorable Mention All-Americans*—Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-America—Jessi Perruquet, 200 Free; *Honorable Mention All-Americans*—Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2005-06

Honorable Mention All-Americans—Whitney Sprague 500 Free; Nicole O'Donnell, 1650 Free.

2006-07

First Team All-America—Whitney Sprague, 1650 Free. *Honorable Mention All-America*—Whitney Sprague, 500 Free.

2007-08

First Team All-America—Whitney Sprague, 1650 Free.

2008-09

First Team All-Americans—Whitney Sprague, 500 Free, 1650 Free; Katura Harvey, 1650 Free.

2009-10

First Team All-America—Laura Moriarty, 200 Breast; *Honorable Mention All-Americans*—Laura Moriarty, 400 IM; Carly Smith, 100 Back, 20 Back; Rebecca Kane, Katie Nolan, Layne Brodie, Sarah Tanner, 200 Freestyle Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay.

2010-11

First Team All-America—Carly Smith, 100 Freestyle; *Honorable Mention All-Americans*—Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Individual Medley; Rebecca Kane, 50 Freestyle; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

First Team All-America—Stephanie Peacock, 500 Freestyle, 1650 Freestyle (NCAA Champion); *Honorable Mention All-Americans*—Cari Blalock, 400 Individual Medley; Stephanie Peacock, Danielle Siverling, Katie Nolan, Cari Blalock, 800 Freestyle Relay.



Carolina's 2012 honorable mention All-America 200 freestyle relay included Evan Reed, Brock Park, Steve Cebertowicz and Kyle Ficker.

Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; ^Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Massess, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay; Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.



Tommy Wyher won back-to-back-to-back-to-back ACC crowns in the 100 backstroke from 2008-11.

1959-60

Bob Bilbro, 200 Back; Vinny Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom, Harrison Merrill, Thompson Mann, 400 Free Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredevel, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredevel, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky, Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Medley Relay.

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis,

Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod Schroeder, 400 Medley Relay; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David



Carolina swimmers Michael Pigassou, Yuri Suguiyama and Justin Donato swept the podium in the 200 freestyle at the 2003 ACC Championships.



As a senior, Laura Moriarty won the 200 breaststroke at the conference championships. She also won the title in 2010.

Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving; Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak, 200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay;

Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly; Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Sean Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free.

2007-08

Tyler Harris, 400 IM; Tommy Wyher, 100 Back; Joe Kinderwater, 1650 Free.

2008-09

Tommy Wyher, 100 Back, 100 Fly.

2009-10

Tommy Wyher, 100 Back, 100 Fly; Chip Peterson, 1650 Free; Josh Hafkin, Vinny Pryor, Tommy Wyher, Steve Cebertowicz, 200 Medley Relay.

2010-11

Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, 100 Backstroke; Tyler Harris, 200 Individual Medley, 400 Individual Medley.

2011-12

Tom Luchsinger, 200 Butterfly, 400 Individual Medley.

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**

@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back; *Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

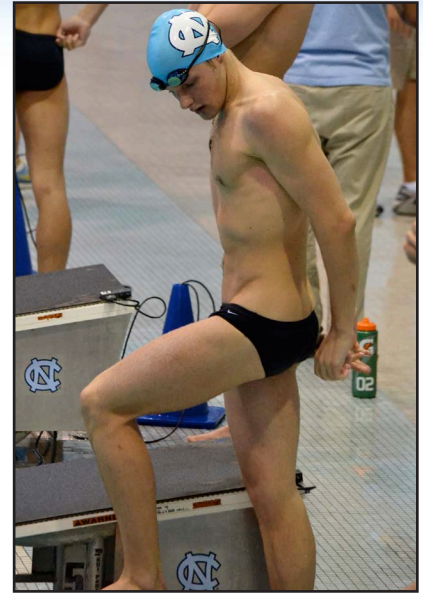
Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland, Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basicchiss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel, Sarah Durstein, 400 Free Relay; Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free;



Tom Luchsinger won ACC titles in the 200 fly and 400 IM as a junior in 2012.

Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

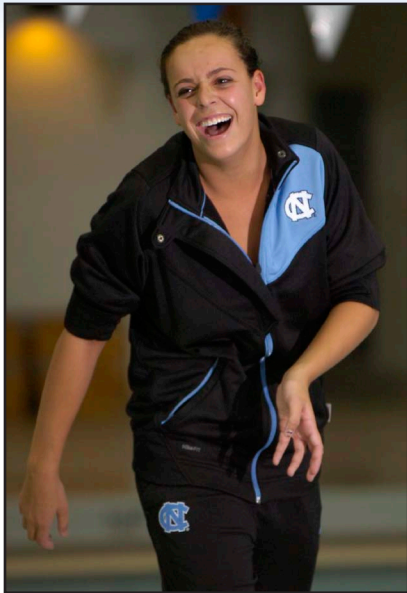
Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay; Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400



Whitney Sprague won four individual ACC gold medals in distance freestyle events.

Medley Relay.

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay.

1988-89

Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90

Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91

Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92

Shannon Allison, 200 Back; %Heather Cleevely, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie

Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93

Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM; Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94

Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.

1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; \$Chrissy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96

Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Chrissy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97

\$Erika Acuff, 200 IM, 400 IM, 200 Breast; *#Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free

Relay.

1997-98

Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Chrissy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99

Molly Sullivan, 1650 Free; Melissa Fiss, 200 Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000

Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01

Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03

Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04

Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05

Lizzy Bruce, 200 Breast.

2005-06

Lindsey Marck, 200 Fly.

2006-07

Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissy, 400 Free Relay; Ashley Howard,



Carolina pulled off an unexpected win in the 400 medley relay at the 2012 ACC Championships, powered by Katie Nolan, Danielle Siverling, Candace Cooper and Laura Moriarty.

Eliza Butts, Kelsey Morrissy, Whitney Sprague, 800 Free Relay.

2007-08

Whitney Sprague, 500 Free, 1650 Free.

2008-09

Katura Harvey, 500 Free; Layne Brodie, 100 and 200 Breast.

2009-10

Laura Moriarty, 100 and 200 Breast, 400 IM.

2010-11

Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Breaststroke, 200 Individual Medley; Carly Smith, 100 Backstroke, 200 Backstroke; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

*#Stephanie Peacock, 200 Freestyle, 500 Freestyle, 1650 Freestyle; Laura Moriarty, 200 Breaststroke; Candace Cooper, Katie Nolan, Laura Moriarty, Danielle Siverling, 400 Medley Relay.

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**

%Selected as Most Valuable Diver at Atlantic Coast Conference Championships

#Selected as Atlantic Coast Conference Swimmer-of-the-Year

\$Selected as Atlantic Coast Conference Rookie-of-the-Year



Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, Da-

vid Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Brannum, Ted Brisson, Mike Chorbba, Micah Copeland, Eric Fehr, Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorbba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Sugiyama

2001-02

Kevin Erndl, Eric Poitras, Sean

Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

2007-08

Joe Kinderwater, Vinny Pryor, Tommy Wyher, Tyler Harris, Andy Brake, Ryan Funderburk

2008-09

Joe Kinderwater, Tommy Wyher, Tyler Harris, Jason McLaughlin

2009-10

Steve Cebertowicz, Josh Hafkin, Tyler Harris, Joe Kinderwater, Tom Luchsinger, Chip Peterson, Vinny Pryor, Tommy Wyher

2010-11

Steve Cebertowicz, Tyler Harris, Joe Kinderwater, Tom Luchsinger, Evan Reed, Tommy Wyher

2011-12

Steve Cebertowicz, Kyle Ficker, Dominick Glavich, Tom Luchsinger, Brett Nagle, David MacDonald, J.T. Stille

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan O'Brien, Wendy Powers,

Patty Schultz, Polly Winde

1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz

1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turkish

1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers

1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan Leupold, Sarah Perroni, Staci Sawyer

1990-91

Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold, Heather Nottingham, Sarah Perroni, Hannah Turkish

1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleevly, Melissa Douse, Meredith Gardner, Ann Hart, Jenny Huber, Susan Leupold, Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc

1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc

1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc



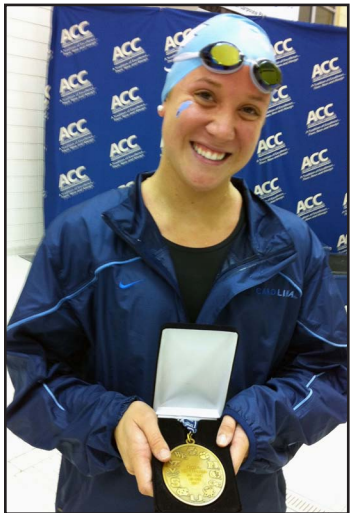
Kyle Ficker and Steve Cebertowicz finished 2-3 in the 50 freestyle at the ACC Championships, taking All-ACC honors in the process.



Heather Cleevly was the Most Valuable Diver at the 1992 ACC Championships.



Sarah Tanner was named All-ACC Academic for the third straight year.



Stephanie Peacock pulled off the double of ACC Swimmer of the Year and Most Valuable Swimmer at the ACC Championships.



Tom Luchsinger was a back-to-back All-ACC selection in 2011 and 2012.

1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey

1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman

1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger

1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger

1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan

1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins

2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks

2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks

2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks

2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch

2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff

2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague

2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague

2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves

2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty

2009-10

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Carly Smith

2010-11

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Stephanie Peacock, Carly Smith

2011-12

Cari Blalock, Candace Cooper, Laura Moriarty, Katie Nolan, Stephanie Peacock, Danielle Siverling

All-ACC Academic Team

2005-06

Men: Jon Albrecht, Robby Swendiman, Jon Fox, Jon Van Assen,

Keith Laabs, Patrick Woodruff, Philip Owen

Women: Lizzy Bruce, Erika Matheis, Meagan Eickman, Gia Santoro

2006-07

Men: Keith Laabs, Philip Owen, Chip Peterson, Adam

Schauer, Robby Swendiman

Women: Aubrette Biegel, Meagan Eickman, Kristin Oxford, Emily Reardon, Megan Steeves

2007-08

Men: Andy Brake, Tyler Harris, Jeff James, Joe Kinderwater,

Keith Laabs, Philip Owen, David Solarz, Robby Swendiman

Women: Laura Filip, Katura Harvey, Erica Schiffler, Megan Steeves

2008-09

Men: Tyler Harris, Joe Kinderwater, Victor Leclere, Brad Mitchell, Chip Peterson, David Solarz

Women: Layne Brodie, Katura Harvey, Ashley Howard, Jenna Moore, Megan Steeves

2009-10

Men: Andy Brake, Tyler Harris, Joe Kinderwater, Jeff James, Chip Peterson

Women: Katura Harvey, Katie Nolan, Marie Pesacreta, Sarah Tanner

2010-11

Men: Colin Bridier, Robert Grimmett-Norris, Tyler Harris, Ryland Jones, J.T. Stillely

Women: Layne Brodie, Danielle Jansen, Rebecca Kane, Katie Keel, Ashley Miller, Jenna Moore, Marie Pesacreta, Katie Rechsteiner, Sarah Tanner

2011-12

Men: Dominick Glavich, David MacDonald, Patrick Myers, Brett Nagle, Brock Park, J.T. Stillely

Women: Laura Moriarty, Katie Rechsteiner, Jackie Rudolph, Danielle Siverling, Sarah Tanner

ACC Men's Swimmer-of-the-Year

John Davis 1990
David Monasterio 1991
Steve Bonack 1996
Trevor Runberg 1996



Dominick Glavich was both All-ACC and All-ACC Academic in 2012.

ACC Men's Swimming Freshman-of-the-Year

Scott Troy 1995
Sean Quinn 2000
Hank Browning 2006
Dan O'Connor 2011

ACC Men's Swimming Coach-of-the-Year

Frank Comfort 1991
Frank Comfort 1993
Frank Comfort 1996
Frank Comfort 1997

Most Valuable Men's Swimmer at ACC Championships

Ken Ireland 1979
Eric Ericson 1984
Chris Stevenson 1986
John Davis 1988
John Davis 1990
David Monasterio 1991
Tucker Shade 1996

Most Valuable Men's Diver at ACC Championships

Joe Craft 1994
Eric Poitras 2004



Dan O'Connor was the ACC Freshman of the Year in 2011.



Jackie Rudolph led a group of five women on the 2012 All-ACC Academic Team.



As a freshman, Tucker Shade was the Most Valuable Swimmer at the 1996 ACC Championships.

John A. Futchenberg Award (Outstanding Men's Diver in ACC)

David McInnis	1956
David McInnis	1957
Ned Meekins	1958

ACC Men's Swimming & Diving Scholar-Athlete of the Year

Chip Peterson	2010
Tyler Harris	2011

ACC Women's Swimmer-of-the-Year

Melissa Douse	1992
Leslie Ramsey	1994
Kari Haag	1995
Kari Haag	1996
Richelle Fox	1997
Richelle Fox	1998
Jessi Perruquet	2003
Stephanie Peacock	2012

ACC Women's Freshman-of-the-Year

Chrissy Miller	1995
Erika Acuff	1997
Summer Mack	1998
Jessi Perruquet	2001
Layne Brodie	2009
Stephanie Peacock	2011

ACC Women's Swimming Coach-of-the-Year

Frank Comfort	1982
Frank Comfort*	1984
Frank Comfort	1985
Frank Comfort	1992
Frank Comfort	1993
Frank Comfort	1995
Frank Comfort*	1996



Rich DeSelm won honors as the ACC Women's Swimming Coach of the Year in 2012.

Frank Comfort	2000
Frank Comfort	2001
Frank Comfort	2002
Frank Comfort	2007
Rich DeSelm	2012

Most Valuable Women's Swimmer at ACC Championships

Cindy Shirey	1979
Gayle Hegel	1980
Sue Walsh	1981
Sue Walsh	1983
Sue Walsh	1984
Susan O'Brien	1985
Susan O'Brien	1988
Melissa Douse	1992
Kari Haag	1995
Chrissy Miller	1996
Richelle Fox	1997
Chrissy Miller	1998
Stephanie Peacock	2012

Most Valuable Women's Diver at ACC Championships

Ann Wentz	1987
Heather Cleevly	1992

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.
1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.
1941-42: Bob Ousley, 200 Breast; Denny Hammond, 150 Back; 400



Candace Cooper closed out her Carolina career with All-ACC honors in 2012.

Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

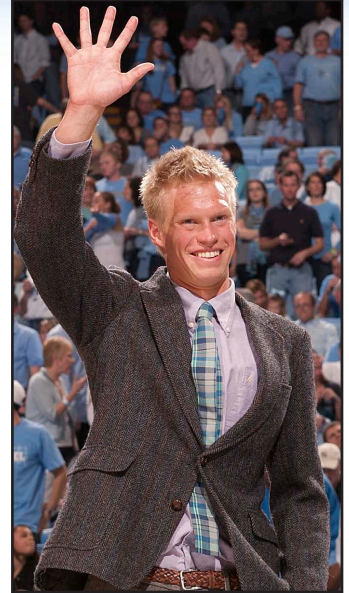
1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back;

1950-51: Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy



Chip Peterson was the ACC Swimming Scholar Athlete of the Year in 2010.

Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

Fleming Stone	1940
Denny Hammond	1943
Dick Twining	1948
Jimmy Thomas	1949
Jimmy Thomas	1950
Donnie Evans	1951
Jimmy Thomas	1951



J.T. Stilley was an All-ACC and All-ACC Academic standard bearer in 2012.

UNC Swimming & Diving Team Awards

1977-78

Men's Most Valuable Swimmer: Rich DeSelm

Women's Most Valuable Swimmer: Bonny Brown

Men's Most Outstanding Swimmer: Mark List

Women's Most Outstanding Swimmer: Bonny Brown

Men's Most Improved Swimmer: Al Hill

Women's Most Improved Swimmer: Betsy Hughes

Men's Captains: Rich DeSelm, Mark List

Women's Captains: Bonny Brown, Laurie Potter

1978-79

Men's Most Valuable Swimmer: Fritz Homans

Women's Most Valuable Swimmer: Nancy Hudock

Men's Most Outstanding Swimmer: Ken Ireland

Women's Most Outstanding Swimmer: Bonny Brown

Men's Most Improved Swimmer: Robert Bingham

Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey

Men's Captains: Mike Amaya, Fritz Homans

Women's Captains: Bonny Brown, Laurie Potter

1979-80

Men's Most Valuable Swimmer: Dave Hansen

Women's Most Valuable Swimmer: Bonny Brown

Men's Most Outstanding Swimmer: Ken Ireland

Women's Most Outstanding Swimmer: Gayle Hegel

Men's Most Improved Swimmer: Jeff Schenk

Women's Most Improved Swimmer: Mary Ann Dempster

Men's Captains: Mike Amaya, Fritz Homans

Women's Captains: Bonny Brown, Lauren Dupree

1980-81

Men's Most Valuable Swimmer: Dave Hansen

Women's Most Valuable Swimmer: Sue Walsh

Men's Most Outstanding Swimmer: Eric Ericson

Women's Most Outstanding Swimmer: Sue Walsh

Men's Most Improved Swimmer: Ken Warren

Women's Most Improved Swimmer: Jenny Strickland

Men's Captains: Keith Hoffman, Ken Ireland

Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82

Men's Most Valuable Swimmer: Dave Hansen

Women's Most Valuable Swimmer: Sue Walsh

Men's Most Outstanding Swimmer: Eric Ericson

Women's Most Outstanding Swimmer: Sue Walsh

Men's Most Improved Swimmer: Mike Ferguson

Women's Most Improved Swimmer: Jeannette Nabell

Men's Hill Carrow Spirit Award Winner: Roger Vredeveld

Women's Hill Carrow Spirit Award Winner: Patty Huey

Men's Captains: Jose deJesus, Dave Hansen

Women's Captains: Barb Harris, Nance Thompson

1982-83

Men's Most Valuable Swimmer: Chris Stevenson

Women's Most Valuable Swimmers: Sue Walsh, Polly Winde

Men's Most Outstanding Swimmer: Eric Ericson

Women's Most Outstanding Swimmer: Sue Walsh

Men's Most Improved Swimmer: Tim Sutton

Women's Most Improved Swimmer: Sarah Durstein

Men's Hill Carrow Spirit Award Winner: Roger Vredeveld

Women's Hill Carrow Spirit Award Winner: Patty Huey

Bruce Webster Memorial Award Winner: Dirk Marshall

Men's Captains: Tim Sutton, Mark Welker

Women's Captains: Cami Berizzi, Sue Walsh

1983-84

Men's Most Valuable Swimmer: Eric Ericson

Women's Most Valuable Swimmer: Sue Walsh

Men's Most Outstanding Swimmer: Eric Ericson

Women's Most Outstanding Swimmer: Sue Walsh

Swimmer: Sue Walsh

Men's Most Improved Swimmer: Doug Sawyer

Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland

Men's Hill Carrow Spirit Award Winner: Geoff Cassell

Women's Hill Carrow Spirit Award Winner: Patty Huey

Bruce Webster Memorial Award Winner: Dirk Marshall

Men's Captains: Eric Ericson, Dirk Marshall

Women's Captains: Amy Pless, Sue Walsh

1984-85

Men's Most Valuable Swimmer: Chris Stevenson

Women's Most Valuable Swimmer: Polly Winde

Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson

Women's Most Outstanding Swimmer: Melanie Buddemeyer

Men's Most Improved Swimmer: Neil Wilson

Women's Most Improved Swimmer: Deirdre Coury

Men's Hill Carrow Spirit Award Winner: Geoff Cassell

Women's Hill Carrow Spirit Award Winner: Sue Scott

Bruce Webster Memorial Award Winner: Scott Fuller

Men's Captains: Geoff Cassell, Dirk Marshall

Women's Captain: Sue Scott

1985-86

Men's Most Valuable Swimmer: Chris Stevenson

Women's Most Valuable Swimmer: Susan O'Brien

Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson

Women's Most Outstanding Swimmer: Susan O'Brien

Men's Most Improved Swimmer: David Adams

Women's Most Improved Swimmer: Amy Pritchard

Men's Hill Carrow Spirit Award Winner: Dan Flack

Women's Hill Carrow Spirit Award Winner: Ginny Dunaway

Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn

Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson

ar-Athlete Award Winner: Chris Stevenson

Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein

Men's Captains: Randy Hyre, Chris Stevenson

Women's Captains: Sarah Durstein, Polly Winde

1986-87

Men's Most Valuable Swimmer: Larry Bloch

Women's Most Valuable Swimmer: Susan O'Brien

Men's Most Outstanding Swimmer: Doug Sawyer

Women's Most Outstanding Swimmer: Melanie Buddemeyer

Men's Most Improved Swimmer: Chris Himebauch

Women's Most Improved Swimmer: Karen Engel

Men's Hill Carrow Spirit Award Winner: Dan Flack

Women's Hill Carrow Spirit Award Winner: Martha McCann

Bruce Webster Memorial Award Winner: Tim Shea

Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer

Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann

Men's Captains: Dan Flack, Doug Sawyer

Women's Captains: Martha McCann, Susan O'Brien

1987-88

Men's Most Valuable Swimmer: John Davis

Women's Most Valuable Swimmer: Susan O'Brien

Men's Most Outstanding Swimmer: Larry Bloch

Women's Most Outstanding Swimmer: Susan O'Brien

Men's Most Improved Swimmer: Jon Austin

Women's Most Improved Swimmer: Jenny Hinshaw

Men's Hill Carrow Spirit Award Winner: Chris Himebauch

Women's Hill Carrow Spirit Award Winner: Wendy Powers

Bruce Webster Memorial Award Winner: Marc Ferguson

Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller



Kyle Ficker
Most Improved Swimmer



Laura Ruscoe
Andrea Erben Award

Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt
Men's Captains: Scott Fuller, Chris Himebauch
Women's Captain: Susan O'Brien
1988-89
Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers
Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers
Osterneck Family Unsung Hero Award Winners: Craig Silliman, Jeff Sural
Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman
Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard
Men's Captains: Jed Guenther, Chris Himebauch
Women's Captains: Amy Pritchard, Wendy Powers
1989-90
Men's Most Valuable Swimmer: John Davis

Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Jenny Huber
Men's Hill Carrow Spirit Award Winner: Jed Guenther
Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw
Class of 1940 Blue Dolphin Award Winner: Murray Drucker
Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin
Women's Athletic Director's Scholar-Athlete Award Winner: Natalie Gould
Men's Captains: Jed Guenther, Tony Monasterio
Women's Captains: Karin Andren, Jenny Hinshaw
1990-91
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: David Monasterio
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Meredith Gardner

Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: Kevin Antshel
Women's Most Improved Swimmer: Claudia Goins
Men's Hill Carrow Spirit Award Winner: Gary Gauch
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: Yann deFabrique
Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison
Class of 1940 Blue Dolphin Award Winner: Jack Ryan
Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen
Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick
Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse
Men's Captains: Gary Gauch, David Monasterio
Women's Captains: Melissa Douse, Sarah Perroni
1992-93
Men's Most Valuable Swimmer: James Hamrick
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: Peter Cloutier
Women's Most Improved Swimmer: Margaret Richards
Men's Hill Carrow Spirit Award Winner: Mark Moore
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: James Hamrick
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Beth Miller
Osterneck Family Unsung Hero Award Winners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor
Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick
Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber
Men's Captains: James Hamrick, Mark Moore
Women's Captains: Jenny Huber, Jill Minich
1993-94
Men's Most Valuable Swimmers: Yann deFabrique, Daniel Summerlin
Women's Most Valuable Swimmer: Leslie Ramsey
Men's Most Outstanding Swimmer: Daniel Summerlin

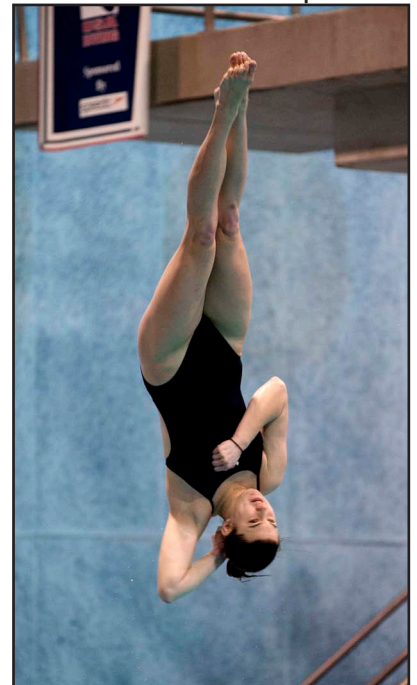
Women's Most Outstanding Swimmer: Leslie Ramsey
Men's Most Improved Swimmer: Bryan Stuck
Women's Most Improved Swimmer: Susan Stretcher
Men's Hill Carrow Spirit Award Winner: Chris John
Women's Hill Carrow Spirit Award Winner: Jill Minich
Bruce Webster Memorial Award Winners: Daniel Summerlin, Jeff Weiss
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: Kevin Antshel
Osterneck Family Unsung Hero Award Winners: Lisa Etherington, Josh Thomson
Men's Athletic Director's Scholar-Athlete Award Winner: Chris John
Women's Athletic Director's Scholar-Athlete Award Winner: Shannon Howes
Men's Captains: Chris John, Daniel Summerlin
Women's Captains: Shannon Allison, Shannon Howes
1994-95
Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss
Women's Most Valuable Swimmer: Kari Haag
Men's Most Outstanding Swimmer: Scott Troy
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Tim Capps
Women's Most Improved Swimmer: Cara Dunaway
Men's Hill Carrow Spirit Award Winner: Joe Craft
Women's Hill Carrow Spirit Award



David MacDonald
McInnis Diving Award

Men's Hill Carrow Spirit Award Winner: Chip Laverder
Women's Hill Carrow Spirit Award Winner: Karin Andren
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Dave Lohse
Osterneck Family Unsung Hero Award Winner: Nunzio Esposito
Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson
Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham
Men's Captains: John Davis, Marc Ferguson
Women's Captains: Karin Andren, Jill Benda, Melissa Douse

1991-92
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable



Jenna Moore
Osterneck Family Award,
McInnis Diving Award

Winner: Christy Garth
Bruce Webster Memorial Award Winner: Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield
Osterneck Family Unsong Hero Award Winners: Jenni Smith
Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist
Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad
Men's Captains: Peter Cloutier, Joe Craft
Women's Captains: Christy Garth, Leslie Ramsey
1995-96
Men's Most Valuable Swimmer: Trevor Runberg
Women's Most Valuable Swimmer: Chrissy Miller
Men's Most Outstanding Swimmer: Steve Bonack
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Eric Fehr
Women's Most Improved Swimmer: Jennifer Latimer
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsong Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag
1996-97
Men's Most Valuable Swimmer:

Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Steve Bonack and Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Hefernan, Jason James, Erik Morris, Jeff Weiss
Osterneck Family Unsong Hero Award Winner: Erik Morris
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Cara Dunaway, Chrissy Miller
1997-98
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Brad Kline
Women's Most Improved Swimmer: Kelsey Durkin
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Tracey Rankin
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox

Class of 1940 Blue Dolphin Award Winner: Marc Davis
Osterneck Family Unsong Hero Award Winners: Brian Cockman, Sarah Purcell
Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr
Women's Athletic Director's Scholar-Athlete Award Winners: Richelle Fox, Millie Long
Men's Captains: Ed Abele, Trevor Runberg
Women's Captains: Richelle Fox, Millie Long
1998-99
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmers: Justin Rossi, Greg Johnson
Women's Most Improved Swimmer: Heather Stiles
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiewski, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin
Osterneck Family Unsong Hero Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiewski, Catherine Frock, Tim Tober, Matt Lundgaard, Christian Weber
Men's Athletic Director's Scholar-Athlete Award Winner: Ted Brisson
Women's Athletic Director's Scholar-Athlete Award Winner: Beth Schlessman
Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer
Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin
1999-2000
Men's Most Valuable Swimmer:

Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Christy Watkins
Men's Most Improved Swimmer: Andrew Biedrzycki
Women's Most Improved Swimmer: Janna Turner
Men's Hill Carrow Spirit Award: Jonah Turner
Women's Hill Carrow Spirit Award: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Osterneck Family Unsong Hero Award Winner: Kevin Mangum
Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg
Women's Athletic Director's Scholar-Athlete Award Winners: Kelly McLaughlin, Jennifer Strasburger
Men's Captains: Brad Kline, Seth Laughlin, David Weeks
Women's Captains: Kelly McLaughlin, Jennifer Strasburger
2000-01
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmer: Jimmy Owens
Women's Most Improved Swimmer: Elizabeth Misiti
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award: Jessi Peruquet
Osterneck Family Unsong Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Meschke
Class of 1940 Blue Dolphin Award Winners: Elizabeth Far-



Brett Nagle
Bruce Webster Award



Sarah Tanner
Hill Carrow Award

ington, Judy Weseman
Men's Athletic Director's Scholar-Athlete Award Winner: David Slawinski
Women's Athletic Director's Scholar-Athlete Award Winner: JoAnn Overton
Men's Captains: Brad Kline, Seth Laughlin, David Slawinski
Women's Captains: Erika Acuff, Katie Hathaway
2001-02

Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Reid Owen
Women's Most Improved Swimmer: Whitney Smith
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award: Gena Bittner
Osterneck Family Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson
Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean
David McInnis Diving Awards: Stephen Krebs, Ashley Benner
Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin

Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway
Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson
Women's Captains: Janna Turner, Katie Hathaway
2002-03

Men's Most Valuable Swimmer: Sean Quinn
Women's Most Valuable Swimmer: Christy Watkins
Men's Most Outstanding Swimmer: Yuri

Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Josh Glasco
Women's Most Improved Swimmer: Lizzy Bruce
Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks
Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin
Class of 1940 Blue Dolphin Award Winner: Sharon Wagner
Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier
Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn
Women's Captains: Janna Turner, Jessi Perruquet
2003-04

Men's Most Valuable Swimmer: Yuri Suguiyama
Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Patrick Woodruff
Women's Most Improved Swimmer: Emily Reardon
Men's Hill Carrow Spirit Award: Dan Vick
Women's Hill Carrow Spirit Award: Whitney Smith
Bruce Webster Memorial Award Winner: Yuri Suguiyama
Andrea Erben Most Dedicated Swimmer Award: Becky Acker
Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis
Class of 1940 Blue Dolphin Award Winner: Willem Bok
David McInnis Diving Awards: Eric Poitras, Elizabeth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick
Women's Captains: Jessie Brosch, Jessi Perruquet
2004-05

Men's Most Valuable Swimmer: Josh

Glasco
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen
Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns
Andrea Erben Most Dedicated Swimmer Award: Erin Cutrell
David McInnis Diving Awards: Ben Herboth, Gia Santoro
Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann
Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch
Men's Captains: Reid Owen, Eric Mohr
Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson
2005-06

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk
Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell
Men's Most Improved Performer: Ryan Funderburk
Women's Most Improved Swimmer: Kimmy Davis
Men's Hill Carrow Spirit Award: Patrick Woodruff
Women's Hill Carrow Spirit Award: Becky Smock
Bruce Webster Memorial Award Winner: Patrick Woodruff
Andrea Erben Most Dedicated Swimmer Award: Emily Reardon
David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak
Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege
Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer
Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff
Women's Athletic Director's Scholar-Athlete Award Winners: Lizzy Bruce, Gia Santoro
Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff
Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock
2006-07

Men's Most Valuable Swimmer: Hank Browning

Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Chip Peterson
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Philip Owen
Women's Most Improved Performer: Laura Filip
Men's Hill Carrow Spirit Award: Robby Swediman
Women's Hill Carrow Spirit Awards: Becky Smock, Emily Reardon, Erin Cutrell
Bruce Webster Memorial Award Winner: Robby Swediman
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jon Fox, Laura Filip
Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman
Class of 1940 Blue Dolphin Award Winner: Steve Gisselman
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox
Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon

Men's Captains: Robby Swediman, Jon Fox, Aaron Burns, Keith Laabs
Women's Captains: Emily Reardon, Lindsey Marck, Erin Cutrell, Becky Smock
2007-08
Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Kelsey Morrissy
Men's Most Outstanding Swimmer: Joe Kinderwater
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Caroline Hartmann



Jesse Mendes
 Hill Carrow Award



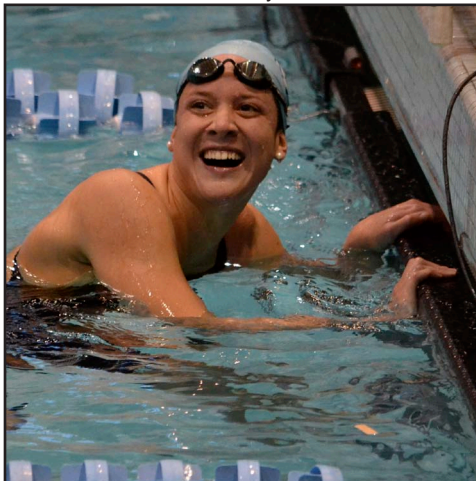
Danielle Siverling
 Most Improved Swimmer

Men's Hill Carrow Spirit Award: Brandon Suddreth
Women's Hill Carrow Spirit Award: Kelly Woodruff
Bruce Webster Memorial Award Winners: Yi-Khy Saw, Jason McLaughlin
Andrea Erben Most Dedicated Swimmer Awards: Kelsey Morrissey, Lindsay McIlvain
David McInnis Diving Awards: Erika Matheis, Laura Filip, Ryan Funderburk
Osterneck Family Unsung Hero Award Winners: Will Bondurant
Class of 1940 Blue Dolphin Award Winners: Keith Laabs, Philip Owen, Robby Swendiman
Tar Healer Award Winner: Kelly Woodruff
Team Academic Captains: Aubrette Biegel, Katy Pritchett, Yi-Khy Saw
Men's Athletic Director's Scholar-Athlete Award Winner: Keith Laabs
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Filip
Men's Captains: Robby Swendiman, Philip Owen, Keith Laabs
Women's Captains: Lindsey Marck, Laura Filip, Kelsey Morrissey, Taylor McFarlane
2008-09
Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Kimmy Davis
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erben Most Dedicated Swimmer Awards: Ashley How-

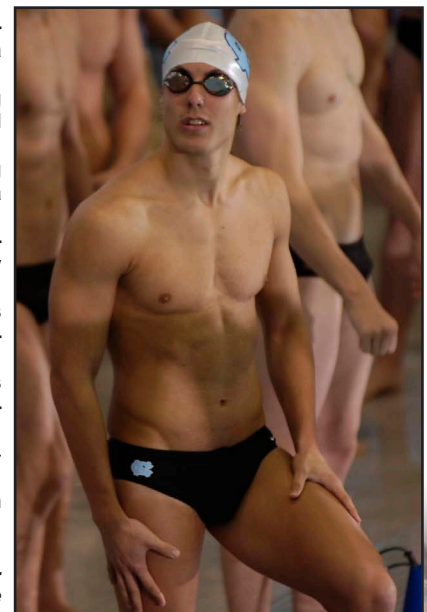
ard, Katura Harvey
David McInnis Diving Awards: David Solarz, Jenna Moore
Osterneck Family Unsung Hero Award Winners: Alex Kenley
Class of 1940 Blue Dolphin Award Winners: Yi-Khy Saw, Lindsay McIlvain
Tar Healer Award Winners: Jason McLaughlin, Katie Marsh
Strength & Conditioning Awards: Kimmy Davis, Yi-Khy Saw, Brad Mitchell
Men's Athletic Director's Scholar-Athlete Award Winner: Yi-Khy Saw
Women's Athletic Director's Scholar-Athlete Award Winner: Lindsay McIlvain
Men's Captains: Jeff James, Brad Mitchell, Yi-Khy Saw
Women's Captains: Lindsay McIlvain, Whitney Sprague, Alison Clemens
2009-10
Men's Most Valuable Swimmer: Tommy Wyher
Women's Most Valuable Swimmer: Rebecca Kane
Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Laura Moriarty
Men's Most Improved Swimmer: Tom Luchsinger
Women's Most Improved Performer: Ashley Miller
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Candace Cooper
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jenna Moore, Ryland Jones
Osterneck Family Unsung Hero Award Winner: Jim Flannery
Class of 1940 Blue Dolphin Award Winners: Sarah Tanner, Jeff James
Men's Athletic Director's Scholar-Athlete Award Winner: Chip Peterson
Women's Athletic Director's Scholar-Athlete Award Winner: Megan Steeves
Men's Captains: Jeff James, Jason McLaughlin, Hank Browning
Women's Captains: Alison Clemens, Ashley Howard
2010-11
Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tyler Harris
Women's Most Outstanding Swimmer: Carly Smith
Men's Most Im-

proved Swimmers: Tom Luchsinger, Dan O'Connor
Women's Most Improved Performers: Jackie Rudolph, Kristin Arnold
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Tom Luchsinger
Andrea Erben Most Dedicated Swimmer Award: Sarah Tanner
David McInnis Diving Awards: Jenna Moore, David MacDonald
Osterneck Family Unsung Hero Award Winners: Laura Ruscoe, David Zolno
Class of 1940 Blue Dolphin Award Winners: Will Bondurant, Katura Harvey
Men's Athletic Director's Scholar-Athlete Award Winner: Joe Kinderwater
Women's Athletic Director's Scholar-Athlete Award Winner: Katura Harvey
Men's Captains: David Zolno, Jim Flannery, Joe Kinderwater
Women's Captains: Jenna Moore, Katura Harvey, Laura Moriarty
2011-12
Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Stephanie Peacock
Men's Most Outstanding Swimmer: Steve Cebertowicz
Women's Most Outstanding Swimmer: Stephanie Peacock
Men's Most Improved Swimmer: Kyle Ficker
Women's Most Improved Performer: Danielle Siverling
Men's Hill Carrow Spirit Award: Jesse Mendes
Women's Hill Carrow Spirit Award: Sarah Tanner
Bruce Webster Memorial Award Winner: Brett Nagle
Andrea Erben Most Dedicated Swimmer Award: Laura Ruscoe
David McInnis Diving Awards: Jenna Moore, David MacDonald
Osterneck Family Unsung Hero Award Winners: Jenna Moore
Class of 1940 Blue Dolphin Award Winners: Kathy Griggs, Dick Baddour
Men's Athletic Director's Scholar-Athlete Award Winner: Victore Leclere
Women's Athletic Director's Scholar-Athlete Award Winner: Jenna Moore
Men's Captains: Jim Flannery, Jesse Mendes
Women's Captains: Sarah Tanner, Laura Moriarty

all named for Richard E. Jameron, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erben Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erben, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



Stephanie Peacock
Most Improved & Most Outstanding Swimmer



Steve Cebertowicz
Most Improved & Most Outstanding Swimmer

Notes About Carolina Swimming Team Awards: *The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are*

Men's Team Letter Winners

AAA

Abele, Ed, 1995-98
 Abernethy, Tom, 1978-81
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Ashton, Paul Michael, (Mgr.), 2012
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathon G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78
BBB
 Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beam, Gilbert R., 1948-49
 Beard, Anthony Tyler, 2011
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61
 Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bollerman, Brian, 2012
 Bolte, Stephen W., 1976
 Bonack, Stephen Michael, 1994-97
 Bondurant, Will (Mgr.), 2008-11

Bonito, Victor E., 1991-92
 Bradyhouse, Austin Lee 2007-10
 Brake, Andrew Jeffrey, 2008-11
 Branum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Bridier, Colin, 2011
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theordore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison John, 2006-07, 2009-10
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82
CCC
 Callahan, Michael Patrick, 1999-2000
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Cebertowicz, Steven Michael, 2009-12
 Ceddia, Patrick Luis Alberto, 2011
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colvard, John David, 1981
 Cone, Howard McAfee, Jr., 1961-63
 Conner, Michael J., 1987, 1989-90
 Cook, Gerard L., 1947-49
 Copeland, Micah A., 1994-97
 Cornwell, Timothy, 1961
 Correll, Josh, 2007
 Countie, Matthew M., 1987, 1989-91
 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42
 Craft, Joseph A., III, 1992-95
 Craig, Thomas M., Jr., 1974-77
 Crampton, James C., 1989-92
 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44, 1947, 1949
 Crutchfield, Ben F., Jr., 1960
 Cunningham, Thomas F., 1977
 Dwalinski, Hunter David, 2010
DDD
 Dalrymple, Robert W., 1970-72
 Dameron, John Darsey, 1981, 1983-85
 Danforth, Jason, 2000

Danielson, Russell E., 1975
 Dannemann, Frederick K., 1966-68
 Dannenbaum, Robert, 1954
 Darst, Michael E., 1969
 Davidson, Dan C., 1947-49
 Davidson, Richard, 1975-78
 Davidson, Tristan, 2004-06
 Davies, Jack R., 1944, 1946
 Davis, Christopher, 1985-87
 Davis, John E., 1988-91
 Davis, Putnam, 1951
 DeCarlo, Michael C., 1978-79
 Deckman, Dalton H., 1979-80, 1982-83
 deFabrique, Yann J. S. T., 1992-95
 deJesus, Jose R., 1978-81
 DeLoatch, Charles D., Jr., 1994-95
 Derks, Marshall C., 1982
 DeSelm, Richard L., 1974-77
 DeVault, Zachary Samuel, 2007, 2009
 DeVine, Stephen W., 1977
 Dietzel, Arthur, 1950
 D'Irorio, Ralph B., Jr., 1975
 Dodson, Randolph M., 1959, 1962
 Domina, Walter L., 1967
 Donato, Justin, 2001-04
 Douglas, Samuel P., Jr., 1959-60
 Doyle, Brett (Mgr.), 1995-96
 Drucker, M. D., 1940
 Dunne, Theodore M., 1968
 Dwiggin, Charles, (Mgr.), 1950
EEE
 Eddy, Michael C., 1970-73
 Edmundsen, J. Ray, 1950
 Edwards, Jack, 1952-53
 Edwards, James U., 1966, 1968
 Eisenberg, Kenneth L., 1960
 Elliot, Robert H., 1947-48
 Ellison, Paul S., Jr., 1979
 Elmore, William E., Jr., 1941-43
 Ericson, Eric J., 1980-83
 Erle, Irwin J., 1946, 1948
 Erndl, Kevin Michael, 1999-2002
 Eposito, Nunzio, 1988-91
 Evans, Donald G., 1951, 1953
 Evans, Timothy C., 1981-83, 1985
 Evans, William J., 1981
FFF
 Falkenstein, Clark W., 1970
 Fambrough, Douglas M., Jr., 1961-62
 Farrell, Andrew J., 1990
 Fehr, Eric Jerome, 2005
 Fehr, Eric Ryan, 1995-98
 Ferguson, Marc P., 1988-91
 Ferguson, Michael B., 1981-84
 Feuchtenberger, John A., 1941-42
 Ficker, Kyle Christopher, 2011-12
 Ficklan, Warren M., 1946-47
 Finn, Andrew L., 1968
 Fischetti, John C., 1988-91
 Fitzgerald, Michael L., 1972-73
 Flack, Daniel J., 1984-87
 Flannery, James Joseph, 2009-12
 Foreman, Robert B., 1966
 Forum, Richard B., 1964-65
 Fox, Jon, 2004-07
 Fox, Ryan Gilbert, 2012
 Fowler, James, (Mgr.), 1944-45
 Freas, Samuel James, 1996-97
 Fuller, Walter S., 1985-88
 Funderburk, Ryan, 2005-08
 Funke, W. H., 1942

GGG

Gadd, Hamilton M., Jr., 1966
 Garella, Glenn C., 1970-73
 Gasse, Garth D., 1983-86
 Gauch, Garrick S., 1989-92
 Gaylor, John Paul, 2012
 Gentry, John A., 1969
 Gianino, Alexander James, 2011-12
 Gibson, Roy S., Jr., 1941
 Gilbert, Richard C., 1977-78
 Gill, Newell T., 1953-55
 Gillikin, Walter R., 1980
 Glasco, Josh, 2003-06
 Glasco, Judd, 2000-03
 Gleason, Richard A., 1987-90
 Gloeig, Erich, 2003-06
 Glavich, Dominick Michael, 2012
 Goad, James C., 1956-57
 Goble, Daniel S., 1971-72
 Goldfarb, Donald L., 1943
 Gordon, Clifton Barrett, II, 2012
 Gowrie, Sean M., 1992
 Grafchik, Ben, 2004-07
 Grant, Stephanie E., (Mgr.), 1993
 Gray, Leland, 1945
 Gray, Robert D., (Mgr.), 1961-62
 Green, David Brevard, 1998-2000
 Green, Robert C., 1982-85
 Greenbaum, Jesse K., 1943-45, 1947-49
 Greene, Alton G., Jr., 1958-59
 Griffin, James W., 1994-95
 Grimmett-Norris, Robert Wade, 2008-11
 Grodsky, Peter F., (Mgr.), 1957-59
 Groome, Brent, (Mgr.), 1986-87
 Gross, Henry M., 1941
 Gudger, Y. L., 1939-40
 Guenther, John E., 1987-90
 Guerrant, Thomas C., 1959
 Guthe, A.K., 1939
HHH
 Haberle, Sinisa, 2001-04
 Hafkin, Joshua Victor, 2008-11
 Hall, Ethan Oliver, 1998-99
 Hall, Samuel L., Jr., 1966
 Hamilton, Brad Anthony, 2009-12
 Hamilton, Daniel J., 1983-86
 Hammer, Derek Hans, 1993
 Hammond, G. D., 1942-44
 Hammond, Scott D., 1982-85
 Hampton, James R., 1986-87
 Hamrick, Harvey J., Sr., 1959-61
 Hamrick, Harvey J., Jr., 1990-93
 Hansen, Carl D., 1978-81
 Harff, Christopher P., 1987
 Harrell, Bert E., (Mgr.), 1953
 Harris, William Tyler, 2008-11
 Hart, Gregory A., 1990-93
 Hartmann, John, 2002-05
 Harvey, John, 1946
 Hathaway, Drew, 2000-02
 Hathcock, Daniel, 2007
 Hautau, Theodore A., 1987, 1989-90
 Hayden, John J., 1965-67
 Heemann, Paul W., 1952-55
 Heffernan, Patrick David, 1994-97
 Heins, James E., 1951-53
 Helfrich, Griff, 2002-04
 Helin, Christopher Eero, 1999-2002
 Hendrick, David, (Mgr.), 1990
 Herboth, Ben, 2005
 Herman, Mark I., 1977, 1979
 Herndon, Claude D., 1988
 Herndon, Frederick W., Jr., 1969



Steve Cebertowicz



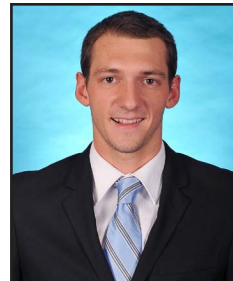
Jim Flannery



Brad Hamilton



Sean Lane



Victor Leclere

Herr, William F., 1943-44
 Hexner, Peter E., 1944-45, 1947
 Heyn, Herman M., 1951
 Hierman, Donald T., 1984-85
 Higgins, Robert N., 1952, 1954-56
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 Hill, Alfred E., 1977-78
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 Himebauch, Christopher J., 1986-89
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 Hoben, Maurice T., Jr., 1991-94
 Hodges, McCloud B., 1985-87
 Hoffman, Keith T., 1977-80
 Holmes, Lee Bourne, 1954-56
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 Hood, Richard T., III, 1968-69
 Howard, David C., 1950
 Hoyle, Jonathan, 2002-03
 Huey, Brian Eugene, 1980
 Huffman, James R., 1961-63
 Hufham, William L., 1960
 Huggins, Scott F., (Mgr.), 1987-88
 Huggler, Matthew C., 1993
 Humphrey, Charles J., 1968-70
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 Hunter, Andrew M., 1986-89
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 Hunter, Robert F., 1959
 Hurd, Charles A., 1961
 Huse, Henri, 1943-44
 Hussey, John Brennan, Jr., 1954-55
 Hutchinson, John M., 1975-76
 Hutton, Robert L., 1946-49
 Hyre, Michael C., 1992
 Hyre, Randal M., 1983-86
III
 Inglefield, Joseph T., 1974, 1976-77
 Ingram, Hal B., 1948
 Ireland, Andrew Clark, 2011
 Ireland, Kenneth C., 1977-80
 Ismail, Alexander Rashad, 2008-10
JJJ
 Jacobson, Theodore B., 1973-75
 James, Jason Hale, 1994-97
 James, Jeffrey Edward, 2007-10
 Jarnagin, Forest N., 1976
 Jenkins, Hugh Powell, 1943
 Jenkins, Samuel G., Jr., 1946-47
 Jennings, Christopher Kelly, 1997-99
 Jewell, Edwin Smith, 1952-55
 John, Christopher K., 1991-94
 Johnson, Gregory Adam, 1999-2002
 Johnson, Joel H., 1990-91
 Johnson, Kert Michael, 1999-2002
 Johnson, Lawrence, 1943, 1947
 Johnston, Darryl W., 1986-88
 Jones, David, 1995
 Jones, Davis B., III, 1978, 1980-81
 Jones, Edward L., 1973-76
 Jones, Michael Flynn, 2008-11
 Jones, Ryland Oakes, 2010-12
 Jones, Scott M., 1982-85
KKK
 Kalkhurst, Joseph D., 1959
 Kananen, Daniel, 2001
 Kaufman, Allen R., 1943
 Keating, Mark H., 1976, 1979
 Keever, William C., 1993
 Kelly, Michael Guy, 2007-09
 Kelly, William F., 1945
 Kelso, Joseph K., 1952-53

Kemper, Hugh T., 1963
 Kenley, Joseph Alexander, 2006-09
 Kennedy, George E., Jr., 1973-76
 Kennedy, John, 1951
 Keyser, Jeffrey S., 1979-82
 Kinderwater, Josef Henry, 2008-11
 King, Barry G., Jr., 1961-63
 Kinzbach, Jacob Charles, 2010-12
 Kleber, Jared, 2004-07
 Kline, Bradley Philip, 1998-2001
 Klose, Arthur G., 1977
 Knop, Kurt Walker, 2011-12
 Koczyk, William P., Jr., 1971-74
 Kohla, Joseph R., 1987-90
 Kolesaire, John M., 1973-76
 Kott, Casey, 2004-06
 Krebs, Stephen, 2000-03
 Krepp, Charles A., Jr., 1955-57
 Kurz, James S., 1969-70
LLL
 Laabs, Keith, 2005-08
 Lane, Sean Michael, 2009-12
 Languell, Christopher D., 1989-90, 1992
 Laughlin, Seth Cahill, 1998-99, 2001-02
 Lavender, Johnny Mac, 1990-91
 Lea, Frank G., 1961-64
 Leclere, Victor Clement, 2009, 2011-12
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 Lees, Whitlock, 1940-42
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 Leonardi, Damien D., 1993-95
 Levy, Richard P., 1951-52
 Lewis, Peter T., 1968, 69
 Lindahl, John C., 1969
 Linker, Robert Polk, 1953-55
 Lipp, Frederick S., 1964-65
 List, Mark R., 1975-78
 Little, Leroy L., 1943, 1946
 Luchsinger, Thomas James, 2010-12
 Lucido, Timothy J., 1976-77
 Lundgaard, Robin A., 1975
 Lundgaard, Matthew Steven, 1996-99
 Lynch, Justin, 2001-02
MMM
 Maass, John A., 1979
 MacDonald, David James, 2009-12
 Mackey, Brian P., 1992-93
 Mahaffey, Telfair, 1956-58
 Mahoney, Charles D., 1941, 1943
 Mallison, P. W., 1944
 Maness, Archibald K., Jr., 1956-58
 Manieri, Peter J., 1975
 Mangum, Christopher Kevin, 1998-2000
 Mann, Harold Thompson, 1962-64
 Marks, Taylor Calvin, 1998-2001
 Marlin, David P., 1971-74
 Marsden, Nicholas, 2008
 Marsh, Matthew Brian, 1997-98
 Marshall, Dirk H., 1982-84, 1986
 Martel, Stephen T., 1989-92
 Martin, Matthew, 1980-83
 Matkovic, Eddy, 2002-05
 Matuszak, Ryan, 2003-06
 May, Lawrence E., 1971-74
 McAllister, James Gray, III, 1954
 McCauley, Samuel R., 1947, 1949-50
 McClintock, Brian Robert, 2012
 McCoy, Garnett, 1947
 McCullough, Robert T., 1968

McDonald, Allen P., 1965
 McDonald, Steve C., 1973-76
 McElroy, Frank J., 1968-69
 McGeough, Michael J., 1984-86
 McInnis, David F., 1956-57
 McLaughlin, Jason Oliver, 2007-10
 McMillen, Rob, 2000-03
 McMunigal, Phillip A., 1968-70
 McQuade, R. T., 1939-40
 Means, Garrett E., 1994-96
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 Meehan, Thomas G., 1966, 1968
 Meekins, Edmund L., Jr., 1956-58
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 Mercer, Christopher L., 1957-59
 Mercuri, Richard L., 1966-67
 Mericks, James R., 1948-49
 Merrill, Arthur J., Jr., 1961-64
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 Meschke, David Richard, 1998-2001
 Meyer, G. W., 1940-41
 Miller, Bruce W., 1971-72
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 Milton, Cecil, 1950-52
 Miltz, Stephen, 2005-06
 Mitchell, Bradley E., 2006-09
 Mitchell, Courtney, 1941
 Mitchell, E. R., 1940
 Mitchell, Robert D., 1987
 Moen, Courtney, (Mgr.), 1968
 Mohr, Eric, 2002-05
 Mohr, Mark, 2005-08
 Mohr, Michael Jon, 2010-12
 Mohr, Stephen, 2000-03
 Moity, Sebastien Lewis, 1999-2002
 Monasterio, David V., 1990-93
 Monasterio, Eugenio A., 1987-90
 Moody, David H., 1964-65
 Moore, John R., 1982-83
 Moore, William C., IV, 1992
 Moore, William E., 1977-80
 Moore, William M., 1990-93
 Morris, Erik Olson, 1994-97
 Morris, Thomas C., 1988-90
 Morrison, John H., 1987-90
 Morrow, Samuel H., 1945, 1946, 1948
 Morton, Chip, (Mgr.), 1982-85
 Moss, Thomas M., 1975-76
 Mueller, E.R., 1939-40
 Mullis, C.E., 1939
 Mummaw, Henry H., 1962
 Mummaw, Joseph W., 1962
 Murphy, Christopher J., 1973, 1975-76
 Murray, Donald M., Jr., 1962
 Murray, Stewart L., 1980
 Myers, Patrick McKee, 2012
NNN
 Nagle, Brett Emerson, 2012
 Nagle, Robert W., 1969-72
 Nash, Brent D., 1957-59
 Nash, J. M., 1939
 Neff, Stephen H., 1968
 Newmann, Ernest F., IV, (Mgr.), 1982-83
 Nicholson, D. G., 1941-43
 Nims, Cameron, (Mgr.), 1974
 Noreen, Bradley, 2007
 Norfleet, Strudwick N., 1965-67
 Norman, Stewart, 2004-07
 Norwood, Eston G., 1947-49

OOO
 Oare, Ernest M., 1963-64
 O'Connor, Daniel James, 2011-12
 O'Donovan, Patrick James, 2010-11
 O'Hare, Isaac, 2008
 O'Hare, Richard L., 1973-74
 Omainsky, Robert W., 1977-80
 O'Neal, Kevin A., 1982-83
 Ortland, Henry, III, 1942
 Osborn, James G., 1970-73
 Osborne, Stephen, 1948-49
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 Owsley, Robert M., 1941-42, 1948
 Owen, Philip, 2005-08
 Owen, Reid, 2002-05
 Owens, Jimmy, 2001, 2003-05
PPP
 Park, Nicolaas Brock, 2009-12
 Parker, Charles T., 1955-57
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 Patterson, Alex M., Jr., 1961-62
 Peck, Josiah M., 1970-71
 Pell, Allison H., 1948
 Perez, Arnaldo L., 1977-80
 Perry, Charles Reid, 1954-55
 Perry, Warren Seipp, III, 2000
 Perry, Warren Seipp, I, 1944-45, 1947
 Peters, W. J., 1940
 Peterson, Charles Bowne, 2007, 2009-10
 Peterson, Michael G., 1994
 Phillips, Stephen J., 1982-83
 Pigassou, Michael, 2003-04
 Poitras, Eric, 2001-04
 Pollard, Robert M., 1968-70
 Power, Edward S., (Mgr.), 1975-76, 1978
 Prassas, Thomas N., 1977-78
 Pritchard, William G., 1944-45, 1948
 Proctor, Russell L., 1943-46
 Pryor, Walter Vincent, 2008-11
 Purdie, John A., Jr., (Mgr.), 1969-71
QQQ
 Quinn, Sean, 2000-03
RRR
 Rand, William Ripley, 1956
 Ray, Alexander Graham, 1954
 Ray, Peter G., 1971
 Redding, Russell F., 1963
 Reed, Evan Matthew, 2009-12
 Rees, P. G., (Mgr.), 1941
 Reock, Michael D., 1974-77
 Reynolds, Peter L., 1958
 Riker, Philip, III, 1966-67
 Roberts, Lawrence D., Jr., 1963-65
 Rose, Robert H., 1941
 Rose, Walter T., Jr., 1956-58
 Roser, Herbert G., (Mgr.), 1963-64
 Ross, O. B., 1939-40
 Rossi, Justin Anthony, 1999-2002
 Rosskam, Lester, 1943
 Roth, William C., 1956-58
 Rubinsohn, Louis B., 1943
 Rudy, John F., Jr., 1959
 Runberg, Trevor Atchison, 1995-98
 Rusthoven, Kyle Ehrman, 1998
 Ryan, Jack, (Mgr.), 1974
SSS
 Sanchez, Gregory J., 1975, 1977
 Sanders, Leslie J., 1966
 Sands, John, 2005-07
 Saw, Yi-Khy, 2006-09
 Sawyer, Charles D., 1984-87



David MacDonald



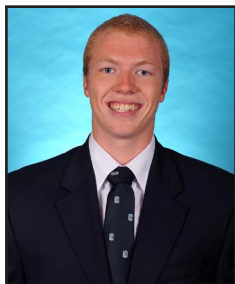
Jesse Mendes



Brock Park



Evan Reed



Wil Singley



Scattergood, Joseph H., 1966-67
 Schauer, Adam, 2004-07
 Schenk, Jeffrey A., 1979-82
 Schiaffino, George E., 1970
 Scheinman, L. J., 1940-41
 Scheinman, Tom, 1947
 Schiffman, Arnold A., 1957-59
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 Schmelzer, Thomas Michael, 1996-99
 Schonwalder, Matthew O., 1994
 Schroeder, Tod A., 1987-88, 1990-91
 Schwanke, Ryan R., 1989-92
 Schwartz, R. G., 1942
 Scott, Douglas M., 1986
 Sechrist, Andrew B., 1993-95
 Secrest, S. W., 1944
 Secunda, John K., 1968
 Sedlak, Mark A., 1991, 1993-94
 Seidman, Mark David, 1998-2001
 Seitz, James J., 1974
 Shade, Tucker Roberto, 1996-99
 Shannon, Larry R., 1952-55
 Sharpe, Harold J., (Mgr.), 1948
 Sharrett, Roger C., 1976
 Shea, Timothy F., 1984-87
 Sheldon, John W., 1964-65
 Sheppard, John W., 1966
 Shrader, Steven K., 1974
 Shumate, Thomas E., 1946
 Silliman, Craig, 1986, 1988-89
 Simonton, Vincent E., 1959-61
 Singley, David Wilson, Jr., 1976-78
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 Sittman, Donald B., 1941, 1946
 Sleeper, Russell G., 1965-67
 Slawinski, David Charles, 1998-2001
 Smiley, Scott L., 1963-65
 Smith, Jacob M., 1956
 Smith, Jennifer, (Mgr.), 1993
 Smith, Marion H., Jr., 1963-65
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 Smith, Tyler Dustin, 2008-11
 Snow, Robert H., 1950
 Sokoloff, Stephen A., 1943
 Solarz, David Alan, 2007-09
 Southard, James M., 1970-73
 Sparer, Burton, 1945
 Sparks, Devin L., 1988
 Spaziano, John Holding, 1999-2000
 Speir, Alan M., 1966
 Spencer, Ross D., 1966
 Sper, Norman, Jr., 1947-50
 Stack, James T., 1960
 Stackhouse, Daniel J., 1980
 Stecher, Richard T., 1984-87
 Stevens, John W., 1966
 Stevens, William E., 1943
 Stevenson, Christopher L., 1983-86
 Stilley, John Thomas, 2011-12
 Stokes, Jack B., (Mgr.), 1951
 Stone, F. H., 1940
 Stone, W. D., 1940-42
 Stratton, William L., Jr., 1986-87
 Straughan, James F., Jr., 1964
 Stuck, Bryan M., 1994-95
 Suddreth, Brandon, 2005-08
 Suguiyama, Yuri, 2001-04
 Sullivan, Colin Paul (Mgr.), 2010-12
 Summerlin, Daniel C., III, 1991-94
 Sumner, Sean M., 1987
 Sural, Jeffrey R., 1987-89
 Sutton, Timothy J., 1980-83
 Swartley, John Michael, 1966

Swartz, Zach, 2005-08
 Swendiman, Robby, 2005-08
 Swift, Peter G., 1962-63
 Swigart, Richard H., 1946-47
 Swindell, Paul E., III, 1994
TTT
 Targgart, John E., 1981
 Taylor, John Scott, 1964
 Thiele, Karl D., 1972-75
 Thomas, Chandler Page, 2008-11
 Thomas, Haywood B., Jr., 1979-82
 Thomas, Ian, 2001
 Thomas, James P., 1948-51
 Thomas, Paul M., 1988
 Thompson, W. M., 1939-41
 Thomson, Joshua C., 1992-94
 Thorpe, Jonathon C., 1993-96
 Thorpe, Randall, 1997-98
 Tice, John Keyser, Jr., 1955-56
 Tinkham, Stanley D., 1951-53
 Tippin, Matthew A., 1991-92
 Tober, Timothy James, 1996-99
 Toll, Alan E., 1973-76
 Townes, Peyton, (Mgr.), 1942
 Troy, Scott Edward, 1995-98
 Tudor, Louis S., 1975-77
 Turner, Jonah Pharr, 1998-2000
 Turner, Robert A., 1957-58
 Twining, Richard G., 1945-46, 1948-49
 Tygart, Silas T., 1960
UUU
 Ubell, Donald Paul, (Mgr.), 1965-67
 Underwood, McLean R., 1970
 Ussery, Tyrece M., 1993
VVV
 Van Assen, Jon, 2003-06
 Vance, Zach, 2008
 Vater, Adam N., Jr., 1973-74
 Veazy, Milton M., Jr., 1957
 Vick, Daniel, 2001-04
 Vick, Ralph N., 1988-89, 1991-92
 Virtue, Evan Anthony, 0211
 Vredeveld, Roger M., 1979-82
WWW
 Wachendorfer, Paul, 1958
 Waldron, William L., 1960
 Walker, Robert W., (Mgr.), 1968-70
 Wall, Francis Barry, 1951-53
 Wallace, William C., 1968
 Wallin, P.J., 2000-03
 Wansley, Hal, 2000-03
 Ward, Ben Warren, 1943-46
 Ward, William B., 1945
 Warren, Kenneth B., 1980-81, 1983
 Weaver, Britt L., 1980-81
 Weavil, Josh, 2003-06 Brooke E
 Weber, Christian (Mgr.), 1996-98
 Weber, John G., 1961
 Webster, Bruce V., 1979-80
 Weeks, David Joshua, 1997-2000
 Weir, Paul, 2004-07
 Weiss, A. M., 1941-42
 Weiss, Jeffrey M., 1993-95, 1997
 Welker, Mark F., 1990-83
 Wellborn, Calvin C., 1984-87
 Wells, Scott M., 1978
 Wells, William S., Jr., 1961-62
 Wheeler, Eric P., 1980-83
 Whichard, David J., 1948
 Whichard, John S., 1948-50
 White, Reginald S., Jr., 1951-52
 White, Robert G., (Mgr.), 1946
 White, Thomas K., 1989

Whitner, G. C., 1944
 Widoff, Gerson F., 1953-54
 Wigo, Bruce J., 1968-70
 Williams, Carter S., Jr., 1954
 Williams, Graham Evan, 2012
 Williams, Joseph B., III, 1960-62
 Williams, Richard C., 1968-70
 Williams, William P., 1983, 1985-87
 Williamson, F. Kent, 1950-51
 Willis, Park Weed, 1997-98
 Wilson, David N., 1984-86
 Wilson, Douglas C., 1969
 Wilson, Hofman, 1939
 Wilson, Michael Ross, 2007, 2009
 Wolf, Charles, 1952
 Woodhouse, N.R., 1939-41
 Woodruff, Patrick, 2003-06
 Worthen, Peter T., 1965-67
 Wooten, Bryant Hampton, 2011
 Wrye, Charles L., 1959
 Wyher, Tommy Jason, 2008-11
YYY
 Yani, Edward T., Jr., 1991-94
 Young, William G., 1979
ZZZ
 Zickgraf, William G., 1956-58
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 Zsburg, Christian David, 1996-97, 1999-2000
 ZuWallack, Ronald L., 1989-92
 Zwicker, Jeffrey A., 1958-59

Women's Team Letter Winners

AAA
 Acker, Becky, 2001-04
 Acuff, Erika L., 1997-99, 2001
 Allison, Shannon, 1992-95
 Alton, Dale, 1978
 Andren, Karin, 1988-91
 Andres, Cay, 1982-83
 Arak, Mandi, 2006, 2008
 Arnold, Kristin Lee, 2009-12
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 Avant, Elizabeth (Mgr.), 1987-89
BBB
 Badrock, Sandra K., 1995-96
 Ballenger, Angie, 1989
 Ballenger, Jill (Mgr.), 1987-88, 1990
 Banning-Arndt, Britton 2004-05
 Barnhardt, Elizabeth, 1994-95
 Barber, Sheila (Mgr.), 1986-87
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 Barnes, Allison Nelson, 2008
 Barrett, Tracey, 1995-98
 Bassichis, Julie, 1982-83
 Beattie, Kim, 1986-89
 Bencini, Missy, 1978-80
 Benda, Jill, 1988-91
 Benner, Ashley, 2000-03
 Berizzi, Cami, 1981-84
 Biegel, Aubrette Marie, 2006-09
 Bittner, Gena, 2001-04
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
 Booth, Sara, 1990
 Bouckaert, Amy, 1984
 Brodie, Layne Wallis, 2009-11
 Brooks, Rebecca Jane, 2010-12
 Brosch, Jessie, 2002-05

Brown, Bonny, 1978-80
 Brown, Lisa, 1989-92
 Bruce, Lizzy, 2003-06
 Buckley, Ali, 1990-93
 Buddemeyer, Melanie, 1985-87, 1989
 Bunting, Tracy, 1987
 Burgess, Cathy, 1991-94
 Bursiek, Elizabeth Ann, 1996-99
 Butts, Eliza Longpre, 2007-10
CCC
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 Carducci, Kimberly Robin, 2012
 Carroll, Emily, 2003-06
 Carroll, Monica, 1990
 Carter, Deborah (Mgr.), 1987-88
 Castle, Ginger, 1993
 Chenier, Megan, 2003-05
 Cherpinsky, Kathleen, 1981-82
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 Claffey, Tracey, 1993
 Clark, Tracy, 1991
 Cleavelly, Heather, 1989-92
 Clemens, Alison Patricia, 2007-10
 Cline, Jennifer, 1986-89
 Cluett, Anne, 1983
 Coates, Christianna Kathryn, 1996-99
 Cobb, Erin, 1991-92
 Colacurcio, Beth, 2000-01
 Collier, Eileen, 1982-85
 Collier, Kathryn R., 1997
 Collier, Laura, 2000-03
 Conrad, Alison, 1992-95
 Corish, Valerie, 1987-90
 Cornet, Jennifer, 1994
 Cooper, Candace Danielle, 2009-12
 Corish, Kelly Anne, 2012
 Coury, Deirdre, 1985
 Crabbe, Jeanne, 1987-88
 Cronen, Sabrina (Mgr.), 1979, 1981-82
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 Curlee, Sharon Ann, 1994-97
 Cutrell, Erin, 2004-07
DDD
 Dairymple, Janice, 1981-84
 Davies, Dawn, 1989-91
 Davis, Kimberly Susan, 2006-09
 Deal, Samantha, 2005-07
 Deeb, Naila, 1988
 Dempster, Mary A., 1980
 Dieter, Michelle Marie, 1994-95, 1997
 Dhue, Laurie, 1987-88
 Dombay, Diane, 1986
 Donald, Lindsay, 2005
 Douse, Melissa, 1989-92
 Dul, Lauren, 1984
 Dunaway, Cara Elizabeth, 1994-97
 Dunaway, Virginia, 1985-86
 Dupree, Lauren, 1978-80
 Durkin, Kelsey Ann, 1996-99
 Durstein, Sarah, 1983-86
EEE
 Edmiston, Lisa, 1979
 Edwards, Elizabeth, 1985-87
 Eickman, Meagan, 2004-07
 Eisenring, Stephanie Katharina, 2010-12
 Elliott, Dondrea, 1995
 Engel, Karen, 1987
 Erben, Andrea, 2003
 Etherington, Lisa, 1991-94



Kristin Arnold



Candace Cooper



Katie Keel



Sarah List



Jenna Moore

FFF

Farrington, Elizabeth (Mgr.), 1979-82
 Filip, Laura, 2005-08
 Fiss, Melissa Raye, 1999-2002
 Fitz, Rebecca, 1998
 Fox, Richelle K., 1997-98
 Frazier, Jennifer, 2006-08
 Freedman, Molly, 2001-03
 Frock, Catherine Edlin, 1996-99

GGG

Gamblin, Mary Margaret, 2003-06
 Gardner, Jennifer Dawn, 1999-2002
 Gardner, Meredith, 1990-92
 Garth, Christy L., 1993-96
 Gately, Karen, 2005-07
 Gerhart, Jeanne, 1983-85
 Glazener, Tracey, 1994-95
 Gess, Karin, 1979-80
 Givan, Sarah Jean, 1999-2001
 Goins, Claudia, 1992-94
 Gomez, Teresa, 1983
 Gonzalez, Patricia, 1981
 Goodman, Jenny, 2000-01
 Gould, Natalie, 1987-90
 Graham, Jennifer, 1987
 Grant, Stephanie (Mgr.), 1991-94
 Griswell, Nikki, 2006-07
 Guide, Suzanne, 1994

HHH

Haag, Kari A., 1993-96
 Halter, Kristin, 1989-91
 Hamilton, Alexandra Samantha Christine, 2009-10
 Hanson, Virginia, 2002-05
 Hape, Janis, 1978-80
 Harper, Sally, 1978
 Harris, Barb, 1979-82
 Hart, Ann, 1992-95
 Hartmann, Caroline Kimball, 2008-10
 Harvey, Katura Margaret, 2008-11
 Hathaway, Katherine Ann, 1999-2002
 Hegel, Gayle, 1980-83
 Herman, Allison, 2003, 2005
 Hersh, Marla, 1978-79
 Hicklin, Stephanie, 1986
 Hinshaw, Jennifer, 1988-90
 Hookway, Elizabeth, 1980
 Hoff, Karen, 1978-81
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 Holzer, Mary, 1978, 1980
 Hommen, Merel, 1995-96
 Hooff, Elizabeth Janney Marie, 1996-98
 Hoover, Meredith Virginia, 2011-12
 Hopper, Stephanie, 1981
 Hoskins, Hilary Leigh, 1996-99
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 Howes, Shannon, 1991-94
 Huber, Emily Atkinson, 1999-2000
 Huber, Jenny, 1990-93
 Hudock, Nancy, 1979-80
 Huey, Patty, 1981-84
 Hughes, Betsy, 1978-80
 Hutton, Jennifer L., 1997
 Hyde, Devon, 1988

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Iacouzze, Brittany Patrice, 2009

JJJ

Jansen, Danielle Theresa, 2011-12
 Johnson, Candiss A., 1994-96
 Jones, Emily, 1993

KKK

Kaley, Shannon, 1990-91
 Kane, Rebecca Lynn, 2008-11
 Karatanevski, Lauren, 2004-07
 Kavadlo, Ilana Rose, 1999-2000
 Keel, Katherine Marie-Annelise, 2009-12
 Keith, Jennifer, 2005-06
 Kelly, Emily Catherine, 2011-12
 Keniston, Emily, 1985
 Khalil, Lorne, 1984
 Kimmel, Bridget, 2004-07
 Kisselbach, Kristen, 1992-93
 Kline, Amanda, 2001-03
 Koziol, Maria, 1992-95
 Kreef, Theresa, 1991-92
 Krysiowski, Karen, 1996-99

LLL

Lambert, Lindsey, 1981
 Latimer, Jennifer Lynn, 1995-98
 LaVie, Julie, 1982-83
 Layton, Gina, 1979
 Leiker, Amber Marie, 2010-11
 LeMaire, Elke, 1978-79
 Leupold, Susan, 1989-92
 Lewis, Courtney, 2001-04
 Lewis, Katie, 2003, 2005-06
 Liebers, Elizabeth, 1983
 Linton, Jane, 1993-94
 List, Sarah Elizabeth, 2009-12
 Long, Millie D., 1995-98
 Lorch, Susan L., 1997
 Losa, Barbara, 1978-79
 Lozeau, Kristin Ann, 1998-2001

MMM

Mace, Frankye (Mgr.), 1991
 Mack, Summer McGil, 1998-2001
 Malvasio, Chay Nicole, 2010
 Marck, Lindsey, 2005-08
 Marsh, Kathryn Leigh, 2008-09
 Marshall, Barbara, 1978-79
 Martin, Erin, 1990-93
 Martin, Katelyn Alyssa, 2009-11
 Martin, Leila, 2003-05
 Matheis, Erika, 2005-08
 McAfee, Kerianne Elizabeth, 2009-10
 McCann, Martha, 1984-87
 McDowell, Jane (Mgr.), 1979-80
 McFarlane, Taylor, 2006-08
 McHardy, Trish, 1991-94
 McLvain, Lindsay Porter, 2006-09
 McLaughlin, Kelly A., 1997-2000
 Meehan, Sarah E., 1997
 Mein, Hannah, 2006-07
 Mesmer, Liz, 1980-81
 Michna, Jennifer, 1987-89
 Miller, Ashley Lorraine, 2008-11
 Miller, Beth, 2007
 Miller, Christine Marie, 1995-98
 Mills, Holly Dyan, 1998-99
 Minich, Jill, 1991-94
 Misiti, Elizabeth, 2001-04
 Mitchell, Betsy, 1984
 Montford, Stacy, 1986
 Moore, Jenna Lee, 2009-12
 Moriarty, Laura Marie, 2009-12
 Morris, Tammy L., 1995-96
 Morrissy, Kelsey, 2005-08
 Morsman, Laura, 1988, 1990
 Moyer, Faith A., 1997
 Mulholland, Carol (Mgr.), 1982-83
 Murphy, Kathleen Michelle, (Mgr.) 2010-12

Murphy, Laura (Mgr.), 2009-12
 Myers, Jill, 1996-99

NNN

Nabell, Jeannette, 1981-82
 Nemeth, Alison M., 1993-96
 Nilon, Marissa, 2004-07
 Noblett, Lisa (Mgr.), 1981-82
 Nolan, Kathleen Marie, 2010-12
 Norton, Annie, 2007
 Nottingham, Heather, 1988-91
 Nystrand, Meghan, 2003-04

OOO

O'Brien, Susan, 1985-88
 O'Connor, MaryLou, 1984-87
 O'Donnell, Nicole, 2006-07
 O'Neal, Eva, 1981
 Overton, JoAnn Marie, 1998-2001
 Owen, Kristen, 1991
 Oxford, Kristin, 2007

PPP

Page, Nancy, 1985-87
 Peacock, Stephanie Nicole, 2011-12
 Perfater, Sue, 1982-85
 Perroni, Sarah, 1990-91, 1993
 Perruquet, Jessica, 2001-04
 Pesacreta, Marie Brooke, 2009-12
 Pittman, Victoria (Mgr.), 1985-87
 Pless, Amy, 1981-84
 Potter, Laurie, 1978-79
 Powers, Wendy, 1986-89
 Preston, Stephanie, 1994
 Pritchard, Amy, 1986-89
 Pritchett, Katy Nicole, 2006-09
 Proctor, Pam, 1990-93
 Proctor, Sarah, 2006-07
 Purcell, Sarah Margaret, 1995-98

QQQ

Quinn, Kathleen, 2002-05

RRR

Ramsey, Leslie, 1992-95
 Rankin, Tracey Lynn, 1996-99
 Ray, Amy, 1989-90
 Reardon, Emily, 2004-07
 Rechsteiner, Katherine Amber, 2011-12
 Rehm, Jennifer, 2001-04
 Richards, Margaret, 1990, 1992-93
 Ritter, Natalie Marie, 2012
 Robins, Barbara, 1979-80
 Rogers, Val, 2000
 Root, Eliza, 1992
 Rosser, Angie, 1993-94
 Rudolph, Jacqueline Erin, 2010-12
 Rulis, Stefanie Marie, 1999-2002
 Ruscoe, Laura Bess, 2009-12

SSS

Salomon, Somer, 1993-95
 Sanders, Leigh, 2000-03
 Santoro, Gia, 2003-06
 Sawyer, Staci, 1988-91
 Schiffer, Erica Jean, 2008-09
 Schlessman, Elizabeth Ann, 1996-99
 Schmidt, Emily Cornelia, 2012
 Schmidt, Erika, 1985-88
 Schmittle, Lauren Montgomery, 2010-11
 Schultz, Patricia, 1986-87
 Scoggins, Katie, 2000-01
 Scott, Sarah, 2006-08
 Scott, Sue, 1982-85
 Seastrom, Theresa, 1989-92
 Seawell, Jennifer, 1993
 Shelton, Margarette (Mgr.), 1978
 Sherwani, Soraya, 1984

Shirey, Cindy, 1979-81
 Silva, Lauren, 2000-01
 Siverling, Danielle Nicole, 2012
 Skeen, Aimee, 1991-92
 Smith, Amanda, 2003-06
 Smith, Carly, 2010-11
 Smith, Jenni (Mgr.), 1992, 1994-95
 Smith, Kathy, 1982-83
 Smith, Whitney, 2001-04
 Smock, Becky, 2004-07
 Sprague, Whitney Coulter, 2006-09
 Stankavage, Sarah, 2007
 Steeves, Megan Elizabeth, 2007-10
 Steimel, Mary Jo, 1985-87
 Steinbacher, Donna, 1987-88
 Stephens, Janice (Mgr.), 1978-79
 Stewart, Nicola J., 1993-96
 Stiles, Heather Brooke, 1999-2002
 Stone, Danley, 2000
 Stone, Mary, 1982-83
 Strahl, Monica, 1985-88
 Strasburger, Jennifer Wiley, 1997-2000
 Stretcher, Susan A., 1994-96
 Strickland, Jenny, 1981-84
 Stroupe, Heather, 1983-86
 Stroupe, Keira, 1986-89
 Stuby, Elinor (Mgr.), 1981
 Sullivan, Molly Elizabeth, 1999-2002
 Swanson, Eriel Enuf, 2009-12
 Szulc, Carrie, 1992-95

TTT

Tanner, Sarah Elizabeth, 2009-12
 Terrill, Allison Lorraine, 1999
 Thomas, Barbara, 2007-08
 Thomas, Lori, 2002-03
 Thompson, Nance, 1979-81
 Toohr, Judith, 1978
 Turkish, Hannah, 1988-91
 Turner, Janna, 2000-03

VVV

Vayda, Catherine, 1978
 Vilcins, Linda, 1982-85
 Virag, Tammy, 1988-89
 Vrana, Erica Anahid, 1998-2001

WWW

Waddell, Lindsay, 2001-04
 Wallace, Barbara, 1978
 Waldo, Bethany Jane, 1999
 Walsh, Susan E., 1981-84
 Warcholik, Madelyn, 1978
 Watkins, Christy, 2000-03
 Weeks, Kelly, 2001-04
 Weinberg, Wendy, 1979-80
 Welter, Carol, 1981
 Wentz, Ann, 1985-87
 Williams, Holly, 1983-86
 Williams, Martha, 1986-87, 1989
 Willeboordse, Sandra, 1982
 Wilson, Mona, 1983
 Winde, Polly, 1983-86
 Winde, Sally, 1979-82
 Winthrow, Demi, 1992-93
 Witter, Margie, 2000-03
 Wittmer, Deana, 1995
 Wong, Charlene, 2001-02
 Woodruff, Kelly, 2005-08

YYY

Yadao, Cherie A., 1993-96
 Young, Ellen, 1987-90
 Ytterbo, Kirsten, 2004-05



Laura Moriarty



Marie Pesacreta



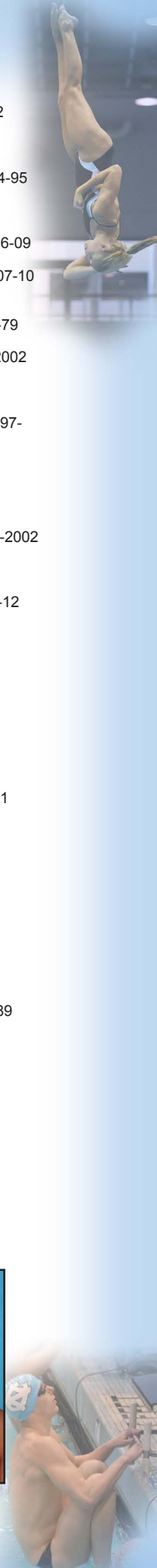
Laura Ruscoe



Nuffy Swanson



Sarah Tanner



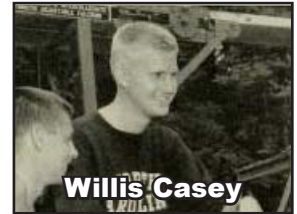
Men's Year-By-Year Records

Men's Coaches Through The Years

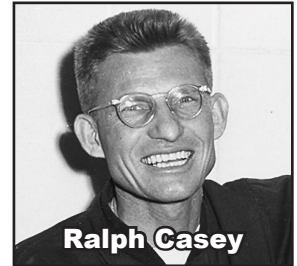
Year	Overall W-L Record	Southern Conference Record	Southern Conference Finish	NCAA Finish	Head Coach
1938-39	2-4	2-3	7th		Dick Jamerson
1939-40	7-1	6-0	Champion		Dick Jamerson
1940-41	8-1	6-0	Champion		Dick Jamerson
1941-42	8-0	5-0	Champion	Tied 12th	Dick Jamerson
1942-43	8-1	7-0	Champion		Dick Jamerson
1943-44	6-0	2-0	Champion		Dick Jamerson
1944-45	4-0	1-0	Champion		Willis Casey
1945-46	4-3	1-0	Champion	Tied 5th	Ralph Casey & Willis Casey
1946-47	5-2	4-0	Champion		Dick Jamerson
1947-48	10-0	5-0	Champion	14th	Dick Jamerson
1948-49	6-1	3-0	Champion	9th	Ralph Casey
1949-50	8-2	4-0	Champion		Dick Jamerson
1950-51	12-0	5-0	Champion		Dick Jamerson
1951-52	11-0	5-0	Champion		Dick Jamerson
1952-53	9-0	4-0	Champion	Tied 5th	Ralph Casey
Southern Conference Totals	Overall W-L Record	60-3 (.952)	14 Southern Conference Titles		
		Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1953-54	8-2	4-2	2nd		Ralph Casey
1954-55	5-3	4-2	2nd	5th	Ralph Casey
1955-56	6-1	5-1	Co-Champion	12th	Ralph Casey
1956-57	9-0	7-0	Champion	6th	Ralph Casey
1957-58	11-0	8-0	Champion	Tied 14th	Pat Earey
1958-59	10-1	6-0	Champion		Pat Earey
1959-60	9-3	5-2	3rd		Pat Earey
1960-61	9-3	4-1	Tri-Champion		Pat Earey
1961-62	7-3	3-2	2nd	Tied 13th	Pat Earey
1962-63	11-4	6-1	Tri-Champion		Pat Earey
1963-64	12-2	7-0	Co-Champion	Tied 6th	Pat Earey
1964-65	12-2	6-1	2nd	Tied 20th	Pat Earey
1965-66	8-5	4-2	3rd	12th	Pat Earey
1966-67	9-3	5-1	2nd	9th	Pat Earey
1967-68	7-3	3-2	2nd	20th	Pat Earey
1968-69	7-4	5-1	2nd		Pat Earey
1969-70	8-5	5-1	3rd		Pat Earey
1970-71	7-5	5-2	3rd		Pat Earey
1971-72	6-6	4-2	3rd		Pat Earey
1972-73	6-6	4-1	2nd		Pat Earey
1973-74	6-4	4-1	2nd		Pat Earey
1974-75	6-4	4-1	2nd		Pat Earey
1975-76	6-3	4-2	2nd	28th	Pat Earey
1976-77	4-3	3-1	3rd	Tied 29th	Pat Earey
1977-78	5-5	4-1	2nd	Tied 26th	Pat Earey
1978-79	5-5	3-1	2nd	25th	Pat Earey
1979-80	8-4	5-1	2nd	22nd	Pat Earey
1980-81	8-2	4-1	2nd	20th	Pat Earey
1981-82	6-3	3-2	2nd	24th	Pat Earey
1982-83	5-3	3-1	Champion	21st	Pat Earey
1983-84	8-4	4-1	Tied 2nd	17th	Pat Earey
1984-85	4-4	3-2	3rd	Tied 36th	Pat Earey
1985-86	5-3	4-2	2nd	Tied 31st	Pat Earey
1986-87	6-4	4-2	3rd		Pat Earey
1987-88	9-1	5-0	Champion	19th	Pat Earey
1988-89	8-2	4-1	Champion	39th	Pat Earey
1989-90	11-2	6-0	2nd	30th	Pat Earey
1990-91	9-1	5-0	Champion	21st	Pat Earey
1991-92	9-2	5-2	3rd	18th	Pat Earey
1992-93	10-4	6-1	Champion	14th	Pat Earey
1993-94	12-2	7-0	Champion	31st	Pat Earey
1994-95	9-5	5-1	Champion	32nd	Pat Earey
1995-96	10-1	5-0	Champion	15th	Pat Earey
1996-97	8-3	4-1	Champion	22nd	Pat Earey
1997-98	7-2	5-0	Champion	Tied 30th	Pat Earey
1998-99	10-2	4-1	3rd	30th	Pat Earey
1999-2000	6-4	3-2	2nd	28th	Pat Earey
2000-01	6-2	4-1	2nd		Pat Earey
2001-02	5-4	3-2	3rd	31st	Pat Earey
2002-03	9-4	5-2	3rd	32nd	Pat Earey
2003-04	7-4-1	3-1-1	3rd	23rd	Pat Earey
2004-05	10-2	5-1	4th	Tied 32nd	Pat Earey
2005-06	6-3	4-1	3rd	Tied 41st	Pat Earey
2006-07	5-3	4-1	3rd	27th	Pat Earey
2007-08	6-2	4-0	2nd	Tied 29th	Pat Earey
2008-09	6-3	4-1	3rd	Tied 26th	Pat Earey
2009-10	10-1	6-1	2nd	15th	Pat Earey
2010-11	8-1	4-1	2nd	14th	Pat Earey
2011-12	7-2	6-1	3rd	14th	Pat Earey
Overall & ACC Totals	560-187-1 (.749)	268-65-1 (.804)	17 ACC Titles	41 NCAA Top 30 Finishes	



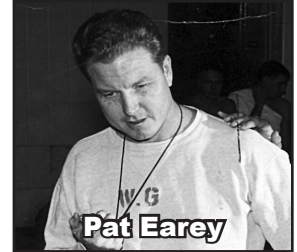
Richard Jamerson



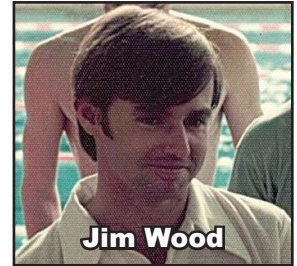
Willis Casey



Ralph Casey



Pat Earey



Jim Wood



Frank Comfort



Rich DeSelm

Men's Dual-Meet Records Against Opponents

Alabama	0-2	Johns Hopkins	8-0	Penn State	3-0
Army	0-3	Kentucky	1-0	Pittsburgh	2-3
Auburn	0-3	Kenyon	12-0	Princeton	4-2
Brown	4-0	La Salle	3-1	Rider	1-0
Bucknell	1-0	Lehigh	6-0	Rutgers	1-0
Clemson	48-5-1	Louisiana State	1-0	South Carolina	25-8
Cornell	1-0	Maryland	42-10	Southern Illinois	0-1
Davidson	6-0	Miami (Fla.)	4-1	Southern Methodist	1-2
Duke	75-2	Miami (Ohio)	1-0	Tampa	1-0
East Carolina	50-1	Michigan	0-2	Tennessee	0-19
Emory	8-0	Minnesota	3-13	Texas A&M	0-1
Emory & Henry	1-0	Navy	12-11	Virginia	40-19
Florida	10-15	Nebraska	1-0	VMI	21-1
Florida State	8-11	NC State	46-31	Virginia Tech	26-0
George Mason	1-0	UNC Wilmington	3-0	Wake Forest	22-0
George Washington	1-0	North Dakota	3-0	Washington & Lee	4-0
Georgia	13-17	Northwestern	1-0	Westminster (Pa.)	1-0
Georgia Tech	21-1	Notre Dame	1-0	West Virginia	1-0
Harvard	1-1	Ohio State	0-3	William & Mary	7-0
Illinois	2-0	Old Dominion	1-0		

Women's Dual-Meet Records Against Opponents

Alabama	1-0	James Madison	2-0	Penn State	6-1
Appalachian State	1-0	Johns Hopkins	7-0	Pittsburgh	3-0
Auburn	0-3	Kentucky	1-0	Princeton	1-0
Brown	5-0	Kenyon	12-0	Rice	1-0
Bucknell	1-0	Lehigh	6-0	Richmond	3-0
Clemson	29-5	Maryland	27-3	Rutgers	2-0
Colorado State	1-0	Meredith	1-0	South Carolina	10-4
Davidson	2-0	Miami (Fla.)	2-0	Southern Methodist	0-1
Duke	38-0	Miami (Ohio)	1-0	Syracuse	2-0
East Carolina	26-0	Michigan	7-1	Tampa	1-0
Eastern Michigan	2-0	Minnesota	6-6-1	Tennessee	8-0
Emory	1-0	Navy	1-0	Virginia	24-13
Florida	0-2	Nebraska	1-0	VCU	1-1
Florida State	6-1	UNC Greensboro	1-0	Virginia Tech	5-0
George Mason	1-0	NC State	35-5	Westminster (Pa.)	1-0
Georgia	1-21	UNC Wilmington	2-0	West Virginia	1-0
Georgia Tech	3-0	North Dakota	2-0	William & Mary	6-0
Harvard	1-0	Northwestern	2-0		
Illinois	2-0	Old Dominion	1-0		

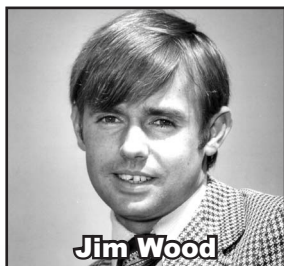
Women's Year-By-Year Records

Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1974-75	9-2				Maxine Forrest
1975-76	8-0			9th	Jim Wood
1976-77	3-1			7th	Jim Wood
1977-78	5-3			8th	Frank Comfort
1978-79	7-1	2-1	2nd	5th	Frank Comfort
1979-80	7-2	3-1	2nd	7th	Frank Comfort
1980-81	7-1	3-1	Champion	3rd	Frank Comfort
1981-82	11-0	5-0	Champion	3rd	Frank Comfort
1982-83	9-1	4-0	Champion	6th	Frank Comfort
1983-84	9-0	5-0	Champion	5th	Frank Comfort
1984-85	6-2	4-1	Champion	12th	Frank Comfort
1985-86	8-0	6-0	Champion	16th	Frank Comfort
1986-87	8-2	5-1	2nd	9th	Frank Comfort
1987-88	8-3	3-2	2nd	19th	Frank Comfort
1988-89	9-2	4-1	2nd	36th	Frank Comfort
1989-90	11-1	5-0	2nd	15th	Frank Comfort
1990-91	10-1	5-0	Champion	20th	Frank Comfort
1991-92	12-0	7-0	Champion	14th	Frank Comfort
1992-93	10-2	5-1	Champion	16th	Frank Comfort
1993-94	11-2	6-0	Champion	26th	Frank Comfort
1994-95	10-2	6-0	Champion	23rd	Frank Comfort
1995-96	10-2	5-0	Champion	18th	Frank Comfort
1996-97	8-3	4-1	2nd	16th	Frank Comfort
1997-98	7-3	5-0	2nd	12th	Frank Comfort
1998-99	7-4-1	2-3	2nd	20th	Frank Comfort
1999-2000	9-2	4-1	Champion	15th	Frank Comfort
2000-01	8-1	5-0	Champion	9th	Frank Comfort
2001-02	7-2	4-1	Champion	13th	Frank Comfort
2002-03	12-1	7-0	2nd	17th	Frank Comfort
2003-04	7-3	4-1	2nd	23rd	Frank Comfort
2004-05	9-3	4-2	3rd		Frank Comfort
2005-06	8-2	4-1	3rd	Tied 41st	Frank comfort
2006-07	8-1	5-0	Champion	30th	Frank Comfort
2007-08	6-3	3-1	2nd	Tied 32nd	Rich DeSelm
2008-09	6-3	4-1	2nd	20th	Rich DeSelm
2009-10	9-2	6-1	2nd	20th	Rich DeSelm
2010-11	7-2	4-1	2nd	Tied 23rd	Rich DeSelm
2011-12	7-2	6-1	2nd	19th	Rich DeSelm
Totals	313-67-1 (.822)	154-24 (.865)	16 ACC Titles	32 Top 30 National Finishes	

Women's Coaches Through The Years



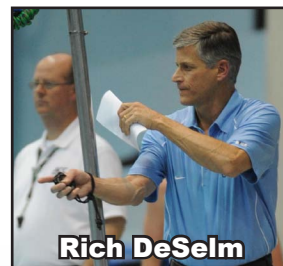
Maxine Forrest



Jim Wood



Frank Comfort



Rich DeSelm



Men's Short Course Top-10 Records

50 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:19.34	2012
2. Kyle Ficker	:19.72	2012
3. Tod Schroeder	:20.06	1990
Kevin Erndl	:20.06	2001
5. Brad Hamilton	:20.09	2009
6. Mark Sedlak	:20.10	1993
7. Evan Reed	:20.13	2012
8. Ted Brisson	:20.17	1998
9. Tommy Wyher	:20.23	2010
10. Chris Jennings	:20.39	1997

100 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:42.51	2011
2. Evan Reed	:43.71	2011
3. Kyle Ficker	:43.97	2012
4. Brad Hamilton	:44.16	2009
5. Daniel Summerlin	:44.26	1993
6. John Davis	:44.29	1990
7. Brock Park	:44.45	2011
8. Tod Schroeder	:44.46	1991
9. Ted Brisson	:44.47	1998
10. Ed Abele	:44.49	1998

200 Yard Freestyle

Name	Time	Year
1. John Davis	1:35.59	1990
2. Evan Reed	1:35.60	2011
3. Yann deFabrique	1:35.74	1993
4. David Monasterio	1:35.77	1991
5. Hank Browning	1:36.29	2006
6. Wil Singley	1:36.54	2009
7. Trevor Runberg	1:36.56	1997
8. J.T. Stillely	1:36.85	2011
9. Steve Cebertowicz	1:37.21	2009
10. James Hamrick	1:37.22	1993

500 Yard Freestyle

Name	Time	Year
1. Chip Peterson	4:18.18	2009
2. Yann deFabrique	4:18.91	1993
3. James Hamrick	4:18.96	1993
4. David Monasterio	4:19.53	1991
5. Yuri Suguiyama	4:19.92	2003
6. Hank Browning	4:19.99	2007
7. Trevor Runberg	4:20.49	1996
8. J.T. Stillely	4:21.03	2012
9. Wil Singley	4:21.07	2009
10. Joe Kinderwater	4:21.74	2011

1000 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	8:54.34	2011
2. Chip Peterson	8:55.14	2010
3. Dan O'Connor	9:03.32	2011
4. Tyler Harris	9:05.47	2011
5. Brett Nagle	9:08.98	2012
6. Yuri Suguiyama	9:09.59	2001
7. Wil Singley	9:09.77	2009
8. Yann deFabrique	9:09.82	1995
9. James Hamrick	9:10.60	1992
10. Philip Owen	9:10.71	2008

1650 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	14:42.64	2011
2. Chip Peterson	14:48.86	2009
3. Dan O'Connor	14:56.93	2011
4. Tyler Harris	15:04.22	2011
5. Yuri Suguiyama	15:05.10	2003
6. Wil Singley	15:06.52	2009
7. James Hamrick	15:07.36	1993
8. Brett Nagle	15:09.67	2012
9. Philip Owen	15:10.73	2007
10. Hank Browning	15:10.75	2006

100 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	:45.93	2010
2. Josh Hafkin	:47.76	2009
3. Ted Brisson	:48.10	1998
4. Keith Laabs	:48.59	2007
5. Steve Cebertowicz	:48.68	2011
6. Jim Flannery	:48.72	2012
7. Robert Grimmett-Norris	:48.86	2011
8. Patrick Myers	:49.07	2012
9. Drew Sechrist	:49.12	1995
10. Zach Swartz	:49.16	2008

200 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	1:42.40	2009
2. Josh Hafkin	1:44.47	2009
3. Keith Laabs	1:45.43	2007
4. Jeff James	1:45.63	2009
5. Patrick Myers	1:45.93	2012
6. Trevor Runberg	1:46.13	1996
7. Jim Flannery	1:46.28	2012
8. Clifton Gordon	1:46.72	2012
9. Bryan Stuck	1:46.86	1994
10. Tyler Hill	1:47.25	2012

100 Yard Breaststroke

Name	Time	Year
1. Colin Bridier	:54.15	2011
2. Vinny Pryor	:54.25	2010
3. Tyler Smith	:54.69	2011
4. Gary Gauch	:54.99	1991
5. Steve Bonack	:55.03	1996
6. Scott Troy	:55.05	1996
Flynn Jones	:55.05	2010
8. Brad Mitchell	:55.13	2009
9. Sean Quinn	:55.14	2003
10. John Fischetti	:55.40	1991

200 Yard Breaststroke

Name	Time	Year
1. Sean Quinn	1:56.39	2002
2. Tyler Harris	1:56.45	2009
3. Vinny Pryor	1:56.97	2011
4. Ethan Hall	1:58.79	1999
5. Colin Bridier	1:58.93	2010
6. David Slawinski	1:58.95	2000
7. Jeff Weiss	1:58.98	1994
8. Steve Bonack	1:58.99	1996
9. Scott Troy	1:59.27	1996
10. Eric Fehr	1:59.65	1996

100 Yard Butterfly

Name	Time	Year
1. Tommy Wyher	:45.57	2010
2. Tucker Shade	:46.86	1998
3. Eddy Matkovic	:47.59	2003
4. Jason McLaughlin	:47.77	2009
5. Chris Jennings	:48.07	1997
6. Josh Glasco	:48.11	2005
7. Robert Grimmett-Norris	:48.15	2009
8. Jon Van Assen	:48.17	2006
9. William Keever	:48.25	1993
10. Dominick Glavich	:49.29	2012

200 Yard Butterfly

Name	Time	Year
1. Tom Luchsinger	1:43.15	2011
2. Jason McLaughlin	1:44.37	2009
3. Josh Glasco	1:44.60	2004
4. Dominick Glavich	1:44.65	2012
5. David Monasterio	1:45.30	1991
6. Yann deFabrique	1:46.12	1992
7. Tucker Shade	1:46.72	1996
8. Victor Leclere	1:46.76	2011
9. Tyler Harris	1:47.06	2009
10. Chris Stevenson	1:47.14	1985

200 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	1:44.86	2009
2. Tom Luchsinger	1:45.77	2012
3. John Davis	1:47.33	1990
4. Dominick Glavich	1:47.36	2012
5. Daniel Summerlin	1:47.75	1994
6. Chris Helin	1:47.81	2000
7. Vinny Pryor	1:48.45	2009
8. Alex Gianino	1:48.47	2012
9. Eric Fehr	1:48.61	1997
10. Tom Schmelzer	1:48.66	1997

400 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	3:41.51	2011
2. Tom Luchsinger	3:44.81	2011
3. Alex Gianino	3:50.08	2011
4. Andy Brake	3:50.75	2010
5. Daniel Summerlin	3:50.91	1994
6. Chip Peterson	3:51.36	2009
7. Chris Helin	3:51.73	2002
8. Eric Fehr	3:52.34	1996
9. Brian Bollerman	3:52.43	2012
10. Stephen Mohr	3:52.56	2001

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. David MacDonald	367.45^	2009
2. Ryland Jones	360.90^	2009
3. David Solarz	355.90^	2008
4. Jake Kinzbach	354.20^	2012
5. Ryan Funderburk	347.40*	2005
6. Jon Fox	337.80*	2006
7. Ben Herboth	331.50*	2005
8. Austin Bradyhouse	329.35^	2008
9. Eric Poitras	322.70*	2002
10. Stephen Krebs	313.60*	2002

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. David MacDonald	447.50^	2009
2. Ryan Funderburk	413.25^	2007
3. David Solarz	394.00*	2009
4. Ryland Jones	366.15^	2009
5. Jon Fox	349.30^	2006
6. Alex Kenley	338.20^	2008
7. Jake Kinzbach	331.75^	2010
8. Austin Bradyhouse	319.65^	2008
9. Ryan Matuszak	311.25*	2006
10. Bryant Wooten	307.55^	2010

10-Meter Platform Diving

6 Optional Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. David MacDonald	359.55*	2011
2. David Solarz	338.25*	2009
3. Ryland Jones	328.60*	2012
4. Ryan Funderburk	306.00*	2008
Jake Kinzbach	306.00*	2012
6. Ryan Fox	296.30*	2012
7. Alex Kenley	236.35*	2009
8. Tyler Beard	231.50^	2012
9. Bryant Wooten	215.70^	2010
10. Tyler Beard	191.90^	2010

Diving Codes

* - Championship List Meet (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, UGA Invite, etc.) Note: School Records can only be broken at a Championship Meet or Credible Invite. No dual meets.

Women's Short Course Top-10 Records

50 Yard Freestyle

Name	Time	Year
1. Rebecca Kane	:22.21	2011
2. Richelle Fox	:22.40	1998
3. Christy Watkins	:22.45	2002
4. Kelsey Morrissy	:22.67	2008
5. Megan Steeves	:22.70	2009
6. Sarah Perroni	:22.72	1993
7. Erika Acuff	:22.86	2001
8. Melissa Douse	:22.95	1992
9. Jessi Perruquet	:22.95	2004
10. Sue Walsh	:22.96	1983

100 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:48.89	1998
2. Rebecca Kane	:49.98	2011
3. Jessi Perruquet	:49.30	2002
Megan Steeves	:49.30	2009
4. Kelsey Morrissy	:49.37	2008
6. Kari Haag	:49.53	1995
7. Sarah Perroni	:49.68	1992/93
Danielle Siverling	:49.68	2012
9. Christy Watkins	:49.71	2002
10. Eliza Butts	:49.72	2009

200 Yard Freestyle

Name	Time	Year
1. Jessi Perruquet	1:45.01	2003
2. Stephanie Peacock	1:45.11	2012
3. Danielle Siverling	1:45.66	2012
4. Kari Haag	1:46.28	1995
5. Katura Harvey	1:46.76	2011
6. Stephanie Eisenring	1:47.02	2012
7. Richelle Fox	1:47.29	1996
8. Rebecca Kane	1:47.34	2009
9. Eliza Butts	1:47.50	2009
10. Emily Kelly	1:47.59	2010

500 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	4:35.06	2012
2. Whitney Sprague	4:38.72	2009
3. Katura Harvey	4:39.12	2009
4. Danielle Siverling	4:42.51	2012
5. Stephanie Eisenring	4:43.99	2011
6. Emily Kelly	4:44.73	2011
7. Chrissy Miller	4:44.97	1998
8. Kelly Weeks	4:46.97	2003
9. Ashley Miller	4:47.18	2010
10. Katelyn Martin	4:47.21	2009

1000 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	9:32.69	2012
2. Whitney Sprague	9:33.45	2009
3. Katura Harvey	9:37.57	2009
4. Katelyn Martin	9:46.29	2009
5. Ashley Miller	9:48.67	2011
6. Polly Winde	9:49.55	1983
7. Chrissy Miller	9:50.10	1998
8. Nicole O'Donnell	9:51.00	2005
9. Hannah Turlish	9:52.05	1988
10. Whitney Smith	9:52.47	2003

1650 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	15:38.79	2012
2. Whitney Sprague	15:46.57	2009
3. Katura Harvey	15:56.77	2009
4. Ashley Miller	16:13.41	2010
5. Katelyn Martin	16:13.56	2009
6. Nicole O'Donnell	16:13.88	2005
7. Chrissy Miller	16:17.88	1996
8. Kelsey Cummings	16:20.02	2012
9. Jackie Rudolph	16:22.58	2012
10. Hannah Turlish	16:24.39	1988

100 Yard Backstroke

Name	Time	Year
1. Carly Smith	:52.20	2011
2. Candace Cooper	:53.13	2012
3. Christy Watkins	:53.92	2000
4. Megan Steeves	:54.03	2010
5. Summer Mack	:54.05	2001
6. Sarah List	:54.11	2011
7. Kimmy Davis	:54.29	2009
8. Katie Nolan	:54.42	2012
9. Rebecca Brooks	:54.71	2010
10. Sue Walsh	:54.74	1983

200 Yard Backstroke

Name	Time	Year
1. Carly Smith	1:53.08	2011
2. Ashley Howard	1:55.45	2009
3. Rebecca Brooks	1:55.70	2011
4. Candace Cooper	1:56.46	2012
5. Laura Collier	1:57.83	2003
6. Summer Mack	1:58.22	2000
7. Sarah List	1:58.41	2009
8. Megan Steeves	1:58.62	2009
9. Taylor McFarlane	1:58.67	2007
10. Tracey Barrett	1:58.68	1998

100 Yard Breaststroke

Name	Time	Year
1. Layne Brodie	1:00.02	2009
2. Katie Hathaway	1:00.89	2002
3. Laura Moriarty	1:00.93	2010
4. Katie Keel	1:01.51	2011
5. Danielle Jansen	1:01.91	2011
6. Katie Rechsteiner	1:01.96	2011
7. Alison Clemens	1:02.01	2009
8. Becky Acker	1:02.17	2002
9. Lizzy Bruce	1:02.84	2003
10. Jenny Strickland	1:03.21	1984

200 Yard Breaststroke

Name	Time	Year
1. Laura Moriarty	2:09.60	2010
2. Layne Brodie	2:10.04	2009
3. Katie Hathaway	2:11.12	2002
4. Alison Clemens	2:12.28	2010
5. Becky Acker	2:12.86	2002
6. Katie Rechsteiner	2:14.03	2011
7. Lizzy Bruce	2:14.70	2004
8. Katie Keel	2:14.93	2011
9. Erika Acuff	2:15.67	2001
10. Polly Winde	2:16.34	1984

100 Yard Butterfly

Name	Time	Year
1. Richelle Fox	:52.34	1997
2. Katie Nolan	:52.92	2011
3. Carly Smith	:53.19	2011
4. Sarah Tanner	:53.90	2010
5. Melanie Buddemeyer	:53.91	1985
6. Lindsey Marck	:54.08	2006
7. Cari Blalock	:54.37	2012
8. Summer Mack	:54.55	2000
9. Kimmy Davis	:54.61	2009
10. Danielle Jansen	:54.63	2011

200 Yard Butterfly

Name	Time	Year
1. Cari Blalock	1:56.06	2012
2. Kelly Weeks	1:57.66	2003
3. Nuffly Swanson	1:57.88	2009
4. Melanie Buddemeyer	1:58.04	1985
Meredith Hoover	1:58.04	2012
6. Katie Nolan	1:58.26	2012
7. Lindsey Marck	1:58.79	2004
8. Kelly McLaughlin	1:59.42	2000
Ilana Kavadio	1:59.42	2000
10. Laura Moriarty	1:59.51	2010

200 Yard Individual Medley

Name	Time	Year
1. Layne Brodie	1:57.56	2011
2. Cari Blalock	1:57.87	2012
3. Sarah Tanner	1:59.21	2012
4. Rebecca Brooks	1:59.35	2011
5. Erika Acuff	1:59.57	2001
6. Katie Hathaway	1:59.67	2001
7. Marie Pesacreta	2:00.03	2010
8. Laura Moriarty	2:00.52	2012
9. Alison Clemens	2:00.67	2010
10. Richelle Fox	2:00.94	1996

400 Yard Individual Medley

Name	Time	Year
1. Laura Moriarty	4:07.66	2010
2. Cari Blalock	4:09.01	2012
3. Polly Winde	4:11.32	1984
4. Erika Acuff	4:14.18	2001
5. Katie Hathaway	4:14.40	1999
6. Lauren Silva	4:15.66	2000
7. Marie Pesacreta	4:16.34	2010
8. Chrissy Miller	4:16.39	1998
9. Kelly Woodruff	4:16.68	2005
10. Stephanie Peacock	4:16.97	2011
11. Carrie Szulc	4:17.01	1993

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. Jenna Moore	305.20 [^]	2011
2. Chay Malvasio	286.90 [^]	2009
3. Mandi Arak	283.50 [^]	2005
4. Kristin Arnold	282.00 [^]	2008
5. Laura Filip	280.45 [*]	2007
6. Gia Santoro	279.70 [*]	2005
7. Natalie Ritter	276.60 [^]	2011
8. Erika Matheis	272.85 [*]	2007
9. Lauren Karatanevski	260.20 [*]	2006
10. Kaci Hollingsworth	259.55 [^]	2008

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. Jenna Moore	331.45 [^]	2011
2. Mandi Arak	312.40 [^]	2005
3. Erika Matheis	301.60 [^]	2007
4. Chay Malvasio	299.70 [^]	2009
5. Laura Filip	297.20 [^]	2007
6. Kristin Arnold	282.80 [^]	2011
7. Erica Schiffler	276.55 [^]	2007
8. Kate Lewis	276.35 [^]	2005
9. Lauren Karatanevski	274.60 [^]	2006
10. Gia Santoro	262.45 [^]	2005

10-Meter Platform Diving

Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. Erica Schiffler	260.85 [*]	2008
2. Jenna Moore	257.40 [^]	2012
3. Emily Schmidt	233.00 [*]	2012
4. Natalie Ritter	225.45 [*]	2012
5. Kristin Arnold	218.90 [^]	2011
6. Kaci Hollingsworth	207.66 [*]	2009
7. Kelly Corish	194.05 [^]	2012
8. Laura Filip	175.65 [*]	2007
9. Chay Malvasio	166.50 [^]	2010
10. Michelle Mudge	146.90 [^]	2010

Diving Codes

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UNC School Records

UNC Women's Swimming Short Course Records

Event	Time	Name	Year
50 Free	22.21	Rebecca Kane	2011
100 Free	48.89	Richelle Fox	1998
200 Free	1:45.01	Jessi Perruquet	2003
500 Free	4:35.06	Stephanie Peacock	2012
1000 Free	9:32.69	Stephanie Peacock	2012
1650 Free	15:38.79	Stephanie Peacock	2012
100 Back	52.20	Carly Smith	2011
200 Back	1:53.08	Carly Smith	2011
100 Breast	1:00.02	Layne Brodie	2009
200 Breast	2:09.60	Laura Moriarty	2010
100 Fly	52.34	Richelle Fox	1997
200 Fly	1:56.06	Cari Blalock	2012
200 IM	1:57.56	Layne Brodie	2011
400 IM	4:07.66	Laura Moriarty	2010
200 Free Relay	1:30.09	Rebecca Kane (22.42), Layne Brodie (22.72), Candace Cooper (22.41), Katie Nolan (22.54)	2011
400 Free Relay	3:17.10	Rebecca Kane (49.38), Eliza Butts (49.16), Megan Steeves (48.95), Katura Harvey (49.60)	2009
800 Free Relay	7:06.32	Stephanie Peacock (1:46.66), Stephanie Eisenring (1:47.10), Emily Kelly (1:46.09), Katura Harvey (1:46.47)	2011
200 Medley Relay	1:37.89	Carly Smith (24.80), Layne Brodie (27.39), Katie Nolan (24.04), Rebecca Kane (21.66)	2011
400 Medley Relay	3:33.60	Carly Smith (52.43), Layne Brodie (59.53), Katie Nolan (53.03), Rebecca Kane (48.61)	2010

UNC Men's Swimming Short Course Team Records

Event	Time	Name	Year
50 Free	19.34	Steve Cebertowicz	2012
100 Free	42.51	Steve Cebertowicz	2011
200 Free	1:35.59	John Davis	1990
500 Free	4:18.18	Chip Peterson	2009
1000 Free	8:54.34	Joe Kinderwater	2011
1650 Free	14:42.64	Joe Kinderwater	2011
100 Back	45.93	Tommy Wyher	2010
200 Back	1:42.40	Tommy Wyher	2009
100 Breast	54.15	Colin Bridier	2010
200 Breast	1:56.39	Sean Quinn	2002
100 Fly	45.57	Tommy Wyher	2010
200 Fly	1:43.15	Tom Luchsinger	2011
200 IM	1:44.86	Tyler Harris	2011
400 IM	3:41.51	Tyler Harris	2009
200 Free Relay	1:18.35	Steve Cebertowicz (19.61), Kyle Ficker (19.53), Brock Park (19.53), Evan Reed (19.68)	2012
400 Free Relay	2:52.62	Steve Cebertowicz (42.96), Evan Reed (42.87), Brock Park (43.59), Tommy Wyher (43.20)	2011
800 Free Relay	6:22.87	Evan Reed (1:36.03), Steve Cebertowicz (1:35.66), Tom Luchsinger (1:34.84), Tyler Harris (1:36.34)	2011
200 Medley Relay	1:26.50	Josh Hafkin (22.47), Vinny Pryor (24.48), Tommy Wyher (20.48), Steve Cebertowicz (19.07)	2011
400 Medley Relay	3:10.89	Tommy Wyher (46.75), Vinny Pryor (54.07), Tom Luchsinger (47.40), Steve Cebertowicz (42.67)	2011

UNC Women's Swimming Long Course Meters Records

Event	Time	Name	Meet/Site	Year
50 Free	25.37	Erika Acuff Erndl	U.S. Olympic Trials	2012
100 Free	54.59	Erika Acuff Erndl	U.S. Open	2009
200 Free	1:58.92	Erika Acuff Erndl	U.S. Olympic Trials	2009
400 Free	4:09.31	Stephanie Peacock	U.S. Open	2012
800 Free	8:24.36	Stephanie Peacock	U.S. Open	2012
1500 Free	16:29.04	Whitney Sprague	World University Games	2009
100 Back	1:02.48	Sue Walsh	U.S.S. Championships	1982
			Pan American Games	1983
200 Back	2:13.86	Sue Walsh	U.S.S. Championships	1983
100 Breast	1:10.79	Katie Hathaway	Southern Sectionals	2001
200 Breast	2:31.75	Katie Hathaway	Southern Sectionals	2001
100 Fly	58.75	Erika Acuff Erndl	U.S. Open	2012
200 Fly	2:12.02	Emma Nunn	NCSA Junior Nationals	2012
200 IM	2:13.72	Erika Acuff Erndl	U.S. Open	2009
400 IM	4:47.06	Erika Acuff Erndl	U.S. Olympic Trials	2008

UNC Men's Swimming Long Course Meters Records

Event	Time	Name	Meet/Site	Year
50 Free	22.88	Steve Cebertowicz	Last Call For Omaha	2012
100 Free	49.78	Steve Cebertowicz	U.S.S. Championships	2011
200 Free	1:48.94	Tom Luchsinger	U.S. Olympic Trials	2012
400 Free	3:52.74	Chip Peterson	U.S.S. Championships	2007
800 Free	8:02.59	Chip Peterson	Santa Clara Grand Prix	2007
1500 Free	15:12.33	Chip Peterson	Pan American Games	2007
100 Back	55.21	Tommy Wyher	U.S.S. Championships	2010
200 Back	2:01.47	Trevor Runberg	U.S. Olympic Trials	1996
100 Breast	1:03.17	Sean Quinn	U.S.S. Championships	2001
200 Breast	2:14.92	Sean Quinn	U.S.S. Championships	2002
100 Fly	53.56	Tommy Wyher	U.S. World Championships Trials	2009
200 Fly	1:57.01	Tom Luchsinger	U.S.S. Championships	2011
200 IM	2:00.73	Tyler Harris	U.S. Olympic Trials	2012
400 IM	4:15.40	Tyler Harris	World University Games	2011



Layne Brodie, 100 Breast & 200 IM Record Holder



Tyler Harris, 200 IM & 400 IM Record Holder

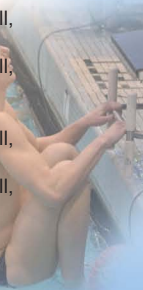
ACC Records

ACC Men's Swimming & Diving Records

50 Freestyle			
Conference:	19.07	Cullen Jones, NC State	2/26/06
ACC Meet:	19.07	Cullen Jones, NC State	2/26/06
100 Freestyle			
Conference:	42.21	Scot Robison, Virginia	2/28/10
ACC Meet:	42.21	Scot Robison, Virginia	2/28/10
200 Freestyle			
Conference:	1:32.45	Scot Robison, Virginia	2/26/10
ACC Meet:	1:32.45	Scot Robison, Virginia	2/26/10
500 Freestyle			
Conference:	4:10.00	Matt McLean, Virginia	2/27/09
ACC Meet:	4:10.00	Matt McLean, Virginia	2/27/09
1000 Freestyle			
Conference:	8:46.50	Matt McLean, Virginia	2/28/09
1650 Freestyle			
Conference:	14:35.12	Matt McLean, Virginia	2/28/09
ACC Meet:	14:35.12	Matt McLean, Virginia	2/28/09
100 Backstroke			
Conference:	45.93	Tommy Wyher, North Carolina	3/26/10
ACC Meet:	46.08	Tommy Wyher, North Carolina	2/26/10
200 Backstroke			
Conference:	1:41.11	Andy Hodgson, Florida State	3/22/09
ACC Meet:	1:41.14	Andy Hodgson, Florida State	2/28/09
100 Breaststroke			
Conference:	52.60	Ed Moses, Virginia	2/26/00
ACC Meet:	52.60	Ed Moses, Virginia	2/26/00
200 Breaststroke			
Conference:	1:53.13	Rob Holderness, Florida State	10/9/10
ACC Meet:	1:54.79	Gary Marshall, Virginia	2/27/02
100 Butterfly			
Conference:	45.57	Tommy Wyher, North Carolina	2/26/10
ACC Meet:	45.57	Tommy Wyher, North Carolina	2/26/10
200 Butterfly			
Conference:	1:42.84	Michael Raab, Virginia	2/26/03
ACC Meet:	1:43.43	Gal Nevo, Georgia Tech	2/27/10
200 Individual Medley			
Conference:	1:42.79	Gal Nevo, Georgia Tech	3/26/09
ACC Meet:	1:43.34	Gal Nevo, Georgia Tech	2/26/09
400 Individual Medley			
Conference:	3:38.00	Gal Nevo, Georgia Tech	3/27/09
ACC Meet:	3:39.33	Gal Nevo, Georgia Tech	2/27/09
One-Meter Diving			
Conference:	499.95	Nick McCrory, Duke	2/19/10
ACC Meet:	499.95	Nick McCrory, Duke	2/19/10
Three-Meter Diving			
Conference:	475.80	Nick McCrory, Duke	2/25/11
ACC Meet:	475.80	Nick McCrory, Duke	2/25/11
Platform Diving			
Conference:	548.90	Nick McCrory, Duke	3/26/11
ACC Meet:	523.95	Nick McCrory, Duke	2/20/10
200 Free Relay			
Conference:	1:17.70	Virginia (Scot Robison, Peter Geissinger, Tom Barrett, David Karasek)	3/24/11
ACC Meet:	1:17.73	Florida State (Paul Murray, Trice Bailey, David Sanders, Mark Weber)	2/25/11
400 Free Relay			
Conference:	2:51.26	Virginia (Scot Robison, Peter Geissinger, Tom Barrett, Matt McLean)	2/26/11
ACC Meet:	2:51.26	Virginia (Scot Robison, Peter Geissinger, Tom Barrett, Matt McLean)	2/26/11
800 Free Relay			
Conference:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
ACC Meet:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
200 Medley Relay			
Conference:	1:25.98	Duke (Steven Gasparini, Piotr Szafronczyk, Benjamin Tuben, Ben Hwang)	3/4/12
ACC Meet:	1:26.00	Georgia Tech (Iliia Ayzenshtok, Mickey Malul, Sully Lynch, Mauricio Sousa)	2/25/09
400 Medley Relay			
Conference:	3:08.45	Virginia (Matt Murray, Taylor Grey, Peter Geissinger, Scot Robison)	3/24/11
ACC Meet:	3:08.71	Virginia (Eric Olesen, Ryan Hurley, Lee Robertson, Scot Robison)	2/27/09

ACC Women's Swimming & Diving Records

50 Freestyle			
Conference:	21.96	Sara Smith, Virginia Tech	2/19/09
ACC Meet:	21.96	Sara Smith, Virginia Tech	2/19/09
100 Freestyle			
Conference:	47.88	Lauren Perdue, Virginia	2/19/11
ACC Meet:	47.88	Lauren Perdue, Virginia	2/19/11
200 Freestyle			
Conference:	1:42.51	Lauren Perdue, Virginia	3/18/11
ACC Meet:	1:43.73	Lauren Perdue, Virginia	2/18/11
500 Freestyle			
Conference:	4:35.06	Stephanie Peacock, North Carolina	3/17/12
ACC Meet:	4:36.48	Stephanie Peacock, North Carolina	2/18/12
1000 Freestyle			
Conference:	9:32.69	Stephanie Peacock, North Carolina	3/17/12
1650 Freestyle			
Conference:	15:38.79	Stephanie Peacock, North Carolina	3/17/12
ACC Meet:	15:46.12	Stephanie Peacock, North Carolina	2/18/12
100 Backstroke			
Conference:	51.58	Mei Christensen, Virginia	3/20/09
ACC Meet:	51.75	Mei Christensen, Virginia	2/20/09
200 Backstroke			
Conference:	1:52.22	Mei Christensen, Virginia	2/21/09
ACC Meet:	1:52.22	Mei Christensen, Virginia	2/21/09
100 Breaststroke			
Conference:	1:00.02	Layne Brodie, North Carolina	2/21/09
ACC Meet:	1:00.02	Layne Brodie, North Carolina	2/21/09
200 Breaststroke			
Conference:	2:09.60	Laura Moriarty, North Carolina	3/20/10
ACC Meet:	2:09.94	Laura Moriarty, North Carolina	2/20/10
	2:09.94	Christine Olson, Virginia	2/20/10
100 Butterfly			
Conference:	52.14	Heather Savage, Virginia Tech	2/17/12
ACC Meet:	52.14	Heather Savage, Virginia Tech	2/17/12
200 Butterfly			
Conference:	1:54.59	Megan Evo, Virginia	2/21/09
ACC Meet:	1:54.59	Megan Evo, Virginia	2/21/09
200 Individual Medley			
Conference:	1:56.17	Megan Evo, Virginia	2/19/09
ACC Meet:	1:56.17	Megan Evo, Virginia	2/19/09
400 Individual Medley			
Conference:	4:07.29	Claire Crippen, Virginia	2/18/11
ACC Meet:	4:07.29	Claire Crippen, Virginia	2/18/11
One-Meter Diving			
Conference:	379.98	Jenna Dreyer, Miami	3/3/07
ACC Meet:	361.85	Abby Johnston, Duke	2/17/11
Three-Meter Diving			
Conference:	439.70	Abby Johnston, Duke	2/19/10
ACC Meet:	439.70	Abby Johnston, Duke	2/19/10
Platform Diving			
Conference:	367.20	Brittany Viola, Miami	3/16/08
ACC Meet:	361.85	Brittany Viola, Miami	2/21/09
200 Free Relay			
Conference:	1:28.52	Maryland (Ann Fittin, Megan Lafferty, Ginny Glover, Blair Cross)	3/18/11
ACC Meet:	1:29.21	Virginia (Lauren Perdue, Hannah Davis, Kelly Flynn, Emily Lloyd)	2/17/11
400 Free Relay			
Conference:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
ACC Meet:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
800 Free Relay			
Conference:	7:03.00	Virginia (Rachel Naurath, Liz Shaw, Kristen Moore, Lauren Perdue)	2/16/11
ACC Meet:	7:03.00	Virginia (Rachel Naurath, Liz Shaw, Kristen Moore, Lauren Perdue)	2/16/11
200 Medley Relay			
Conference:	1:37.33	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Hannah Davis)	2/17/10
ACC Meet:	1:37.33	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Hannah Davis)	2/17/10
400 Medley Relay			
Conference:	3:32.74	Virginia (Mei Christensen, Katherine McDonnell, Megan Evo, Kristen Wallace)	3/19/09
ACC Meet:	3:32.97	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Lauren Perdue)	2/20/10



UNC Diving Records

One-Meter Diving Records

Men's School Record (6 dives): David MacDonald, 367.45, 2009
 Women's School Record (6 dives): Jenna Moore, 305.20, 2011
 Koury Natatorium Men's Record (6 dives): Nick McCrory, Duke, 499.95, 2010
 Koury Natatorium Women's Record (6 dives): Abby Johnston, Duke, 358.25, 2010

Three-Meter Diving Records

Men's School Record (6 dives): David MacDonald, 447.50, 2009
 Women's School Record (6 dives): Jenna Moore, 331.45, 2011
 Koury Natatorium Men's Record (6 dives): Terry Horner, Florida State, 458.40, 2010
 Koury Natatorium Women's Record (6 dives): Abby Johnston, Duke, 439.70, 2010

Platform Diving Records

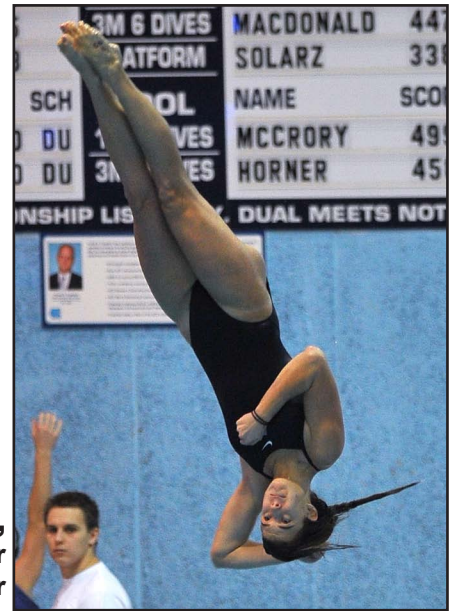
Men's School Record (6 dives): David MacDonald, 359.55, 2011
 Women's School Record (5 dives): Erica Schiffler, 260.85, 2008



**David MacDonald,
One-Meter, Three-Meter,
& Platform Diving Record
Holder**



**Jenna Moore,
One-Meter & Three-Meter
Diving Record Holder**



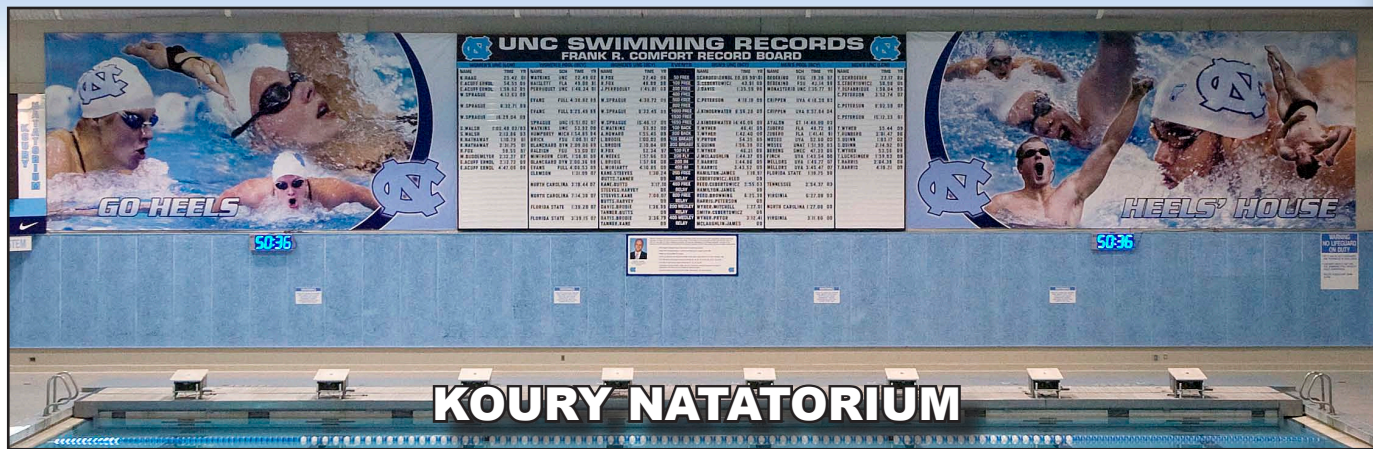
Koury Natatorium Records

Women's Records

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	48.65	Lauren Perdue	Virginia	2010
200 Free	1:43.86	Lauren Perdue	Virginia	2010
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Back	52.09	Mei Christensen	Virginia	2010
200 Back	1:52.98	Mei Christensen	Virginia	2010
100 Breast	1:00.51	Lauren Brick	Florida State	2007
200 Breast	2:09.06	Mary Ellen Blanchard	Dynamos	1989
100 Fly	52.76	Lauren Smart	Virginia	2010
200 Fly	1:56.01	Pamela Minthorn	Curl-Burke	1989
200 IM	1:57.89	Amanda Faulkner	Virginia	2010
400 IM	4:07.66	Laura Moriarty	North Carolina	2010
One-Meter Dive	358.25	Abby Johnston	Duke	2010
Three-Meter Dive	439.70	Abby Johnston	Duke	2010
200 Medley Relay	1:37.33		Virginia	2010
		Mei Christensen (24.32), Katherine McDonnell (27.44), Lauren Smart (23.32), Hannah Davis (22.25)		
400 Medley Relay	3:32.97		Virginia	2010
		Mei Christensen (51.71), Katherine McDonnell (1:00.95), Lauren Smart (52.25), Lauren Perdue (48.06)		
200 Free Relay	1:29.25		Virginia	2010
		Mei Christensen (22.63), Lauren Perdue (21.75), Kelly Flynn (22.49), Hannah Davis (22.38)		
400 Free Relay	3:15.24		Virginia	2010
		Mei Christensen (48.90), Kelly Flynn (49.05), Kristen Moores (49.26), Lauren Perdue (48.03)		
800 Free Relay	7:04.74		Virginia	2010
		Jen Narum (1:46.85), Kelly Flynn (1:46.86), Jenna Harris (1:46.24), Lauren Perdue (1:44.79)		

Men's Records

Event	Time	Name	School	Year
50 Free	19.26	Brendon Dedekind	Florida State	1997
100 Free	42.21	Scot Robison	Virginia	2010
200 Free	1:32.45	Scot Robison	Virginia	2010
500 Free	4:17.21	Matt McLean	Virginia	2010
1000 Free	8:55.14	Chip Peterson	North Carolina	2010
1650 Free	14:47.99	Shilo Ayalon	Georgia Tech	2003
100 Back	46.08	Tommy Wyher	North Carolina	2010
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	52.60	Ed Moses	Virginia	2000
200 Breast	1:51.99	Ed Moses	Unattached	2003
100 Fly	45.57	Tommy Wyher	North Carolina	2010
200 Fly	1:43.43	Gal Nevo	Georgia Tech	2010
200 IM	1:44.14	Gal Nevo	Georgia Tech	2010
400 IM	3:40.47	Gal Nevo	Georgia Tech	2010
One-Meter Dive	499.95	Nick McCrory	Duke	2010
Three-Meter Dive	458.40	Terry Horner	Florida State	2010
200 Medley Relay	1:26.63		North Carolina	2010
		Josh Hafkin (22.17), Vinny Pryor (24.91), Tommy Wyher (20.16), Steve Cebertowicz (19.39)		
400 Medley Relay	3:10.63		Virginia	2010
		Eric Olesen (47.34), Tom Casey (54.40), Peter Geissinger (47.01), Scot Robison (41.88)		
200 Free Relay	1:18.75		Florida State	1998
		Brendon Dedekind (19.28), Julio Santos (19.66), Matt Mcvittie (19.72), Kevin Flanagan (20.09)		
400 Free Relay	2:52.11		Virginia	2010
		Scot Robison (42.21), Peter Geissinger (42.61), John Azar (43.93), Matt McLean (43.36)		
800 Free Relay	6:19.23		Virginia	2010
		John Azar (1:36.86), Taylor Smith (1:36.15), Scot Robison (1:32.50), Matt McLean (1:33.72)		



The latest additions to the Maurice J. Koury Natatorium add to the facility's reputation as one of the finest aquatics facilities in the Eastern United States.

Koury Natatorium, the home of the Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past several years with the intent of keeping it one of the most modern aquatic facilities in the nation.

A gift from the Tom Kean family of new starting blocks for the 2012-13 season was the most recent improvement to the facility.

The previous school year an entire redesign of the facility's entryway directly across from the main entrance to the Dean E. Smith Center was completed. Addition of trophy cases and memorabilia displays honoring the new UNC Blue Dolphin Society provide a Hall of Honor effect that will greatly enhance the natatorium's main foyer. Dedication for the new area took place on November 5, 2011. The project was completely financed by fund-raising by UNC swimming alumni and boosters.

Other recent additions have included the dedication of the Frank R. Comfort record boards in September 2008. The record boards came about in the form of a gift from Tom and Janet Kean, long-time supporters of the program. The Mike Keel Memorial Banners were put in place in October 2009 in honor of the late Mike Keel, the father of Tar Heel senior swimmer Katie Keel. The banners were financed through fund-raising from alumni and a gift from the Keel family.

In addition, the locker rooms for the two teams have been redesigned. The coaches' offices were entirely redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system. Alumni-raised funds were also directed to improve the overall training facilities and equipment for the program's student-athletes.

A state-of-the-art, top-notch scoreboard and message board system was installed in the fall of 2006. A redesign of the team meeting room was also completed recently. The pool was also taken down in the summer of 2008, resulting in a maintenance project that has restored the Natatorium's original beauty.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's swimming and diving teams moved into their new home in October 1986 with the opening of Koury Natatorium.

Now in its 27th season of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being U.S. Swimming's Senior Short Course National Championships March 21-25, 1989. Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992.

Koury Natatorium has hosted multiple Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003, 2007 and 2010.

Other top meets held at Koury Natatorium have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, North Carolina High School Athletic Association men's and women's championship meets and U.S. Swimming North Carolina-Virginia all-star meets. U.S. Swimming held its annual elite training camp at Koury Natatorium shortly after its opening in 1986.

Another highlight in Koury Natatorium's history was the swimming and water polo competition at U.S. Olympic Festival 1987, an event staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the crowd.

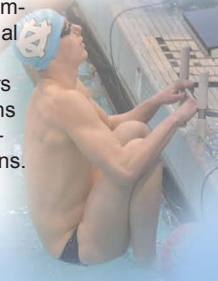
The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including the Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first competition in the facility actually took place almost a year before the Dedication Day when on October 31, 1986, UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool measures seven feet in depth while the pool is 18 feet at its deepest point. The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans.

The acoustical system at the natatorium is outstanding. Six speakers serve the gallery area and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are installed in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of Bowman Gray Pool, which held about 250,000 gallons.





There are no water jets in the pool, eliminating the problems caused by water currents. Sliding glass windows on both sides provide for better ventilation during the summer.

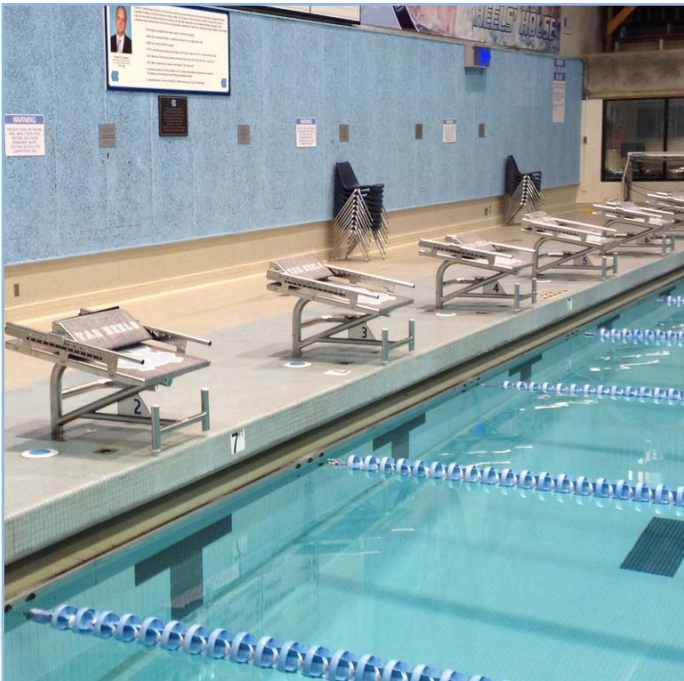
Each Carolina team has a locker room that affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

The locker rooms and meeting room are located directly across the hallway from the athletic training room of the Smith Center, which is under the direction of Chris Hirth, who serves as the head certified athletic trainer for the UNC swimming and diving program and the men's basketball program.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, the founder of the UNC swimming program in 1938 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches' offices with a reception area and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located adjacent the Koury Natatorium pool deck. NCAC is the U.S. Swimming club team based in Chapel Hill and led by head coach Sean Quinn.



2012 Division I Men's Swimming and Diving Qualifying Standards

MEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	19.30	20.19
100 Freestyle	42.45	44.29
200 Freestyle	1:33.63	1:37.99
500 Freestyle	4:15.89	4:24.99
1,650 Freestyle	14:47.70	15:30.39
100 Butterfly	45.94	48.29
200 Butterfly	1:42.96	1:47.99
100 Backstroke	46.02	48.49
200 Backstroke	1:41.31	1:46.39
100 Breaststroke	52.60	55.39
200 Breaststroke	1:54.31	1:59.79
200 Individual Medley	1:43.62	1:49.09
400 Individual Medley	3:43.88	3:54.49
200 Freestyle Relay	1:18.36	1:19.19
400 Freestyle Relay	2:53.94	2:55.93
800 Freestyle Relay	6:25.90	6:29.48
200 Medley Relay	1:26.38	1:27.44
400 Medley Relay	3:10.91	3:12.78

MEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

1-Meter Diving	300*
3-Meter Diving	320*
Platform Diving	300*

2012 Division I Women's Swimming and Diving Qualifying Standards

WOMEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	22.05	22.99
100 Freestyle	48.03	49.99
200 Freestyle	1:43.99	1:47.99
500 Freestyle	4:38.13	4:47.79
1650 Freestyle	16:01.12	16:30.59
100 Butterfly	52.11	54.49
200 Butterfly	1:54.60	1:59.59
100 Backstroke	52.13	55.09
200 Backstroke	1:53.17	1:59.19
100 Breaststroke	59.51	1:02.49
200 Breaststroke	2:08.70	2:15.99
200 Individual Medley	1:55.96	2:01.59
400 Individual Medley	4:05.98	4:19.39
200 Freestyle Relay	1:29.80	1:30.62
400 Freestyle Relay	3:17.27	3:19.49
800 Freestyle Relay	7:07.89	7:12.59
200 Medley Relay	1:38.42	1:39.14
400 Medley Relay	3:35.39	3:37.56

WOMEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

**Qualifying point total in any 5 dive list with standard DD

1-Meter Diving	265*
3-Meter Diving	280*
Platform Diving	225**

Janis Hape Dowd Nike Cup Men's & Women's Year-by-Year Team Finishes

CAROLINA MEN		Year	Placing	Points
1986	1st Place (4 teams)	2004	1st Place (6 teams)	1,170.5 points
1987	No Meet	2005	2nd Place (7 teams)	862.5 points
1988	2nd Place (9 teams)	2006	5th Place (10 teams)	567 points
1991	Meet held; no team scores kept	2007	3rd Place (7 teams)	716 points
1992	2nd Place (6 teams)	2008	No Meet	
1993	2nd Place (8 teams)	2009	No Meet	
1994	3rd Place (8 teams)	2010	1st Place (9 teams)	1,440 points
1995	3rd Place (11 teams)	2011	1st Place (8 teams)	1,334 points
1996	2nd Place (12 teams), 835 points			
1997	2nd Place (12 teams), 630 points			
1998	1st Place (12 teams), 1,016 points			
1999	1st Place (11 teams), 1,072 points			
2000	1st Place (14 teams), 1,113 points			
2001	1st Place (8 teams), 874 points			
2002	1st Place (9 teams), 757 points			
2003	2nd Place (10 teams), 595 points			

CAROLINA WOMEN		Year	Placings	Points
1986	1st Place (6 teams)	1986	1st Place (6 teams)	883.5 points
1987	No Meet	1987	No Meet	
1988	1st Place (10 teams)	1988	1st Place (10 teams)	711 points
1991	No Team Scores Kept	1991	No Team Scores Kept	
1992	5th Place (6 teams)	1992	5th Place (6 teams)	1,057 points
1993	2nd Place (8 teams)	1993	2nd Place (8 teams)	No Meet
1994	4th Place (9 teams)	1994	4th Place (9 teams)	No Meet
1995	2nd Place (8 teams)	1995	2nd Place (8 teams)	1st Place (9 teams), 1,569.5 points
1996	1st Place (11 teams), 1,120.5 points	1996	1st Place (11 teams), 1,120.5 points	
1997	2nd Place (12 teams), 874 points	1997	2nd Place (12 teams), 874 points	
1998	2nd Place (12 teams), 724 points	1998	2nd Place (12 teams), 724 points	
1999	1st Place (11 teams), 1,261 points	1999	1st Place (11 teams), 1,261 points	
2000	1st Place (13 teams), 1,161.5 points	2000	1st Place (13 teams), 1,161.5 points	
2001	1st Place (8 teams), 875 points	2001	1st Place (8 teams), 875 points	
2002	1st Place (10 teams), 959 points	2002	1st Place (10 teams), 959 points	
2003	1st Place (10 teams), 884 points	2003	1st Place (10 teams), 884 points	
2004	2nd Place (8 teams), 804 points	2004	2nd Place (8 teams), 804 points	
2005	1st Place (7 teams), 883.5 points	2005	1st Place (7 teams), 883.5 points	
2006	2nd Place (9 teams), 711 points	2006	2nd Place (9 teams), 711 points	
2007	1st Place (7 teams), 1,057 points	2007	1st Place (7 teams), 1,057 points	
2008	No Meet	2008	No Meet	
2009	No Meet	2009	No Meet	
2010	1st Place (9 teams), 1,569.5 points	2010	1st Place (9 teams), 1,569.5 points	
2011	1st Place (8 teams), 1,494 points	2011	1st Place (8 teams), 1,494 points	

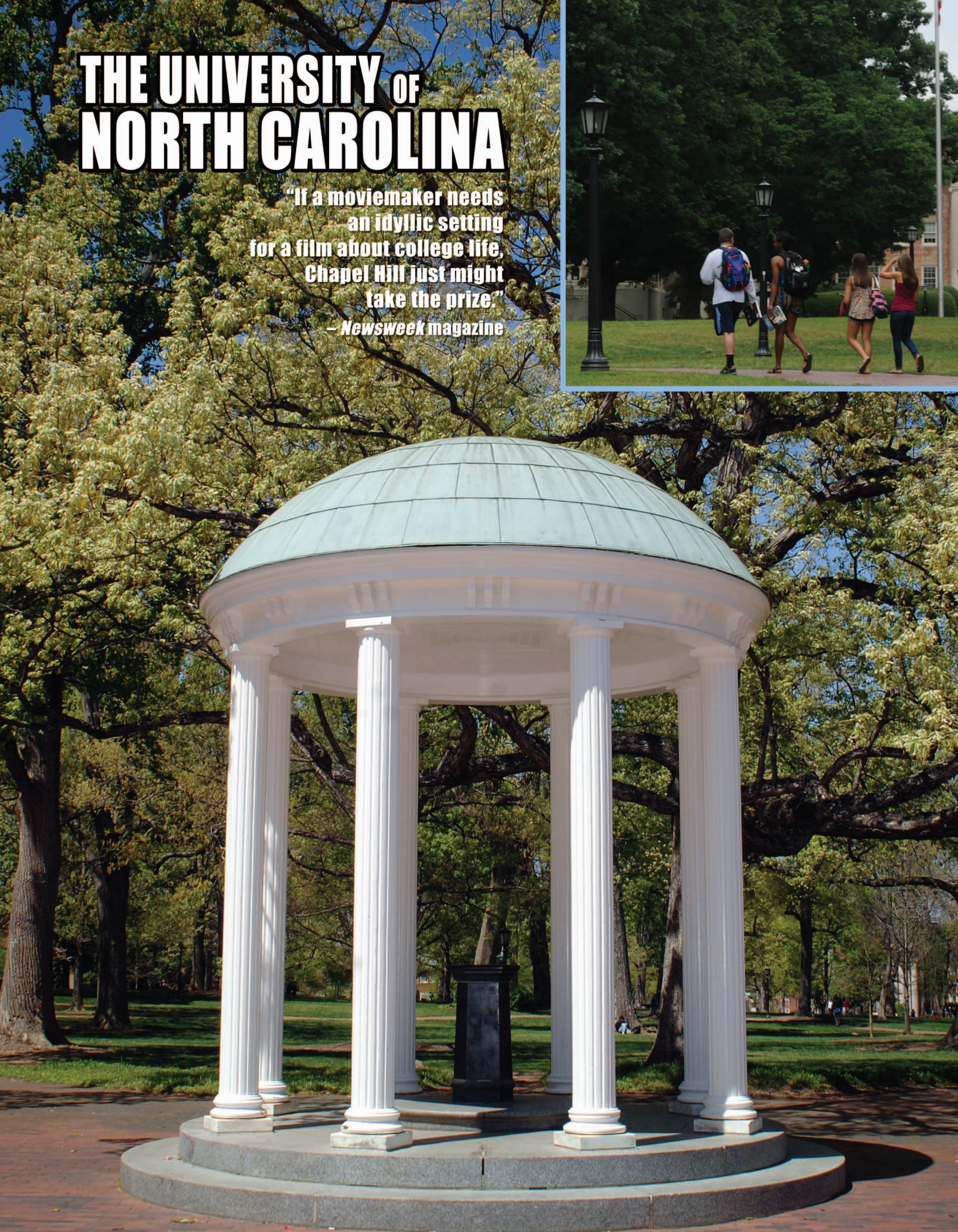
Janis Hape Dowd Nike Cup Records

Women's Records					Men's Records				
Event	Time	Name	School	Year	Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006	50 Free	19.57	Renato Guerardi	Tennessee	2002
100 Free	49.08	Nicole Haislett	Florida	1991	100 Free	43.31	Alex Righi	Yale	2007
200 Free	1:45.37	Stephanie Peacock	North Carolina	2011	200 Free	1:35.53	Michael Flach	South Carolina	2010
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011	500 Free	4:18.91	Yann deFabrique	North Carolina	1993
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007	1650 Free	14:52.93	Joe Kinderwater	North Carolina	2010
100 Fly	53.24	Richelle Fox	North Carolina	1997	100 Fly	47.57	Scott Beard	Virginia Tech	2007
200 Fly	1:58.17	Meredith Hoover	North Carolina	2011	200 Fly	1:44.60	Josh Glasco	North Carolina	2004
100 Back	53.34	Carly Smith	North Carolina	2010	100 Back	46.72	Martin Zubero	Florida	1991
200 Back	1:54.65	Alicia Humphrey	Michigan	1994	200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	1:00.52	Layne Brodie	Florida State	2006	100 Breast	53.32	Arni Arnason	Old Dominion	2011
200 Breast	2:10.35	Amanda Rutqvist	South Carolina	2010	200 Breast	1:57.86	Arni Arnason	Old Dominion	2011
200 IM	1:58.43	Layne Brodie	North Carolina	2010	200 IM	1:47.04	Casey Dauw	Tennessee	2003
400 IM	4:11.25	Rachael Schaffer	South Carolina	2011	400 IM	3:46.92	Tyler Harris	North Carolina	2010
200 Free Relay	1:31.16		Clemson	2007	200 Free Relay	1:19.62		North Carolina	2010
		Rachel Regone (22.78), Lauren Sindall (22.74), Alex Allen (22.94), Michelle Parkhurst (22.70)					Tommy Wyher (20.23), Steve Cebertowicz (19.45), Brock Park (19.89), Brad Hamilton (20.05)		
400 Free Relay	3:20.38		Michigan	2002	400 Free Relay	2:54.37		Tennessee	2003
		Erin Abbey (50.04), Anne Weilbacher (49.97), Amy McCullough (49.55), Abby Seskevics (50.82)					Bryan Goldberg (44.48), Tyler Gustafson (43.28), Raymond Rosal (43.42), Andrew Bree (43.19)		
800 Free Relay	7:17.21		North Carolina	2010	800 Free Relay	6:27.56		Tennessee	2003
		Stephanie Peacock (1:48.14), Katura Harvey (1:49.21), Rebecca Kane (1:51.19), Emily Kelly (1:49.21)					Casey Dauw (1:37.32), Bryan Goldberg (1:36.39), Bradley Boswell (1:37.33), Tyler Gustafson (1:36.52)		
200 Medley Relay	1:40.26		North Carolina	2010	200 Medley Relay	1:27.96		Tennessee	2003
		Carly Smith (25.77), Layne Brodie (27.44), Katie Nolan (24.76), Rebecca Kane (22.29)					Josh Fulton (22.41), Andrew Bree (24.49), Andrew Engle (21.26), Raymond Rosal (19.80)		
400 Medley Relay	3:37.11		North Carolina	2010	400 Medley Relay	3:12.27		Tennessee	2003
		Carly Smith (53.34), Layne Brodie (59.91), Katie Nolan (54.53), Rebecca Kane (49.33)					Josh Fulton (48.04), Andrew Bree (53.26), Jamie Graves (48.16), Tyler Gustafson (43.31)		

THE UNIVERSITY OF NORTH CAROLINA

"If a moviemaker needs
an idyllic setting
for a film about college life,
Chapel Hill just might
take the prize."

— *Newsweek* magazine





FIRST and FINEST

An outstanding university
in one of the country's
top college towns

- The University of North Carolina at Chapel Hill was the nation's first state university to open its doors and the only public university to award degrees in the 18th century.

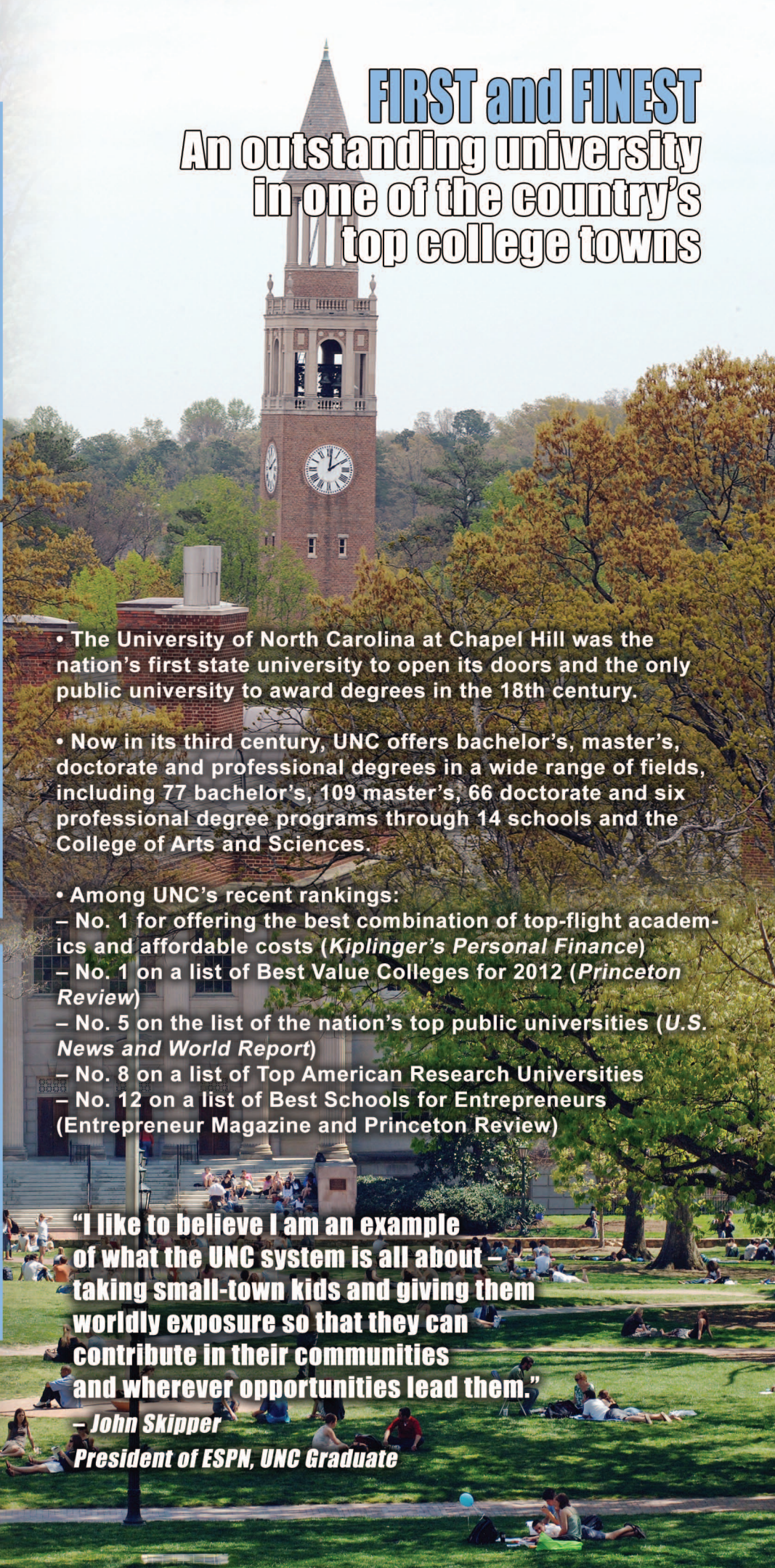
- Now in its third century, UNC offers bachelor's, master's, doctorate and professional degrees in a wide range of fields, including 77 bachelor's, 109 master's, 66 doctorate and six professional degree programs through 14 schools and the College of Arts and Sciences.

- Among UNC's recent rankings:

- No. 1 for offering the best combination of top-flight academics and affordable costs (*Kiplinger's Personal Finance*)
- No. 1 on a list of Best Value Colleges for 2012 (*Princeton Review*)
- No. 5 on the list of the nation's top public universities (*U.S. News and World Report*)
- No. 8 on a list of Top American Research Universities
- No. 12 on a list of Best Schools for Entrepreneurs (*Entrepreneur Magazine* and *Princeton Review*)

"I like to believe I am an example of what the UNC system is all about – taking small-town kids and giving them worldly exposure so that they can contribute in their communities and wherever opportunities lead them."

**– John Skipper
President of ESPN, UNC Graduate**



CHAPEL HILL

A place to call home

• Often referred to as “The Southern Part of Heaven,” Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*

• Chapel Hill has been ranked the Most Livable Small City (less than 100,000) in America.

• Running along the north edge of campus, Franklin Street is the heart of Chapel Hill. It provides a mix of restaurants, shops and nightlife, and also is the site of the town’s biggest celebrations. UNC fans mob the downtown to celebrate big wins and national titles, and each year Halloween festivities draw thousands of revelers.

• Chapel Hill’s location is ideal, within an easy drive of North Carolina’s beautiful beaches and mountains.



Chapel Hill/Orange County Visitors Bureau

ATHLETIC HERITAGE

Competing for Crowns, Representing UNC with Class



• UNC has won more national championships and more conference championships than any other school in the Atlantic Coast Conference.

• UNC has finished among the top 10 in the Directors' Cup standings 10 times in the past 11 years and 16 times in the 19-year history of the competition.

• Some of the best-known names in sports – such as Michael Jordan and Mia Hamm – wore Carolina blue.



Student-Athlete Services at the University of North Carolina

Advancing Toward Graduation, Building Character, Developing Leadership

Student-Athlete Services at the University of North Carolina encompass three areas that play an integral part in the collegiate experience of the approximately 800 UNC student-athletes at the University who compete in 28 varsity sports, making Carolina's program the most extensive in the Atlantic Coast Conference.

Those three areas are Academic Development, Student-Athlete Development and Leadership Development.

• ACADEMIC DEVELOPMENT

The Academic Support Program is the main service utilized in advancing UNC student-athletes to graduation. The program assists student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals.

During the 2011-12 academic year, 290 Carolina student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. That was an increase of 43 student-athletes over the total from the 2011-12 school year. In addition, 124 Carolina student-athletes were named to the fall semester 2011 Dean's List at UNC and another 129 student-athletes made the spring semester 2012 Dean's List.

The UNC swimming and diving teams achieved at all levels during the 2011-12 school year. The women's team achieved a spring semester grade point average of 3.242 in the spring semester of 2012 after posting a 3.216 GPA in the fall semester of 2011. Through the spring semester, UNC had an overall cumulative team GPA of 3.154. Twenty-two women were named to the ACC Honor Roll in 2011-12, nine were named to the spring 2012 Dean's List, seven had their personal best semester GPA in spring 2012 and 10 received their degrees in May 2012.

On the men's side, UNC garnered a 3.026 team GPA last spring, an improvement over the 2.928 mark the previous semester. The overall team GPA through spring 2012 was 2.853. Eighteen Tar Heels were named to the ACC Honor Roll and six to the spring semester 2012 Dean's List. Seven Tar Heels had their personal best semester GPA in spring 2012 and seven Tar Heels earned their degrees from Carolina in May 2012.

The Academic Support Program is housed in a new state-of-the-art, one-of-a-kind facility at the Loudermilk Center for Excellence as part of the Blue Zone on the East end of Kenan Stadium. The Center is equipped with study facilities, tutorial rooms, computer labs, an auditorium, counselors' offices, and state-of-the-art video and computer equipment. At the Center, students meet with staff to discuss course selection, major and career exploration, academic progress and academic eligibility.



The UNC Class of 2012 on Graduation Day at the Old Well.

2011-12 Men's & Women's Swimming & Diving Academic & Leadership Highlights

College Swimming Coaches Association of America Women's Scholar All-America Team (First-Team Selection)

Stephanie Peacock

College Swimming Coaches Association of America Women's Scholar All-America Team (Honorable Mention Selections)

Rebecca Brooks, Katie Keel, Jenna Moore, Marie Pesacreta, Natalie Ritter, Jackie Rudolph, Sarah Tanner

College Swimming Coaches Association of America Men's Scholar All-America Team (First-Team Selection)

Steve Cebertowicz, Brock Park, David MacDonald

College Swimming Coaches Association of America Men's Scholar All-America Team (Honorable Mention Selections)

John Paul Gaylor, Tyler Hill, Patrick Myers

Athletic Director's Scholar-Athlete Awards

Victor Leclere & Jenna Moore

Phi Beta Kappa

Jackie Rudolph

Men's All-ACC Academic Team

Dominick Glavich, David MacDonald, Patrick Myers, Brett Nagle, Brock Park, J.T. Stilley

Women's All-ACC Academic Team

Laura Moriarty, Katie Rechsteiner, Jackie Rudolph, Danielle Siverling, Sarah Tanner

Tar Heel Leaders of Distinction (Carolina Leadership Academy)

Jenna Moore

Veteran Leaders (Carolina Leadership Academy)

Steve Cebertowicz, Candace Cooper, Brad Hamilton, Ryland Jones, Jesse Mendes, Jenna Moore, Katie Nolan, Marie Pesacreta, Laura Ruscoe, Wil Singley

Rising Stars (Carolina Leadership Academy)

Tyler Beard, Stephanie Eisenring, Kyle Ficker, Alex Gianino, Meredith Hoover, Danielle Jansen, Bryce Mendes, Stephanie Peacock, Katie Rechsteiner, Bryant Wooten

The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

One full-time employee of the Academic Support Program is specifically assigned to work with each team. Beth Bridger serves as the academic advisor for the UNC men's and women's swimming and diving teams.

• STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development.

Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Fall Semester 2011 Dean's List Selections

Men (5): John Paul Gaylor, Tyler Hill, Victor Leclere, Brian McClintock, Brock Park

Women (9): Rebecca Brooks, Danielle Jansen, Jenna Moore, Laura Moriarty, Marie Pesacreta, Natalie Ritter, Jackie Rudolph, Nuffy Swanson, Sarah Tanner

Spring Semester 2012 Dean's List Selections

Men (6): Steve Cebertowicz, Tyler Hill, Victor Leclere, Jesse Mendes, Patrick Myers, Brock Park

Women (9): Kristin Arnold, Rebecca Brooks, Kim Carducci, Kelly Corish, Danielle Jansen, Katie Keel, Stephanie Peacock, Jackie Rudolph, Sarah Tanner

**Capital One Academic All-America Selections
(Chosen by the College Sports Information
Directors of America)**

Year	Team	Recipient
1983	2nd Team	Sue Walsh
1984	1st Team	Sue Walsh
1997	3rd Team	Matt Branum
1998	2nd Team	Ted Brisson
	3rd Team	Eric Fehr
	1st Team	Richelle Fox
1999	1st Team	Ted Brisson
2003	1st Team	Stephen Mohr
	1st Team	Jessi Perruquet
2009	3rd Team	Katura Harvey
	3rd Team	Chip Peterson
2010	2nd Team	Chip Peterson

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look beyond college with resources such as career counseling and workshops on resume writing and interviewing skills.

• LEADERSHIP DEVELOPMENT

The primary outlet for Leadership Development is the Carolina Leadership Academy, started at UNC in 2004. As the nation's premier leadership development program in collegiate athletics, the Carolina Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world class leaders in athletics, academics and life.

The Academy consists of three programs:

CREED Program

Leadership training begins in the freshman year. All leadership begins with personal leadership, therefore freshmen are taught skills to effectively lead themselves.

Training consists of monthly meetings featuring keynote speakers and small group discussion. Upperclass student-athletes serve as peer mentors and discussion leaders. Special focus is on responsibility, accountability, making good choices, ethics and character building.

• STRENGTH AND CONDITIONING

Under the direction of the UNC Olympic sports strength and conditioning staff, Tar Heel student-athletes get outstanding coaching intended to help maximize their physical potential. The staff evaluates Carolina student-athletes in a variety of ways, including the use of specialized software for video analysis for lifting and running, to encourage steady progress toward reaching optimum preparation for competition. The swimming and diving teams train at the new Olympic sports weight room in the Loudermilk Center for Excellence, which is part of the Blue Zone complex at the East end of Kenan Stadium. The two-story structure includes top-of-the-line strength equipment on one floor and a second full floor for cardio training. Year-round training produces athletes who are prepared to compete successfully and safely. Greg Gatz, the Director of Strength and Conditioning for Olympic Sports, oversees the overall program along with Steve Gisselman, Assistant Director of Strength and Conditioning. Gisselman works specifically with the swimming and diving teams at UNC.

• SPORTS MEDICINE

The Tar Heel swimmers and divers receive excellent care from one of the country's best sports medicine staffs in the nation. Dr. Mario Ciocca, Director of Sports Medicine, oversees a comprehensive program designed to keep student-athletes healthy and to rehabilitate any injuries quickly and successfully. Dr. Kelly Waicus is the team physician who works directly with the swimming and diving teams. Dr. Jeff Spang is the team orthopaedic surgeon. Mary Ellen Bingham serves as the team's sports dietitian. The certified athletic training staff ensures that any injuries receive prompt and proper care. Certified athletic trainer Chris Hirth oversees the swimming and diving program. Graduate students Reid Jones and Catherine Lenhardt assist Hirth in the care of the swimming and diving teams.

**2011-12 ACC Academic Honor Roll Men's
Swimming & Diving Selections (18)**

Brian Bollerman, Steve Cebertowicz, Kyle Ficker, John Paul Gaylor, Tyler Hill, Ryland Jones, Jake Kinzbach, Victor Leclere, David MacDonald, Brian McClintock, Jesse Mendes, Mike Mohr, Patrick Myers, Brett Nagle, Patrick O'Donovan, Brock Park, Wil Singley, Bryant Wooten

**2011-12 ACC Academic Honor Roll Women's
Swimming & Diving Selections (22)**

Kristin Arnold, Rebecca Brooks, Kim Carducci, Kelly Corish, Meredith Hoover, Danielle Jansen, Katie Keel, Emily Kelly, Sarah List, Jenna Moore, Laura Moriarty, Katie Nolan, Stephanie Peacock, Marie Pesacreta, Katie Rechsteiner, Natalie Ritter, Jackie Rudolph, Laura Ruscoe, Emily Schmidt, Danielle Siverling, Nuffy Swanson, Sarah Tanner

• Carolina CREED

As a University of North Carolina student-athlete, I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team and myself.

C - I will know and embrace the tradition and culture of this great University and its athletics department

R - I will respect myself and others

E - I will pursue excellence in my academic work by striving to reach my academic potential while preparing for a career of significance

E - I will excel athletically by committing myself to performance excellence, team success and continual improvement

D - I will develop the capacity to effectively lead myself and others

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles and share successes, frustrations and lessons while preparing for a career of significance.

**Athletic Director's Scholar-Athlete Award
Winners**

Year	Recipient
1986	Sarah Durstein (W) Chris Stevenson (M)
1987	Martha McCann (W) Doug Sawyer (M)
1988	Erika Schmidt (W) Scott Fuller (M)
1989	Amy Pritchard (W) Craig Silliman (M)
1990	Natalie Gould (W) Jon Austin (M)
1991	Heather Nottingham (W) Marc Ferguson (M)
1992	Melissa Douse (W) Ralph Vick (M)
1993	Jenny Huber (W) James Hamrick (M)
1994	Shannon Howes (W) Chris John (M)
1995	Alison Conrad (W) Drew Sechrist (M)
1996	Kari Haag (W) Matt Branum (M)
1997	Cara Dunaway (W) Matt Branum (M)
1998	Richelle Fox (W) Millie Long (W) Eric Fehr (M)
1999	Beth Schlessman (W) Ted Brisson (M)
2000	Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M)
2001	JoAnn Overton (M) David Slawinski (M)
2002	Katie Hathaway (W) Seth Laughlin (M)
2003	Laura Collier (W) Stephen Mohr (M)
2004	Jessi Perruquet (W) Becky Acker (W)
2005	Yuri Suguiyama (M) Jessie Brosch (W) John Hartmann (M)
2006	Patrick Woodruff (M) Lizzy Bruce (W) Gia Santoro (W)
2007	Jon Fox (M) Emily Reardon (W) Keith Laabs (M)
2008	Laura Filip (W) Yi-Khy Saw (M)
2009	Lindsay McIlvain (W) Chip Peterson (M) Megan Steeves (W)
2010	Joe Kinderwater (M) Katura Harvey (W) Victor Leclere (M) Jenna Moore (W)





THE RAMS CLUB

HELP PROVIDE THE TAR HEEL EXPERIENCE

The University of North Carolina is an exceptional place. You know it from your time on campus. Maybe it is the bells, or even the Well, or perhaps the stone walls. It most certainly is the people. Whatever factors play into it, the “Tar Heel Experience” is something that all Carolina alumni, students, fans and supporters can deeply appreciate.

Members of The Rams Club provide life changing opportunities for accomplished student-athletes to experience this exceptional place. They provide the resources for them to excel as competitors, students and leaders. By renewing your membership in The Rams Club or by joining as a new member, the Tar Heel Experience remains possible for deserving student-athletes.

MAKE AN IMPACT

Annual Fund

The Rams Club has over 16,000 members who contribute to the Annual Fund. Your annual donation as a member of The Rams Club is vital to helping to cover the immediate funding needs of Carolina Athletics, particularly the cost of providing 450 scholarships annually.

Carolina Forever

Carolina Forever provides an opportunity for donors to leave a lasting legacy and ensure the future of Carolina Athletics. Giving to this program will allow the member substantial tax benefits while also giving generous support to Carolina’s athletic programs.

Scholarship Endowment

Giving to the Scholarship Endowment fund allows donors to provide critical, long-term support for Carolina’s athletic scholarship program. The cost to endow a scholarship is \$500,000, payable over 5 years. Its annual yield helps cover the 450 scholarships provided by Carolina Athletics.

Sports Endowments

Each of Carolina’s sports programs has its own endowment which members can contribute toward in addition to their annual fund donation. Sport endowments are integral to Carolina’s commitment to a broad-based athletic program and allow each program to meet its specific needs.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT THE RAMS CLUB



919.843.2000



ramsclub@unc.edu



www.ramsclub.com



The Rams Club



@TheRamsClub

CAROLINA ATHLETICS

16,000 Rams Club Members

28 Varsity Sports

800 Student-Athletes

\$11.5M in Scholarship Support



**THE TAR HEEL EXPERIENCE ...
YOU PROVIDE THE OPPORTUNITY. THEY LIVE IT.**



"I am both proud and humbled to wear the 'NC' on my cap every day whether it is in training or competition. I'm Katie Nolan and I'm a Tar Heel."

2013 SENIOR MEN



Jake Kinzbach, Tom Luchsinger, Mike Mohr, Patrick O'Donovan, Ryland Jones, Brett Nagle, Bryant Wooten

2013 SENIOR WOMEN



Jackie Rudolph, Katie Nolan, Stephanie Eisenring, Rebecca Brooks



2012-13 CAPTAINS

Brett Nagle (Sr.), Katie Nolan (Sr.), Stephanie Eisenring (Sr.), Alex Gianino (Jr.)



Danielle SILVERLING
All-America



Dan O'CONNOR
All-America



Carly SMITH
All-America

